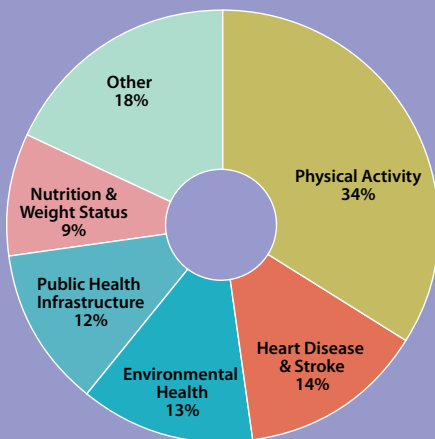


Preventive Health and Health Services Block Grant

Georgia

How Georgia Invested PHHS Block Grant Funding

Total FY 2015 Funding: \$4,250,037



PHHS Block Grant funding helps students stay physically active while at school through the Georgia SHAPE program.

SHAPE Program Helps Kids Get Active and Fit

Obesity rates in Georgia have tripled over the past 30 years. More than a million students were assessed in five fitness categories during the 2012–2013 school year. Twenty-five percent of students could not pass any of the fitness tests, which measured 1) body fat, 2) physical endurance, 3) flexibility, 4) muscular strength, and 5) muscular endurance. Only one in five students was able to pass all five tests. Georgia used Preventive Health and Health Services (PHHS) Block Grant funding to provide mini-grants for local schools to participate in the Georgia SHAPE (Student Health and Physical Education) program.

A total of \$334,000 was given to 40 elementary schools, 13 middle schools, 7 high schools, and 4 combination schools in Georgia. Schools used SHAPE program grants ranging from \$3,000–\$5,000 to teach students and parents about healthy eating habits and exercise. The schools also created wellness councils to guide their program efforts and bought supplies and equipment for activities.

Some schools have made major changes. Lewis Frasier Middle School in Liberty County installed treadmill desks in the science classroom, and students were instructed on how to track the relationship between their physical activity and blood pressure. Bells Ferry Elementary School in Cobb County introduced new physical activities, including Zumba®, yoga, and an after-school running club—earning the American Heart Association’s recognition as a “Fit-Friendly School.”

During the school year after the program started, SHAPE retested students in all five fitness categories. Assessment results showed a 3% overall improvement in the students’ fitness test scores, and more students were able to pass the tests than the year before.

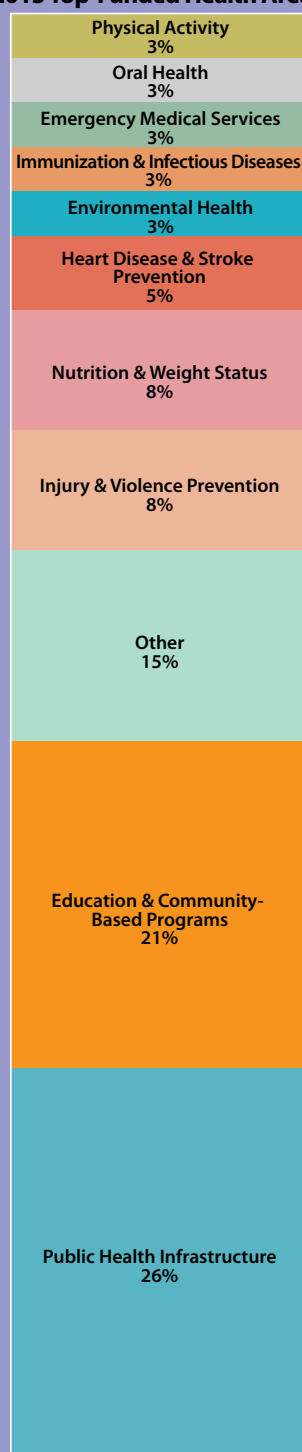
More than 46,000 students in 35 counties go to a SHAPE school, and 18 schools have made the Governor’s SHAPE Honor Roll. PHHS Block Grant funding is helping Georgia’s students get healthy and stay healthy.



Centers for Disease Control and Prevention
Office for State, Tribal, Local and Territorial Support

Preventive Health and Health Services Block Grant

2015 Top-Funded Health Areas



Excludes all non-discretionary funding: administrative costs (up to 10%), direct assistance, and funds set aside for sexual violence (rape prevention).

What is the PHHS Block Grant?

The Preventive Health and Health Services (PHHS) Block Grant provides flexible federal funding to 61 states, tribes, and US territories. These grantees use the funding to meet vital public health needs within their jurisdictions that align with national priorities—the Healthy People (HP) 2020 objectives.

Block Grant Investment Across the Nation

In fiscal year 2015, the 61 grantees received about \$126 million from the PHHS Block Grant to support critical programs and services. Most funds (85%) supported HP 2020 objectives in 10 key areas: 1) Public Health Infrastructure, 2) Education and Community-Based Programs, 3) Injury and Violence Prevention, 4) Nutrition and Weight Status, 5) Heart Disease and Stroke Prevention, 6) Environmental Health, 7) Immunization and Infectious Diseases, 8) Emergency Medical Services, 9) Oral Health, and 10) Physical Activity.

Public Health Infrastructure was the most funded area (26% of total funding); 43 grantees directed funds toward public health systems assessment, health improvement planning, accreditation, quality improvement, laboratory services, and other infrastructure activities. Education and Community-Based Programs was the second-most funded area (21% of total funding); 29 grantees directed funds toward community-based primary prevention services, worksite health promotion programs, and culturally appropriate community health programs.

Grantees also directed funds toward supporting local organizations working to improve community health (27% of total funding) and reduce health disparities (23% of total funding).