

Increasing Adolescents' Access to Sexual Health Services



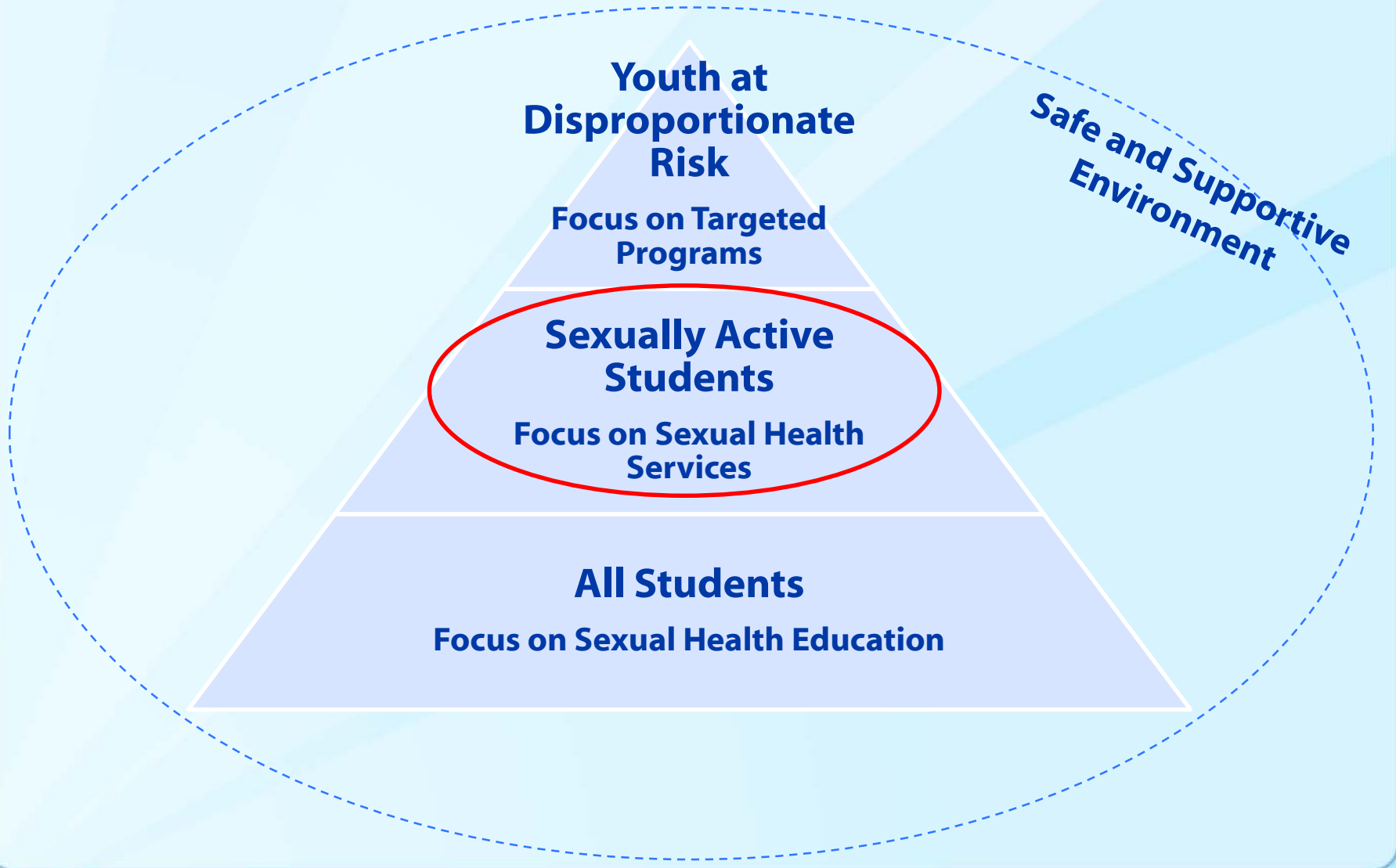
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@DrZazaCDC

