

# Increasing Your Country's Happiness

An online app that facilitates fundamental policy decisions

## Objectives

1. Present an R-Shiny app that helps country officials facilitate policy decisions related to happiness of their people.
2. Illustrate the use of the app with a fictitious “case study”.

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# Brief intro to “Development & Happiness of Countries” app

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## Tab 1: About the App:

Brief intro; tabs on the left reflect the suggested “workflow”.

Development & Happiness of Countries

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Welcome to the Development & Happiness of Countries App!

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This app makes it easy to:

1. See how your country compares to other countries on World Happiness Score (i.e., happiness perceptions of a representative sample of a country's population.)
2. Statistically determine what economic/societal indicators are the best predictors of countries' happiness around the world.
3. Explore the nature of the pairwise relationship between each indicator and Happiness Score.
4. Explore how different important predictors of happiness varied over time in your country.
5. Compare your country's standing on each indicator - over time - to other countries.

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This app is based on two data sets from Kaggle:

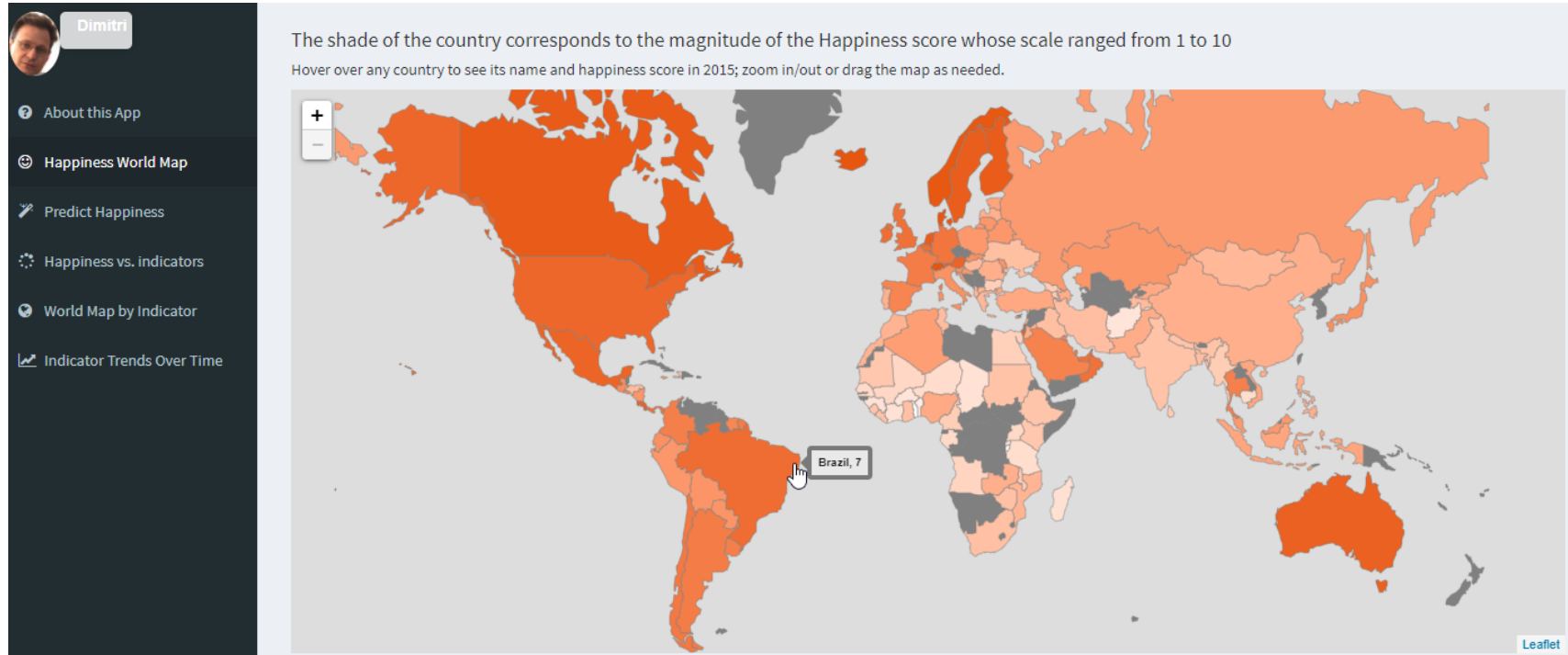
The World Development Indicators from the World Bank (<https://www.kaggle.com/worldbank/world-development-indicators>), and

The World Happiness Report that is based on Gallup World Poll (<https://www.kaggle.com/unsdsn/world-happiness>).

The predictive model uses Happiness scores in 2015 as the outcome variable and scores of 74 socio-economic indicators in 2004 as predictors.

## Tab 2: Happiness World Map

Explore the world map where country color corresponds to its happiness score:



## Tab 3: Predict Happiness

- (a) Run a model predicting Happiness based on socio-economic indicators of your choice;
- (b) Explore the relative importance of predictors you used.

