```
# import of libraries
import pandas as pd
import glob
import numpy as np
import math
from matplotlib import cm
import matplotlib.pyplot as plt
from matplotlib.ticker import FuncFormatter as FF
from matplotlib.ticker import StrMethodFormatter as SMF
import seaborn as sns
from sklearn.model_selection import cross_val_predict as CVP
from sklearn.model_selection import KFold
from sklearn.linear model import Lasso
from sklearn.linear_model import LinearRegression as LR
from sklearn.linear_model import Ridge
from sklearn.metrics import mean squared error as MSErr
from sklearn.metrics import mean absolute error as MAErr
from sklearn.metrics import r2 score
from sklearn.model_selection import train_test_split as TTS
from sklearn.preprocessing import StandardScaler as SS
```

# Supervised Machine Learning (Regression) Analysis on Medical Cost Data

The main objective of this analysis is to perform exploratory data analysis on medical data, as well as to find an appropriate regression model to use to find relationships between data attributes. The dataset used in this notebook is available at:

https://www.kaggle.com/mirichoi0218/insurance?ref=hackernoon.com

The data contains the following columns:

- age: age of primary beneficiary
- sex: insurance contractor gender, female, male
- bmi: Body mass index, providing an understanding of body, weights that are relatively high or low relative to height, objective index of body weight (kg / m ^ 2) using the ratio of height to weight, ideally 18.5 to 24.9
- children: Number of children covered by health insurance / Number of dependents
- smoker: Smoking
- region: the beneficiary's residential area in the US, northeast, southeast, southwest, northwest.
- charges: Individual medical costs billed by health insurance

This dataset allows for two items, interpretation of trends associated to the attributes presented, and prediction by finding relationships between attributes. Let's get started by importing our dataset below:

```
# Put the dataset into dataframe form
data = pd.read_csv('/content/insurance.csv')
```

# Get first 5 rows of the dataset data

	age	sex	bmi	children	smoker	region	charges
0	19	female	27.900	0	yes	southwest	16884.92400
1	18	male	33.770	1	no	southeast	1725.55230
2	28	male	33.000	3	no	southeast	4449.46200
3	33	male	22.705	0	no	northwest	21984.47061
4	32	male	28.880	0	no	northwest	3866.85520
1333	50	male	30.970	3	no	northwest	10600.54830
1334	18	female	31.920	0	no	northeast	2205.98080
1335	18	female	36.850	0	no	southeast	1629.83350
1336	21	female	25.800	0	no	southwest	2007.94500
1337	61	female	29.070	0	yes	northwest	29141.36030

1338 rows × 7 columns

data.info()

<class 'pandas.core.frame.DataFrame'>
RangeIndex: 1338 entries, 0 to 1337
Data columns (total 7 columns):

#	Column	Non-N	lull Count	Dtype
0	age	1338	non-null	int64
1	sex	1338	non-null	object
2	bmi	1338	non-null	float64
3	children	1338	non-null	int64
4	smoker	1338	non-null	object
5	region	1338	non-null	object
6	charges	1338	non-null	float64
dtyp	es: float6	4(2),	int64(2),	object(3)

memory usage: 73.3+ KB

#Print all of the object data types and their unique values
for column in data.columns:

```
butur(str(cotumn) + : + str(data[cotumn].dutque()))
  print(data[column].value_counts())
  print("_
                                                                          _")
sex : ['female' 'male']
male
         676
female 662
Name: sex, dtype: int64
smoker : ['yes' 'no']
no
      1064
       274
yes
Name: smoker, dtype: int64
region : ['southwest' 'southeast' 'northwest' 'northeast']
southeast 364
southwest
            325
northwest
            325
northeast
            324
Name: region, dtype: int64
```

```
#check if we have any missing attributes in any rows.
#True = rows with missing attributes.
#False = everything is populated.
data.isnull().values.any()
```

False

#Description of out dataset with int/float types
data.describe().round(2)

	age	bmi	children	charges
count	1338.00	1338.00	1338.00	1338.00
mean	39.21	30.66	1.09	13270.42
std	14.05	6.10	1.21	12110.01
min	18.00	15.96	0.00	1121.87
25%	27.00	26.30	0.00	4740.29
50%	39.00	30.40	1.00	9382.03
75%	51.00	34.69	2.00	16639.91
max	64.00	53.13	5.00	63770.43

As we can see from the import process, we have 3 object types which will need to be one-hot encoded, as well as having no missing values which would need substitution/removal. From the above piece of code, we can already see relationships developing with charges, age & BMI. It's apparent the data is already clean to work with and we can explore the data a little bit.

