

# IT'S NOT TOO LATE!

## Get your flu vaccine.

As long as flu viruses are circulating,  
it's not too late to get vaccinated.

A yearly flu vaccine is recommended for everyone  
6 months and older.

Vaccination is especially important for protecting  
people at high risk of serious flu complications,  
including:

- young children
- pregnant women
- adults 65 years and older
- anyone with chronic health conditions like  
asthma, diabetes, or heart disease.

National Influenza Vaccination Week (NIVW)

December 4-10, 2016

[www.cdc.gov/flu/nivw](http://www.cdc.gov/flu/nivw)

**#FIGHT FLU**



**Centers for Disease  
Control and Prevention**  
National Center for Immunization  
and Respiratory Diseases