The screenshot shows the 'Predict Happiness' application interface. On the left is a dark sidebar with a user profile 'Dimitri' and a list of navigation options: 'About this App', 'Happiness World Map', 'Predict Happiness' (highlighted with a hand cursor), 'Happiness vs. Indicators', 'Worldmap by Indicator', and 'Indicator Trends Over Time'. The main content area is light blue and contains several sections:

- Top Left:** A white box with the text: 'Select indicators and run a predictive model (Random Forests) to determine their relative importance in predicting Happiness.'
- Top Right:** A blue box titled 'Select an outcome to predict:' with a dropdown menu showing 'Happiness\_Score'.
- Buttons:** Below the top sections are three blue buttons: 'Select All/Deselect All', 'Run Predictive Model', and 'Model Quality: Rsqr = & RMSE ='.
- Bottom Left:** A white box titled 'Select indicators to predict Happiness and run prediction:' containing a list of 13 indicators, each with a checked checkbox:
  - Adolescent fertility rate (births per 1,000 women ages 15-19)
  - Average precipitation in depth (mm per year)
  - Business extent of disclosure index (0=less to 10=more)
  - Cost of business start-up procedures (% of GNI per capita)
  - Cost to export (US\$ per container)
  - DEC alternative conversion factor (LCU per US\$)
  - Depth of credit information index (0=low to 8=high)
  - Diabetes prevalence (% of pop. ages 20 to 79)
  - Documents to export (number)
  - Documents to import (number)
  - Ease of doing business index (1=most business-friendly regulations)
- Bottom Right:** A white box titled 'Relative Importances of Predictors (sums up to 100)' with a horizontal line below the title.

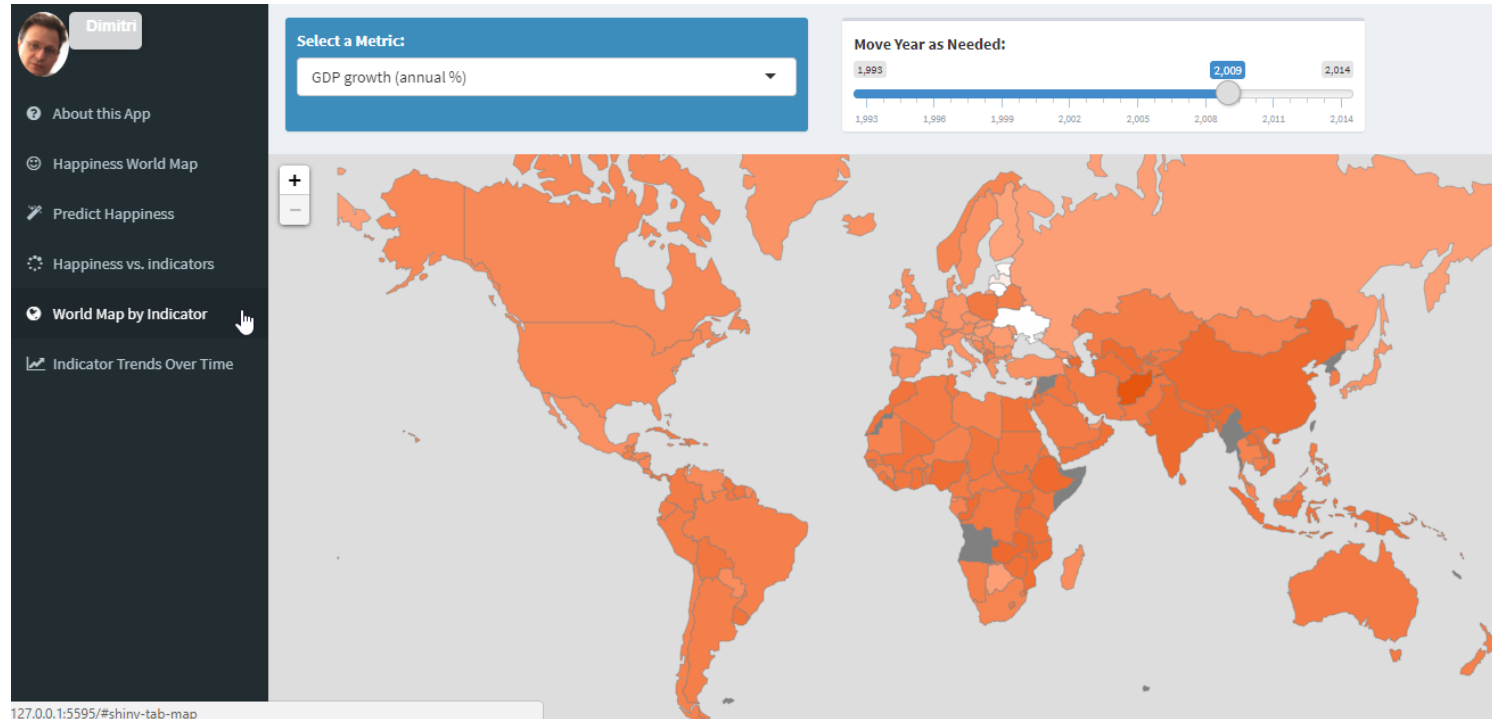
## Tab 4: Happiness vs. Indicators

Assess and visualize the bivariate relationship between any indicator and Happiness:



