



ROCK 2016
SHOK Oil, Air, and Coil Spring Specifications Front Suspension





		DAMPER									
			l	Jpper Tube	e	Lowe	r Leg				
FORK	Model	Damper	RockShox® Suspension Oil	Oil Height* (mm)	Volume (mL)	RockShox Suspension Oil	Volume (mL)				
-	TK 26				85						
30™ Gold	TK 27.5	TurnKey™	5wt	80-85	102	15wt	5				
(,,	TK 29				102						
_	TK 26				100						
30 Silver	TK 27.5	TurnKey	5wt	80-85	123	15wt	5				
(1)	TK 29				122						
Argyle™	RC	Motion Control™	End		130	154	10				
Arg	R	Rebound	5wt	-	150	15wt	10				
Bluto™	RCT3	Motion	5wt	71-77	106	15wt	5				
	RL	Control	SWL	7177		ISWL	J				
	World Cup				_						
BoXXer®	Team	Charger	3wt	-	Bleed	0w-30	10				
<b>"</b>	RC	Motion Control IS	5wt	95-104	290						
Domain™	Dual Crown RC	Motion Control IS	5wt	103-109	325	15wt	10				
	RC			-	200						
	RCT3	Chargor	3wt		Bleed	Ow 30					
Lyrik™	RC	Charger	5WI	_	ыееа	0w-30	10				
	RC2 DH	Mission Control DH	5wt		184	15wt					

	SPRING									
	Uppei	r Tube	Lowe	r Leg						
Spring	RockShox Suspension Oil Volume (mL)		RockShox Suspension Oil	Volume (mL)						
Solo Air™	5wt 3-6		15wt	10						
Solo Air	5wt	3-6	15wt	10						
Coil	Grease C	oil Spring								
Coil	Grease C	oil Spring	15wt	30						
Solo Air	Grease A	Air Piston	15wt	5						
Solo Air	Grease A	Air Piston		10						
Coil	Grease C	oil Spring	0w-30	20						
Coil	Grease C	oil Spring	15wt	40						
				30						
Solo Air  Dual Position  Air™	Grease 4	Air Piston	0w-30	10						
Solo Air	3.0d00 P		15wt							
Coil										

		DAMPER								
			l	Jpper Tube	Э	Lowe	r Leg			
FORK	Model	Damper	RockShox® Suspension Oil	Oil Height* (mm)	Volume (mL)	RockShox Suspension Oil	Volume (mL)			
Paragon™	Gold	TurnKey™	5wt	80-85	87	15wt	12			
Para	Silver	Turricey	Swt	80-83	100	ISWU	12			
	RCT3									
Pike®	RC	Charger	3wt	-	Bleed	0w-30	10			
	DJ									
Reba®	RLT	Motion	5wt	71-77	106	15wt	5			
Re	RL	Control™	Swt	71-77		15Wt				
	Gold RL	Motion Control			133					
Recon	Gold TK	TurnKov	5wt	80-85		15wt	6			
	Silver TK	TurnKey			150					
ME C	RCT3									
Revelation	RLT	Motion Control	5wt	82-88	134	15wt	5			
	RL									
RS-1™	-	Accelerator	5wt	-	Bleed	15wt	10			
	Gold	Motion			125		FO			
Sektor	RL	Control	5wt	80-85	130	15wt	5-8			
	Silver TK	TurnKey			150		6			

	S	PRING		
	Uppe	r Tube	Lowe	r Leg
Spring	RockShox Suspension Oil Volume (mL)		RockShox Suspension Oil	Volume (mL)
Solo Air™	5wt	3-6	45	42
Coil	Grease C	oil Spring	15wt	12
Solo Air  Dual Position  Air™  Solo Air	Grease A	Air Piston	0w-30	10
Solo Air	Grease <i>l</i>	Grease Air Piston		5
Solo Air	5wt	3-6	15wt	6
Coil	Grease C	oil Spring		12
Solo Air  Dual Position  Air	Grease A	Air Piston	15wt	5
Solo Air	Grease A	Air Piston	15wt	10
Dual Position Coil™	Grease C	oil Spring		10-16
6.1			15wt	3-8
Solo Air	5wt	3-6		6

