

# Following Gampopa

## The Four Dharmas of Gampopa

lo chö su dro war chin gyi lop Grant your  
blessing so that my mind may turn towards the Dharma.

chö lam du dro war chin gyi lop Grant your  
blessing so that Dharma may progress along the path.

lam trul wa shyik par chin gyi lop Grant your  
blessing so that the path may clarify confusion.

trulpa yeshé su char war chin gyi lop  
Grant your blessing so that confusion may dawn as wisdom.