Society for Adolescent Health and Medicine
Los Angeles, CA
March 21, 2015

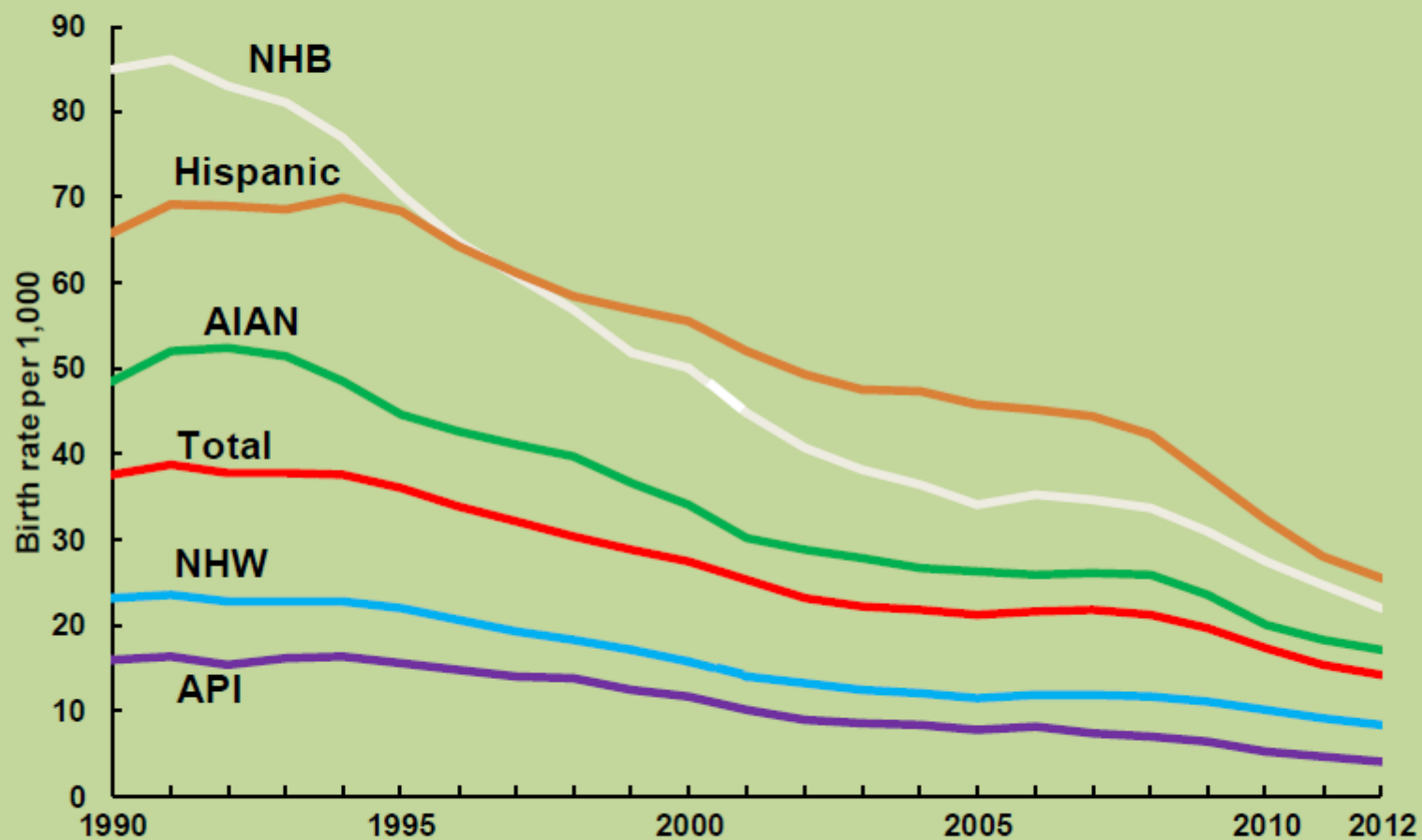
DASH's Mission

...is to promote environments where teens can gain fundamental health knowledge and skills, establish healthy behaviors for a lifetime, connect to health services, and avoid HIV, STD and pregnancy.

