

# Cybersecurity Essentials: Tips and Tricks

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## Protect Your Business with These Tips

Protecting your business from cyber threats is easier than you think. Follow these simple tips and tricks:

- **Use Strong Passwords:** Combine letters, numbers, and symbols. Change them every 3 months.
- **Enable Two-Factor Authentication (2FA):** Add an extra layer of security with a code sent to your phone.
- **Keep Software Updated:** Regularly update your operating systems and apps to patch security holes.
- **Backup Data:** Schedule automatic backups to an external drive or cloud service.
- **Train Employees:** Teach your team to recognize phishing emails and suspicious links.

For more details, consult your IT team or a cybersecurity expert.