## Tab 5: World Map by Indicator

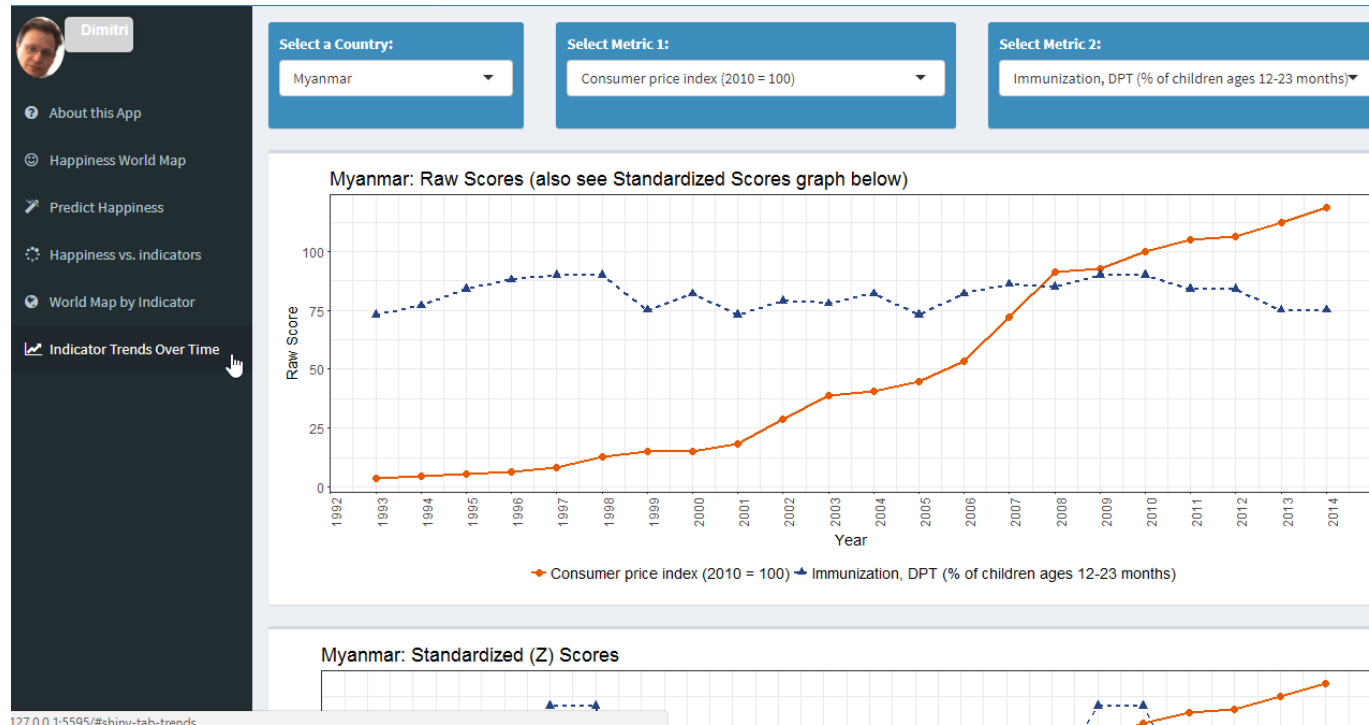
Pick an indicator and explore how it changed over time for countries around the world.





## Tab 6: Indicator Trends over Time

For any country: explore indicator trend over time and juxtapose any 2 indicators:



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# A Fictitious Case Study

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Government of Bangladesh is interested in increasing Happiness of their people.  
But how to approach it?