Continuum of Supports Based on Population Size and Risk

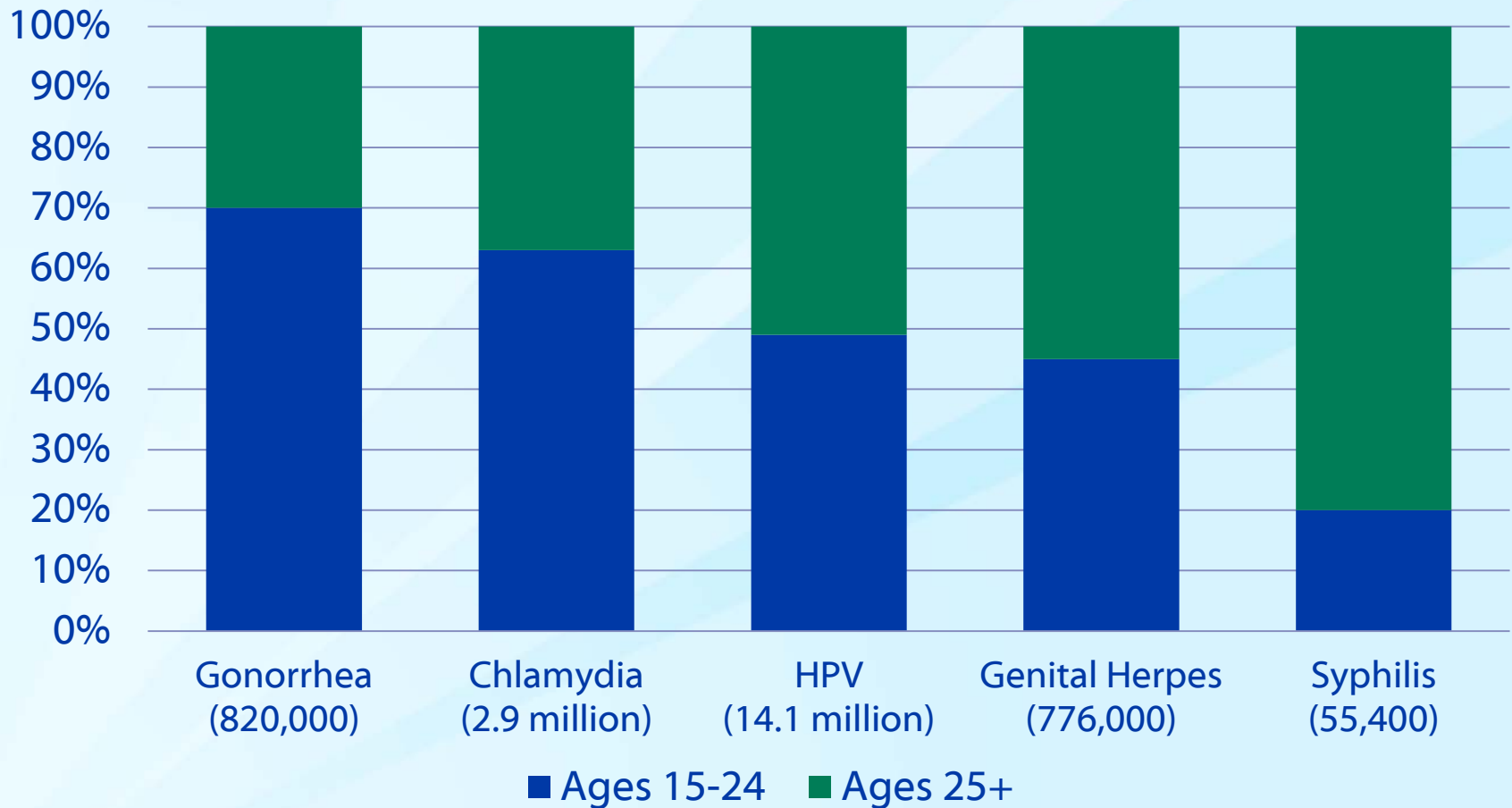


Birth rates for teenagers 15-17 years by race and Hispanic origin: United States, 1990-2012



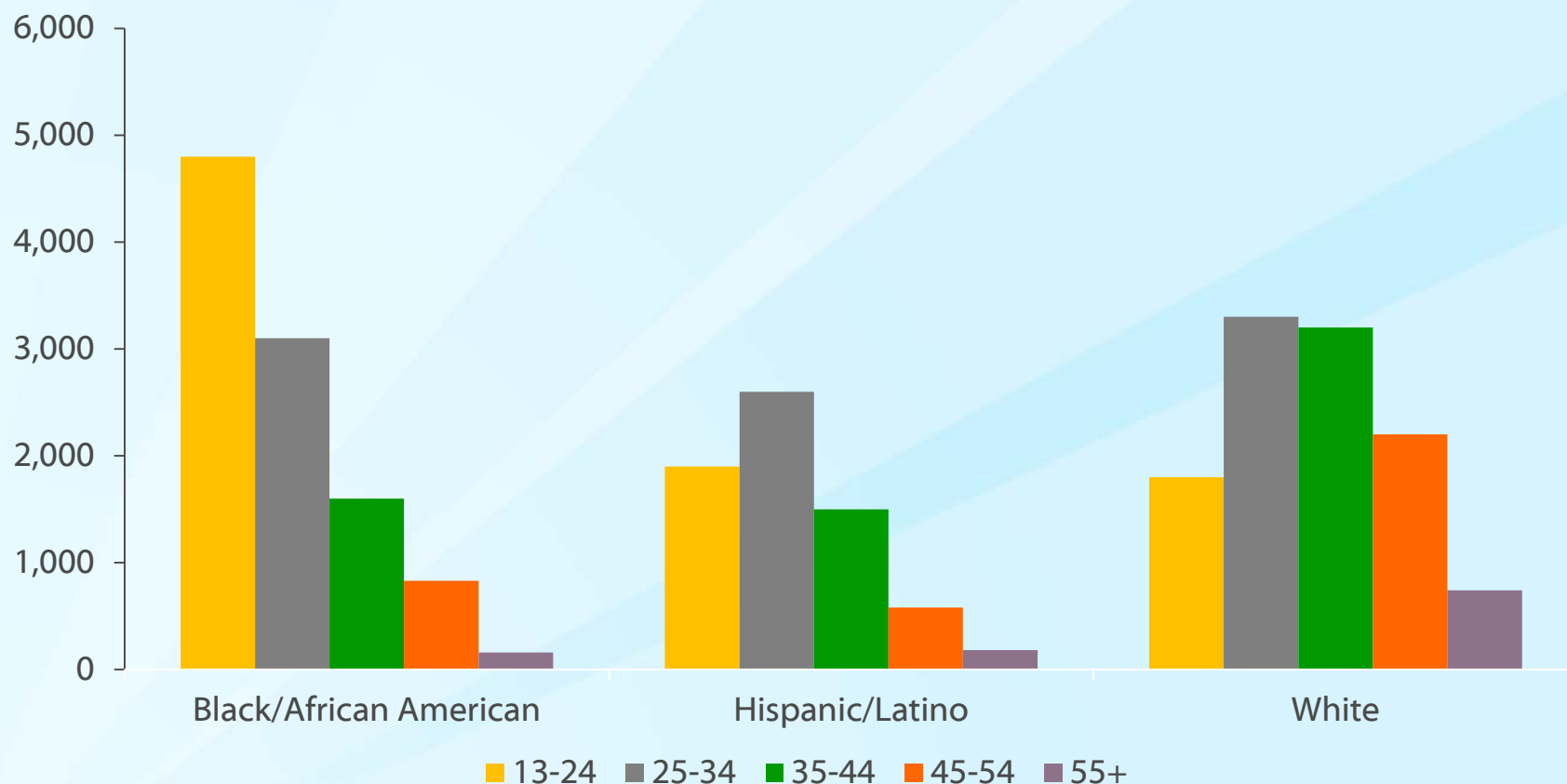
SOURCE: National Vital Statistics System, NCHS, CDC.

