

Stanford University - Vaden Health Services

**From:** JACOBS, JAMES R MD

**To:** Hu, Nathan Zixia (Nathan)

**Message Type:** Communication

**Priority:** Normal

**Date:** Monday, January 23, 2023 8:22 AM

**Subject:** your request for STI screening

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Nathan,

I reviewed your web-initiated request for STI screening and the questionnaire that you completed.

Based on the questionnaire, I ordered screening for gonorrhea and chlamydia from urine and from a self-collected rectal swab, and for gonorrhea from a throat swab. Instructions will be provided at the lab. I also ordered blood tests for HIV and syphilis.

Avoid urination for at least two hours before coming to the lab to provide the urine specimen.

When the test results are available (it typically takes 2-7 days), I will notify you via another secure message.

The best time to come to the Vaden lab is from 9:30-12:30 AM and 1:30-3:00 PM Monday through Friday. Routine labs are collected until 4:30. The lab is not open in the evening or on weekends. Please check in at the East side clinic window.

As a reminder, we encourage you to wait AT LEAST 7 days (and preferably at least 3 weeks) after last sexual contact to do STI screening, but the tests are now ordered, and you can come to the lab when you wish.

Our records indicate that you are well vaccinated (Hepatitis A and B, HPV, COVID, MMR, tetanus), except that your last tetanus booster was apparently in August 2012 - tetanus boosters are recommended every 10 years, so you are now due. This can be scheduled through the Vaden injection clinic, if you wish.

Please let me know if you have questions or desire an in-clinic evaluation.

James R. Jacobs MD PhD

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For educational material about sexual health and sexually transmitted infections, please consider <https://www.cdc.gov/sexualhealth/Default.html>, or certainly we are available to speak with you in a virtual or in-person clinic appointment.

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For persons who are at increased risk for acquiring HIV infection, please schedule an appointment with us to discuss the option of pre-exposure prophylaxis (PrEP). Information about PrEP is available here: <https://www.truvada.com>

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It is the responsibility of each person involved in sexual activity to ensure that the person has the Affirmative Consent of the other or others to engage in the sexual activity. Lack of protest or resistance does not mean Affirmative Consent, nor does silence mean Affirmative Consent. <https://sara.stanford.edu/consent>

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Condom Fact Sheet <https://www.cdc.gov/condomeffectiveness/brief.html>