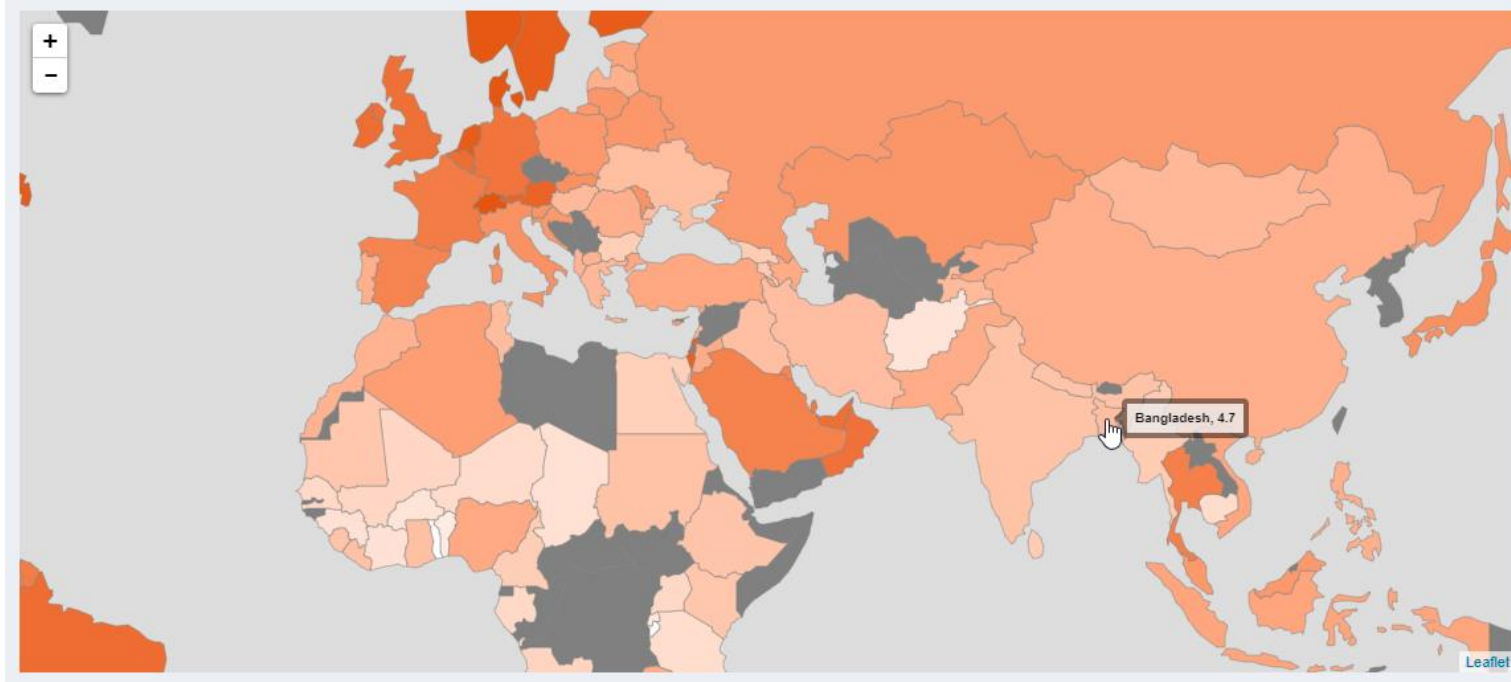
Fortunately, the government officials have heard of a nifty online Machine Learning App that uses:

- Country Happiness scores from Gallup's World Happiness survey, and
- World Bank's World Development Indicators

Maybe people of Bangladesh are already happy? How do we compare to others on Happiness?



Not so well! Our color is pale, our Happiness score is just 4.7 – a lot of room for improvement!



**Step 1:**  
Country  
Happiness  
Score

Their model has 74 socio-economic indicators. How well do those – as a group – predict Happiness?



Wow, quite well: an  $R^2$  of 0.77 is very impressive!

Step 2a:  
Predicting  
Happiness

Select indicators and run a predictive model (Random Forests) to determine their relative importance in predicting Happiness.

Select an outcome to predict:  
Happiness\_Score

Select All/Deselect All Run Predictive Model

Model Quality: Rsqr = 0.77 & RMSE = 0.57

Select indicators to predict Happiness and run prediction:

- ☒ Adolescent fertility rate (births per 1,000 women ages 15-19)
- ☒ Average precipitation in depth (mm per year)
- ☒ Business extent of disclosure index (0=less to 10=more)
- ☒ Cost of business start-up procedures (% of GNI per capita)
- ☒ Cost to export (US\$ per container)
- ☒ DEC alternative conversion factor (LCU per US\$)
- ☒ Depth of credit information index (0=low to 8=high)
- ☒ Diabetes prevalence (% of pop. ages 20 to 79)
- ☒ Documents to export (number)
- ☒ Documents to import (number)
- ☒ Ease of doing business index (1=most business-friendly regulations)
- ☒ Fixed telephone subscriptions
- ☒ Fixed telephone subscriptions (per 100 people)
- ☒ Immunization, measles (% of children ages 12-23 months)
- ☒ Improved sanitation facilities (% of pop.)
- ☒ Improved water source (% of pop.)
- ☒ Improved water source, urban (% of urban pop.)
- ☒ Incidence of tuberculosis (per 100,000 people)
- ☒ Internet users (per 100 people)
- ☒ Labor force particip. rate for ages 15-24, female (%)
- ☒ Labor force particip. rate for ages 15-24, male (%)
- ☒ Labor force particip. rate, male (% of male pop. ages 15-64)

Relative Importances of Predictors (sums up to 100)

Show 10 entries Search:

