

**START**

Kamil: being more relaxed as we are doing a great job and we will finish earlier and we are going to bari!!!!

Laura:

- sleeping more
- drinking more water

Daniel: focus more time, don't get distracted. Sleeping better.6

**STOP**

Daniel: arriving 10/15m late ( don't think it's quite of a problem )

Robert: Stop "start stop continue"

**CONTINUE**

Good work

- doing the strategies that get the most work done in the least time.