

# Acceleration Detection Knee Pad

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Senior Design II - The Raiders

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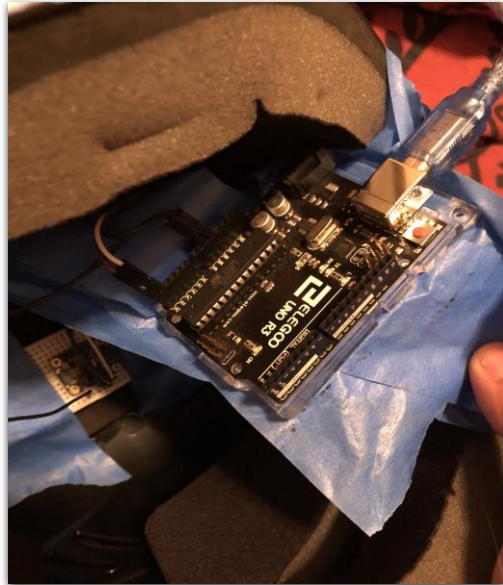
CS: Julian Tee, Dallas Stroud



# Background

Initial Idea: A collision detection helmet that would detect the acceleration of a player when they collide and determine whether it was concussive

Issue: Manufacturer defects for sensors severely limited our progress



# Pivoting the Project

- **Keep core idea of measuring acceleration of the body**
- Unable to find sensor with large enough range and sensitivity for concussion
- Lower the acceleration we need to measure => Acceleration of the knee

Acceleration of the head	Acceleration of the knee
<ul style="list-style-type: none"><li>- Wide sensitivity range (needs high max)</li><li>- Requires high precision and accuracy</li><li>- Large area to cover</li></ul>	<ul style="list-style-type: none"><li>- Lower detection range</li><li>- Requires less precision and accuracy*</li><li>- Smaller area to cover</li></ul>

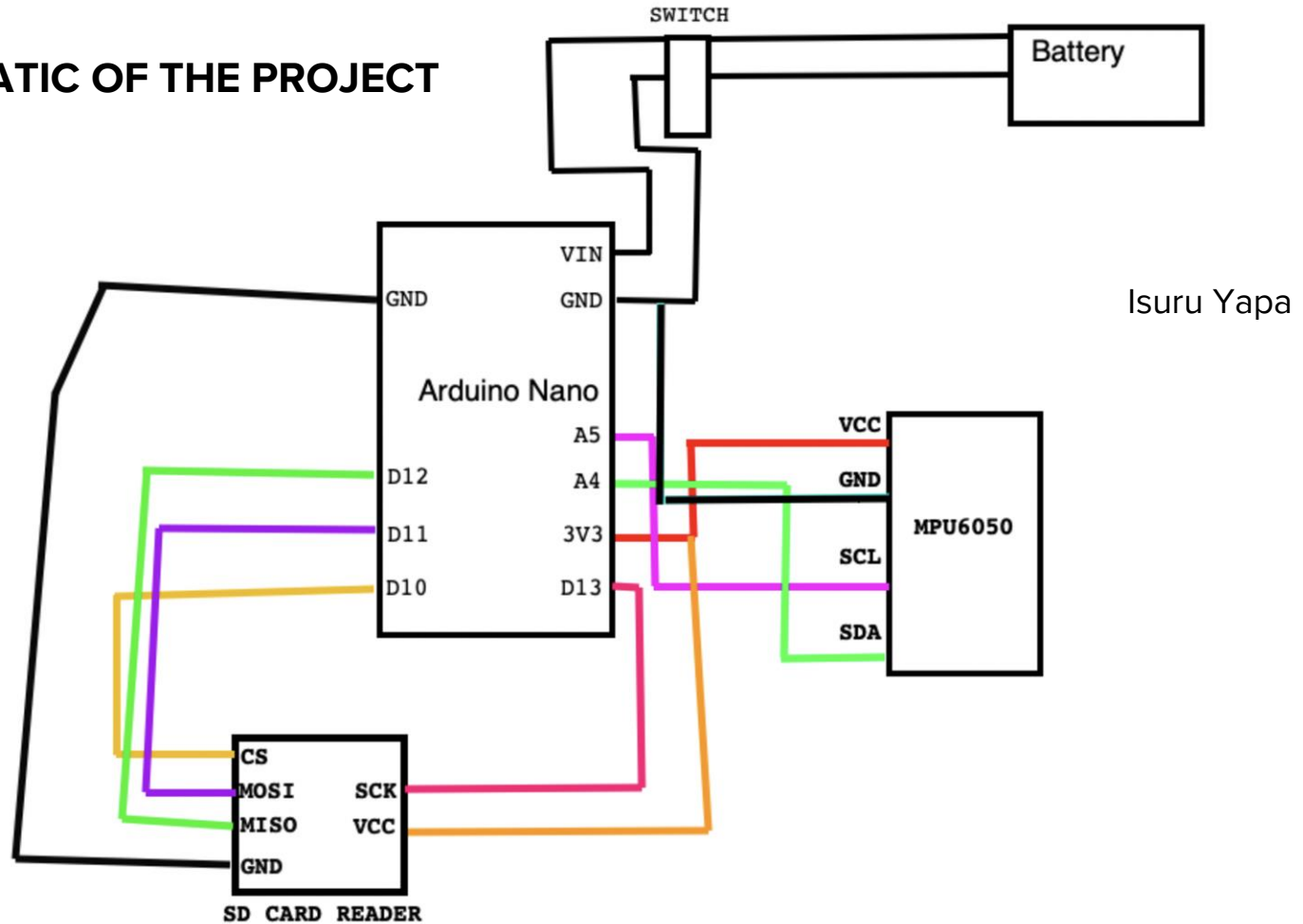
## Solution: Acceleration detection knee pad