Predictors	Importance
56 Secure Internet servers (per 1 million people)	5.2
19 Internet users (per 100 people)	4.2
6 DEC alternative conversion factor (LCU per US\$)	3.5
13 Fixed telephone subscriptions (per 100 people)	3.5
34 Mortality rate, infant (per 1,000 live births)	3.5
18 Incidence of tuberculosis (per 100,000 people)	3.4
20 Labor force particip. rate for ages 15-24, female (%)	3.1
55 Secure Internet servers	3.1
72 Unemp., male (% of male labor force)	3.1
52 Refugee pop. by country or territory of origin	3

Showing 1 to 10 of 74 entries Previous 1 2 3 4 5 ... 8 Next

# We can't focus on all indicators, but are ready to consider 13. How well do those 13 predict Happiness?



Very well! An  $R^2$  of 0.69! And the RMSE decreased from 0.57 to just 0.65!

Select indicators and run a predictive model (Random Forests) to determine their relative importance in predicting Happiness.

Select an outcome to predict:  
Happiness\_Score

Select All/Deselect All Run Predictive Model

Model Quality: Rsqr = 0.69 & RMSE = 0.65

Select indicators to predict Happiness and run prediction:

- ☐ Adolescent fertility rate (births per 1,000 women ages 15-19)
- ☐ Average precipitation in depth (mm per year)
- ☐ Business extent of disclosure index (0=less to 10=more)
- ☐ Cost of business start-up procedures (% of GNI per capita)
- ☐ Cost to export (US\$ per container)
- ☐ DEC alternative conversion factor (LCU per US\$)
- ☐ Depth of credit information index (0=low to 8=high)
- ☐ Diabetes prevalence (% of pop. ages 20 to 79)
- ☐ Documents to export (number)
- ☐ Documents to import (number)
- ☐ Ease of doing business index (1=most business-friendly regulations)
- ☐ Fixed telephone subscriptions
- ☒ Fixed telephone subscriptions (per 100 people)
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- ☐ Improved water source, urban (% of urban pop.)
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- ☒ Internet users (per 100 people)
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- ☐ Labor force particip. rate for ages 15-24, male (%)
- ☐ Labor force particip. rate, male (% of male pop. ages 15-64)

Relative Importances of Predictors (sums up to 100)

Show 10 entries Search:

Predictors	Importance
5 Internet users (per 100 people)	15.3
4 Incidence of tuberculosis (per 100,000 people)	12.1
10 Population growth (annual %)	11
8 Mortality rate, infant (per 1,000 live births)	10.7
1 Fixed telephone subscriptions (per 100 people)	10.6
2 Improved sanitation facilities (% of pop.)	8.3
11 Population, ages 0-14 (% of total)	7.5
9 Population ages 65 and above (% of total)	7.1
7 Mobile cellular subscriptions (per 100 people)	7
6 Lifetime risk of maternal death (%)	6.8

Showing 1 to 10 of 11 entries Previous 1 2 Next

Step 2b:  
Predictor  
Importance

We were very  
smart to select  
those few  
indicators!!!

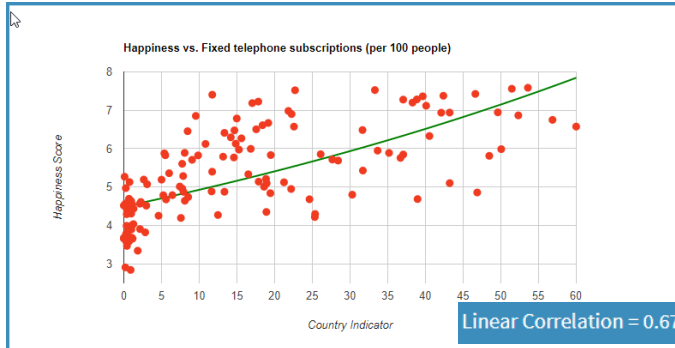
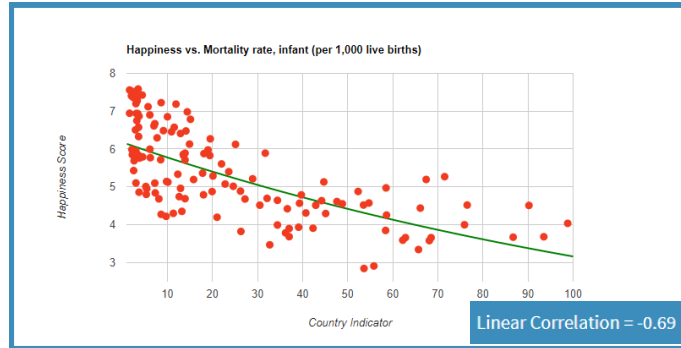
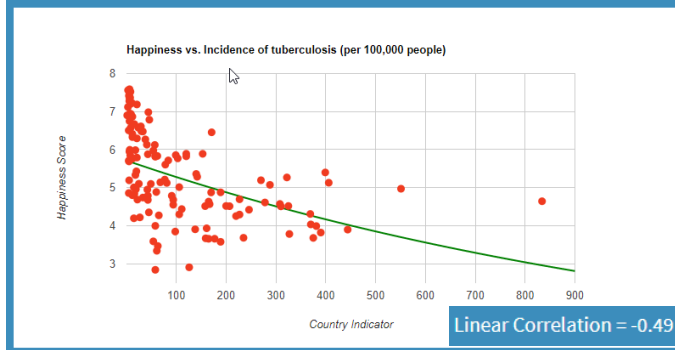
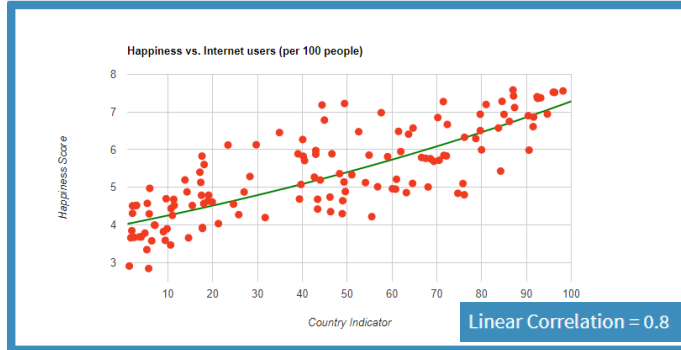
We can see the  
most important  
predictors of  
Happiness!