## Oil Volume and Lubricant

				DAMP	ER				
			l	Jpper Tube	Lowe	r Leg			
FORK	Model	Damper	RockShox® Suspension Oil	Oil Height* (mm)	Volume (mL)	RockShox Suspension Oil	Volume (mL)		
	XX World Cup								
	XX <sup>TM</sup>	Motion Control™		Motion					
SID®	RCT3			5wt	71-77	106	15wt	5	
	RLT								
	RL								
28	TK 80-100				93				
XC™ 28	TK 120	TurnKey	5wt	105-110	109	15wt	10		
XC 30	TK	TurnKey	5wt	80-85	143	-	-		
Yari™	RC	Motion Control	5wt	-	180	0w-30	10		

	s	PRING			
	Upper	Tube		Lowe	r Leg
Spring	RockShox Suspension Oil Volume (mL)			RockShox Suspension Oil	Volume (mL)
Solo Air™	Grease A	Air Piston		15wt	5
Coil	Grease C	oil Spring		15wt	20
Coil	Grease Coil Spring			-	-
Dual Position Air™	Grease /	Air Piston		0w-30	10
Solo Air	Olcuse F			3W-30	10

FORK	WHEEL (in)	TRAVEL (mm)	<140 lb (<63 kg)	140-160 lb (63-72 kg)	160-180 lb (72-81 kg)	180-200 lb (81-90 kg)	200-220 lb (90-99 kg)	>200 lb (>90 kg)	MAX PSI
		80	90-110 psi	110-125 psi	125-140 psi	140-160 psi	160+ psi		265 psi
30™ Gold	26, 27.5, 29	100						-	
	27.5, 29	120	50-70 psi	70-85 psi	85-100 psi	100-120 psi	120+ psi		205 psi
		80	90-110 psi	110-125 psi	125-140 psi	140-160 psi	160+ psi		265 psi
30 Silver	26, 27.5, 29	100	50.70	70.05	05.400	400.400		-	005
	27.5	120	50-70 psi	70-85 psi	85-100 psi	100-120 psi	120+ psi		205 psi
Bluto™	26	80, 100, 120	70-90 psi	90-105 psi	105-120 psi	120-135 psi	135+ psi	-	200 psi
BoXXer® World Cup	26, 27.5	200	50-65 psi	65-80 psi	80-95 psi	95-110 psi	110-125 psi	125+ psi	165 psi
	26	170	45.55	FF 05	CE 75	75.05	05.05	05	
		160	45-55 psi	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95+ psi	
Lyrik™ Solo Air™	27.5	170, 180	35-45 psi	45-55 psi	55-65 psi	65-75 psi	75-85 psi	85+ psi	148 psi
	29								
	29B*/27.5+	150, 160	45-55 psi	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95+ psi	
	27.5	160	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95-105 psi	105+ psi	163 psi
Lyrik	27.5	170, 180	45-55 psi	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95+ psi	148 psi
Dual Position Air™	29	150, 160	EE 6E pci	65-75 psi	75-85 psi	5 psi 85-95 psi	95-105 psi	105+ psi	163 psi
	29B*/27.5+	130, 100	55-65 psi	СС 70 рс.				ιοστ μει	103 psi
	27.5, 29,	120	65-75 psi	75-85 psi	85-95 psi	95-105 psi	105-115 psi	115+ psi	163 psi
Pike <sup>®</sup> Solo Air	29B*/27.5+	130, 140	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95-105 psi	105+ psi	103 psi
	26, 27.5, 29, 29B*/27.5+	150, 160	45-55 psi	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95+ psi	148 psi
Pike Dual Position Air	26, 27.5, 29, 29B*/27.5+	150, 160	45-65 psi	65-85 psi	85-105 psi	105-125 psi	125-145 psi	145+ psi	248 psi
		100	100-115 psi	115-130 psi	130-145 psi	145-160 psi	160-175 psi	175+ psi	250 psi
Pike DJ	26	140	65-75 psi	75-85 psi	85-95 psi	95-105 psi	105-115 psi	115+ psi	163 psi
D-L-@	29	80	70.00	00.105	405 400	420.425	425		202
Reba®	26, 27.5, 29	100, 120	70-90 psi	90-105 psi	105-120 psi	120-135 psi	135+ psi	-	200 psi
	27.5, 29	80	90-110 psi	110-125 psi	125-140 psi	140-160 psi	160+ psi		265 psi
Recon™ Gold	26, 27.5, 29	100	E0.70 · · ·	70.05	0E 400	100 120	1201 = -1	-	205
	27.5, 29	120	50-70 psi	70-85 psi	85-100 psi	100-120 psi	120+ psi		205 psi