- Our project aims to help detect walking imbalances by measuring and comparing the acceleration of the knee.
- The device that is attached to the knee is an accelerometer
- The device will be utilized to detect the measuring and comparing the acceleration of the knee.

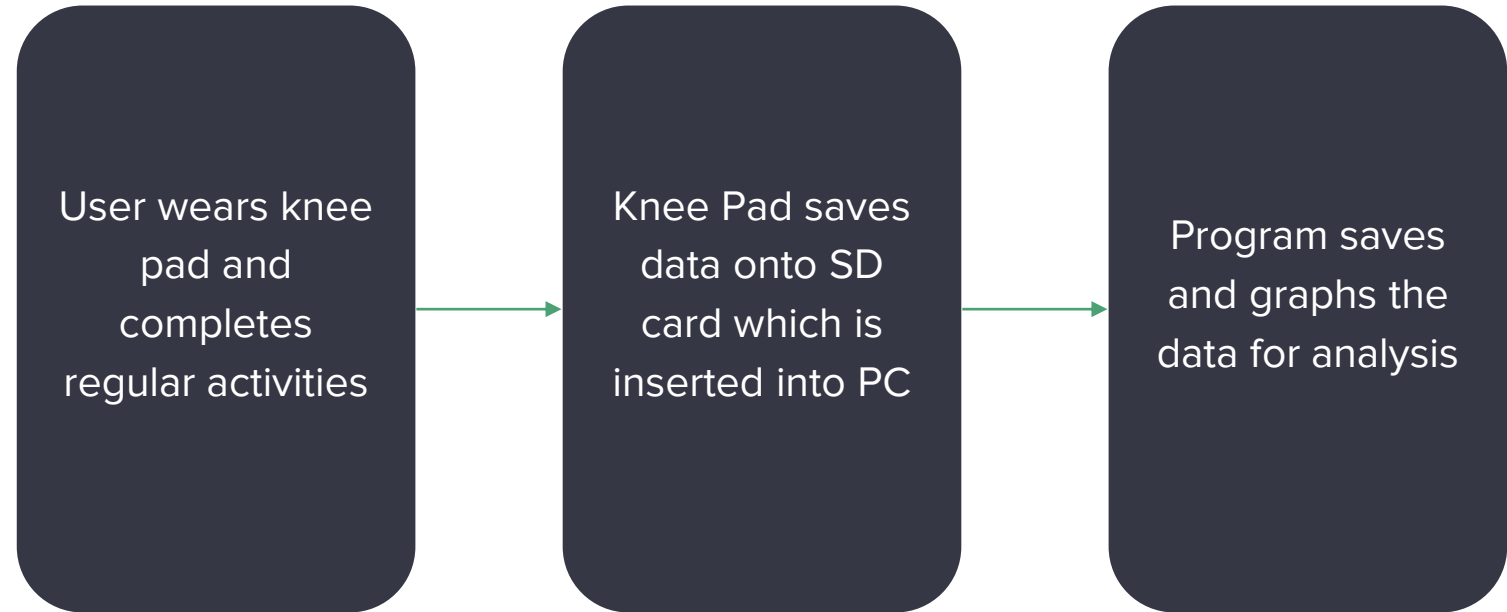
# Features

- Battery Power
- SD Card reader