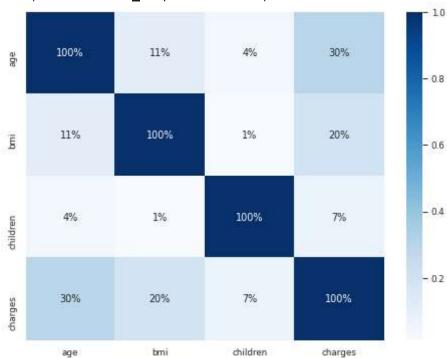
# Data exploration

To explore our data, lets look at the correlations of our columbs with one another. This has been done by plotting a heat map, though, this only plots correlations between attributes and doesnt give visual insight into data relationships.

I have accopained the heatmap of correlation with a pairplot to visually show relationships between attributes, as well as to visualise distribution of values for each attribute plotted

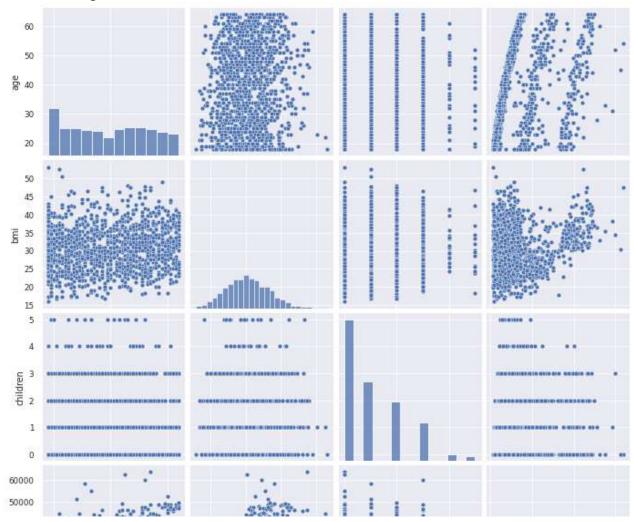
```
data_corr = data.corr()
data_corr
plt.figure(figsize=(8,6))
sns.set_context('paper')
sns.heatmap(data_corr, annot=True, cmap='Blues', fmt='.0%')
```

<matplotlib.axes.\_subplots.AxesSubplot at 0x7f91046c4bd0>



#broad look at data distribution
sns.pairplot(data)

<seaborn.axisgrid.PairGrid at 0x7f91048c2690>



```
#scatter plot of members DOB
fig_dims = (18, 6)
fig, ax = plt.subplots(figsize=fig_dims)

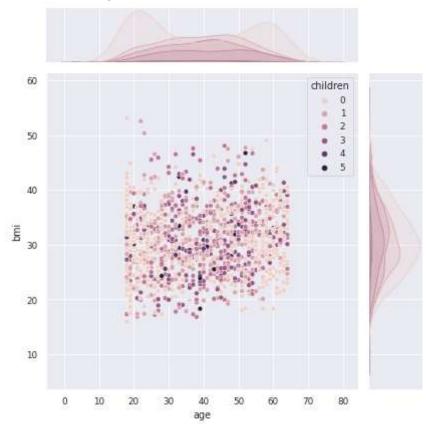
#ax = axis
plt.xticks(rotation=90)
sns.scatterplot(x='age', y='charges', hue='bmi', data=data, ax = ax)
```

The above plot shows the charges associated with age, with each dot representing the bmi of the individual (the darker the plot, the higher the BMI). We can already see that as age increases the charges aslo increase, though, with individuals with a higher BMI, charges also go up, greater than with those with a lower BMI.

With the below plot, we can see the distribuiton of BMI and distribution of age amongst the dataset.

