

# Develop meta-RL policy for varying morphologies using proxy and task training

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## 1. Problem Statement

Develop a meta-RL policy that generalizes to unseen HalfCheetah morphologies at test time by training across diverse embodiments and leveraging a proxy task.

## 2. Related work

Our work builds on Zargarbashi et al. (2024), which uses a GRU-based meta-RL architecture to encode morphology in its hidden state. We extend this with a proxy-task pretraining phase, where the agent first solves a sinusoidal height-modulation task that encourages morphology-specific structure.

Bohlinger et al. (2024) handle varying morphologies via explicit encoding of physical attributes and an attention-based feed-forward policy. In contrast, our method learns morphology implicitly through recurrent interaction history.

## 3. Data

We rely on simulated interaction data obtained from MuJoCo-based OpenAI Gym environments. Using the Gymnasium HalfCheetah blueprint, we alter its body proportions to generate diverse embodiments that challenge the agent to generalize across morphologies.

## 4. Methods

We train a recurrent meta-RL policy that first solves a proxy task and then the main locomotion task. During training, the GRU processes

continuous interaction data across both phases, allowing its hidden state to capture morphology-dependent dynamics.

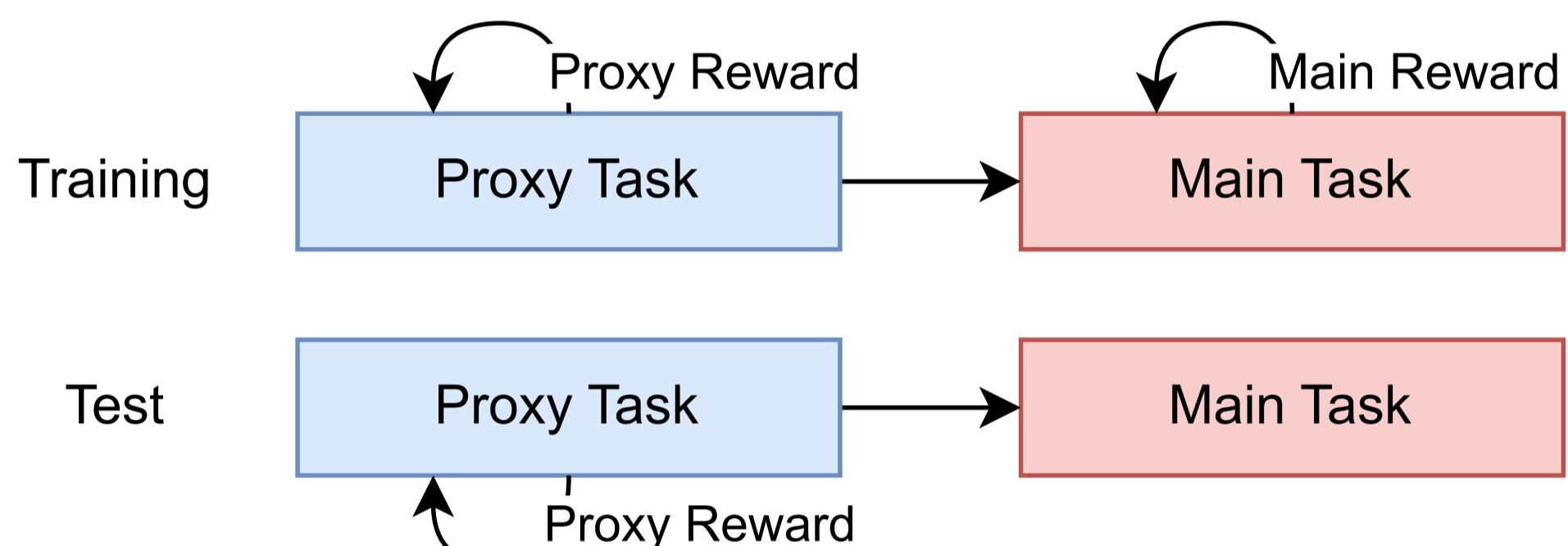


Figure 2: During training, the agent solves the proxy task before the main task, maintaining the GRU hidden state across phases. At test time, the same sequence is executed, and the agent continues to receive proxy rewards while optimizing the main task.

