

**ANNUAL REVIEW OF COMPETENCE PROGRESSION  
DECISION AID**

<b>PAPERWORK REVIEWED</b>		
<b>Mandatory Paperwork</b>	<b>Yes</b>	<b>No</b>
Educational Supervisor's Report Post 1		
Educational Supervisor's Report Post 2		
Evidence of Completion of GMC Survey		
Completed Report on Academic Progress (for Academic trainees only)		
<b>Revalidation Paperwork</b>	<b>No Concerns</b>	<b>Concerns</b>
Enhanced Form R ( <i>to be completed no earlier than 1 month prior to ARCP</i> )		
Revalidation confirmation from ESSR		
LEO & Host Trust Exit Reports		
<b>CCT Date</b>	<b>Yes (give date)</b>	<b>No</b>
Does CCT date need to change due to absence from training?		
<b>Specialty Specific Paperwork (List Below):</b>		
Audit/Clinical Governance Summary (1 summary per year)		
Updated CV		
Logbook Summary (to cover full ARCP period)		
CME Points Summary (1 per ARCP period)		
Reflective Practice (6 per 12 months)		
MSF (1 per year + per ICU placement)		
Placement Feedback (1 per placement)		
Research Summary (for trainees undertaking research only)		

<b>Examination Details</b>									
	<b>CT1</b>	<b>CT2</b>	<b>ST3</b>	<b>ST4</b>	<b>ST5</b>	<b>ST6</b>	<b>ST7</b>	<b>Yes</b>	<b>No</b>
Primary FRCA		Essential							
Full FRCA				Essential					

<b>WPBAs &amp; Completion of Unit of Training (CUT) – see below</b>									
	<b>CT1</b>	<b>CT2</b>	<b>ST3</b>	<b>ST4</b>	<b>ST5</b>	<b>ST6</b>	<b>ST7</b>	<b>Yes</b>	<b>No</b>
IAC (5 A-CEX, 8 CBD, 6 DOPs)	19								
CUT - Basis of Anaesthetics Practice	8								
CUT - Basic & Intermediate		15		18					
CUT - Higher (mandatory)						6			
CUT - Higher (general duties)						6			

## **Initial Assessment of Competency (IAC)**

### **CT1**

5x A-CEX

<b>Code Number</b>		<b>Completed</b>
IAC_A01	Preoperative assessment of a patient who is scheduled for a routine operating list (not urgent or emergency)	
IAC_A02	Manage anaesthesia for a patient who is not intubated and is breathing spontaneously	
IAC_A03	Administer anaesthesia for acute abdominal surgery	
IAC_A04	Demonstrate rapid sequence induction	
IAC_A05	Recover a patient from anaesthesia	

8x CBD

<b>Code Number</b>		<b>Completed</b>
IAC-C01	Discuss the steps taken to ensure correct identification of the patient, the operation and the site of operation	
IAC-C02	Discuss how the need to minimise postoperative nausea and vomiting influenced the conduct of the anaesthetic	
IAC-C03	Discuss how the airway was assessed and how difficult intubation can be predicted.	
IAC-C04	Discuss how the choice of muscle relaxants and induction agents was made	
IAC-C05	Discuss how the trainee's choice of post-operative analgesics was made	
IAC-C06	Discuss how the trainee's choice of post-operative oxygen therapy was made	
IAC-C07	Discuss the problems emergency intra-abdominal surgery causes for the anaesthetist and how the trainee dealt with these	
IAC-C08	Discuss the routine to be followed in the case of failed intubation	

6 x DOPs

<b>Code Number</b>		<b>Completed</b>
IAC-D01	Demonstrate functions of the anaesthetic machine	
IAC-D02	Transfer a patient onto the operating table and position them for surgery (lateral, Lloyd Davis or lithotomy position)	
IAC-D03	Demonstrate cardio-pulmonary resuscitation on a manikin	
IAC-D04	Demonstrate technique of scrubbing up and donning gown and gloves	
IAC-D05	Basic competences for pain management – manages PCA including prescription and adjustment of machinery	
IAC-D06	Demonstrate the routine for dealing with failed intubation on a manikin	