- Data analysis
- Portable Device

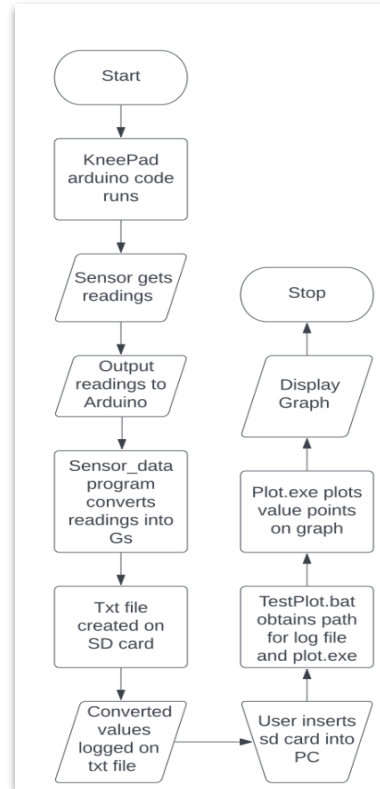
## THE SCHEMATIC OF THE PROJECT



## How it's used



# Implementation



Knee Pad Flowchart



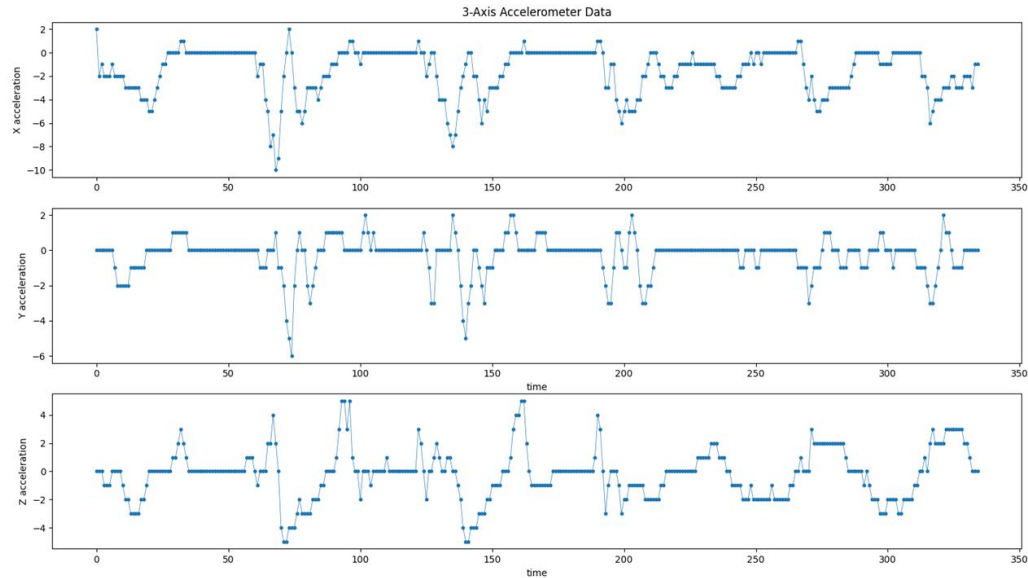
# Storing the Data

In order to record the acceleration data, the device has a MicroSD card to store the log of (x,y,z) data values