# How exactly do the most important predictors relate to Happiness?



Some of them are related positively and some inversely; impressive correlations!

## Step 3: Happiness vs. Indicators



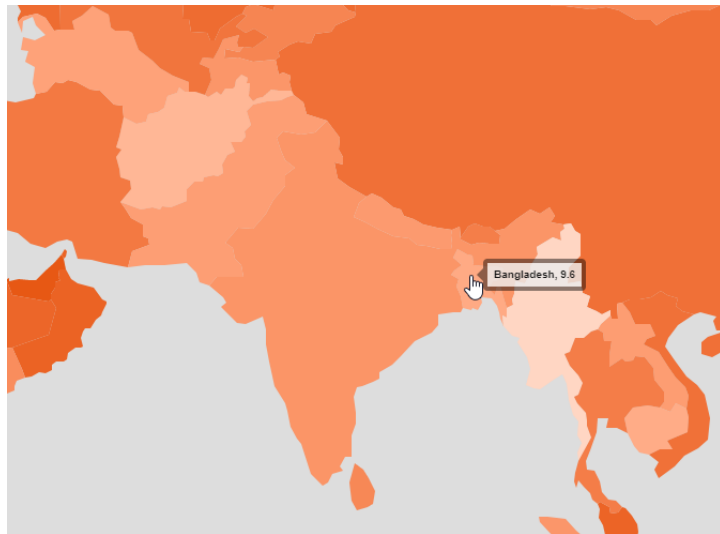


# Where do we stand on those important indicators compared to others in the world/region?

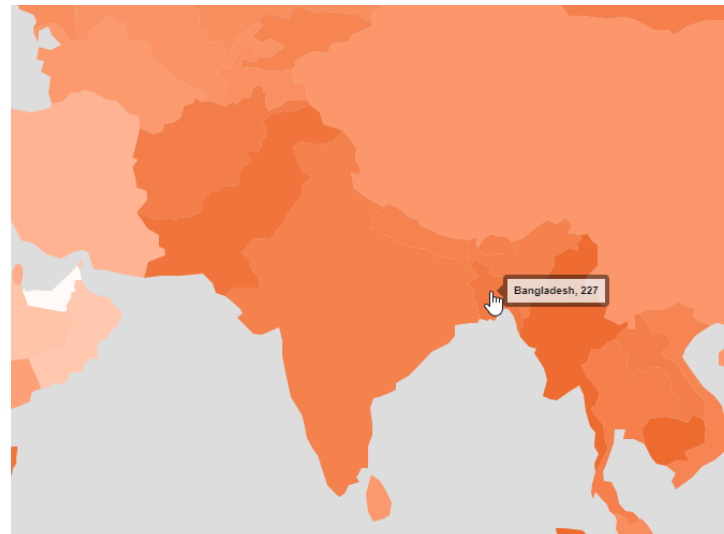


Not so great on Internet Usage; still quite high incidence of tuberculosis.