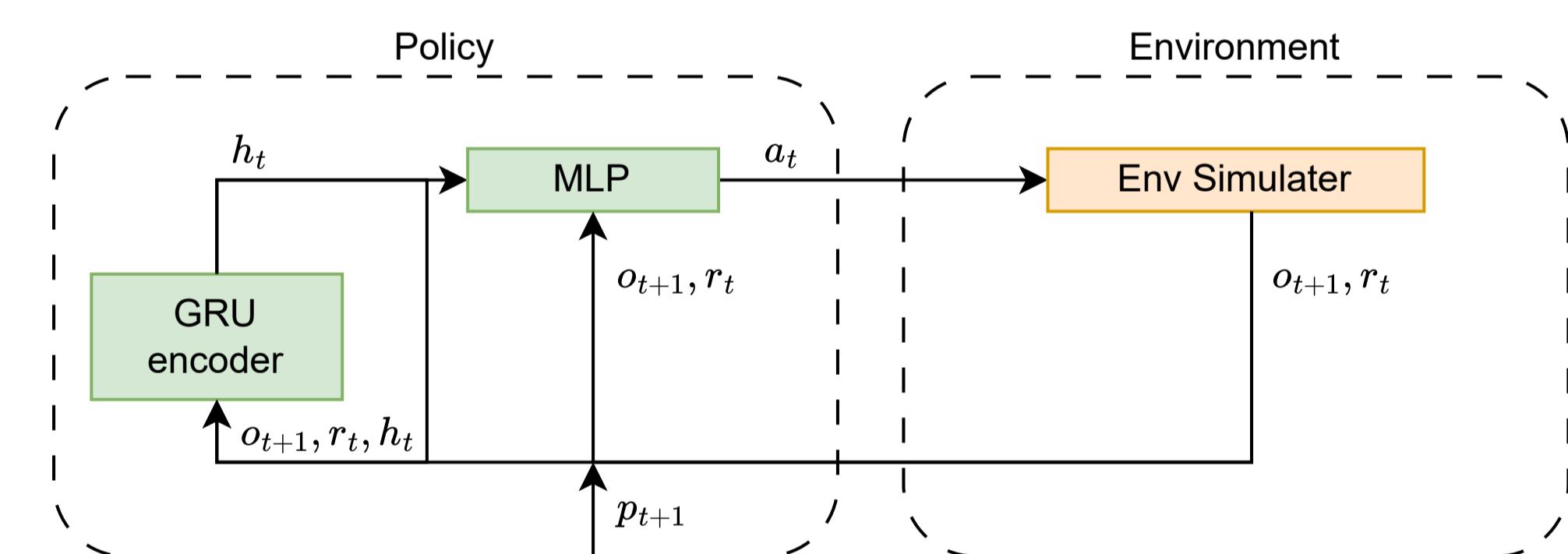


Figure 3: The GRU integrates observations, rewards, and the current training phase into a hidden state that summarizes the robot's dynamics. This hidden state, together with the current observation, reward and phase is passed through an MLP to generate actions. The environment returns the next observation and reward, forming the recurrent interaction cycle.

### 4.1 Proxy Task – Sinusoidal Height Tracking

The agent learns to follow a sinusoidal target height trajectory by raising and lowering its torso. This task encourages morphology-aware control, joint coordination, and stabilization. Rewards combine tracking accuracy and a small velocity penalty:

$$r_{\text{proxy}}(t) = w_1 \exp\left(-\frac{(h(t) - h_{\text{target}}(t))^2}{\sigma_h}\right) + w_2 \exp\left(-\frac{v(t)^2}{\sigma_v}\right)$$

$$h_{\text{target}}(t) = h_{\text{base}} + A \sin\left(\frac{2\pi t}{T}\right).$$

