



## Family Welcome Pack



# Your Activities Managers



Hello, I'm Joel, one of your Activities Managers at David Lloyd Swansea. I oversee all things Gym, Group Exercise & DL Kids.

Hola, I'm Andrea, one of your Activities Managers at David Lloyd Swansea. I oversee all things Swimming & Tennis, including our Stars Programmes.



We want you and your families to have the best experience using our club together. We have created a program with a wide range of activities for everyone to enjoy. This booklet is a small introduction to the amazing team behind all things activities at David Lloyd Swansea.

Email Joel at [activitiesmanager.swansea@davidlloyd.co.uk](mailto:activitiesmanager.swansea@davidlloyd.co.uk) if you have any questions regarding all things activities!

# DL Kids



Hi, I'm Jess, your DL Kids supervisor. I run all of our exciting DL Kids sessions and creche.

We run daily, free supervised classes for ages 3-10 years.

Our safe and reliable creche welcomes children aged 12 weeks, up to 5 years. Head to the app to book your child onto one of our classes or creche sessions!

Email me at [swakids01@davidlloyd.co.uk](mailto:swakids01@davidlloyd.co.uk) if you have any questions regarding our Kids program!

**View our Timetable via  
the David Lloyd app!**



ALL CHILDREN MUST COMPLETE A CID FORM BEFORE ATTENDING ANY OF OUR COURSES OR CLASSES

# Group Exercise



Hi, I'm Chris, and I run BATTLE BOX PLAY for families aged 8+. Have fun and get fit together as a family!

Check out our timetable and book via the app.

If you have any questions regarding Group Exercise, email our Group Exercise supervisor Sophie at [GroupEx.Swansea@davidlloyd.co.uk](mailto:GroupEx.Swansea@davidlloyd.co.uk).

**View our Timetable via  
the David Lloyd app!**



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# Swimming



Alongside my role as Activities Manager, I also run our Swim program. Me and my team teach children between the ages of 3 months to 11 years the fundamentals of swimming in a fun and safe environment.

Children aged 10 and 11 can complete a shark test to be able to swim without parental supervision.

Email me at [Swimming.Swansea@davidlloyd.co.uk](mailto:Swimming.Swansea@davidlloyd.co.uk) if you have any questions regarding our Swim program!

**Book a Swim Taster via  
the David Lloyd app!**



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# Racquets



Hello, I'm Matt, your Junior Tennis Professional. I am here to tell you about our junior program. Children can join our program from the age of 3 years old up to 18 years old.

You can book onto our program via the app!

You can also email me directly at [racquets.swansea@davidlloyd.co.uk](mailto:racquets.swansea@davidlloyd.co.uk) if you have any questions about signing up.

**Book a Tennis Taster  
via the David Lloyd app!**



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# Gym



Hey, I'm Sophia, and I run a class on the Gym Floor called **Gym Floor Fit** for children ages 10-14.

A '**start up**' session MUST be completed by all children aged 10 to 13 before they use the gym supervised or attend this class. This can be booked via the app!

Children who have completed a start up and are aged 10-13 can use the gym between 4pm-7pm on weekdays and between 9am-7pm on weekends and holidays.

**View our Timetable via  
the David Lloyd app!**



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# Child Protection Officer

Our Club Child Protection Officer is Sior Williams. His responsibilities are:

- To act as the main contact for the protection of children and vulnerable persons
- Report any issues to the General Manager and Regional Manager
- Implement and promote DLL safeguarding children policy and procedures
- Ensure recruitment is safe, and that appropriate checks such as DBS checks are carried out where relevant
- Liaise with local safeguarding board where necessary

**Local Safeguarding Children's Board - 01639 895455  
Police contact - 01792 456999**

## Contact Us



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[swansea@davidlloyd.co.uk](mailto:swansea@davidlloyd.co.uk)



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