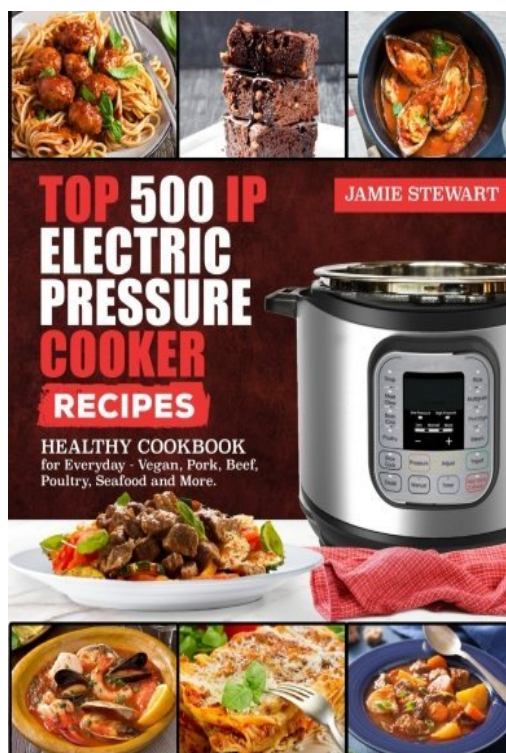


PDF/EPUB Top 500 IP Electric Pressure Cooker Recipes: Healthy cookbook for Everyday - Vegan, Pork, Beef, Poultry, Seafood and More. Full EPUB



Author : Jamie Stewart

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Book Description

In this cookbook you will find 500 easy and healthy recipes divided into the following categories: • Vegetables • Poultry • Pork • Beef • Fish & Seafood • Vegan • Beans & Grains • Fast Snacks • Desserts • Jane's Favorite's If you are considering a health-oriented and fast-paced lifestyle, an electric pressure cooker is the right kitchen tool for you. The IP is a revolutionary multi-cooker that utilizes one-touch technology, high temperatures and high-pressure to cook your food in a healthy way while saving your time and money. Choosing an electric pressure cooker doesn't mean skimping on flavor. As a matter of fact, it means reaching for the healthier and faster versions of your favorite dishes! This book will give you the guidelines to get the most out of your IP. The IP is a multifunctional programmable cooker that can do the job of an electric pressure cooker, a slow cooker, rice maker, a steamer, a sautéing pan, a warming pot, and yogurt maker. Thus, the IP is given a place of honor on the kitchen countertop!