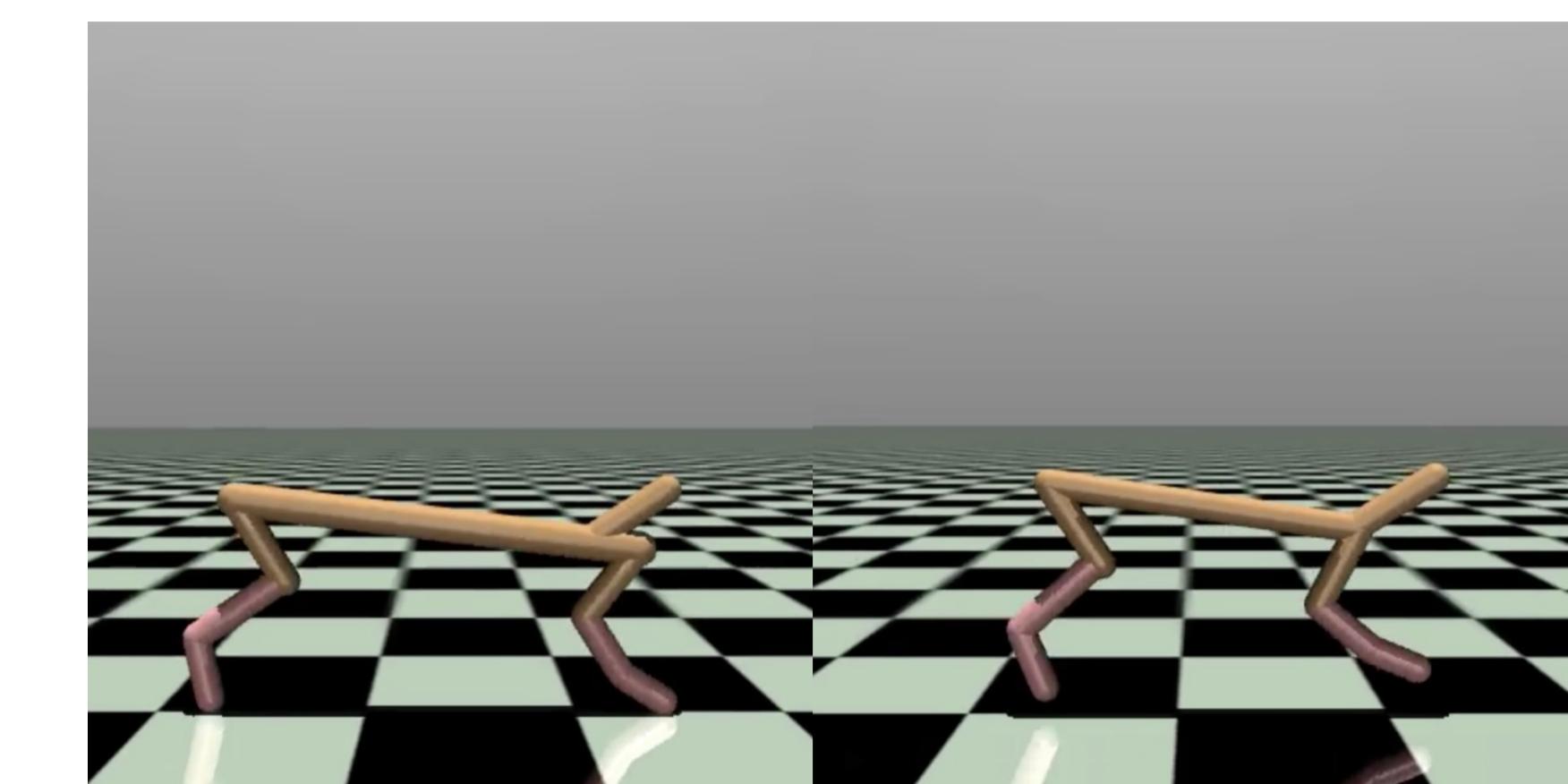


Figure 1: Different Cheetah robots with various body variations (Brockman et al., 2016)

### 4.2 Main Task – Locomotion Forward Task

The downstream objective is fast and stable forward locomotion. The reward promotes forward velocity and upright posture:

$$r_{\text{main}}(t) = w_3 \exp\left(\frac{v_x(t)}{\sigma_f}\right) + w_4 \exp\left(\frac{\max(0, z_{\text{torso}}(t) \cdot z_{\text{world}} - m)}{(1-m)\sigma_u}\right).$$