Internet Users (per 100 people)



Incidence of Tuberculosis (per 100,000 people)



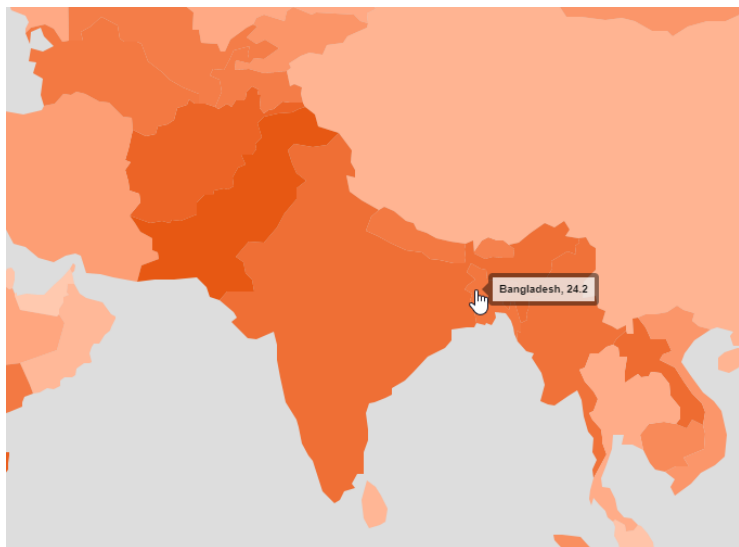
**Step 4:**  
Standing on  
important  
indicators

Where do we stand on those important indicators compared to others in the world/region? (cont'd 1)

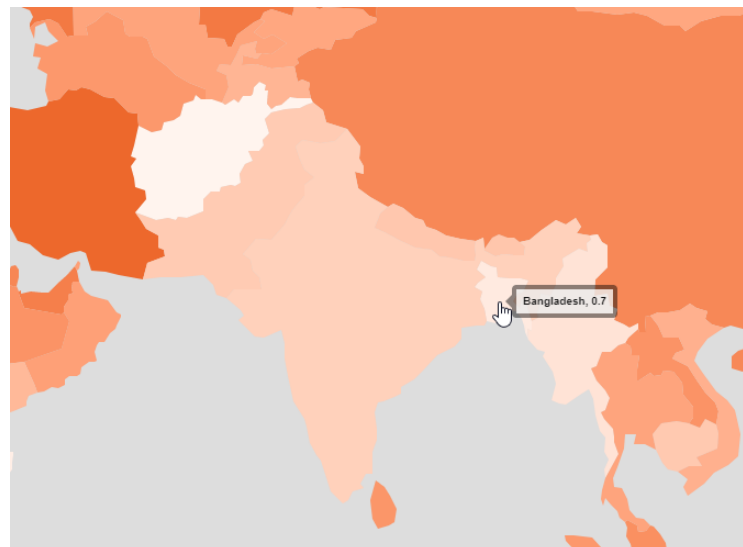


Relatively high infant mortality rate; very low number of fixed phone subscriptions.

Infant mortality rate ( per 1,000 live births)



Fixed telephone subscriptions (per 100 people)



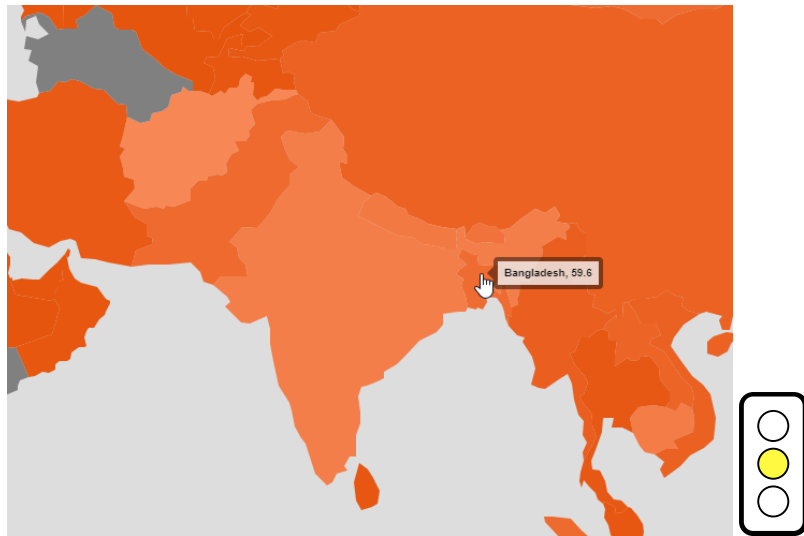
**Step 4:**  
Standing on  
important  
indicators

# Where do we stand on those important indicators compared to others in the world/region? (cont'd 2)



Relative success on improved sanitation facilities and on cellular subscriptions.

