

1 Qubit Relaxation Time

1.1 The quasi-static limit

We can start by looking at

$$\chi_{zz}^E(z, z, \omega) = \frac{\hbar}{\epsilon_0} \operatorname{Re} \int_0^\infty dp \frac{p^3}{q} e^{2iqz} r_p(p) \quad (1)$$

Here, we have

$$q = \begin{cases} \sqrt{\frac{\omega^2}{c^2} - p^2}, & p^2 \leq \frac{\omega^2}{c^2} \\ i\sqrt{p^2 - \frac{\omega^2}{c^2}}, & p^2 > \frac{\omega^2}{c^2} \end{cases} \quad (2)$$

If we look at the case where $\omega = 6\pi \times 10^8 \text{ s}^{-1}$, the cutoff for real or imaginary q will be when $p = 2\pi \text{ m}^{-1}$.

If we assume that r_p doesn't decay too quickly, this integral will be dominated by values of p larger than this, which lets us make the substitution that $\frac{\omega}{c} \rightarrow 0$, which means this integral will reduce to

$$\chi_{zz}^E(z, z, \omega) = \frac{\hbar}{\epsilon_0} \int_0^\infty dp p^2 e^{-2pz} \operatorname{Im} r_p(p, \omega) \quad (3)$$

The note that we're effectively taking $c \rightarrow \infty$ is important, as we still shouldn't necessarily assume that we can take $\omega \rightarrow 0$ in r_p .