## 5. Results

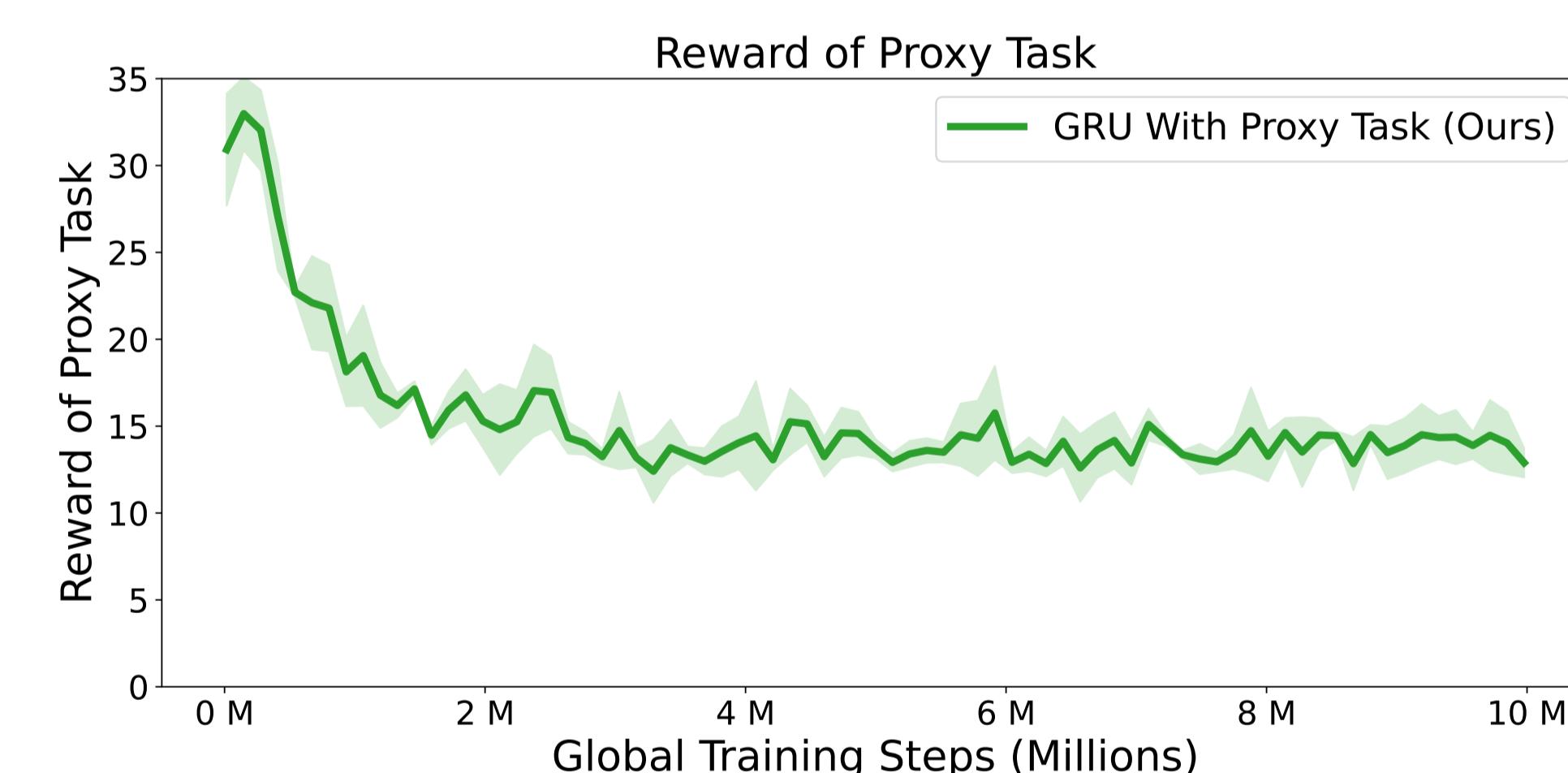


Figure 4: Proxy task reward over training, averaged across all evaluation scenarios. Only GRU With Proxy Task achieves non-zero proxy reward, which decreases as the agent shifts focus toward the main task. The experiment was conducted over 3 seeds.