Young People Account for a Substantial Proportion of New STIs



Adapted from www.cdc.gov/std/products/infographics.htm . Accessed 11/21/14.

Estimated Incidence of HIV Infection among Men who have Sex with Men, by Race/Ethnicity and Age at Infection, 2010 — United States



Note: Hispanics/Latinos can be of any race.

Source: www.cdc.gov/hiv/library/slidesets/index.html

Teenagers Have Sex

- **47% of high school students have ever had sex¹**
 - 30% of 9th graders
 - 41% of 10th graders
 - 54% of 11th graders
 - 64% of 12th graders
- **68% of LGB high school students have ever had sex²**
- **34% of high school students are currently sexually active¹**
 - 49% of 12 graders
- **59% of currently sexually active students used condoms the last time they had sex¹**

1 Kann L, Kinchen S, Shanklin SL, et al. Youth Risk Behavior Surveillance – United States 2013. MMWR 2014;63(SS-4):1-168.

2 Kann L, Olsen EO, McManus T, et al. Sexual identity, sex of sexual contacts, and health-risk behaviors among students in grades 9-12 – Youth Risk Behavior Surveillance, selected sites, United States, 2001-2009. MMWR 2011, 60(SS-7):1-132.

Teens' Use of Sexual Health Services Is Low

- **Among the 34% of students who are currently sexually active:¹**
 - 19% used birth control pills
 - 1.6% used Long-Acting Reversible Contraceptives (IUD or implant)
 - 4.7% used a shot, patch, or birth control ring
 - 8.8% used BOTH a condom and either birth control pill, LARC, or shot, patch or birth control ring
- **22.4% of sexually experienced students had been tested for HIV²**
- **Among students with access to school-based health services, 7% report using those services for sexual health services³**

¹ Kann L, Kinchen S, Shanklin SL, et al. Youth Risk Behavior Surveillance – United States 2013. MMWR 2014;63(SS-4):1-168.

² Kann L, Lowry R, Olsen E, Zaza S. Unequal progress: differences in HIV-related risk behavior trends among subgroups of US adolescents, 1991-2013. International AIDS Conference, Melbourne, Australia. July 2014.

³ CDC unpublished data

Sexual Health Services

- **Recommended clinical preventive services**
 - HIV testing and STD testing & treatment
 - Pregnancy testing and contraceptive services
 - Condoms and lubricant
 - HPV vaccine
- **Adolescent-friendly**
 - Clinical best practices relevant to teens
 - Hours, location
 - Free or low cost
 - Interaction with teens, relationship-building
 - Confidentiality
- **Access to services**
 - Provided by school nurses or school-based health centers
 - Partnerships and referral to community services (school-linked)

Strategies

- **Increase teen and parent awareness about and willingness to use sexual health services**
- **Help teens acquire healthcare-seeking skills**
- **Increase access and address the barriers to high quality sexual health services for teens**
- **Increase demand for HIV and STD testing for sexually active teens**
- **Guide teens, parents, and healthcare providers regarding the use of new biomedical HIV prevention technologies**

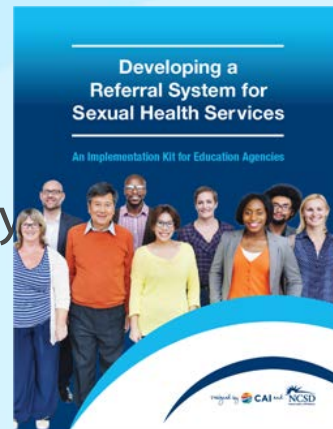
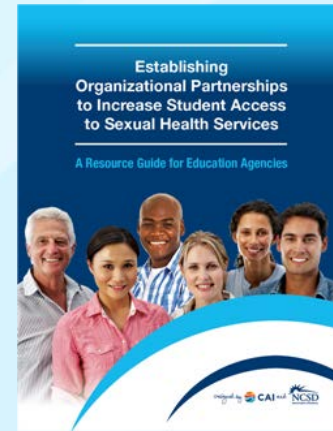
Program Guidance to Funded State and Local Education Agencies

