

# CDC's Vaccine Education Resources for Pregnant Women

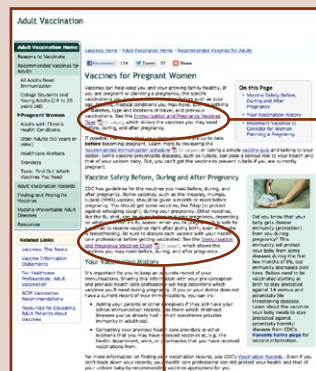
Vaccines can help keep pregnant women and their growing families healthy and protected against serious diseases. Use the resources listed below to stay up-to-date on recommended vaccines for pregnant women and to help educate them about the importance of vaccination.



## General

These websites and fact sheets help keep pregnant women and the healthcare professionals who care for them up-to-date on the vaccines needed before, during, and after pregnancy.

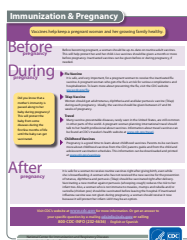
[www.cdc.gov/vaccines/adults/rec-vac/pregnant.html](http://www.cdc.gov/vaccines/adults/rec-vac/pregnant.html)



For healthcare professionals



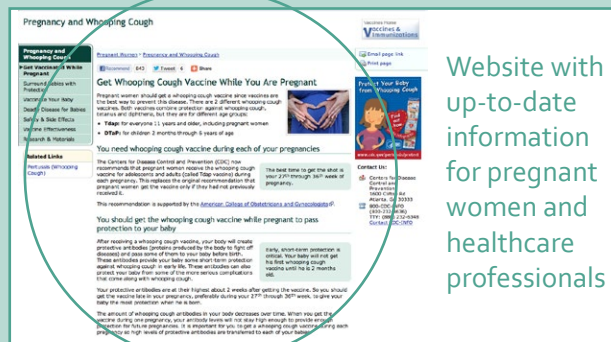
For pregnant women and women planning to become pregnant



## Pertussis (Whooping Cough)

Pregnant women are recommended to get Tdap vaccine during each pregnancy (preferably between 27 and 36 weeks gestation) to pass protective antibodies to the baby. Getting the vaccine during pregnancy provides newborns with some early, short-term protection against pertussis. The first few months of life are when babies are at greatest risk for catching pertussis and having severe, potentially life-threatening complications from the infection.

[www.cdc.gov/pertussis/pregnant](http://www.cdc.gov/pertussis/pregnant)



Website with up-to-date information for pregnant women and healthcare professionals

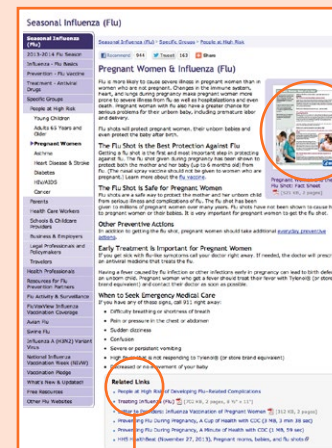
CDC has an infographic available in Spanish and English about the importance of protecting babies against pertussis



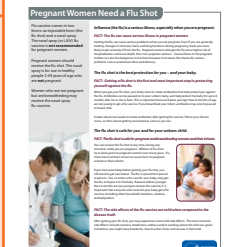
## Influenza (Flu)

Flu is more likely to cause severe illness in pregnant women than in women who are not pregnant. Pregnant woman with flu also have a greater chance for serious problems for their unborn baby, including premature labor and delivery. Flu shots can be given during any trimester and will protect pregnant women, their unborn babies, and even protect the baby for up to 6 months after birth.

[www.cdc.gov/flu/protect/vaccine/pregnant.htm](http://www.cdc.gov/flu/protect/vaccine/pregnant.htm)

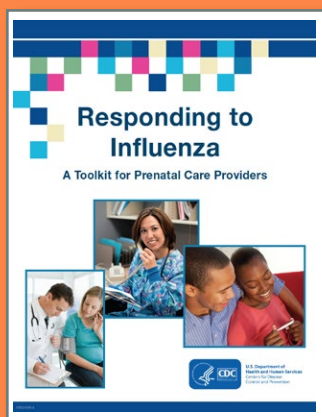


Fact sheet for pregnant women



Looking for more flu resources?  
Please see back page.

## Looking for more flu prevention resources?



- ✓ Letter to healthcare professionals:  
<http://www.cdc.gov/flu/pdf/protect/pregnancy-letter-2014.pdf>
- ✓ Print materials:  
(matte articles, flyers, posters, and customizable products for ob-gyns)

- ▶ Print materials in English:  
<http://www.cdc.gov/flu/freeresources/print-pregnant.htm>
- ▶ Print materials in Spanish:  
<http://www.cdc.gov/flu/freeresources/print-spanish.htm>

- ✓ Fact sheet about treating influenza (references pregnant women):  
[http://www.cdc.gov/flu/pdf/freeresources/updated/treating\\_flu.pdf](http://www.cdc.gov/flu/pdf/freeresources/updated/treating_flu.pdf)

- ✓ Audio/Video tools:  
<http://www.cdc.gov/flu/freeresources/media-video.htm>

- ▶ Video 1: Motion Comic Book (Spanish):  
<http://www.cdc.gov/flu/freeresources/video/un-amor-perdido.htm>  
(also on CDC YouTube)
- ▶ Video 2: Flu Vaccination Info for Pregnant Women & Children:  
<http://www.cdc.gov/flu/freeresources/video/flu-pregnant-women.htm>
- ▶ Video 3: Protect Yourself, Protect Your Baby:  
<http://www.cdc.gov/CDCTV/ProtectBaby/>
- ▶ Video 4: Answers to Common Questions About Vaccination Safety:  
<http://www.cdc.gov/flu/freeresources/video/flu-vaccine-safety.htm>
- ▶ Podcast: Preventing Flu During Pregnancy:  
<http://www2.cdc.gov/podcasts/player.asp?f=8629986>
- ▶ Podcast: Healthbeat by the Department of Health & Human Services:  
<http://www.hhs.gov/news/healthbeat/2013/11/pregnant-moms-babies-and-flu-shots.html>

- ✓ Web tools: [http://www.cdc.gov/flu/freeresources/web\\_tools.htm](http://www.cdc.gov/flu/freeresources/web_tools.htm)

- ▶ Web buttons: [http://www.cdc.gov/flu/freeresources/buttons\\_badges.htm](http://www.cdc.gov/flu/freeresources/buttons_badges.htm)
- ▶ eCards: <http://t.cdc.gov/ecards/browse.aspx?category=175>
- ▶ Animated GIF for Pregnant Women:  
<http://www.cdc.gov/flu/freeresources/animated-pregnant-women.htm>