

# **Working Towards a Healthier Planet for Healthier People: CDC Tracking Network**

[Narrator] We are all connected to the world around us.

Our actions affect our environment and in return our environment affects us.

The health of our environment directly affects our health.

We need more than exercise and a good diet to take care of ourselves – we need knowledge.

But how can we make the connections between our health and the complicated world we live in? The Centers for Disease Control and Prevention's National Environmental Public Health Tracking Network.

The environment plays a role in many chronic diseases but we don't always understand the connection. Now, the CDC lets you see information about some health trends and environmental hazards in your community. Vital public health information is now united with environmental hazard and exposure information in one dynamic web site - CDC's National Environmental Public Health Tracking Network. For the first time you'll have an easy-to-use tool that lets you see health and environment information together.

We can work together towards a healthier planet and healthier people. CDC's National Environmental Public Health Tracking Network - the future of environmental public health.