Sample 1
Six Factor Model

	F1	F2	F3	F4	F5	F6	
Item	Spiritual I	Experientia	Mindfulness	Embodied	d Emotion	Behavio	r h²
NEW_2	0.887	-0.029	-0.049	0.107	-0.134	-0.133	0.593
AIMES_17	0.877	0.037	-0.041	0.026	-0.204	-0.067	0.565
AIMES_8	0.737	0.247	-0.036	0.109	-0.313	0.090	0.704
AIMES_20	0.721	0.141		-0.224	0.100	-0.170	0.527
AIMES_6	0.648		-0.096	0.020	0.019	0.247	0.569
AIMES_5	0.640	-0.074	-0.053	0.120	-0.071	0.183	0.488
AIMES_4	0.574	0.393	-0.040	0.141	-0.123	-0.043	0.708
SPIRIT_10	0.539	0.271		0.023	-0.115	0.186	0.637
NEW_1	0.531	-0.069	0.056	-0.016	0.222	-0.109	0.401
NEW_11	0.505	-0.215	0.058	0.026	0.259	0.194	0.529
NEW_7	0.451	-0.131	0.130	-0.032	0.148	0.027	0.318
NEW_10	0.423		0.018	0.076	0.137	0.016	0.340
AIMES_1	0.408	0.380	-0.044	0.138	-0.108	0.082	0.560
DISPO_29	-0.082	0.720	0.033	0.239	-0.105	-0.039	0.541
DISPO_28	0.065	0.650	0.070	0.045	-0.075	0.138	0.618
DISPO_34	-0.052	0.557	0.084	0.048	0.191	-0.083	0.473
DISPO_33	0.016	0.555	-0.066	-0.152	-0.045	0.174	0.311
NEW_8	0.015	0.413	0.144	-0.071	0.210		0.396
DISPO_15	-0.088	0.048	0.855	0.099	-0.227	0.043	0.605
DISPO_10		0.025	0.672	0.159	-0.065	0.025	0.548
DISPO_2	-0.071	0.153	0.658	-0.207	-0.084	0.235	0.501
DISPO_11	0.029		0.480	0.261	0.071	0.031	0.522
NEW_12	0.325	-0.157	0.453	0.035		-0.045	0.382

DISPO_12	-0.109	0.015	0.357	0.338	0.201	0.093	0.509
DISPO_1	0.054	-0.106	0.111	0.645	-0.084	-0.033	0.410
DISPO_20	0.017	-0.026	0.020	0.583	0.212	-0.130	0.471
DISPO_8	0.067	-0.038	0.103	0.404	0.021	0.255	0.416
NEW_5	0.131	0.175	0.148	0.327	0.017	-0.123	0.348
DISPO_23	0.019	0.103	-0.089	0.249	0.115	0.116	0.169
DISPO_21		0.093	-0.149	0.238	0.198	0.032	0.143
DISPO_22	-0.021		-0.196	0.071	0.696	-0.042	0.385
DISPO_7	-0.178	-0.128	-0.020	0.078	0.655	0.066	0.312
DISPO_37	-0.062	0.208	0.016	0.089	0.461		0.382
NEW_6	0.180	0.157	0.136	-0.077	0.329	0.026	0.416
SPIRIT_12	0.202	0.238	0.044	-0.301	0.317	0.044	0.337
DISPO_16	0.131	-0.023	0.023	0.209	0.269	-0.016	0.258
DISPO_19	-0.062	0.304	0.122	-0.094		0.546	0.514
DISPO_13		0.096	0.204	0.057	0.069	0.504	0.534
SS loadings	5.456	2.617	2.453	1.803	2.096	1.049	
Proportion Var	0.144	0.069	0.065	0.047	0.055	0.028	
Cumulative Var	0.144	0.212	0.277	0.324	0.380	0.407	

## Five Factor Model

	F1	F2	F3	F4	F5	
Item	Spiritual I	Experiential	Mindfulness	Embodied	Emotiona	ıl h²
NEW_2	0.876	-0.084	-0.117	0.095	-0.079	0.583
AIMES_17	0.867	0.017	-0.087	0.018	-0.165	0.560
AIMES_8	0.729	0.293	-0.037	0.115	-0.302	0.707
AIMES_20	0.704	0.068	-0.069	-0.245	0.182	0.504
AIMES_6	0.643	0.119	0.014	0.057	-0.079	0.526
AIMES_5	0.639	0.020	0.026	0.147	-0.145	0.465

