## HOW DO YOU LEAD?

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### How Do You Lead?

Built upon Leaders' Actions Speak but Their Talk Matters articles and workshops by David Verble

- http://www.verbleworthverble.com/our-team/david-verble-m-s/
- http://www.lean-transform.com/our-partners/david-verble/
- https://www.lean.org/the-lean-post/articles/ want-to-be-a-better-leader-and-coach-listen-to-yourself/
- https://lean.org.hu/wp-content/uploads/2022/02/ How-Lean-leaders-lead-david-verble.pdf





### Possible Outcomes Today

- Something you can apply with your own teams and colleagues to enhance current team dunamics & communication
- Opportunity to identify where you are now
- Gain a better understanding into your own style
- Gain awareness of how others see you
- But I'm curious why you're here...



### **Today's Workshop Format**

- Triad Activity
- Coding of Statements
  - 3 rounds + debrief
- Open Discussion



# **ACTIVITY**

### How Do You Lead? - Activity

- Organize yourselves into groups of three
- Determine who will start in each of the following roles:
  - Observer
  - Manager / Coach
  - Problem Owner
- Don't worry, we'll do this three times, so you'll have a chance to be in each of the roles!



### How Do You Lead? - Activity

- Problem Owner:
  - Talk about a real problem / situation in your professional life
- Manager / Coach:
  - Talk about the problem with the Problem Owner as you normally would; don't do anything that doesn't come naturally to you
- Observer:
  - Record, <u>verbatim</u>, the first 10-15 things the Manager / Coach says in the discussion on the Observation Log



### How Do You Lead? - Round 1

■ Each round will last for 5 minutes

At the end of the five minutes, switch roles and continue

 There is no discussion, and no debrief between rounds





- Problem Owner:
  - Talk about a real problem / situation in your professional life
- Manager / Coach:
  - Talk to the Problem Owner as you normally would

# Time's Up!

- Observer:
  - Record exactly verbatim the first 10-15 things the Manager / Coach says on the Observation Log

Round 1

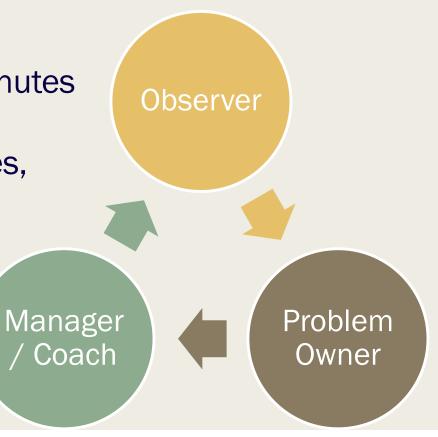
### How Do You Lead? - Round 2

Switch Roles

■ Each round will last for 5 minutes

At the end of the five minutes, switch roles and continue

 There is no discussion, and no debrief between rounds





- Problem Owner:
  - Talk about a real problem / situation in your professional life
- Manager / Coach:
  - Talk to the Problem Owner as you normally would

# Time's Up!

- Observer:
  - Record exactly verbatim the first 10-15 things the Manager / Coach says on the Observation Log

### How Do You Lead? - Round 3

Switch Roles

Second round will last for 5 minutes

At the end of the five minutes, switch roles and continue

 There is no discussion, and no debrief between rounds





- Problem Owner:
  - Talk about a real problem / situation in your professional life
- Manager / Coach:
  - Talk to the Problem Owner as you normally would

# Time's Up!

- Observer:
  - Record exactly verbatim the first 10-15 things the Manager / Coach says on the Observation Log

### You Did It!

- Observers:
  - Give the Observation Log you completed to the Manager / Coach you observed
- Manager / Coach:
  - Read what you said
- Now what?



### Coding

- If the item is a "Tell" or "Statement"
  - A comment, suggestion, impression, idea
  - Code it using "TS"
- If the item is a "Question"
  - Code it using "Q"



### **Coding Questions**

- If the item is a "Tell" masquerading as a "Question"
  - Add the coding "TS"
    - So it would be "QTS"
- If the "Question" is a "Leading Question"
  - Add the coding "L"
    - So it would be "QL"



### **Coding Questions**

- If it is an Open Ended question
  - Add the code "O"
    - So it would be "QO"
- If it is a Closed Ended question
  - Add the code "C"
    - So it would be "QC"



### **Coding Questions**

- For both Open & Closed Questions...
- If the Question is based on what you think, want to suggest, or assume about the situation
  - Add "MT" to the coding
    - As in: My Thinking
- If the Question is based on what the other person knows, thinks, or feels
  - Add "HT"
    - As in: His/Her/Their Thinking



### **Coding Summary**

Code	Description
TS	Tell
QTS	Tell masquerading as a question
QL	Leading question
QOMT	Open-ended question, reflecting my thinking
QCMT	Close-ended question, reflecting my thinking
QOHT	Open-ended question, reflecting the other person's thinking
QCHT	Close-ended question, reflecting the other person's thinking



#### Considerations

- Are most of your items Asking or Telling?
- Were your questions Open, Closed, or Leading?
- Were your question based on what you were thinking, or what you wanted to learn about the other person knows and was thinking?
- Did you mostly use questions to confirm things you already knew (or thought), or did you learn and explore about things you did not know?
- Is one approach better than another?







### How Do You Lead?

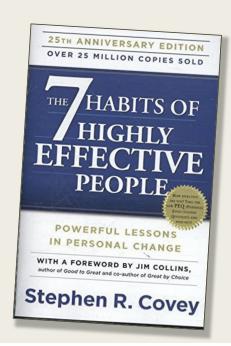
- You can repeat this activity anytime on yourself
- With permission for others in the meeting
  - Seriously, don't do it without others knowing that's not right!
  - Let them know what you're doing, and why that's it's only about what you're saying
- On your phone, find the "Voice Memo" (or similar) app
- Open it up and start recording
  - Put the phone in your pocket, or on the desk
- Don't think about it until after the meeting or conversation
- Go back and listen to yourself...





### How Do You Lead?

"Most people do not listen with the intent to understand; they listen with the intent to reply."





### One Other Resource

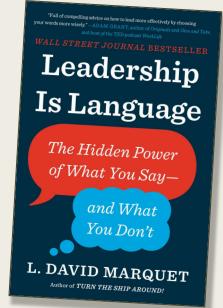
I can't complete this without provide a reference to a book by L. David Marquet, "Leadership is Language"

- This book is not directly connected to the material

or activities we've covered today, directly...

 It's a wonderful source to continue learning about how the language we use can impact others, and impact the outcomes we can achieve





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