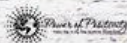



Sometimes we're
tested, not to show
our weakness,
but to discover our
strength.



CAMP CORONA

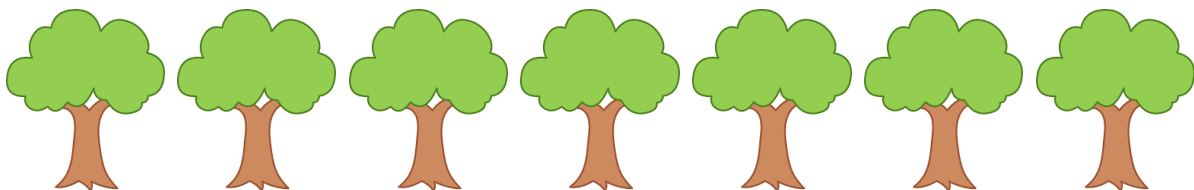
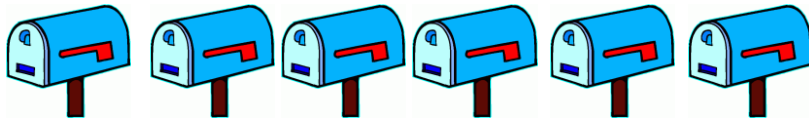
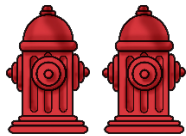
Schedule

7:00-7:30	breakfast. Make it something special.
7:30-7:45	kitchen cleanup
7:45-8:00	davening
8:00-8:45	Pesach cleaning – empty a drawer, spray and wipe. Mama puts things back.
8:45- 9:00	get dressed
9:00-10:00	scavenger hunt - see next page for details
10:00-10:15	snack time
10:15-11:00	free play – Mama gets to breathe and recharge
11:00-11:15	story time with Mama Bear
11:15-11:45	project time – do 1 page of hagaddah every day
11:45- 12:00	clean up project and set table for lunch while Mama prepares food
12:00-12:30	lunch time
12:30-12:45	clean up, wash dishes, soak pots, sweep floor
12:45-1:30	time to go outside again – bikes? bubbles? Races?
1:30-1:45	quiet time (screen time)
1:45-2:00	educational session: learn about Pesach
2:00-2:15	Follow the Leader or Punchinello
2:15-2:30	The Spider game (directions below)
2:30-2:45	IDK it's after midnight. They're your kids. Figure it out. Leave me alone. 
2:45-3:00	Dance time/exercise (See ideas below)
3:00-3:15	snack time
3:15-3:30	Attack Abba!!!!
3:30 – 5:00	Abba takes children to the park
5:00-5:30	supper
5:30 -6:00	baths, PJs, brush teeth
6:00-6:30	talk about what worked and what didn't, plan for tomorrow, start a group diary

6:30

bedtime. Parents collapse. See you tomorrow

SCAVENGER HUNT



The Spider Game

Think of this as a way to chase kids without actually, you know, standing up. It's basically a classic "cat and mouse" game except that the cat is very tired and doesn't want to move — in other words, a realistic cat and mouse game. . It's designed to help you tire out kids who have a lot of extra energy without moving from a seated position.

Prep Time: None

Realistic Time It Will Entertain a Child: 20 minutes

How To Set Up: Find a blanket, ideally something sized for a crib or a stroller. Kitchen napkins or even rags work as well.

How to Play: The player who is designated as the "Spider" (that's you) holds the blanket like a toreador. The other player (that's the child) runs in a designated path around the Spider who tries to catch them by throwing the blanket, their "spider silk." If it touches the child, they are considered caught and the game begins again. For kids, this is a game of boundary testing. Miss a few times and they'll start moving closer. That's when you get 'em.

Exercise ideas:

I'm gonna catch you. You'd better run.

https://www.youtube.com/watch?reload=9&v=0wSx86I_D94

Wiggle in My Toe

<https://www.youtube.com/watch?v=dyNCIOyKwN0>

Lets Go Fly a Kite

<https://www.youtube.com/watch?v=xEnbREt0QKg>

Baby shark

<https://www.youtube.com/watch?v=FX20kcp7j5c>