## The Basis of Anaesthetic Practice - CT1

Unit of Training	DOPs x1	A-CEX x1	CBD x1
Pre-operative assessment			
Premedication			
Induction of general anaesthesia			
Intra-operative care			
Post-operative and recovery room care			
Introduction to anaesthesia for emergency surgery			
Management of respiratory and cardiac arrest			
Control of infection			

## Basic Anaesthesia - CT1, CT2, CT2+

Unit of Training	DOPs x1	A-CEX x1	CBD x1	ALMAT x1	WBAs*
Airway management					
Critical incidents					
Day surgery					
General, urological and gynae surgery					
Head, neck, max-fac & dental surgery					
Intensive care medicine					
Non-theatre					
Obstetrics					
Orthopaedic surgery					
Paediatrics (including child protection)					
Pain medicine					
Regional					
Sedation					
Transfer medicine					
Trauma and stabilisation					

\*WBAs as determined by module supervisor

## Units of Training & WBAs - ST3, ST4

Module	WBA	Completed
Airway management*	1x CBD, 1x DOPs & either 1x A-CEX or 1x ALMAT	
Anaesthesia for neurosurgery, neuroradiology and neurocritical care	1x A-CEX, 1x DOPs and 1x CBD	
Cardiothoracic anaesthesia and cardiothoracic critical care	1x A-CEX, 1 x DOPs and 1x CBD	
Critical incidents*	1x CBD	
Day surgery*	1x CBD & either 1x A-CEX or 1x ALMAT	
General, urological and gynaecological surgery*	1x CBD & either 1x A-CEX or 1x ALMAT	
Head, neck, maxillo-facial & dental surgery*	1x CBD & either 1x A_CEX or 1x ALMAT	
Intensive care medicine	As determined by module supervisor	
Management of respiratory and cardiac arrest*	Either 1x DOPs or current ALS/ATLS/APLS	
Non-theatre*	1x CBD and 1x A-CEX	
Obstetrics	1x A_CEX, 1 x DOPs and 1x CBD	
Orthopaedic surgery*	1x CBD and either 1x A-CEX or 1 x ALMAT	
Paediatric	1x A-CEX, 1x DOPs and 1x CBD	
Pain medicine	1x A-CEX, 1x DOPs and 1x CBD	
Regional*	1x CBD, 1x DOPs and either 1x A-CEX or 1x ALMAT	
Sedation*	1x CBD and either 1x A-CEX or 1x ALMAT	
Transfer medicine*	1x CBD and either 1x ACEX or 1x ALMAT	
Trauma and stabilisation*	1x CBD and either 1x A-CEX or 1x ALMAT	

\*These modules form General Duties. For the whole of General Duties, a minimum of 3x CBD are required

## Units of Training & WBAs – ST5, ST6, ST7

Module	WBA	Completed
Airway management*	1x CBD & either 1x A-CEX or 1x ALMAT	
Anaesthesia for neurosurgery, neuroradiology and neurocritical care	1x A-CEX and 1x CBD	
Cardiothoracic anaesthesia and cardiothoracic critical care	1x A-CEX, 1 x DOPs and 1x CBD	
Day surgery*	1x CBD & either 1x A-CEX or 1x ALMAT	
General, urological and gynaecological surgery*	1x CBD & either 1x A-CEX or 1x ALMAT	
Head, neck, maxillo-facial & dental surgery*	1x CBD & either 1x A_CEX or 1x ALMAT	
Intensive care medicine	As determined by module supervisor	
Management of respiratory and cardiac arrest*	1x A-CEX and 1x CBD	
Non-theatre*	1x A-CEX and 1x CBD	
Obstetrics*	1x CBD and either 1x A-CEX or 1x ALMAT	
Orthopaedic surgery	1x CBD and either 1x A-CEX or 1 x ALMAT	
Paediatric	1x A-CEX, 1x DOPs and 1x CBD	
Regional*	1x CBD, 1x DOPs and either 1x A-CEX or 1x ALMAT	
Sedation*	1x CBD and either 1x A-CEX or 1x ALMAT	
Transfer medicine*	1x CBD and either 1x ACEX or 1x ALMAT	
Trauma and stabilisation*	1x CBD and either 1x A-CEX or 1x ALMAT	
Vascular surgery*	1x CBD and either 1x A-CEX or 1x ALMAT	

\*These modules form General Duties. For the whole of General Duties, a minimum of 3x CBD are required