AIMES_4	0.556	0.366	-0.101	0.129	-0.042	0.694
SPIRIT_10	0.536	0.356	0.050	0.039	-0.139	0.634
NEW_1	0.531	-0.126	0.019	-0.030	0.259	0.401
NEW_11	0.510	-0.117	0.163	0.062	0.152	0.487
NEW_7	0.458	-0.127	0.155	-0.033	0.133	0.319
NEW_10	0.426		0.026	0.079	0.134	0.341
DISPO_28	0.048	0.703	0.068	0.046	-0.023	0.622
DISPO_29	-0.089	0.655	-0.046	0.208	0.029	0.493
DISPO_33		0.641	-0.036	-0.144	-0.039	0.315
DISPO_19	-0.023	0.514	0.313	-0.033	-0.141	0.401
DISPO_34	-0.061	0.486		0.024	0.303	0.443
AIMES_1	0.399	0.414	-0.052	0.144	-0.081	0.561
NEW_8		0.393	0.114	-0.085	0.280	0.390
DISPO_15	-0.090	0.023	0.814	0.074	-0.128	0.558
DISPO_2	-0.074	0.229	0.742	-0.214	-0.082	0.508
DISPO_10			0.655	0.139		0.531
DISPO_11	0.026	-0.034	0.481	0.253	0.113	0.519
NEW_12	0.323	-0.202	0.432	0.017	0.043	0.374
DISPO_12	-0.109	0.018	0.389	0.348	0.204	0.511
DISPO_13	0.034	0.299	0.388	0.109	-0.076	0.431
DISPO_1	0.052	-0.149	0.080	0.658	-0.064	0.411
DISPO_20	0.013	-0.113	-0.045	0.586	0.261	0.466
DISPO_8	0.080	0.060	0.202	0.433	-0.061	0.386
NEW_5	0.121	0.091	0.069	0.304	0.112	0.324
DISPO_23	0.023	0.149	-0.046	0.271	0.076	0.161
DISPO_21		0.101	-0.139	0.254	0.182	0.141
DISPO_22	-0.013	-0.022	-0.185	0.085	0.667	0.375
DISPO_7	-0.159	-0.106	0.043	0.104	0.574	0.280

DISPO_37	-0.064	0.189	0.012	0.090	0.485	0.385
NEW_6	0.180	0.154	0.144	-0.082	0.350	0.417
SPIRIT_12	0.201	0.257	0.063	-0.308	0.328	0.337
DISPO_16	0.133	-0.046	0.023	0.216	0.270	0.258
SS loadings	5.348	2.981	2.715	1.870	2.057	
Proportion Var	0.141	0.078	0.071	0.049	0.054	
Cumulative Var	0.141	0.219	0.291	0.340	0.394	

# Four Factor Model

	F1	F2	F3	F4	
Item	Spiritual N	Mindfulness	Experientia	l Emotiona	al h²
NEW_2	0.914	-0.112	-0.085	-0.045	0.584
AIMES_17	0.909	-0.094		-0.174	0.561
AIMES_8	0.836	0.020	0.197	-0.254	0.690
AIMES_5	0.701	0.069	-0.018	-0.089	0.466
AIMES_6	0.683	0.024	0.108	-0.067	0.528
AIMES_4	0.639	-0.059	0.299	0.023	0.684
AIMES_20	0.605	-0.170	0.196	0.042	0.430
SPIRIT_10	0.600	0.074	0.312	-0.134	0.633
AIMES_1	0.492		0.327		0.542
NEW_11	0.469	0.149	-0.034	0.158	0.466
NEW_1	0.456	-0.032	-0.011	0.225	0.360
NEW_10	0.419	0.024	0.033	0.164	0.337
NEW_7*	0.395	0.113	-0.024	0.091	0.286
DISPO_15	-0.122	0.871	0.071	-0.152	0.553
DISPO_10	-0.035	0.716	0.036	0.029	0.530
DISPO_2	-0.143	0.684	0.326	-0.236	0.454
DISPO_11	0.022	0.563	-0.015	0.212	0.524

DISPO_12	-0.091	0.495		0.364	0.510
DISPO_13	0.067	0.448	0.274	-0.046	0.429
NEW_12	0.258	0.417	-0.097	0.011	0.339
DISPO_8*	0.186	0.345	-0.043	0.150	0.341
DISPO_1*	0.195	0.275	-0.274	0.261	0.287
DISPO_28	0.131	0.112	0.615		0.598
DISPO_33	0.044	-0.057	0.604	-0.107	0.317
DISPO_29	0.042	0.052	0.502	0.148	0.419
DISPO_34	-0.060		0.494	0.328	0.445
DISPO_19	0.014	0.342	0.478	-0.178	0.401
NEW_8	-0.035	0.075	0.453	0.233	0.385
SPIRIT_12*	0.096	-0.055	0.389	0.153	0.265
DISPO_22	-0.087	-0.228	0.080	0.731	0.359
DISPO_7	-0.241	0.021		0.629	0.260
DISPO_20	0.108	0.111	-0.190	0.557	0.404
DISPO_37	-0.105		0.251	0.544	0.384
DISPO_16*	0.136	0.056	-0.033	0.386	0.262
DISPO_21*	0.066	-0.075	0.043	0.330	0.125
NEW_6*	0.104	0.086	0.266	0.291	0.385
NEW_5*	0.181	0.156	0.040	0.267	0.311
DISPO_23*	0.099	0.036	0.071	0.224	0.137
SS loadings	5.844	3.222	2.678	2.839	
Proportion Var	0.154	0.085	0.070	0.075	
Cumulative Var	0.154	0.239	0.309	0.384	

