

# **Decomposing the "active" learner: Effects of self-directed control on learning and memory**

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# Active vs. passive learning

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# Potential effects of “active” learning

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## Data-driven effects:

What is the *outcome*, in terms of the data experienced during learning?

Collect more informative data than is typically experienced

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Expose data that is unavailable from passive observation

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Generate data that tests current hypothesis

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# Potential effects of “active” learning

<b>Data-driven effects:</b> What is the <i>outcome</i> , in terms of the data experienced during learning?	<b>Decision-driven effects:</b> What processes are related to the <i>execution</i> of decisions?
Collect more informative data than is typically experienced	Recruitment of additional processes (e.g., prediction, explanation, etc.)
Expose data that is unavailable from passive observation	Improved attentional coordination with flow of experience
Generate data that tests current hypothesis	Inherent rewards or engagement associated with free choice and exploration

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# **Study 1: Selection vs. reception in perceptual category learning**

*Markant, D. and Gureckis, T. (in press). Is it better to select or receive? Learning via active and passive hypothesis testing. JEP:GEN.*

# Selection vs. reception

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- Long recognized as a basic distinction in concept learning (Bruner, Goodnow, Austin, 1956)
- Selection has most often been studied in context of hypothesis testing (e.g., card selection task, rule discovery task, diagnostic reasoning)
- Reception has been dominant mode of learning in many experimental traditions related to learning and memory