<http://www.cdc.gov/healthyyouth/fundedpartners/1308/index.htm>

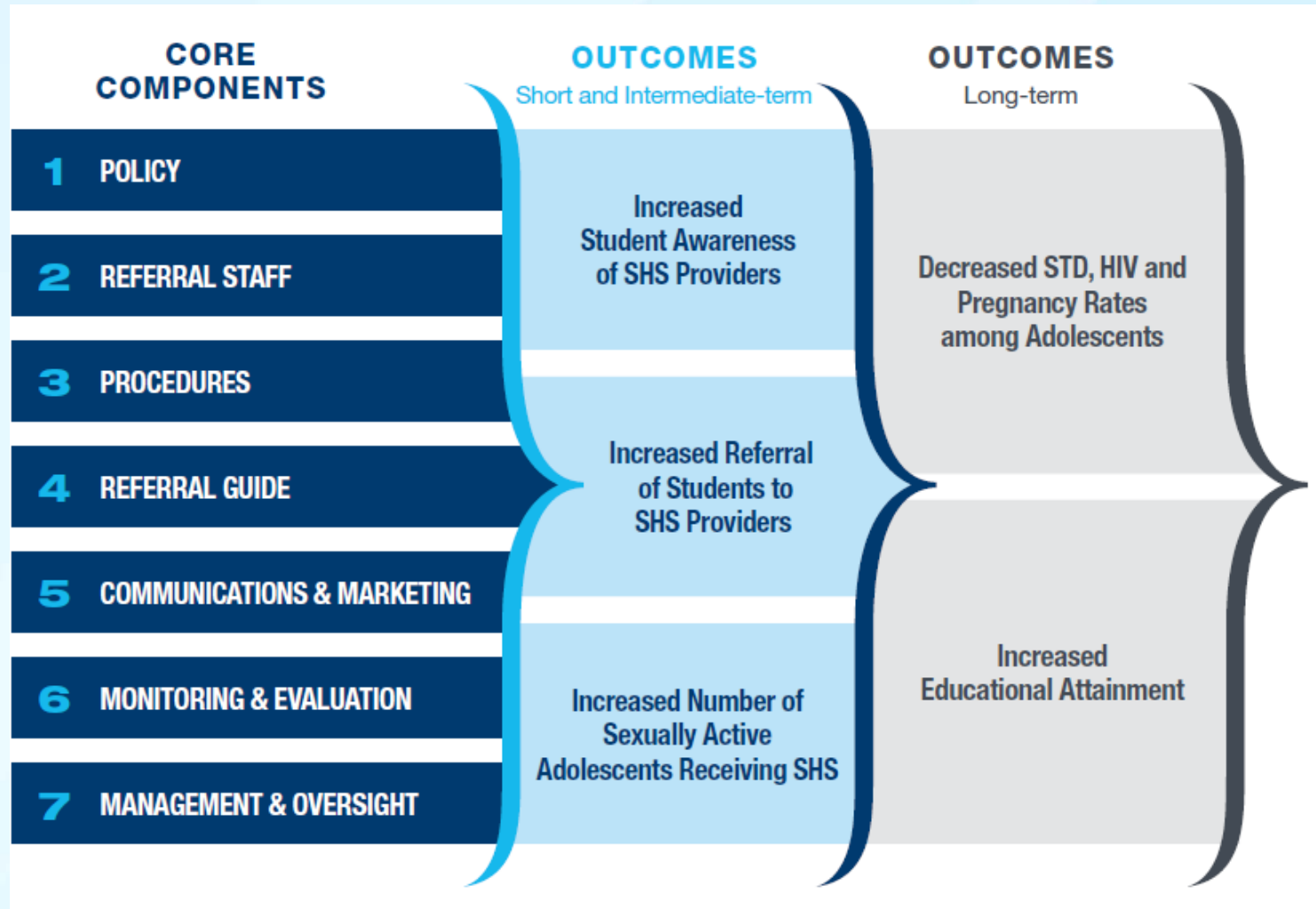
- Assess/implement policies related to adolescent sexual health services
- Support and implement strategies to increase student awareness
- **Promote and establish community partnerships to improve student access to sexual health services**
- Provide guidance for school health services staff to identify student sexual health services needs
- Support provision of key sexual health services on-site in schools
- Explore billing third parties for reimbursement for eligible services
- **Establish and support a system to refer students to sexual health, mental health, and other community services**

Programmatic Implementation Toolkits

- Promote and establish community partnerships to improve student access to sexual health services
- Establish and support a system to refer students to sexual health, mental health, and other community services



Core Components of a Referral System



Component 4: The Local Referral Guide

Information to Consider Including

Provider information

- Name
- Address, including cross-street
- Phone number
- Website
- Languages spoken

General information

- Distance from school (in miles)
- Availability of after school appointments
- Availability of walk-in appointments
- Bus and train route, including stop nearest to the clinic
- Minor's rights and confidentiality laws

General services

- Gender and age range of patients served
- Types of services offered
- Services that meet the unique needs of LGBTQ and other adolescents at disproportionate risk

Component 4: The Local Referral Guide

Information to Consider Including

Sexual health services

- STD/HIV testing and treatment
 - Urine based CT and GC testing
 - EPT
 - Rapid HIV testing
- Pregnancy testing
- Contraception
 - Birth control pill
 - Birth control shot
 - Implant
 - IUD
 - EC
- Condom (male and female)
 - Water- or silicone-based condom-compatible lubricants
- HPV vaccine(s)

Cost of services

- Payment/insurance
- Sliding scale fees
- Free services

Philadelphia Referral Guide



YOUR SEXUAL HEALTH MATTERS

*Visit an I MATTER
Health Center Today!*

Safe, Teen-Friendly Health Centers
FREE or Low-Cost Birth Control and
FREE Condoms

Confidential Pregnancy,
STD and HIV Testing

Call to find a location near you!