\*Boost 5

## **Air Spring Pressure**

FORK	WHEEL (in)	TRAVEL (mm)	<140 lb (<63 kg)	140-160 lb (63-72 kg)	160-180 lb (72-81 kg)	180-200 lb (81-90 kg)	200-220 lb (90-99 kg)	>200 lb (>90 kg)	MAX PSI
	00.075.00	80	90-110 psi	110-125 psi	125-140 psi	140-160 psi	160+ psi		265 psi
Recon™ Silver	26, 27.5, 29	100, 120						-	205 psi
	27.5	130	50-70 psi	70-85 psi	85-100 psi	100-120 psi	120+ psi		200 psi
	29	120							
Revelation™	27.5, 29	130							
Solo Air™	26, 27.5, 29	140	65-85 psi	75-100 psi	85-115 psi	95-125 psi	125+ psi	-	190 psi
	27.5	150							
Revelation	29	140							
Dual Position Air™	26, 27.5	150	<110 psi	110-125 psi	125-140 psi	140-155 psi	155-170 psi	170+ psi	255 psi
RS-1™	27.5, 29	100, 120	70-90 psi	90-105 psi	105-120 psi	120-135 psi	135+ psi	-	200 psi
	27.5, 29	130							
Sektor™ Gold	26, 27.5, 29	140	40-60 psi	60-75 psi	75-90 psi	90-105 psi	105+ psi	-	225 psi
	26, 27.5	150							
Sektor Silver	27.5, 29	130, 140	50-70 psi	70-85 psi	85-100 psi	100-120 psi	120+ psi	-	200 psi
	29	80				120-135 psi	135+ psi		
SID®	26, 27.5, 29, 29B*/27.5+	100	70-90 psi	90-105 psi	105-120 psi			-	200 psi
	26, 27.5, 29B*/27.5+	120							
	27.5, 29	120, 130, 140	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95-105 psi	105+ psi	163 psi
Yari™		150, 160	45.55	FF 65	65.75	75.05	05.05	05.	
Solo Air	275	170	45-55 psi	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95+ psi	148 psi
	27.5	180 35-45 psi 45-55 psi 55-6	55-65 psi	65-75 psi	75-85 psi	85+ psi	85+ psi		
Yari	27.5, 29	150, 160	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95-105 psi	105+ psi	163 psi
Dual Position Air	27.5	170, 180	45-55 psi	55-65 psi	65-75 psi	75-85 psi	85-95 psi	95+ psi	148 psi

FORK	WHEEL	TRAVEL (mm)	<132 lb (<60 kg)	132-155 lb (60-70 kg)	155-176 lb (70-80 kg)	176-198 lb (80-90 kg)	>198 lb (>90 kg)	MAX PSI
Paragon Gold	700c	50, 65	80-90 psi	90-100 psi	100-125 psi	125-135 psi	135+ psi	165 psi

\*Boost

## **Coil Springs**

FORK	<140 lb (<63 kg)		140-160 lb (63-72 kg)	160-180 lb (72-81 kg)	180-200 lb (81-90 kg)	200-220 lb (90-99 kg)
30™ Silver	Not Available Silver X-soft		Yellow Soft	Red Medium	Blue Firm	Black X-Firm
Argyle™	Yellow Soft	Red Medium	Blue Firm	Black X-Firm	Not Available	Pink XXX-Firm
BoXXer®						
Domain™			Yellow	Red Medium	Blue Firm	Black X-Firm
Domain Dual Crown		Silver X-Soft				
Lyrik™ RC2 DH 26"	Not Available		Soft			
Recon™ Silver						
Sektor™ Gold Dual Position Coil						
XC <sup>™</sup> 28 80 mm, 100 mm		Green X-Soft	Black Soft	Yellow Medium	Red Firm	Not Available
XC 28 120 mm		Not Available		Red Medium	Blue Firm	Not Available
XC 30	Not Available	Silver X-Soft	Yellow Soft	Red Medium	Blue Firm	Black X-Firm