<sup>\*</sup>Items removed in Simplified Model below

Four Factor Simplified Model
We removed items that cross loaded on multiple factors or loaded under 0.04 (see table above)

	F1	F2	F3	F4	
Item	Spiritual E	Experiential	Mindfulness	Emotiona	al h²
NEW_2	0.890	-0.101	-0.086	-0.022	0.583
AIMES_17	0.887	-0.034	-0.061	-0.144	0.569
AIMES_8	0.783	0.220	0.020	-0.240	0.697
AIMES_5	0.672	-0.026	0.067	-0.047	0.457
AIMES_6	0.671	0.071	0.047	-0.048	0.527
AIMES_20	0.632	0.071	-0.111	0.091	0.441
AIMES_4	0.630	0.313	-0.090	0.051	0.700
SPIRIT_10	0.577	0.306	0.071	-0.118	0.636
NEW_1	0.503	-0.103		0.243	0.381
NEW_11	0.497	-0.088	0.166	0.172	0.467
AIMES_1	0.479	0.367	-0.025	-0.021	0.549
NEW_10	0.403	0.047	0.048	0.133	0.313
DISPO_28	0.095	0.688	0.049	0.017	0.631
DISPO_33		0.657	-0.102	-0.085	0.326
DISPO_29	0.020	0.605	-0.011	0.115	0.450
DISPO_34	-0.044	0.522	-0.020	0.308	0.449
DISPO_19		0.495	0.300	-0.153	0.407
NEW_8		0.412	0.076	0.214	0.359
DISPO_15	-0.088	-0.015	0.857	-0.083	0.564
DISPO_10	0.016	-0.050	0.730	0.049	0.549
DISPO_2	-0.115	0.199	0.719	-0.195	0.471

DISPO_11	0.082	-0.046	0.535	0.218	0.510
DISPO_12	-0.013		0.448	0.367	0.501
NEW_12	0.302	-0.197	0.447	0.040	0.358
DISPO_13	0.076	0.282	0.393	-0.024	0.421
DISPO_22		0.047	-0.181	0.653	0.346
DISPO_7	-0.145	-0.056	0.027	0.617	0.293
DISPO_20	0.146	-0.067	0.039	0.497	0.343
DISPO_37	-0.034	0.225	0.017	0.485	0.369
SS loadings	5.297	2.599	2.844	1.921	
Proportion Var	0.183	0.090	0.098	0.066	
Cumulative Var	0.183	0.272	0.370	0.437	

Sample 2
Six Factor

	F1	F2	F3	F4	F5	F6
Item	Spiritual I	Experiential	Mindfulness	Emotiona	ıl	h²
NEW_2	0.887	-0.029	-0.049	-0.134	0.107	-0.1330.593
AIMES_17	0.877	0.037	-0.041	-0.204	0.026	-0.0670.565
AIMES_8	0.737	0.247	-0.036	-0.313	0.109	0.090 0.704
AIMES_20	0.721	0.141		0.100	-0.224	-0.170 0.527
AIMES_6	0.648		-0.096	0.019	0.020	0.247 0.569
AIMES_5	0.640	-0.074	-0.053	-0.071	0.120	0.183 0.488
AIMES_4	0.574	0.393	-0.040	-0.123	0.141	-0.043 <b>0.708</b>
SPIRIT_10	0.539	0.271		-0.115	0.023	0.186 0.637
NEW_1	0.531	-0.069	0.056	0.222	-0.016	-0.1090.401
NEW_11	0.505	-0.215	0.058	0.259	0.026	0.194 0.529

