

*Have a fun and unique
experience in the great outdoors!*

Reservations & Rates



WOLDUMAR
NATURE CENTER

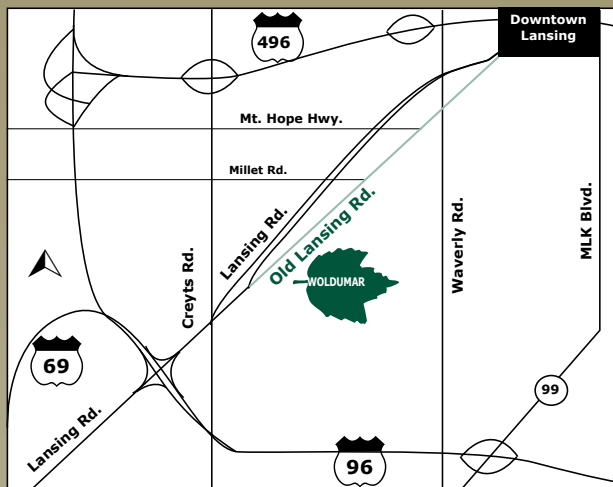
Call (517) 322-0030 or
email TRAC@woldumar.org

Teambuilding Ropes & Activity Course

*Infuse your organization with increased
teamwork, trust, and confidence.*

The TRAC coordinator will be happy to answer any questions you have, discuss rates and take your reservation.

Woldumar Nature Center is a self-funded, nonprofit environmental education center. Its mission is to educate people about the natural environment. The center contains 178 acres of diverse habitat including pine and beech-maple forests, wetlands and prairie.



5739 Old Lansing Rd. • Lansing, MI 48917



*Is your organization ready to improve
communication, cooperation,
trust and confidence?*

Get your group on **TRAC** with
Woldumar Nature Center's
**Teambuilding Ropes &
Activity Course**



Regardless of the focus or goals of a particular group, Woldumar guarantees that your organization will leave **TRAC** with a renewed sense of community and accomplishment.

Find us on Facebook!

woldumar.org



What is TRAC?

TRAC (Teambuilding Ropes & Activity Course), originally designed for and used exclusively by General Motors manufacturing, is the ultimate solution for improving teamwork.

Our highly-trained and experienced facilitators design challenges to meet the specific goals of your group, while utilizing individual's strengths and abilities.

Your group will “get on **TRAC**” as participants solve scenario-based obstacles presented through low ropes initiatives requiring teamwork strategies.



TRAC caters primarily to businesses; we also welcome schools, families, scouts, church groups and private parties.

TRAC is utilized in half- or full-day sessions with a personalized program planned for each group. To maximize the **TRAC** experience, we recommend 10 to 15 participants per session. Multiple sessions can accommodate larger groups.

TRAC is designed for persons aged 10 or above. No particular level of athleticism is required, but please advise your **TRAC** facilitator if you have any health or ability concerns.

Through **TRAC**, group members are able to demonstrate to themselves and to team members the importance of planning, cooperation and communication.

TRAC helps build trust within the group and places value on individual contributions as an essential element to teambuilding.

