Biorhythm Cycles - Publication Quality Export 1.00 0.75 0.50 0.25 Cycle Value Physical (23d) 0.00 Emotional (28d) Intellectual (33d) -0.25 -0.50-0.75 -1.002024-01-01 2024-01-05 2024-01-09 2024-01-13 2024-01-17 2024-01-21 2024-01-25 2024-01-29 **Date**