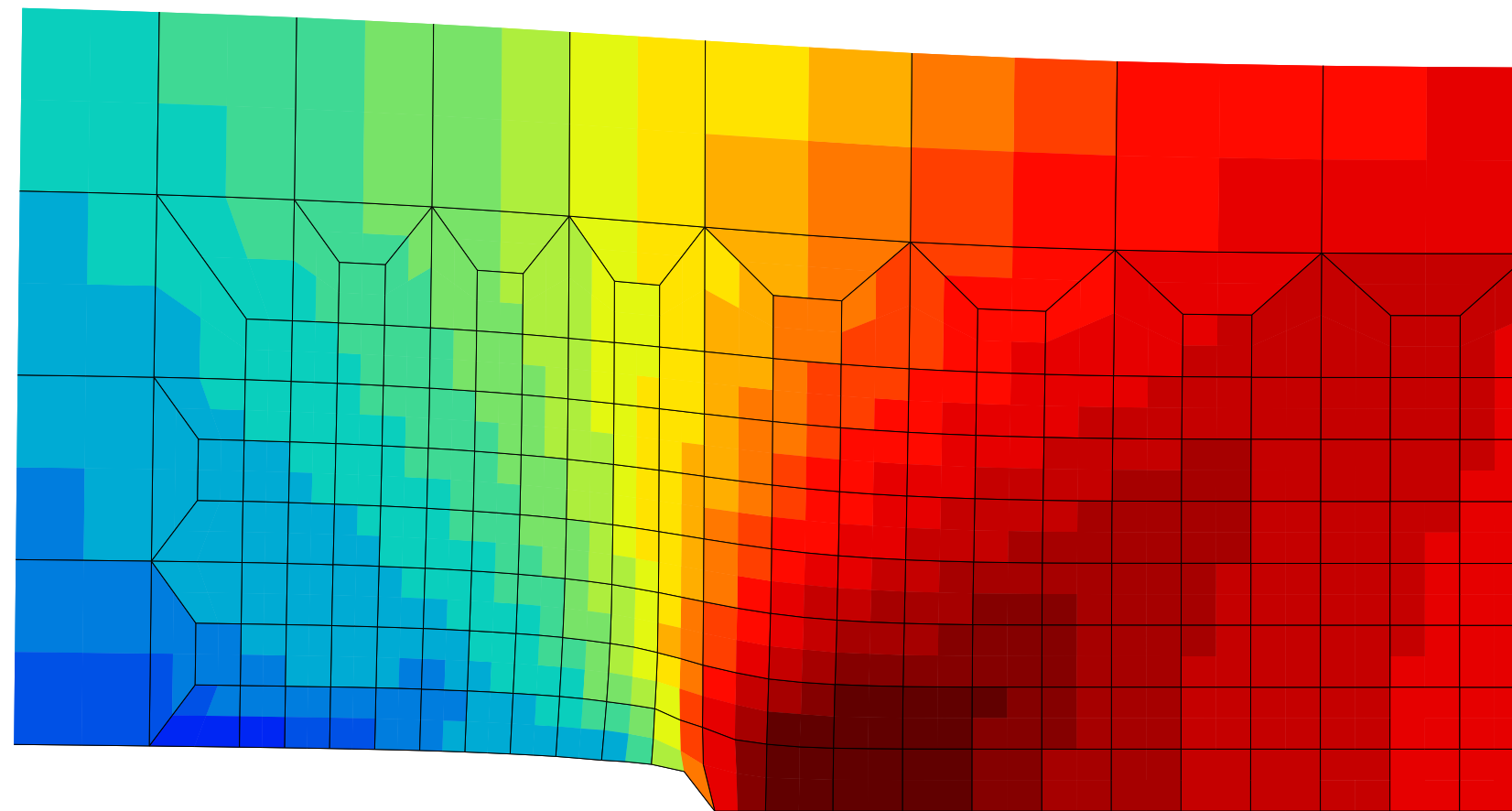


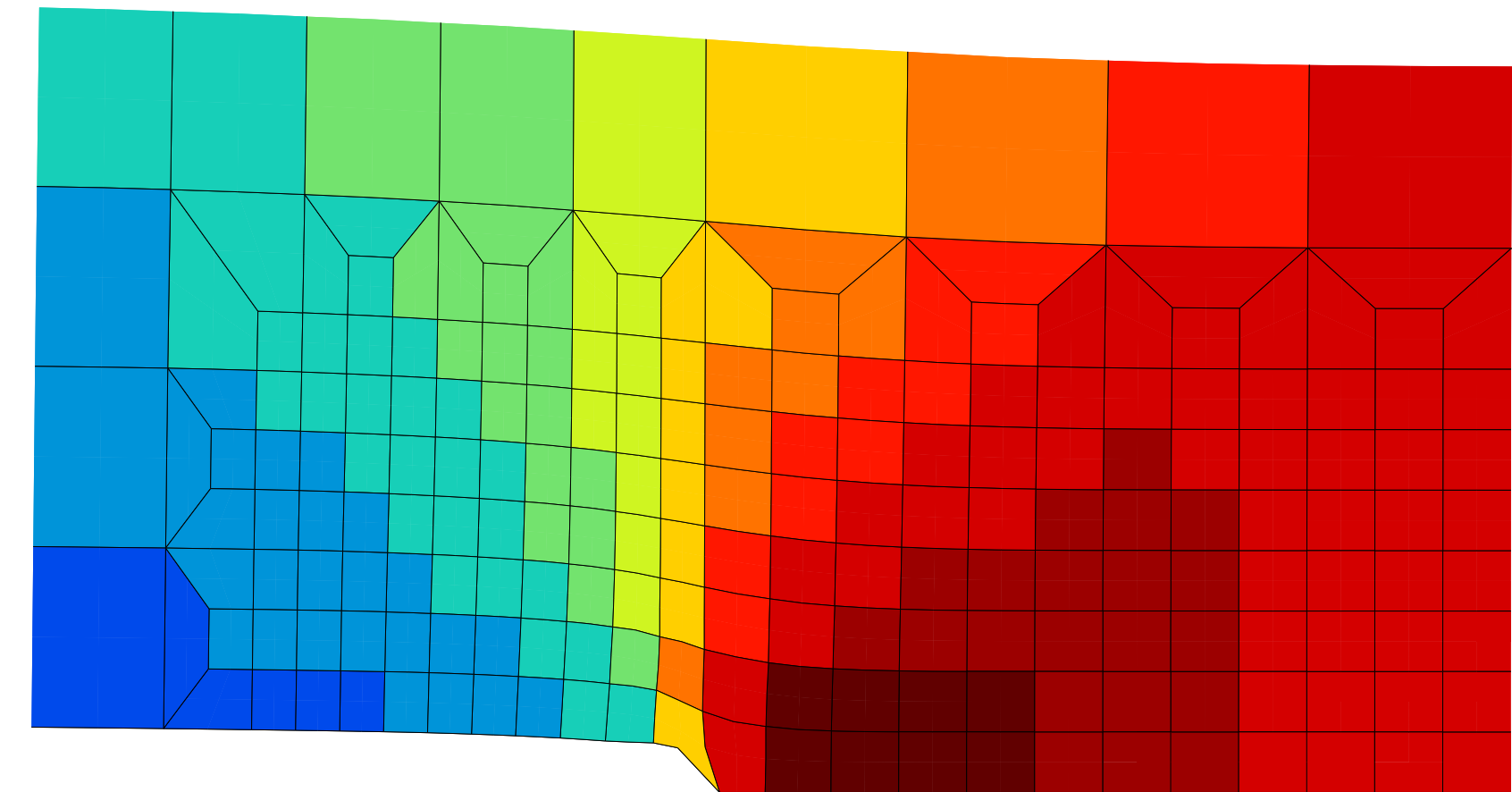
○ \mathbf{u}, p, C_L

● Integration point

Mixed formulation



B -bar formulation



0

σ_{ii} (MPa)

3000