Daniel Lang

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EDUCATION

Tufts University

Medford, MA (2013 – Present)

Studying Biology and Psychology

Weston, MA (2009 – 2013)

Weston High School Consistent Honor Roll

EXPERIENCE

Arbour Hospital (Jamaica Plain/Quincy Center)

Jamaica Plain, MA (June 2015 – Present)

Mental Health Associate

- Trained in Nonviolent Crisis Intervention (CPI-certified) to safely calm down and manage agitated patients disturbing the unit.
- Lead group therapy sessions for the patients to reflect on concerns they have and for me to respond to any questions they want answered
- Performed checkup on patients every 15minutes to maintain patient and unit safety
- Recorded vital signs of patients at the beginning of each shift
- Stayed up-to-date with evolving hospital policies and techniques through online education courses.

Tufts Sharewood Project (Free Clinic)

Malden, MA (Jan. 2014 – Sept. 2014/June 2016 - Present)

Undergraduate Volunteer

- Took vital signs for incoming patients and recorded her/his chief complaint, then presented info to a medical student.
- Introduced patients to case management and women's health services when required.
- Practiced proper infection control and patient confidentiality.

Tufts Dining (Hodgdon Take-out)

Medford, MA (January 2014 – May 2015)

General Worker

- Worked with the Hodgdon Dining food distribution team. Handled the serving and cooking of certain foods.
- Practiced safe handling of meats and produce.

Greater Boston Orthodontics / Chelsea Orthodontics

Waltham, MA/Chelsea, MA (May 2013 – June 2013)

Orthodontic Intern

- Developed independence within the clinic and received patients, then guided them to the dental chairs in preparation for treatment by orthodontist.
- Performed reties of braces in adjustment-1 and adjustment-2 procedures on patients.
- Entered patient information into database as part of migration from physical to digital recording.
- Practiced patient confidentiality.

ACTIVITIES

Tufts Cycling Team

Medford, MA (September 2015 – Present)

Racing Team Member

- Trained daily with the Tufts Cycling Team
- Lead team rides for the team that were open to all members of the Tufts and local community

Tufts Brazil Club

Medford, MA (September 2013 – 2015)

Public Relations Officer/e-Board

- Responsible for managing event advertisements: Made fliers, dispersed fliers, social media campaigns, school publications, and chalk signage.
- Collaborated with other Tufts clubs to host events such as Carnival and expand Brazil club's presence on campus.
- Managed the Brazil club email, e-list, and Facebook.

Soccer Nights

Volunteer

• Taught soccer to a group of Medford youth (ages 5-12)

Technical and Language Skills: American Red Cross - First Aid/CPR/AED Certified, Practice Fusion User, Native Mandarin Chinese Speaker, Basic Spanish

Interests: Photography, Soccer, Piano/Guitar, Telecommunications, Harry Potter, Lord of the Rings