#age against bmi and number of children
sns.jointplot(x='age', y='bmi', hue='children', data=data, ax = ax)

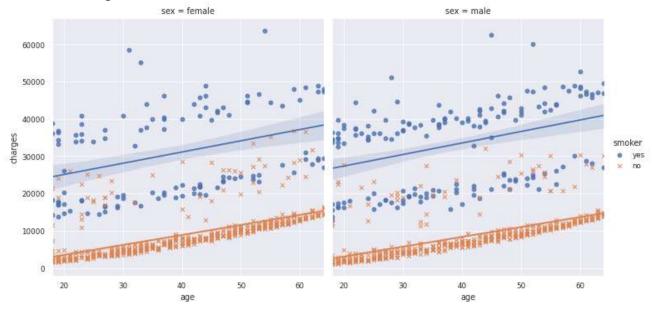
<seaborn.axisgrid.JointGrid at 0x7f9104338810>



The below plot shows two charts, both showing the charges against age, but split between male and female. It appears to be apparant that gender does not play a role in regard to more/less charges (this would show with a higher positione line), but we can see there are more males which smoke than females.

```
# charges against age
sns.lmplot(x="age", y="charges", hue="smoker", col="sex", markers=["o", "x"], data=data)
```

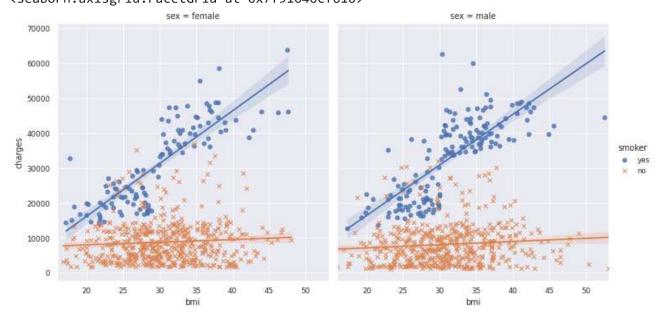
#### <seaborn.axisgrid.FacetGrid at 0x7f91048da990>



Likewise with charges against BMI, there does not appear to be much difference between genders, but we can see a relationship between smokers and non smokers. Where smokers have a increased slope to heir bmi as opposed to non-smokers. Thus, smokers will incur steaper charges.

```
# bmi against genders
sns.lmplot(x="bmi", y="charges", hue="smoker", col="sex", markers=["o", "x"], data=data)
```





# One-Hot Encoding, Skew-Check and Train/Test Split

Let's take our object type columbs and one-Hot Encode them. The below code takes the dataframe and stores the object columns into a new variable "one\_hot\_encode\_cols". This is the variable we will perform the one-hot encoding for. We can see we have changed our dataframe by increasing the columbs from 7 to 9.

```
#Code from class notebook. One Hot Encoding method
one_hot_encode_cols = data.dtypes[data.dtypes == np.object]
one_hot_encode_cols = one_hot_encode_cols.index.tolist()
df final = pd.get dummies(data, columns = one hot encode cols, drop first=True)
df final.shape
     (1338, 9)
#Code from class notebook, check for skewed distrubutions
float_cols = df_final.columns[df_final.dtypes == np.float]
skew limit = 0.75
skew_vals = df_final[float_cols].skew()
skew_cols = (skew_vals
             .sort_values(ascending = False)
             .to_frame()
             .rename(columns = {0: 'Skew'})
             .query('abs(Skew) > {}'.format(skew_limit)))
skew_cols
                 Skew
      charges 1.51588
```

We check for skewed distrubiton, and as we can see, the charges column is weighted in the left tail of the distribuion. Because charges can vary and due to the lack of context to the charges, I do not feel that there is a requirement of adjustment as of now. Though, this may need to be noted as later results could be affected by this decision.

Let's go ahead and create our train test split and continue to modeling.

```
#drop columbs before train test split.
#train test split

X = df_final.reset_index()
y = df_final.index

X_train, X_test, y_train, y_test = TTS(X, y, test_size = 0.3, random_state = 13131)
```

#### Modeling

```
# linear regression
X_train_1 = X_train.copy()
X_test_1 = X_test.copy()

reg_1 = LR().fit(X_train_1, y_train)
y_pred = reg_1.predict(X_test_1)
```

For my chosen predictors, I have chosen to include:

- age
- bmi
- smoker\_yes
- region\_northwest
- region\_southeast
- region\_southwest
- charges

I think these will give a good snapshot and I am curious to see if they show up as final predictors, as well as how the overall manual model compares with the calculated models.

