

# First Typical Antiphon

Znamenny Chant  
Arr. D Kulp

Ison: Unison

Bless the Lord, O my soul. Bless - ed art Thou, O

Lord. Bless the Lord, O my soul and all that is with-in me bless His

ho - ly name. Bless the Lord, O my soul and for - get not all His be - ne-fits,

who for-gives all your in - iq - ui - ty who heals all your dis-eas-es, who re-deems your

life from the pit, who crowns you with stead-fast love and mer - cy who crowns you

with good as long as you live, so that your youth is re-newed like

the ea - gle's. The Lord works vin - di - ca-tion and jus-tice for the op - pres - sed.

He made known His ways to Mos - es, His acts to the peo - ple of Is-ra - el.

The Lord is com-pas-sion-ate and mer-ci-ful, long-suf - fer-ing and of great good-ness.

He will not al-ways chide, nor will He keep His an - ger for - ev - er.