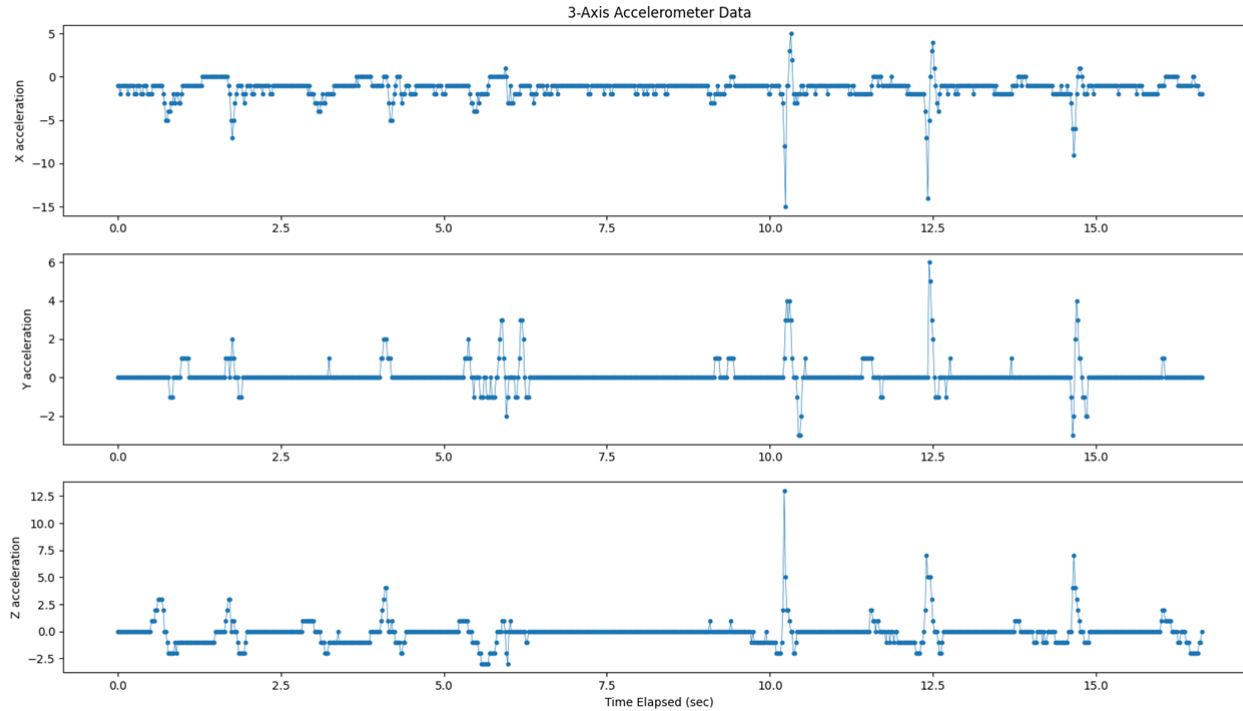
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-8.00 0.00 2.00  
-7.00 0.00 4.00  
-10.00 1.00 2.00  
-9.00 -1.00 0.00  
-5.00 -1.00 -4.00  
-2.00 -2.00 -5.00  
0.00 -4.00 -5.00  
2.00 -5.00 -4.00  
0.00 -6.00 -4.00  
-3.00 -2.00 -4.00  
-5.00 0.00 -3.00  
-5.00 1.00 -2.00  
-6.00 0.00 -3.00  
-5.00 0.00 -3.00
```

# Representing the Data

In order to visually represent the acceleration from the knee pad, a program was created to plot the acceleration in 3 separate graphs

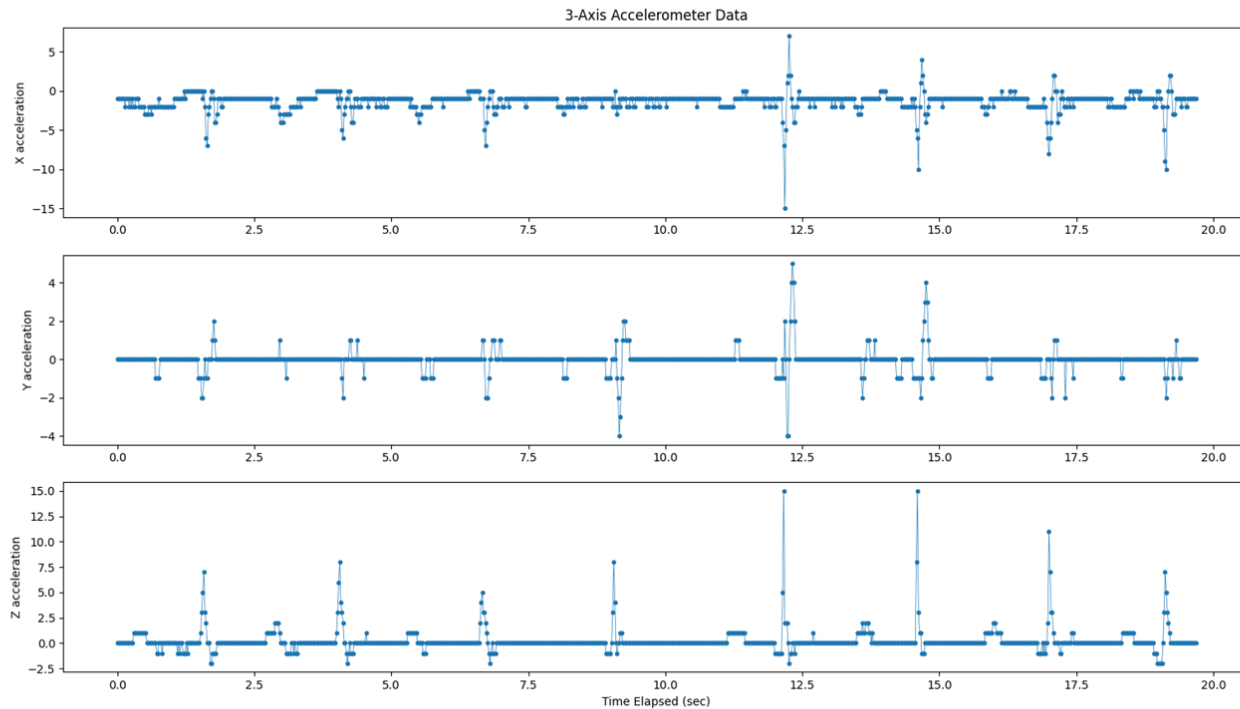


# Testing Real Data from the Left Knee

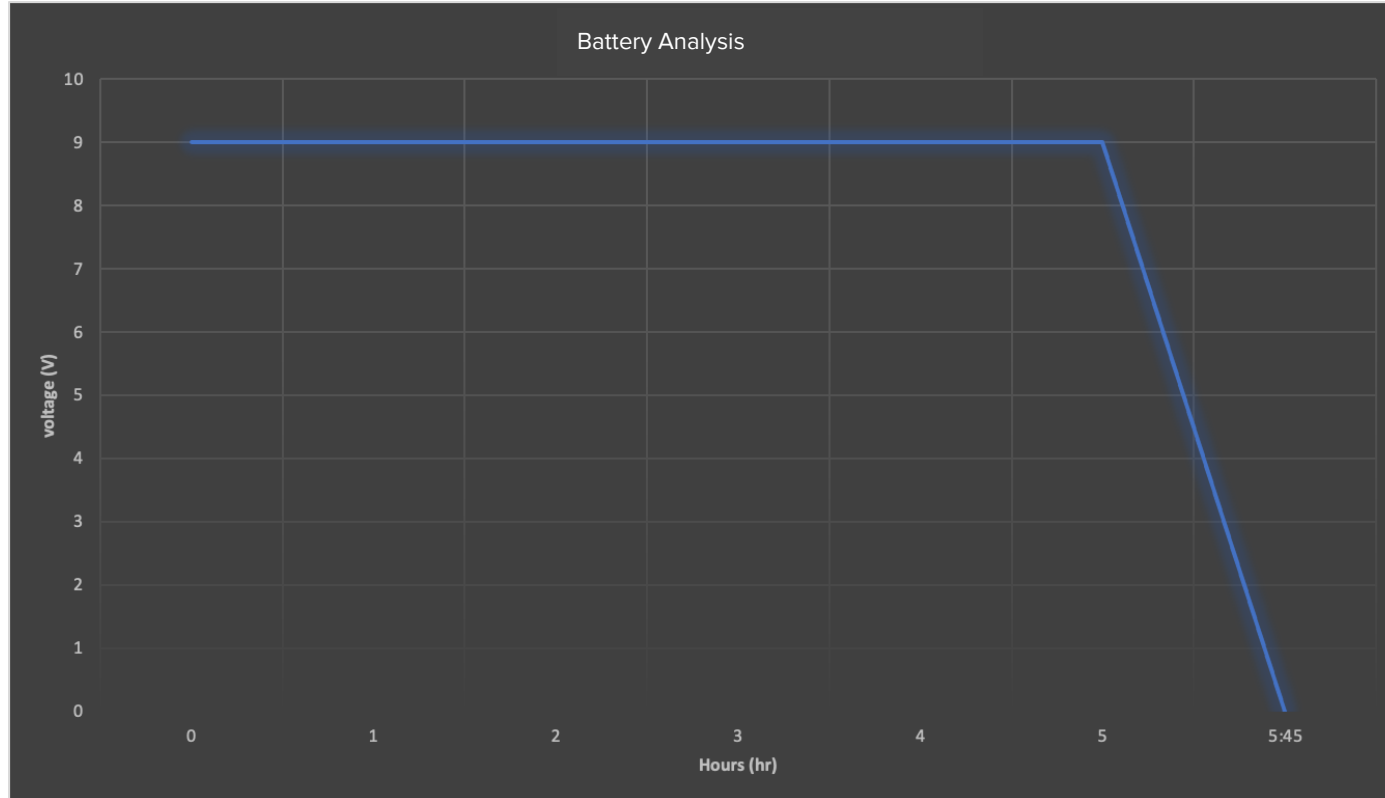


# Testing Real Data from the Right Knee

Dallas  
Stroud



# Battery analysis



# Potential Applications

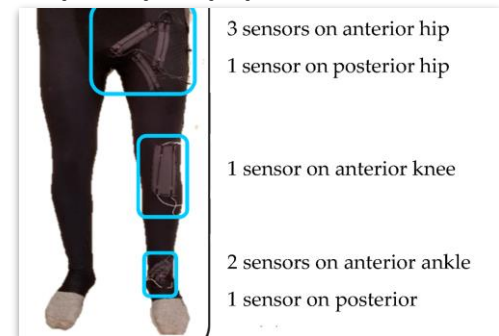
- Data is key for analysis and diagnosis