NEW_7	0.451	-0.131	0.130	0.148	-0.032 0.027 <b>0.318</b>
NEW_10	0.423		0.018	0.137	0.076 0.016 <b>0.340</b>
AIMES_1	0.408	0.380	-0.044	-0.108	0.138 0.082 0.560
DISPO_29	-0.082	0.720	0.033	-0.105	0.239 -0.039 0.541
DISPO_28	0.065	0.650	0.070	-0.075	0.045 0.138 0.618
DISPO_34	-0.052	0.557	0.084	0.191	0.048 -0.083 <b>0.473</b>
DISPO_33	0.016	0.555	-0.066	-0.045	-0.152 0.174 0.311
NEW_8	0.015	0.413	0.144	0.210	-0.071 0.396
DISPO_15	-0.088	0.048	0.855	-0.227	0.099 0.043 0.605
DISPO_10		0.025	0.672	-0.065	0.159 0.025 0.548
DISPO_2	-0.071	0.153	0.658	-0.084	-0.207 0.235 <b>0.501</b>
DISPO_11	0.029		0.480	0.071	0.261 0.031 0.522
NEW_12	0.325	-0.157	0.453		0.035 -0.045 0.382
DISPO_12	-0.109	0.015	0.357	0.201	0.338 0.093 <b>0.509</b>
DISPO_1	0.054	-0.106	0.111	-0.084	0.645 -0.033 0.410
DISPO_20	0.017	-0.026	0.020	0.212	0.583 -0.130 0.471
DISPO_8	0.067	-0.038	0.103	0.021	0.404 0.255 0.416
NEW_5	0.131	0.175	0.148	0.017	0.327 -0.123 <b>0.348</b>
DISPO_23	0.019	0.103	-0.089	0.115	0.249 0.116 0.169
DISPO_21		0.093	-0.149	0.198	0.238 0.032 0.143
DISPO_22	-0.021		-0.196	0.696	0.071 -0.042 0.385
DISPO_7	-0.178	-0.128	-0.020	0.655	0.078 0.066 0.312
DISPO_37	-0.062	0.208	0.016	0.461	0.089 0.382
NEW_6	0.180	0.157	0.136	0.329	-0.077 0.026 <b>0.416</b>
SPIRIT_12	0.202	0.238	0.044	0.317	-0.301 0.044 <b>0.337</b>
DISPO_16	0.131	-0.023	0.023	0.269	0.209 -0.016 0.258
DISPO_19	-0.062	0.304	0.122		-0.094 0.546 0.514
DISPO_13		0.096	0.204	0.069	0.057 0.504 0.534

SS loadings	5.456	2.617	2.453	2.096	1.803 1.049
Proportion Var	0.144	0.069	0.065	0.055	0.047 0.028
Cumulative Var	0.144	0.212	0.277	0.380	0.324 0.407

Five Factor

	F1	F2	F3	F4	F5
Item	Spiritual I	Experiential	Mindfulness	Emotiona	ıl h²
NEW_2	0.876	-0.084	-0.117	-0.079	0.095 0.583
AIMES_17	0.867	0.017	-0.087	-0.165	0.018 0.560
AIMES_8	0.729	0.293	-0.037	-0.302	0.115 0.707
AIMES_20	0.704	0.068	-0.069	0.182	-0.245 0.504
AIMES_6	0.643	0.119	0.014	-0.079	0.057 0.526
AIMES_5	0.639	0.020	0.026	-0.145	0.147 0.465
AIMES_4	0.556	0.366	-0.101	-0.042	0.129 0.694
SPIRIT_10	0.536	0.356	0.050	-0.139	0.039 0.634
NEW_1	0.531	-0.126	0.019	0.259	-0.030 <b>0.401</b>
NEW_11	0.510	-0.117	0.163	0.152	0.062 0.487
NEW_7	0.458	-0.127	0.155	0.133	-0.033 <b>0.319</b>
NEW_10	0.426		0.026	0.134	0.079 0.341
DISPO_28	0.048	0.703	0.068	-0.023	0.046 0.622
DISPO_29	-0.089	0.655	-0.046	0.029	0.208 0.493
DISPO_33		0.641	-0.036	-0.039	-0.1440.315
DISPO_19	-0.023	0.514	0.313	-0.141	-0.033 <b>0.401</b>
DISPO_34	-0.061	0.486		0.303	0.024 0.443
AIMES_1	0.399	0.414	-0.052	-0.081	0.144 0.561
NEW_8		0.393	0.114	0.280	-0.0850.390
DISPO_15	-0.090	0.023	0.814	-0.128	0.074 0.558