Improved sanitation facilities (% of population)



Mobile cellular subscriptions (per 100 people)

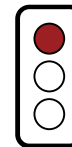
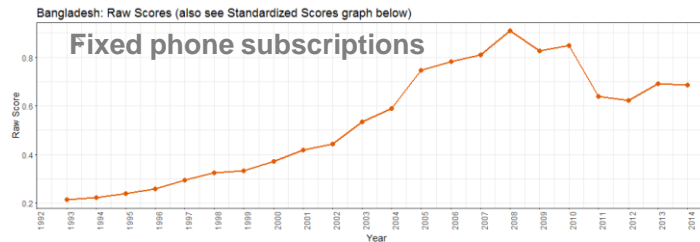
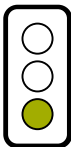
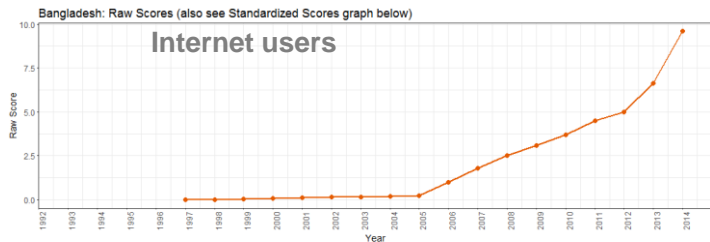


**Step 4:**  
Standing on  
important  
indicators

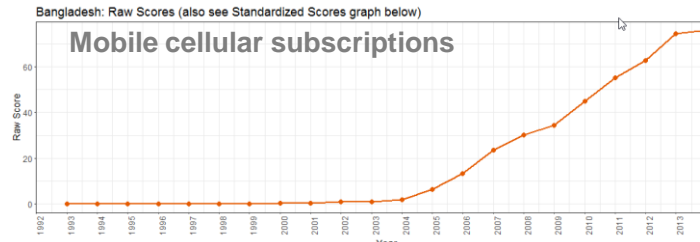
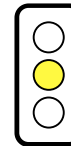
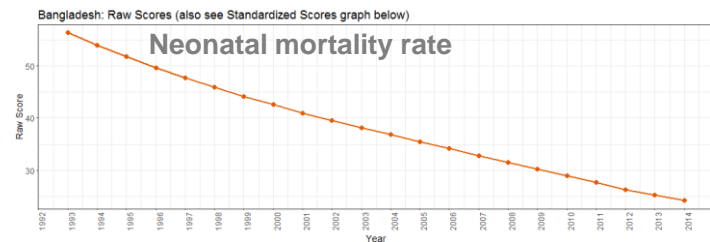
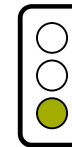
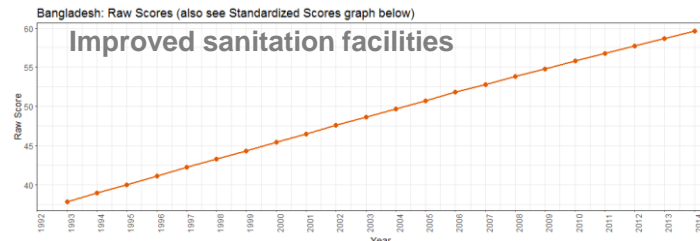
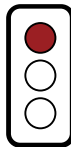
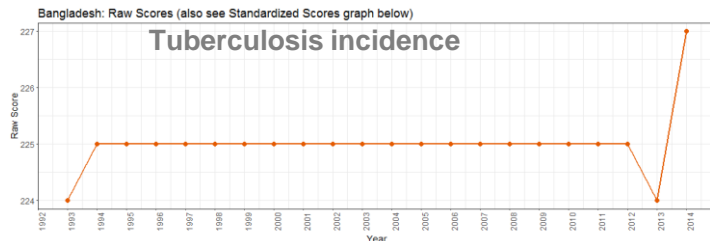
# Our trends over time? Little improvement in tuberculosis incidence and number of fixed phone subscriptions



Improvements in Internet use, access to sanitation, & mobile phone usage; falling mortality rates



**Step 5:**  
Trends for important indicators



## Summary of top predictors of Happiness, Bangladesh's standing on them and trends over time



Overall, Bangladesh's primary focus should be on improving (a) public health: esp., fighting tuberculosis and lowering infant mortality rate; and (b) fixed phone line infrastructure. Thank you, app!!!

	<i>Indicator</i>	<i>Importance</i>	<i>Absolute Standing</i>	<i>Trend over time</i>
	Internet Users (per 100 people)	15		
	Incidence of Tuberculosis (per 100,000 people)	12		
	Infant mortality rate ( per 1,000 live births)	11		
	Fixed telephone subscriptions (per 100 people)	11		
	Improved sanitation facilities (% of pop.)	8		
	Mobile cellular subscriptions (per 100 people)	7		

Thank you! Questions?

# Appendix

# About World Happiness Score and World Development Indicators



WHR has been published in 2012, 2013, 2015, and 2016

## World Happiness Scores:

- Used regularly by the [World Happiness Report](#).
- The actual happiness scores and rankings come from the [Gallup World Poll](#).
- The exact wording of the “happiness” question is:
  - “Please imagine a ladder, with steps numbered from 0 at the bottom to 10 at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. On which step of the ladder would you say you personally feel you stand at this time?”
- This app used the World Happiness Scores and rankings for 2015 posted on [Kaggle](#).

## World Development Indicators:

- Are collected and published yearly by the [World Bank](#).
- This app used the data on 74 indicators from 1993 to 2014 posted on [Kaggle](#).