Below we shall setup our regularized regression:

```
# K Fold
kf = KFold(shuffle = True, random_state = 13131, n_splits = 3)

#optimization funciton
#Retrieve R2 scores for different alpha for LASSO or Ridge.
def optimize_alpha(alphas, x, y, model, kf):

    #Scale and transform x.
    s = SS()
    x = s.fit_transform(x)

#List of R2.
```

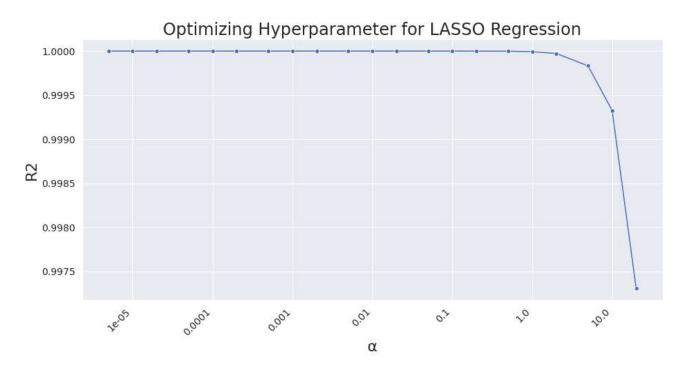
```
HEADE OF NE.
    r2_scores = []
    for alpha in alphas:
        reg = model(alpha = alpha, max_iter = 500000)
        y_pred = CVP(reg, x, y, cv = kf)
        score = r2_score(y, y_pred)
        r2_scores.append(score)
    return(r2_scores)
# graph helper
def alpha_r2_graph(alphas, R2s, xlabels, model):
    df = pd.DataFrame(data = {'alpha': alphas,
                              'R2': R2s})
    sns.set()
    #Scatter Plot.
    sns.lineplot(data = df,
                 x = 'alpha',
                 y = R2'
                 marker = 'o')
    #Size.
    plt.gcf().set_size_inches(15, 6.92)
    paper_rc = {'lines.linewidth': 2, 'lines.markersize': 6}
    #Axes.
    ax = plt.gca()
    #Title setup.
    ax.set_title("Optimizing Hyperparameter for {} Regression".format(model), fontsize = 2
    #X-axis setup.
    ax.set_xlabel("\alpha", fontsize = 22)
    ax.set_xscale('log')
    ax.set_xticks(xlabels)
    ax.set xticklabels(xlabels, rotation = 45, ha = 'right')
    if (model == 'Ridge') :
        ax.get_xaxis().set_major_formatter(FF(lambda x, p: format(int(x), ',')))
    #Y-axis setup.
    ax.set_ylabel("R2", fontsize = 22)
    ylabels = [0, 0.2, 0.4, 0.6, 0.8, 1]
    ax.set_xticks(xlabels)
    ax.tick_params(axis = 'both', which = 'major', labelsize = 14)
```

All variables will be used as predictors with an L1 regularization.

```
alphas = list(pd.core.common.flatten([[a / 2, a, 2 * a] for a in np.geomspace(1e-5, 1e1, 7
xlabels = [a for a in np.geomspace(1e-5, 1e1, 7)]

s = SS()
X_train_3 = s.fit_transform(X_train)

#Determine R2s and graph.
r2s_l = optimize_alpha(alphas, X_train_3, y_train, Lasso, kf)
alpha_r2_graph(alphas, r2s_l, xlabels, 'LASSO')
```



Looking at the above chart, the drop off in alpha begins after the 1.0 mark, this would indicate that  $\alpha$ =1.0 is optimal.

```
X_test_3 = s.transform(X_test)
reg_3 = Lasso(alpha = 1.0).fit(X_train_3, y_train)
```