DISPO_2	-0.074	0.229	0.742	-0.082	-0.214 <b>0.508</b>
DISPO_10			0.655		0.139 0.531
DISPO_11	0.026	-0.034	0.481	0.113	0.253 0.519
NEW_12	0.323	-0.202	0.432	0.043	0.017 0.374
DISPO_12	-0.109	0.018	0.389	0.204	0.348 0.511
DISPO_13	0.034	0.299	0.388	-0.076	0.109 0.431
DISPO_1	0.052	-0.149	0.080	-0.064	0.658 0.411
DISPO_20	0.013	-0.113	-0.045	0.261	0.586 0.466
DISPO_8	0.080	0.060	0.202	-0.061	0.433 0.386
NEW_5	0.121	0.091	0.069	0.112	0.304 0.324
DISPO_23	0.023	0.149	-0.046	0.076	0.271 0.161
DISPO_21		0.101	-0.139	0.182	0.254 0.141
DISPO_22	-0.013	-0.022	-0.185	0.667	0.085 0.375
DISPO_7	-0.159	-0.106	0.043	0.574	0.104 0.280
DISPO_37	-0.064	0.189	0.012	0.485	0.090 0.385
NEW_6	0.180	0.154	0.144	0.350	-0.082 <b>0.417</b>
SPIRIT_12	0.201	0.257	0.063	0.328	-0.308 <b>0.337</b>
DISPO_16	0.133	-0.046	0.023	0.270	0.216 0.258
SS loadings	5.348	2.981	2.715	2.057	1.870
Proportion Var	0.141	0.078	0.071	0.054	0.049
Cumulative Var	0.141	0.219	0.291	0.394	0.340

### Four Factor

	F1	F2	F3	F4	
Item	Spiritual	Mindfulness	Experiential	Emotiona	ıl h²
NEW_2	0.914	-0.112	-0.085	-0.045	0.584
AIMES_17	0.909	-0.094		-0.174	0.561

AIMES_8	0.836	0.020	0.197	-0.254	0.690
AIMES_5	0.701	0.069	-0.018	-0.089	0.466
AIMES_6	0.683	0.024	0.108	-0.067	0.528
AIMES_4	0.639	-0.059	0.299	0.023	0.684
AIMES_20	0.605	-0.170	0.196	0.042	0.430
SPIRIT_10	0.600	0.074	0.312	-0.134	0.633
AIMES_1	0.492		0.327		0.542
NEW_11	0.469	0.149	-0.034	0.158	0.466
NEW_1	0.456	-0.032	-0.011	0.225	0.360
NEW_10	0.419	0.024	0.033	0.164	0.337
NEW_7*	0.395	0.113	-0.024	0.091	0.286
DISPO_15	-0.122	0.871	0.071	-0.152	0.553
DISPO_10	-0.035	0.716	0.036	0.029	0.530
DISPO_2	-0.143	0.684	0.326	-0.236	0.454
DISPO_11	0.022	0.563	-0.015	0.212	0.524
DISPO_12	-0.091	0.495		0.364	0.510
DISPO_13	0.067	0.448	0.274	-0.046	0.429
NEW_12	0.258	0.417	-0.097	0.011	0.339
DISPO_8*	0.186	0.345	-0.043	0.150	0.341
DISPO_1*	0.195	0.275	-0.274	0.261	0.287
DISPO_28	0.131	0.112	0.615		0.598
DISPO_33	0.044	-0.057	0.604	-0.107	0.317
DISPO_29	0.042	0.052	0.502	0.148	0.419
DISPO_34	-0.060		0.494	0.328	0.445
DISPO_19	0.014	0.342	0.478	-0.178	0.401
NEW_8	-0.035	0.075	0.453	0.233	0.385
SPIRIT_12*	0.096	-0.055	0.389	0.153	0.265
DISPO_22	-0.087	-0.228	0.080	0.731	0.359

DISPO_7	-0.241	0.021		0.629	0.260
DISPO_20	0.108	0.111	-0.190	0.557	0.404
DISPO_37	-0.105		0.251	0.544	0.384
DISPO_16*	0.136	0.056	-0.033	0.386	0.262
DISPO_21*	0.066	-0.075	0.043	0.330	0.125
NEW_6*	0.104	0.086	0.266	0.291	0.385
NEW_5*	0.181	0.156	0.040	0.267	0.311
DISPO_23*	0.099	0.036	0.071	0.224	0.137
SS loadings	5.844	3.222	2.678	2.839	
Proportion Var	0.154	0.085	0.070	0.075	
Cumulative Var	0.154	0.239	0.309	0.384	

<sup>\*</sup>Items removed in Simplified Model below

Four Factor Simplified Model

We removed items that cross loaded on multiple factors or loaded under 0.04 (see table above)