800-848-3367

www.IMatterPhilly.org

I MATTER
PHILLY PREVENTING
TEEN PREGNANCY

   /IMatterPhilly

A project of Family Planning Council © 2013

Check Yourself.
Protect Yourself.

Teen-Friendly Health Centers

**Call to Schedule an Appointment or Learn About Walk-In Availability.
Services are Confidential and Free or Low-Cost to Teens.**

These centers offer sexual health services to males and females that may include:

- Free or Low-Cost Birth Control • Birth Control Pills • IUD • Contraceptive Shot • Patch
- Ring • Hormonal Implants • Emergency Contraception • FREE Condoms
- STD Testing, Treatment & Vaccines • HIV Testing • Pregnancy Tests • LGBTQ-Friendly Staff and Services

Philadelphia Dept. of Public Health
Health Center #3
555 S. 43rd Street, Phila., PA 19104
215-685-7504

Health Annex
6120B Woodland Ave.,
2nd Floor Phila., PA 19142
215-727-4721

Philadelphia Dept. of Public Health
Health Center #4
4400 Haverford Ave., Phila., PA 19104
215-685-7601

CHOP-Karabots
4865 Market St., Phila., PA 19139
267-425-3210

Planned Parenthood Southeastern
Pennsylvania (PPSP)
Locust Street Center
1144 Locust St., Phila., PA 19107
215-351-5560

CHOP-Cobbs Creek
225 S. 63rd St., Phila., PA 19139
267-425-3210

Planned Parenthood Southeastern
Pennsylvania (PPSP)
Elizabeth Blackwell Center
1211 Chestnut St. #405, Phila., PA 19107
215-496-9696

**Spectrum Community
Health Center**
5201 Haverford Ave., Phila., PA 19139
215-471-2761

I MATTER
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TEEN PREGNANCY

www.IMatterPhilly.org

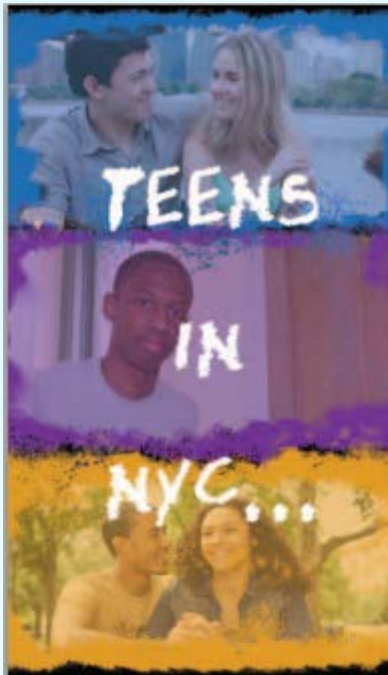
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A project of Family Planning Council © 2013

Call to find
a location near you!
800-848-3367

<http://imatterphilly.org/>

NYC Referral Guide



"I was glad I was able to get on the pill that very day without having to have a full exam."

Anaya,
age 17

(www.myspace.com/nycteen_anaya)

WHERE
TO GO
BROOKLYN

★ **Community Healthcare Network – CABS Health Center**
📍 94-98 Manhattan Ave. BROOKLYN 11206
Btwn: Boerum & McKibbin Sts.
Phone: 718-388-0390
Subway: 🚝 - Lorimer St, 🚇 - Broadway
Bus: B 40,43,46

★ **Community Healthcare Network – Caribbean House**
📍 1167 Nostrand Ave. BROOKLYN 11225
Btwn: Fenimore St. & Rutland Rd.
Phone: 718-778-0198
Subway: 🚝 - Winthrop St.
Bus: B 12,44,49

★ **Community Healthcare Network – Dr. Betty Shabazz Health Center**
📍 999 Blake Ave. BROOKLYN 11208
Cross St: Linwood St.
Phone: 718-566-6270
Subway: 🚝 - New Lots Ave.; 🚇 - Shepherd Ave.
Bus: B 6,14,15

★ **Coney Island Hospital – Adolescent Medicine**
📍 2601 Ocean Parkway BROOKLYN 11235
Btwn: Ave. Z & Shore Pkwy. North
Phone: 718-616-3191
Bus: B 1,4,36

