

# PROFILES

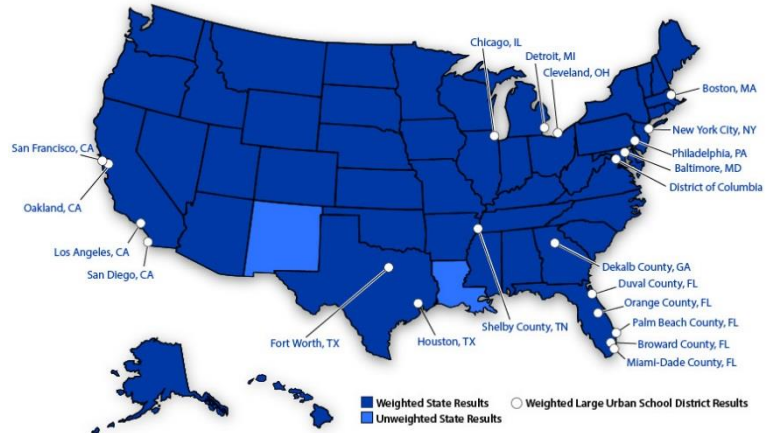
## School Health Profiles

### What is the School Health Profiles?

The School Health Profiles (Profiles) is a system of surveys assessing school health policies and practices in states, large urban school districts, and territories. Profiles surveys are conducted biennially by education and health agencies among middle and high school principals and lead health education teachers. Profiles monitors the current status of

- School health education requirements and content
- Physical education and physical activity
- Practices related to bullying and sexual harassment
- School health policies related to tobacco-use prevention and nutrition
- School-based health services
- Family engagement and community involvement
- School health coordination

### State and Large Urban School District Participation – Profiles 2014



### How are Profiles data used?

Education and health officials use Profiles data to

- Describe school health policies and practices and compare them across jurisdictions
- Identify professional development needs
- Plan and monitor programs
- Support health-related policies and legislation
- Seek funding
- Garner support for future surveys

### How do specific states and school districts use their Profiles data?

- In Montana, the Office of Public Instruction, in collaboration with the Montana Department of Health and Human Services, used Profiles results to develop customized technical assistance plans for selected schools to increase attention towards nutrition, physical activity, and employee wellness.
- The Florida Department of Education used Profiles results to develop the agenda for their annual Healthy Schools Summer Academy professional development event.
- In Alaska, the Alaska School Nurses Association used Profiles data to help write a grant to support rural school health services.

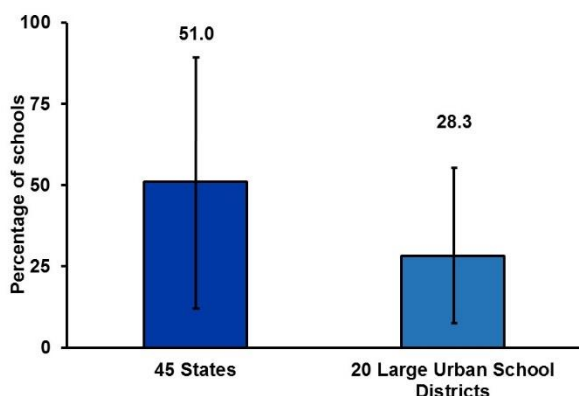
## How is Profiles conducted?

Profiles is conducted among a sample of secondary schools in a state, large urban school district, or territory. Profiles data are collected from self-administered questionnaires from the principal and the lead health education teacher at each sampled school. In 2014, 48 states, 21 large urban school districts, and 2 territories obtained weighted data. Weighted data means that at least 70% of the principals or lead health education teachers in the sample completed the survey. Weighted data represent the state, school district, or territory, whereas unweighted data represent only the schools that completed the questionnaire.

Among states, the average number of principals participating was 260, and the average number of teachers participating was 252. Among school districts, the average number of principals participating was 91, and the average number of teachers participating was 89. Among territories, the average number of principals participating was 10, and the average number of teachers participating was 10.