	F1	F2	F3	F4	
Item	Spiritual I	Experiential	Mindfulness	Emotiona	al h²
NEW_2	0.890	-0.101	-0.086	-0.022	0.583
AIMES_17	0.887	-0.034	-0.061	-0.144	0.569
AIMES_8	0.783	0.220	0.020	-0.240	0.697
AIMES_5	0.672	-0.026	0.067	-0.047	0.457
AIMES_6	0.671	0.071	0.047	-0.048	0.527
AIMES_20	0.632	0.071	-0.111	0.091	0.441
AIMES_4	0.630	0.313	-0.090	0.051	0.700
SPIRIT_10	0.577	0.306	0.071	-0.118	0.636
NEW_1	0.503	-0.103		0.243	0.381
NEW_11	0.497	-0.088	0.166	0.172	0.467
AIMES_1	0.479	0.367	-0.025	-0.021	0.549
NEW_10	0.403	0.047	0.048	0.133	0.313

DISPO_28	0.095	0.688	0.049	0.017	0.631
DISPO_33		0.657	-0.102	-0.085	0.326
DISPO_29	0.020	0.605	-0.011	0.115	0.450
DISPO_34	-0.044	0.522	-0.020	0.308	0.449
DISPO_19		0.495	0.300	-0.153	0.407
NEW_8		0.412	0.076	0.214	0.359
DISPO_15	-0.088	-0.015	0.857	-0.083	0.564
DISPO_10	0.016	-0.050	0.730	0.049	0.549
DISPO_2	-0.115	0.199	0.719	-0.195	0.471
DISPO_11	0.082	-0.046	0.535	0.218	0.510
DISPO_12	-0.013		0.448	0.367	0.501
NEW_12	0.302	-0.197	0.447	0.040	0.358
DISPO_13	0.076	0.282	0.393	-0.024	0.421
DISPO_22		0.047	-0.181	0.653	0.346
DISPO_7	-0.145	-0.056	0.027	0.617	0.293
DISPO_20	0.146	-0.067	0.039	0.497	0.343
DISPO_37	-0.034	0.225	0.017	0.485	0.369
SS loadings	5.297	2.599	2.844	1.921	
Proportion Var	0.183	0.090	0.098	0.066	
Cumulative Var	0.183	0.272	0.370	0.437	

# Sample 3

Six Factor

	F1	F2	F3	F4	F5	F6	
Item	Spiritual	Experientia	l Mindfulness	Emotiona	ıl		h²
NEW_2	0.887	-0.029	-0.049	-0.134	0.107	-0.133	0.593

AIMES_17	0.877	0.037	-0.041	-0.204	0.026 -0.067 <b>0.565</b>
AIMES_8	0.737	0.247	-0.036	-0.313	0.109 0.090 <b>0.704</b>
AIMES_20	0.721	0.141		0.100	-0.224-0.170 <b>0.527</b>
AIMES_6	0.648		-0.096	0.019	0.020 0.247 0.569
AIMES_5	0.640	-0.074	-0.053	-0.071	0.120 0.183 <b>0.488</b>
AIMES_4	0.574	0.393	-0.040	-0.123	0.141 -0.043 <b>0.708</b>
SPIRIT_10	0.539	0.271		-0.115	0.023 0.186 <b>0.637</b>
NEW_1	0.531	-0.069	0.056	0.222	-0.016-0.109 <b>0.401</b>
NEW_11	0.505	-0.215	0.058	0.259	0.026 0.194 <b>0.529</b>
NEW_7	0.451	-0.131	0.130	0.148	-0.032 0.027 <b>0.318</b>
NEW_10	0.423		0.018	0.137	0.076 0.016 0.340
AIMES_1	0.408	0.380	-0.044	-0.108	0.138 0.082 <b>0.560</b>
DISPO_29	-0.082	0.720	0.033	-0.105	0.239 -0.039 0.541
DISPO_28	0.065	0.650	0.070	-0.075	0.045 0.138 0.618
DISPO_34	-0.052	0.557	0.084	0.191	0.048 -0.083 <b>0.473</b>
DISPO_33	0.016	0.555	-0.066	-0.045	-0.152 0.174 <b>0.311</b>
NEW_8	0.015	0.413	0.144	0.210	-0.071 0.396
DISPO_15	-0.088	0.048	0.855	-0.227	0.099 0.043 0.605
DISPO_10		0.025	0.672	-0.065	0.159 0.025 0.548
DISPO_2	-0.071	0.153	0.658	-0.084	-0.207 0.235 <b>0.501</b>
DISPO_11	0.029		0.480	0.071	0.261 0.031 0.522
NEW_12	0.325	-0.157	0.453		0.035 -0.045 <b>0.382</b>
DISPO_12	-0.109	0.015	0.357	0.201	0.338 0.093 <b>0.509</b>
DISPO_1	0.054	-0.106	0.111	-0.084	0.645 -0.033 0.410
DISPO_20	0.017	-0.026	0.020	0.212	0.583 -0.130 0.471
DISPO_8	0.067	-0.038	0.103	0.021	0.404 0.255 0.416
NEW_5	0.131	0.175	0.148	0.017	0.327 -0.123 <b>0.348</b>
DISPO_23	0.019	0.103	-0.089	0.115	0.249 0.116 0.169

