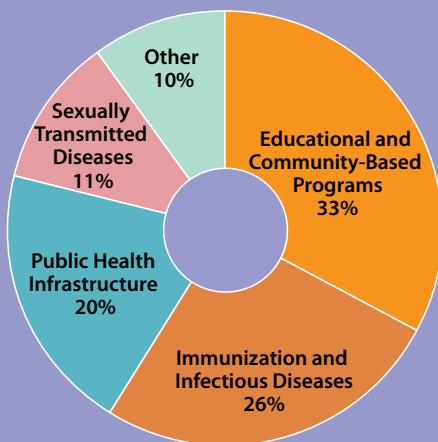


# Preventive Health and Health Services Block Grant

## Louisiana

### How Louisiana Invested PHHS Block Grant Funding

**Total FY 2015 Funding: \$3,987,763**



**Louisiana's health and wellness program, Well-Ahead, teaches residents how they can make smart choices about their health.**

### The Well-Ahead Project Helps Keep Residents Healthy

In 2015, Louisiana led the nation in rates of several chronic conditions, including obesity, diabetes, and heart disease. These health conditions typically change the quality of a person's life, are expensive to manage, and can make working difficult. By making smarter choices, Louisianans can potentially live longer and enjoy for many years what makes their region unique, such as great music, food, and festivals. Wellness programs are ideal for teaching people how to make healthy lifestyle choices and how to practice healthy behaviors. The Louisiana Department of Health & Hospitals used Preventive Health and Health Services (PHHS) Block Grant funds to create Well-Ahead Louisiana—a wellness program that teaches residents how to make smart choices about their health.

Well-Ahead Louisiana partners with local restaurants, schools, hospitals, and businesses to help teach the community how to choose healthy foods, exercise every day, and stop tobacco use. Well-Ahead Louisiana also helped 93 organizations design employee health programs and taught health and wellness to more than 10,000 employees at 163 worksites.

By participating in the Well-Ahead program, businesses and worksites can earn the designation of "WellSpots" by building healthy activities into employees' daily activities. From June 2014 to June 2016, more than 1,200 WellSpots across the state were recognized for addressing health concerns like offering healthy food options in businesses and restaurants, promoting worksite wellness, and improving air quality. Louisianans are enjoying healthier lunches at work, more opportunities to exercise at work or school, and smoke-free air.

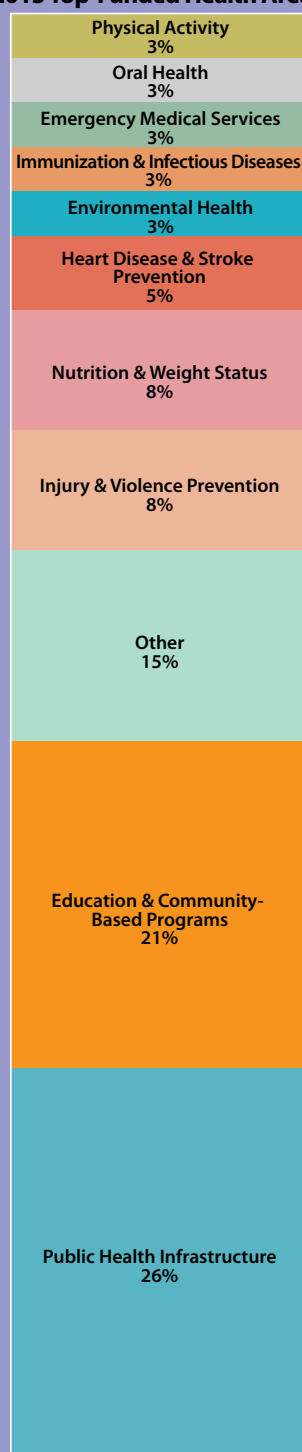
Well-Ahead is about Louisiana's people, leaders, businesses, and organizations taking action to make healthy living part of Louisiana's celebrated culture and lifestyle.



Centers for Disease Control and Prevention  
Office for State, Tribal, Local and Territorial Support

# Preventive Health and Health Services Block Grant

## 2015 Top-Funded Health Areas



*Excludes all non-discretionary funding: administrative costs (up to 10%), direct assistance, and funds set aside for sexual violence (rape prevention).*

## What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

## Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about \$126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).