



# THE FLAGSTAFF HILL FOOTBALL CLUB

**"2016 & 2017 SFL Champion Club Of The Year"**

The Flagstaff Hill Football Club competes in the Southern Football League and is the reigning A Grade Premier, following Back-to-Back Premiership in 2016 and 2017.

We have grades for all Boys & Girls, Men & Women. Check out the details below...

## Auskick for 5 years and over (Boys and Girls)

If you turn 5 during 2018, you are eligible for Auskick.

Flagstaff Hill Football Club co-ordinates a NAB Auskick Centre where you can learn about the game and meet new friends. The program runs for 10 – 15 weeks and is usually held on Sunday mornings, starting in May.

More details can be found on the Auskick website at [aflauskick.com.au](http://aflauskick.com.au)

## Games for Under 8, Under 10 and Under 12 (Boys and Girls)

Why not join one of our eight Mini teams.

We train on Friday nights under lights and play every Sunday morning against other teams from the Southern League. You'll be taught by great Coaches, with a focus on encouragement and fun, and you'll be amazed at how much your footy improves.

The season runs from late April and concludes with a Lightning Carnival for each age group in August.

## Games for Under 13 (Boys and Girls) and Boy's Under 15 and Under 17½

The Under 13 competition runs on Saturday mornings, and is the first of five matches on a big day. Boy's Under 15 and Under 17½ matches follow, then the Senior sides complete the day.

The season starts in early April and concludes with the SFL Final Series and Grand Finals in September.

## Games for Girl's Under 14 and Under 16

We're hoping to have an Under 14 and Under 16 Girls' team for the first time in 2018. Games will be on Sundays and if we have enough interest, we'll be nominating teams.

If you think you might be interested, give **Deb Osmond** a call on 0403 029 569.

## Open Women's Football

If you're over 16 years old, you can play in our Open Women's Senior side. Flagstaff Hill competed for the first time in 2017, and finished the season with the Premiership. It was the first year of Women's football, so everyone started from scratch. It will be similar again this year, so why not have a go.

Have a word with **Deb** on the number above if you think you might be interested.

## Senior Men's Football

Flagstaff Hill has three Senior sides which train on Tuesday and Thursday nights. The A and B Grade play Saturday and the C Grade play Sunday. All three played in the Grand Final last year, but we are always looking for more players. Perhaps you haven't played for some time, but you'll soon see how easy it is to get back into it.

**Adam Cooney** played junior football with Flaggies side prior to winning the Brownlow Medal in 2008, and **Alex Carey** also played junior football before being appointed Greater Western Sydney's inaugural Captain the year before they entered the AFL competition. He also played A Grade football at Flagstaff Hill, and would still be doing so, if he wasn't playing Cricket for Australia.

Another of our Junior premiership players **Sam Willoughby** became a dual BMX World Champion and Olympic Silver Medallist and many other AFL and SANFL players have started their careers as Falcons.

## CONTACT US

Check out our webpage at [fhfc.com.au](http://fhfc.com.au) or give any of the following people a call - Senior Men's Football (**Bill Matheson** 0427 161 544), Junior Boy's Football (**Don Aldridge** 0413 841 028) Minis and Auskick (**Mel Haslam** 0407 723 368) or Senior Women and Girl's Football (**Deb Osmond** 0403 029 569).

## **2017 back-to-back A Grade Premiers**



## **2017 inaugural Open Women's Premiers**



## **2017 Saturday Under 15 Premiers**



## **2017 Sunday Under 15 Premiers**



**WE'D LOVE TO SEE YOU AT FLAGSTAFF HILL in 2018**