DISPO_21		0.093	-0.149	0.198	0.238 0.032 0.143
DISPO_22	-0.021		-0.196	0.696	0.071 -0.042 0.385
DISPO_7	-0.178	-0.128	-0.020	0.655	0.078 0.066 0.312
DISPO_37	-0.062	0.208	0.016	0.461	0.089 0.382
NEW_6	0.180	0.157	0.136	0.329	-0.077 0.026 <b>0.416</b>
SPIRIT_12	0.202	0.238	0.044	0.317	-0.301 0.044 <b>0.337</b>
DISPO_16	0.131	-0.023	0.023	0.269	0.209 -0.016 0.258
DISPO_19	-0.062	0.304	0.122		-0.094 0.546 0.514
DISPO_13		0.096	0.204	0.069	0.057 0.504 0.534
SS loadings	5.456	2.617	2.453	2.096	1.803 1.049
Proportion Var	0.144	0.069	0.065	0.055	0.047 0.028
Cumulative Var	0.144	0.212	0.277	0.380	0.324 0.407

### Five Factor

	F1	F2	F3	F4	F5					
Item	Spiritual I	Spiritual Experiential Mindfulness Emotional								
NEW_2	0.876	-0.084	-0.117	-0.079	0.095 0.583					
AIMES_17	0.867	0.017	-0.087	-0.165	0.018 0.560					
AIMES_8	0.729	0.293	-0.037	-0.302	0.115 0.707					
AIMES_20	0.704	0.068	-0.069	0.182	-0.245 0.504					
AIMES_6	0.643	0.119	0.014	-0.079	0.057 0.526					
AIMES_5	0.639	0.020	0.026	-0.145	0.147 0.465					
AIMES_4	0.556	0.366	-0.101	-0.042	0.129 0.694					
SPIRIT_10	0.536	0.356	0.050	-0.139	0.039 0.634					
NEW_1	0.531	-0.126	0.019	0.259	-0.030 <b>0.401</b>					
NEW_11	0.510	-0.117	0.163	0.152	0.062 0.487					
NEW 7	0.458	-0.127	0.155	0.133	-0.0330.319					

DISPO_16 SS loadings	0.133 5.348	-0.046 2.981	0.023 2.715	2.057	1.870
SPIRIT_12	0.201	0.154	0.063	0.328	-0.3080.337
NEW_6	0.180	0.154	0.012	0.350	-0.0820.417
DISPO_7 DISPO_37	-0.159 -0.064	-0.106 0.189	0.043	0.574 0.485	0.104 0.280 0.090 0.385
DISPO_22	-0.013	-0.022	-0.185	0.667	
DISPO_21	0.042	0.101	-0.139	0.182	0.254 0.141 0.085 0.375
DISPO_23	0.023	0.149	-0.046	0.076	0.271 0.161
NEW_5	0.121	0.091	0.069	0.112	0.304 0.324
DISPO_8	0.080	0.060	0.202	-0.061	0.433 0.386
DISPO_20	0.013	-0.113	-0.045	0.261	0.586 0.466
DISPO_1	0.052	-0.149	0.080	-0.064	0.658 0.411
DISPO_13	0.034	0.299	0.388	-0.076	0.109 0.431
DISPO_12	-0.109	0.018	0.389	0.204	0.348 0.511
NEW_12	0.323	-0.202	0.432	0.043	0.017 0.374
DISPO_11	0.026	-0.034	0.481	0.113	0.253 0.519
DISPO_10	0.000	0.004	0.655	0.440	0.139 0.531
DISPO_2	-0.074	0.229	0.742	-0.082	-0.2140.508
DISPO_15	-0.090	0.023	0.814	-0.128	0.074 0.558
NEW_8	0.000	0.393	0.114	0.280	-0.085 0.390
AIMES_1	0.399	0.414	-0.052	-0.081	0.144 0.561
DISPO_34	-0.061	0.486		0.303	0.024 0.443
DISPO_19	-0.023	0.514	0.313	-0.141	-0.033 0.401
DISPO_33		0.641	-0.036	-0.039	-0.1440.315
DISPO_29	-0.089	0.655	-0.046	0.029	0.208 0.493
DISPO_28	0.048	0.703	0.068	-0.023	0.046 0.622
NEW_10	0.426		0.026	0.134	0.079 0.341

Proportion Var	0.141	0.078	0.071	0.054	0.049
Cumulative Var	0.141	0.219	0.291	0.394	0.340

