



OUTD 4911

Standards of Practice in Therapeutic Recreation

Winter 2019

Instructor Information

Andrew Heppner Office: SN 2005G (Faculty Hallway)
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Office Hours: Open Door Policy (Confirm time by email for guaranteed meeting)

Course Time

Lecture: Tuesday from 2:30pm-5:30pm

Location: RB 1044

Course Description/Overview

Students will examine and implement the phases of delivering therapeutic recreation programming. Assessment, evidence-based program design and evaluation of nature based experiences for a variety of populations will be explored theoretically and experientially.

Course Learning Objectives

1. Apply and critically analyze theoretical models of Recreation Therapy practice;
2. Apply the assessment, program development, implementation and evaluation cyclical model of Recreation Therapy practice;
3. Develop the skills and knowledge base to confidently participate in standardized testing required by professional regulatory bodies in Recreation Therapy;
4. Experience and apply the domains of Leisure and Recreation;
5. Describe and apply the twelve Standards of Practice promoted by Therapeutic Recreation Ontario to recreation therapy practice;
6. Critically review and discuss theoretical constructs and contemporary thinking in leadership

Required Textbook

Anderson, L., & Heyne, L. (2012). *Therapeutic recreation practice: A strengths-based approach*. State College, PA: Venture Publishing.

Assignments and Evaluations

Description	Due Date	Value
Reflection Essay: Assessment	Friday, February 15th	15%
Reflection Essay: Program Development	Friday, March 1st	15%
Reflection Essay: Implementation	Friday, March 22nd	15%
Reflection Essay: Evaluation	Friday, April 5th	15%
Participation	On Going	10%
Final Exam	TBA	30%

Course Policies

Late Assignments: As per Lakehead University policy, late assignments will be assessed at a 5% deduction per day late (including weekends). Assignments will be considered late after 11:59pm on the due date. Extensions will be considered if requested 72 hours before the due date.

Written Assignments must adhere to APA 6th Edition formatting guidelines. Emailed assignments will not be accepted.

Collaboration/Plagiarism Rules

Independent Work: Students are directed to Section IX of the Lakehead University Calendar concerning regulations on academic dishonesty plagiarism; either will result in a mark of zero (0) for the work concerned. As of Winter 2018, all Second Year students in the School of ORPT should have completed an Academic Integrity course with a grade of 90% or higher and therefore are expected to understand the principles of academic integrity. If you have not completed this course and are concerned, contact the instructor before submitting any written assignments.

Please refer to Lakehead University's **Code of Student Behaviour and Disciplinary Procedures** for additional information:

<https://www.lakeheadu.ca/faculty-and-staff/policies/student-related/code-of-student-behaviour-and-disciplinary-procedures>

University Policies

All students are to be aware of and adhere to the following Lakehead University and School policies, all found on the ORPT webpage under Student Resources:

- Student Code of Conduct, Academic Misconduct, Accommodation for Students with Disabilities
Ethics for doing research with Humans – all student projects that include human participants requires ethics approval, following the Research Ethics process

- ORPT Culture of Respect is posted on D2L

Tentative Schedule

Week & Date	Theme	Reading	Assignment Due Dates
Week 1: Jan 8	Course Outline/Logistics Intro to TR/RT	None	
Week 2: Jan 15	Theory: Historical Overview	Chapter 1/2/3	
Week 3: Jan 22	Theory: Current Strengths/Domains/Flourishing	Chapter 4/5/7	
Week 4: Jan 29	Assessment Intensive	Chapter 9	
Week 5: Feb 5	CTRS Testing Round 1 Interest Inventories/Program Design		
Week 6: Feb 12	DOMAIN DAY: Physical Program Design/Planning Life Loops & Documentation	Chapter 10/11	Reflection Paper: Assessments *Class Ends in the Hangar*
Reading Week	No Class – Feb 18-22	No Reading	
Week 7: Feb 26th	CTRS Testing Round 2 *Recreation Program Delivery	No Reading	Reflection Paper: Planning
Week 8: Mar 5th	*Drop Date is Mar 8* Program Evaluation	Chapter 13	
Week 9: Mar 12th	Interprofessionalism: Guest Speaker	Chapter 8	

Week 10: Mar 19th	DOMAIN DAY: Emotional/Spiritual		Reflection Paper: Implementation Class will be at Yoga 4 All studio
Week 11: Mar 26	Evaluation Application Day	Chapter 13 Review	
Week 12: April 2nd	DOMAIN DAY: Intellectual/Social		Reflection paper on Evaluation

* **Note:** Other readings will be assigned and available on D2L

Assignments

Reflection Essays

Write a 4 to 7 page reflective paper on your experience of each phase that builds and draws connections between theory, practice and your experiences. You are only required to cite the textbook, however external sources are welcomed and encouraged.

The purpose of this assignment is to integrate and consolidate your experiences, reading, in-class discussions on each component of the “APIE” cyclical process of Recreation Therapy practice.

Evaluation:

Formatting: Papers require university level spelling, grammar, writing flow, logic and structure. Headings, in text citations and a reference list at the end of your paper are required in APA format. You do NOT require a title page, running head, APA formatted margins or page numbers. Student generated pictures, mind maps, diagrams and media are welcomed.

Rubric: All rubrics will be posted on D2L.

Participation

Participation in all aspects of the course will be documented to ensure you have participated in the APIE cycle, in class discussions, the Domain Days activities and maintained a level of activity on Lifeloops (actually engaged in the therapeutic recreation activities).