12 13 14 15 16 17 18 19 20 ±cm ±in Mother's Stature Father's Stature AGE (YEARS) -76 Date Age Weight Stature BMI* -97-190 74 **=90-**-185 S 72 Т 180 70 **-**50-175 T -25 68 U *To Calculate BMI: Weight (kg) ÷ Stature (cm) ÷ Stature (cm) x 10,000 170 R or Weight (lb) + Stature (in) + Stature (in) x 703 = 10= 66 Е 165 =6 9=10=11 64 160 160 62-62 155 155 60-60 150 150 58-145 56 140 105 230 54 97 100 220 135 52-95 210 130 90 200 50-125 90 48-190 120 E180 46-80 115 E170 44-75 110 160 42-70 105 E150-W 40-65 140 100 Ε - 25 38-60 130 95 G 10 36-Н 90 55 120 Т 34-50 110 85 32-45 100-80 40 90-30-35 - 80--80- 35 70-W 30 30 -60 -60-25 25 50- 50-20 20‡ 40= -40-15 30 15 30-10 10= AGE (YEARS)

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