## Four Factor

	F1	F2	F3	F4		
Item	Spiritual Mindfulness Experiential Emotional h <sup>2</sup>					
NEW_2	0.914	-0.112	-0.085	-0.045	0.584	
AIMES_17	0.909	-0.094		-0.174	0.561	
AIMES_8	0.836	0.020	0.197	-0.254	0.690	
AIMES_5	0.701	0.069	-0.018	-0.089	0.466	
AIMES_6	0.683	0.024	0.108	-0.067	0.528	
AIMES_4	0.639	-0.059	0.299	0.023	0.684	
AIMES_20	0.605	-0.170	0.196	0.042	0.430	
SPIRIT_10	0.600	0.074	0.312	-0.134	0.633	
AIMES_1	0.492		0.327		0.542	
NEW_11	0.469	0.149	-0.034	0.158	0.466	
NEW_1	0.456	-0.032	-0.011	0.225	0.360	
NEW_10	0.419	0.024	0.033	0.164	0.337	
NEW_7*	0.395	0.113	-0.024	0.091	0.286	
DISPO_15	-0.122	0.871	0.071	-0.152	0.553	
DISPO_10	-0.035	0.716	0.036	0.029	0.530	
DISPO_2	-0.143	0.684	0.326	-0.236	0.454	
DISPO_11	0.022	0.563	-0.015	0.212	0.524	
DISPO_12	-0.091	0.495		0.364	0.510	
DISPO_13	0.067	0.448	0.274	-0.046	0.429	
NEW_12	0.258	0.417	-0.097	0.011	0.339	
DISPO_8*	0.186	0.345	-0.043	0.150	0.341	

NEW_8	-0.035	0.075	0.453	0.233	0.385
SPIRIT_12*	0.096	-0.055	0.389	0.153	0.265
DISPO_22	-0.087	-0.228	0.080	0.731	0.359
DISPO_7	-0.241	0.021		0.629	0.260
DISPO_20	0.108	0.111	-0.190	0.557	0.404
DISPO_37	-0.105		0.251	0.544	0.384
DISPO_16*	0.136	0.056	-0.033	0.386	0.262
DISPO_21*	0.066	-0.075	0.043	0.330	0.125
NEW_6*	0.104	0.086	0.266	0.291	0.385
NEW_5*	0.181	0.156	0.040	0.267	0.311
DISPO_23*	0.099	0.036	0.071	0.224	0.137
SS loadings	5.844	3.222	2.678	2.839	
Proportion Var	0.154	0.085	0.070	0.075	
Cumulative Var		0.239	0.309	0.384	

<sup>\*</sup>Items removed in Simplified Model below

Four Factor Simplified Model

We removed items that cross loaded on multiple factors or loaded under 0.04 (see table above)

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AIMES 8	0.783	0.220	0.020	-0.240	0.697

AIMES_5	0.672	-0.026	0.067	-0.047	0.457
AIMES_6	0.671	0.071	0.047	-0.048	0.527
AIMES_20	0.632	0.071	-0.111	0.091	0.441
AIMES_4	0.630	0.313	-0.090	0.051	0.700
SPIRIT_10	0.577	0.306	0.071	-0.118	0.636
NEW_1	0.503	-0.103		0.243	0.381
NEW_11	0.497	-0.088	0.166	0.172	0.467
AIMES_1	0.479	0.367	-0.025	-0.021	0.549
NEW_10	0.403	0.047	0.048	0.133	0.313
DISPO_28	0.095	0.688	0.049	0.017	0.631
DISPO_33		0.657	-0.102	-0.085	0.326
DISPO_29	0.020	0.605	-0.011	0.115	0.450
DISPO_34	-0.044	0.522	-0.020	0.308	0.449
DISPO_19		0.495	0.300	-0.153	0.407
NEW_8		0.412	0.076	0.214	0.359
DISPO_15	-0.088	-0.015	0.857	-0.083	0.564
DISPO_10	0.016	-0.050	0.730	0.049	0.549
DISPO_2	-0.115	0.199	0.719	-0.195	0.471
DISPO_11	0.082	-0.046	0.535	0.218	0.510
DISPO_12	-0.013		0.448	0.367	0.501
NEW_12	0.302	-0.197	0.447	0.040	0.358
DISPO_13	0.076	0.282	0.393	-0.024	0.421
DISPO_22		0.047	-0.181	0.653	0.346
DISPO_7	-0.145	-0.056	0.027	0.617	0.293
DISPO_20	0.146	-0.067	0.039	0.497	0.343
DISPO_37	-0.034	0.225	0.017	0.485	0.369
SS loadings	5.297	2.599	2.844	1.921	
Proportion Var	0.183	0.090	0.098	0.066	

0.370

0.437