- Knee Pad is a tool for data to be collected
- Potential applications:
  - Tracking pace and explosiveness of runners
  - Gait analysis
  - Analysis of load on knee joint for athletes

*"Prospective Epidemiological Study of Basketball Injuries During One Competitive Season: Ankle Sprains and Overuse Knee Injuries" - National Center for Biotechnology Information*

## Key points

- Ankle sprains are the most common acute injuries in basketball with the inciting event being landing on an opponent's foot or changing direction.
- Anterior knee pain is the most common overuse injury. Etiologic factors are well described in literature, but prevention strategies are lacking.
- Acute knee injuries account for the highest inactivity and should therefore also be prevented.
- Most of the injuries are due to contact mechanisms and therefore the definition of basketball as a non contact sport is questionable.
- Highest injury risks are found in women and in the lower levels.

*"Fatigue Monitoring in Running Using Flexible Textile Wearable Sensors"*



# References

- Cumps, E., Verhagen, E., & Meeusen, R. (2007). Prospective epidemiological study of basketball injuries during one competitive season: ankle sprains and overuse knee injuries. *Journal of Sports Science & Medicine*, 6(2), 204–211.  
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3786241/#:~:text=Forward%20players%20sustained%20less%20knee>
- Gholami, M., Napier, C., Patiño, A. G., Cuthbert, T. J., & Menon, C. (2020). *Fatigue monitoring in running using flexible textile wearable sensors*. MDPI. Retrieved May 6, 2022, from <https://www.mdpi.com/1424-8220/20/19/5573/htm>