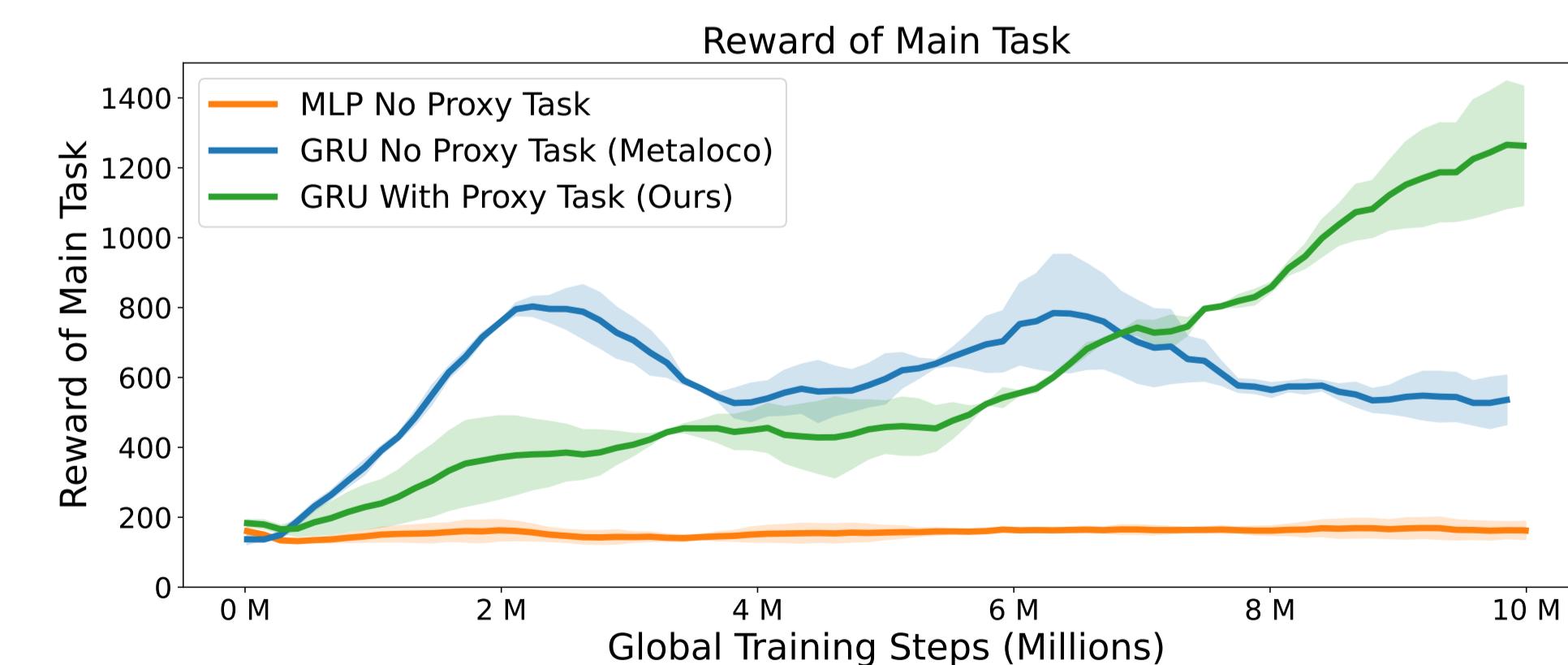


Figure 5: Main task reward during training, averaged across all evaluation scenarios. GRU With Proxy Task achieves the highest final performance, surpassing GRU No Proxy Task, which peaks early and then declines. MLP No Proxy Task shows slow and limited improvement, highlighting the advantage of recurrent policies and proxy-based training. The experiment was conducted over 3 seeds.

## 6. Conclusions

- **Proxy Task GRU WithProxy** shows strong initial proxy performance that degrades over time, indicating that the agent gradually stops exploiting the proxy signal.
- **Main Task** Leveraging the proxy ultimately enables the GRU agent to reach higher final performance than both the GRU without proxy and the MLP baseline.

## 7. Future Work

- Extend the approach to more complex quadruped robots.
- Explore additional proxy tasks to study their impact.

## References

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## Contributions

DS, CS: Methodology, Software, Visualization, Investigation, Writing - Original Draft  
FZ: Conceptualization, Methodology, Supervision  
AD: Supervision, Methodology, Project Administration

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