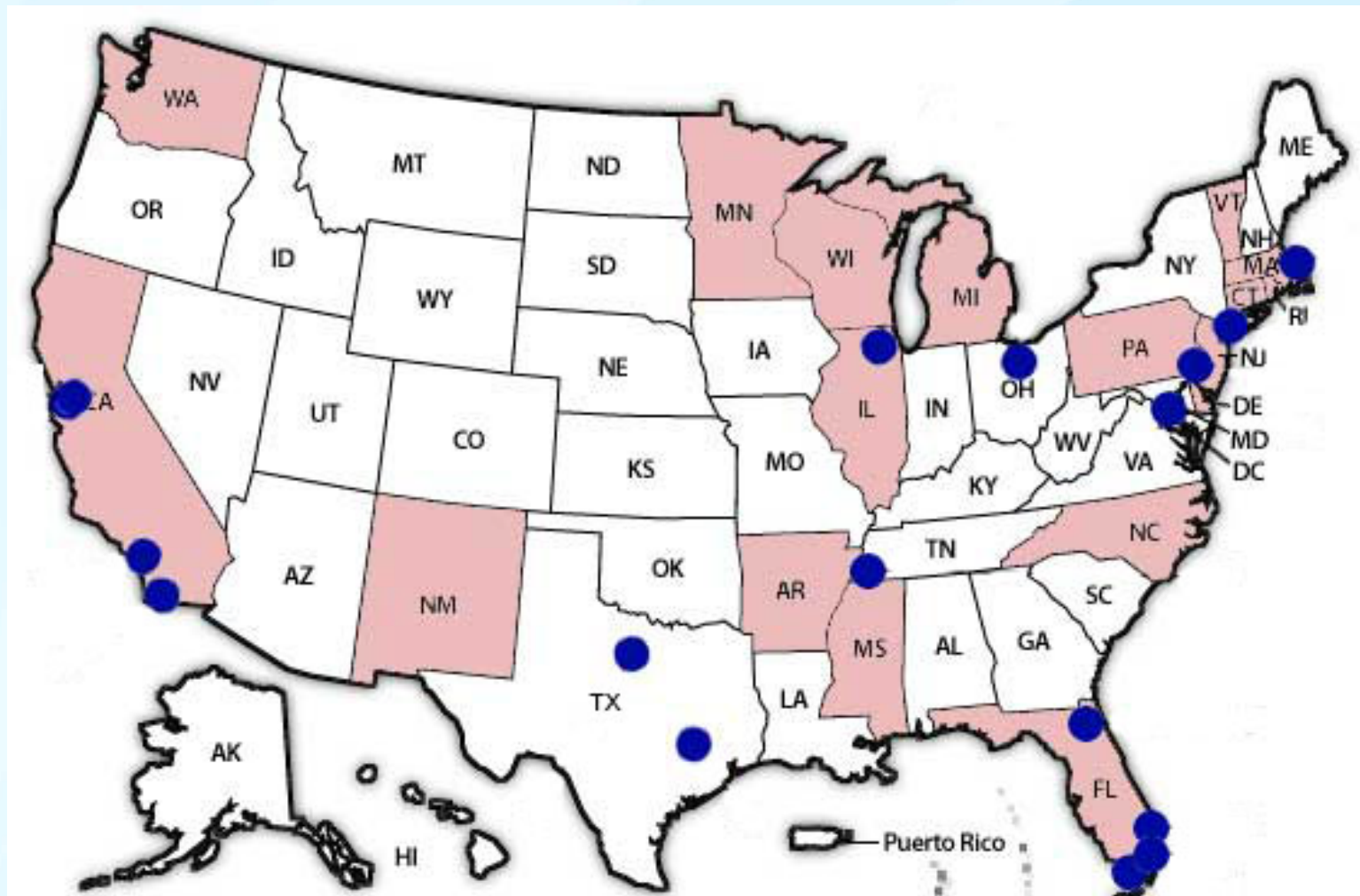
Understanding how to engage Adolescent MSM (AMSM)

- **Develop and pilot AMSM-specific questionnaire**
- **Use web-based recruitment methods to ensure representation among Black and Latino AMSM**
- **Analyze and publish results**
- **Create relevant tools for:**
 - School systems to be more inclusive of AMSM in sexual health education
 - Community-based and youth-serving organizations to better serve AMSM
 - Health care providers to competently assess risk and offer services AMSM are willing to receive

Mathematical Modeling Projects

- **Clarify current impact and cost-effectiveness of HIV testing guidelines for adolescents and young adults (Harvard)**
 - Routine testing among general population by age category
 - Differences among high-risk populations
- **Synthesize published literature on young MSM to develop model parameters (Emory)**
 - Prevalence of individual risk and testing behaviors
 - Estimate risk among networks of young MSM
 - Use inputs above to estimate impact of PrEP among young MSM
- **Review health and economic impact of school-based interventions and packages (UCSF)**
 - Includes all school-based interventions focused on HIV, STDs, and pregnancy
 - Examines results by risk group and geographic setting

DASH-Funded State and Local Education Agencies



Acknowledgements

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- Richard Dunville
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CAI Global

- Amanda Brown

Thank You!