## What are some results from Profiles data?

Figure 1: Range and median percentage\* of schools that required students to take 2 or more health education courses



\*Percentages shown indicate median; I-bars represent range of percentages.

Figure 3: Range and median percentage of schools that taught 16 key HIV, STD, and pregnancy prevention topics in a required course, by grade level

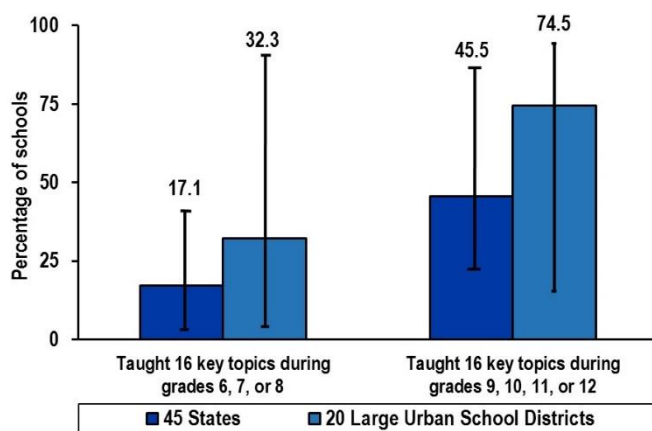
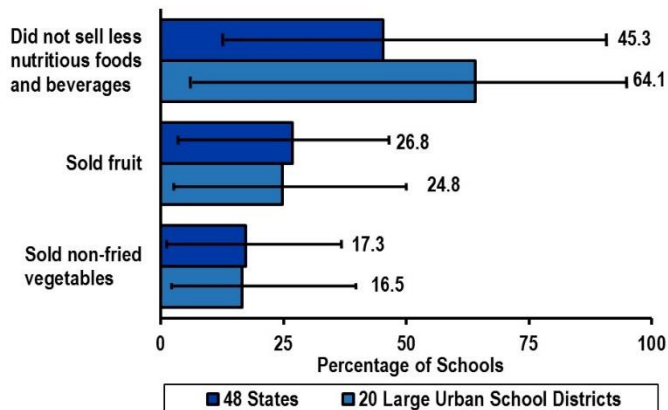
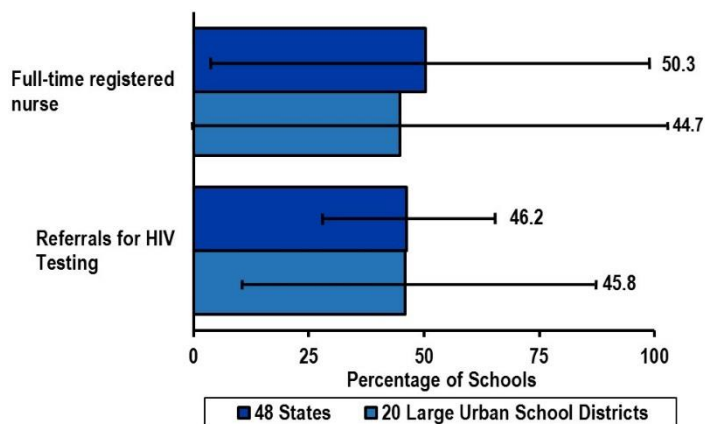


Figure 2: Range and median percentage of schools that did not sell less nutritious foods and beverages\* in vending machines or at the school store, canteen, or snack bar, and sold fruit or non-fried vegetables in these venues



\*Baked goods that are not low in fat, salty snacks that are not low in fat, candy, sports drinks, or soda pop or fruit drinks that are not 100% juice.

Figure 4: Range and median percentage of schools with a full-time registered nurse who provides health services to students at school, and that provided referrals for HIV



Where can I get more information? Visit [www.cdc.gov/healthyyouth](http://www.cdc.gov/healthyyouth) or call 800-CDC-INFO (800-232-4636).