### OSHA 10 HOUR CERTIFICATION





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# Baystate Roads Program UMass Transportation Center 214 Marston Hall 130 Natural Resources Road Amherst, MA 01003

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If applicable, make checks payable to: University of Massachusetts 214 Marston Hall, 130 Natural Resources Rd., Amherst, MA 01003 Mail to: Baystate Roads Program,

## OSHA 10 HOUR CERTIFICATION

Light breakfast, lunch and course

materials are included

Cancellations must be received 4 days prior to the workshop or you will be invoiced.



### **Description**

The OSHA Outreach Ten Hour Construction Training Program provides training on the recognition, avoidance, abatement, and prevention of workplace hazards. Classes also provide overview information regarding OSHA, including workers' rights, employer responsibilities, and how to file a complaint.

All OSHA 10 hour Construction training is intended to cover an overview of the hazards a worker may encounter on a job site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Contact the Baystate Roads Program for additional information at: cindy@baystateroads.org

Maximum class size is 35

### Speaker

### Patricia "Patty" Stagno

Patricia Stagno, President and owner of Power Skills for Life, LLC of Goffstown, NH, is an accredited Women Business Enterprise (WBE), Veteran (VOB) and Woman Owned Business (WOB). Power Skills for Life provides safety, training and compliance consulting for construction, manufacturing, maritime, building facility maintenance, municipalities and utility industries. Patricia travels throughout the country to design and develop structured hands-on training modules for technical, mechanical and electrical training programs for large and small companies. She is the first woman in the state of New Hampshire to hold all five certificates from the OSHA Training Institute and Keene State College in Emergency Management, Maritime, Construction, Industrial Hygiene and General Industry.

### Why Register Online?

- Instantly confirm registration!
- View how many seats are left!
- View all courses currently accepting registrations!
- View workshop flyers as well as Newsletters and Tech Notes!
- Save paper and time!

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Maximum Class Size is 35

\*Both days must be attended to receive this certification.

### April 2 & 3, 2013

The Former Conte Middle School 191 East Main St., North Adams, MA 01247

### Who Should Attend

Workers involved in construction projects, supervisors, and other personnel responsible for construction activities should attend this workshop.

This Course counts towards
1 Roads Scholar Credit/1.0 CEUs

This Baystate Roads Program (LTAP) workshop is a cooperative effort of the Federal Highway Administration, Massachusetts Executive Office of Transportation and the University of Massachusetts Transportation Center.



### Agenda

	Day One
9:00 AM	Introduction/Registration
	Introduction to OSHA
	•OSHA Act
	•Inspections/Citations/Penalties
	•General Safety
	•Competent Person
	•OSHA Resources
	Focus Four Hazards
	•Fall Protection
	•Struck by
	•Electrical
	•Caught in/between
12:15 PM	Lunch (provided)
	Personal Protective and Lifesaving
	Equipment
	Health Hazards in Construction
3:15 PM	Adjourn Day One
	Day Two
9:00 AM	Introduction/Registration
	Mechanized Equipment
	Electrical Safety
	Excavations and Trenching
	Confined Spaces
12:00 PM	Lunch (provided)
	Fall Prevention/Protection
	Occupational Health and Environmental Controls
	Certification Quiz
3:15 PM	Adjourn Day Two