www.cdc.gov/healthyyouth

 **@DrZazaCDC**

For more information please contact Centers for Disease Control and Prevention

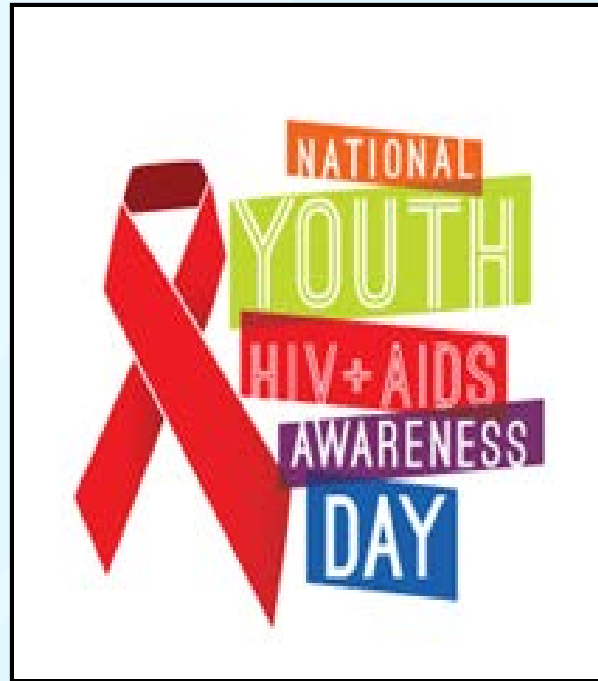
1600 Clifton Road NE, Atlanta, GA 30333

Telephone: 1-800-CDC-INFO (232-4636)/TTY: 1-888-232-6348

Visit: www.cdc.gov | Contact CDC at: 1-800-CDC-INFO or www.cdc.gov/info

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

National Youth HIV & AIDS Awareness Day April 10, 2015



- www.advocatesforyouth.org/nyhaad-home
- <http://amplifyyourvoice.org/nyhaad#.VQNRlXYpDcs>
- www.aids.gov/news-and-events/awareness-days/

April is National STD Awareness Month

Visit our web sites for updated tools, materials, and resources to help support your local STD prevention efforts.

- www.cdc.gov/std/sam
- www.cdc.gov/gyt
- <https://gettested.cdc.gov/>

The screenshot shows the CDC's 'Sexually Transmitted Diseases (STDs)' page. At the top, it says 'CDC Centers for Disease Control and Prevention' and 'CDC 24/7: Saving Lives. Protecting People™'. A search bar is in the top right. Below the header, there's a section titled 'Know The Facts: HALF OF ALL STDs ARE IN PEOPLE UNDER THE AGE OF 25. #STDMONTH15'. This section features an illustration of five stylized figures: a couple under an umbrella, two people with a heart between them, and two people with a heart on their chest. Below this, there are three columns of resources: 'KNOW THE FACTS' (Protect your health), 'GYT: GET YOURSELF TESTED' (Understand STD testing recommendations), and 'RESOURCES' (Materials designed to raise STD awareness). Each column has a 'More >' link.

This screenshot shows the 'STD Awareness Resources' page. It has a sidebar with links to 'STD Awareness Resources', 'Health Care Providers', 'Program Planners and Provider Partners', 'GYT Campaign', 'GYT Materials', 'GYT Providers', 'GYT Evaluation Toolkit', 'GYT Event Guide', 'GYT Talking Tips', 'Partnering with Your Local/State Health Department', 'GYT Success Stories', and 'STD Awareness Month'. The main content area is titled 'GYT Materials' and includes a section for 'Download GYT Materials' with links to 'Posters - 24 x 36', 'Brochures', 'Posters - 8.5 x 11', 'Posters - 11 x 17', 'Posters - 24 x 36', 'Stickers', 'T-Shirts', 'Public Service Announcements (PSAs)', and 'Partner Poster 24x36'. It also features a section for 'GYT Providers' and 'GYT Event Guide'.

The poster is titled 'GYT GET YOURSELF TESTED' and features the text 'find HIV or STD test sites'. It includes a field for 'your ZIP code here' and a 'FIND' button. At the bottom, it says 'Powered by NPIN National Prevention Information Network' and includes 'SHARE' and 'INFO' buttons.

A collage of various GYT materials, including a black t-shirt with 'GYT' on it, a blue poster with 'REALLY?!!', an orange poster with 'SERIOUSLY??', a green poster with 'GYT TALKING PARTNER TO YOUR PARTNER', and a yellow poster with 'ORDER/DOWNLOAD FREE GYT MATERIALS'.

A poster titled 'APRIL IS STD AWARENESS MONTH' and 'STAY HEALTHY #STDMONTH15'. It also features the text 'GETTING YOURSELF TESTED FOR STDs IS A BASIC PART OF STAYING HEALTHY' and 'GYT #STDMONTH15'.

A poster titled 'HALF OF ALL STDs ARE IN PEOPLE UNDER THE AGE OF 25. #STDMONTH15'. It also features the text 'I GOT MYSELF TESTED CDC.GOV/GYT'.

Project Connect

- Created by CDC's Division of STD Prevention
- Research and research translation
- Links students to existing community-based providers via a referral guide
- Initial results¹ – among female students, increased receipt of
 - Contraceptives
 - STD testing and treatment
 - HIV testing
- <http://www.cdc.gov/std/projects/connect/default.htm>

¹ Dittus PJ, De Rosa CJ, Jeffries RA, et al. The project connect health systems intervention: linking sexually experienced youth to sexual and reproductive health care. J Adolesc Health. 2014;55(4):528-34.