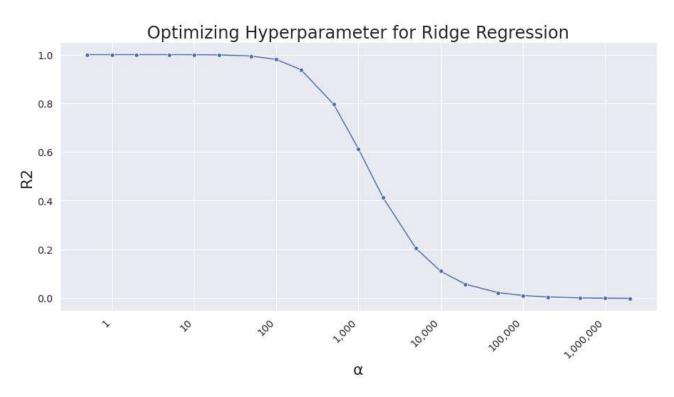
# Ridge

All variables will be used as predictors with an L2 regularization.

```
alphas = list(pd.core.common.flatten([[a / 2, a, 2 * a] for a in np.geomspace(1, 1e6, 7)])
xlabels = [a for a in np.geomspace(1, 1e6, 7)]

s = SS()
X_train_4 = s.fit_transform(X_train)

#Determine R2s and graph.
r2s_r = optimize_alpha(alphas, X_train_4, y_train, Ridge, kf)
alpha_r2_graph(alphas, r2s_r, xlabels, 'Ridge')
```



Looking at the above chart, the drop off in alpha begins roughly after 90/100 mark, this would indicate that  $\alpha$ =85.0 is optimal.

```
X_test_4 = s.transform(X_test)
reg_4 = Ridge(alpha = 85.0).fit(X_train_4, y_train)
```

#### Evaluation & Selection

```
#Inputs regression models, predictors, and y-values, outputs DataFrame of R2, Adjusted R2,
def summary_df(models, Xs, Y) :
    index = ['All Variables', 'My Variables', 'LASSO', 'Ridge']
   R2 = []
   ADJ_R2 = []
    RMSE = []
   MAE = []
   for i in range(4):
       y_pred = models[i].predict(Xs[i])
        #R2.
        r2 = r2\_score(Y, y\_pred)
        R2.append(r2)
        #Adj R2.
        adj_r2 = 1.0 - (1.0 - r2) * (len(Y) - 1.0) / (len(Y) - Xs[i].shape[1] - 1.0)
        ADJ R2.append(adj r2)
        #RMSE.
        rmse = math.sqrt(MSErr(Y, y_pred))
        RMSE.append(rmse)
        #MAE.
        mae = MAErr(Y, y_pred)
        MAE.append(mae)
   df = pd.DataFrame(data = {'R2': R2,
                              'Adjusted R2': ADJ_R2,
                              'RMSE': RMSE,
                              'MAE': MAE},
                      index = index)
    return(df)
# train model
models = [reg_1, reg_2, reg_3, reg_4]
X_trains = [X_train_1, X_train_2, X_train_3, X_train_4]
summary_df(models, X_trains, y_train)
```

	R2	Adjusted R2	RMSE	MAE
All Variables	1.000000	1.000000	2.397015e-13	1.848243e-13
My Variables	0.003877	-0.003636	3.857706e+02	3.336900e+02
LASSO	0.999993	0.999993	1.000000e+00	8.654986e-01
Ridge	0.993050	0.992975	3.222321e+01	2.786610e+01

```
# test date
X_tests = [X_test_1, X_test_2, X_test_3, X_test_4]
summary df(models, X tests, v test)
```

	R2	Adjusted R2	RMSE	MAE
All Variables	1.000000	1.000000	2.367547e-13	1.866141e-13
My Variables	-0.009420	-0.027354	3.872852e+02	3.348606e+02
LASSO	0.999993	0.999993	9.977942e-01	8.652998e-01
Ridge	0.992965	0.992785	3.233201e+01	2.795605e+01

Looking at the above summary, it is apparent using my varaibles and Rdige give a high error rate as opposed to LASSO or All Variable.

This would then suggest that using LASSO would be the appropriate model, however, given that the use of All Variables has a solid r^2 score and a very low error rate, compared to the other two, and the variables used as predictors are easily explainable.

All Variables concisely sums up 100% of the variance of the house prices in real world terms. The regularization models cannot do that.

### Summary

For this assignment, I have explored medical data through supervised machine learning and regression technquies. It is apparent that using all valables seems to porducice explainable results with no error.

I feel that possible regularizing and distributing the data in a standard fashion could help produce more desirable results but may impact bias.

I did not use any polynomial features, which could possibly improve the model.

It is important to note that this dataset does contain a limiting number of columns, even with one-hot encoding, the number of columns is still small. Having a dataset with more attributes per an observation would open up oppertunities for complexity.