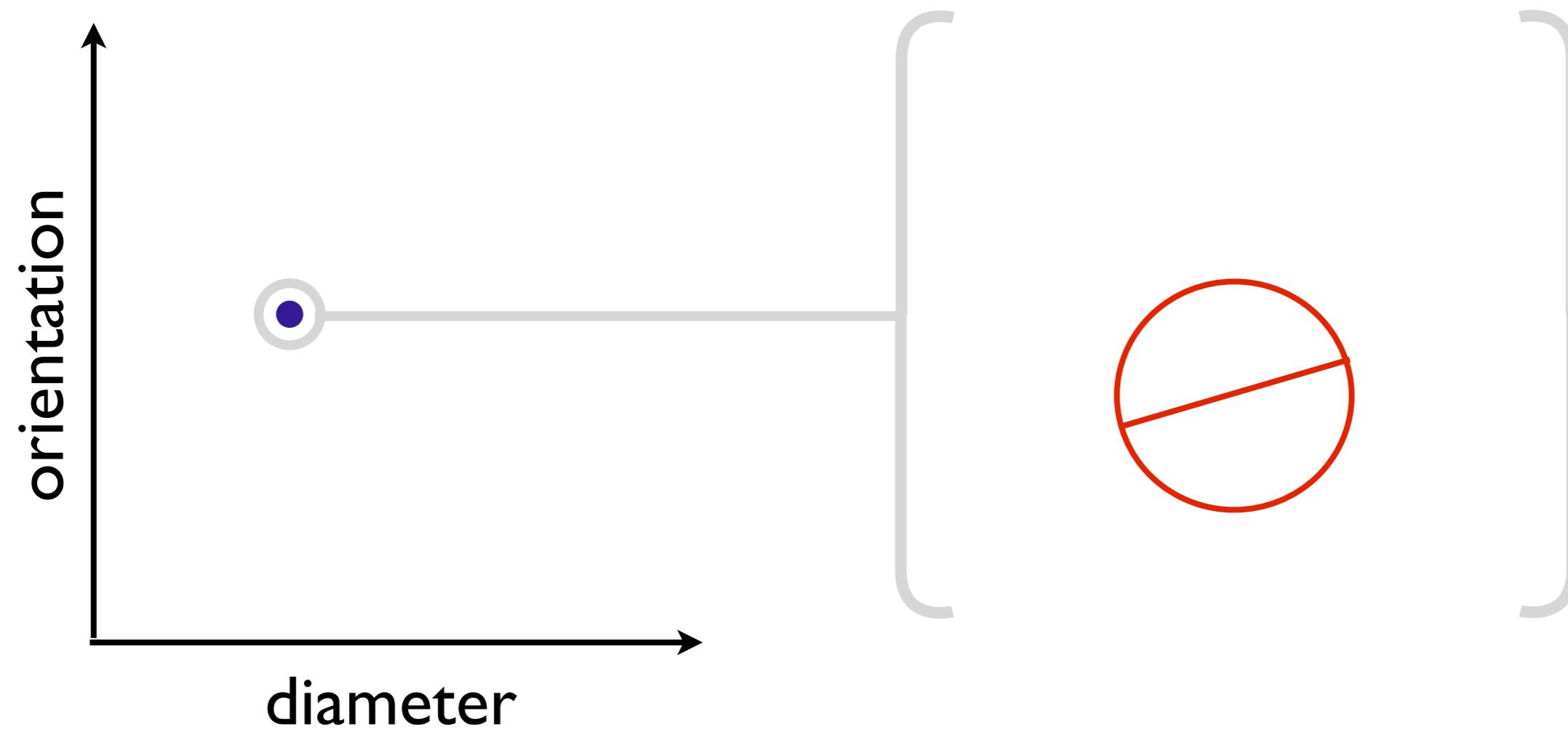
# Antenna learning

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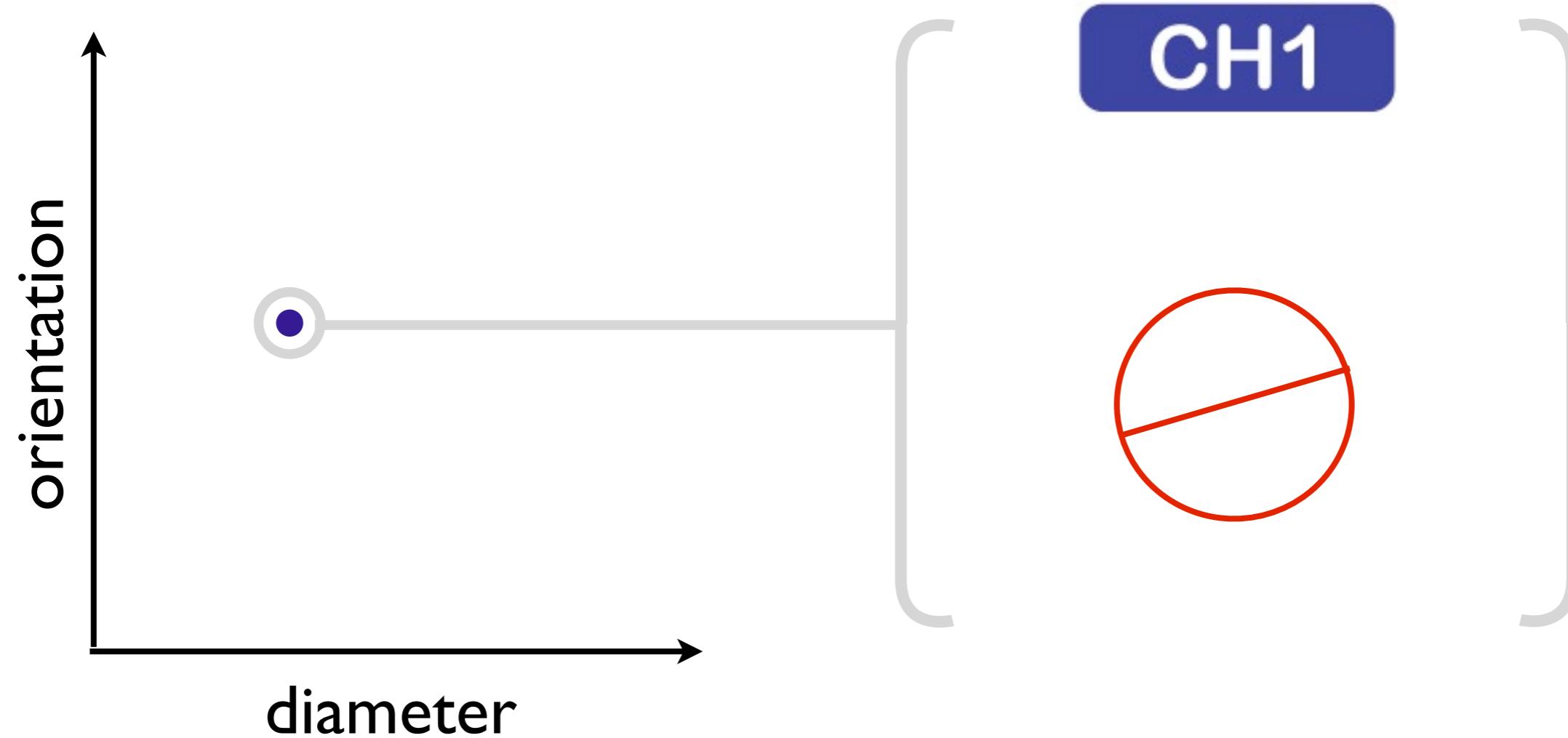
# Stimuli

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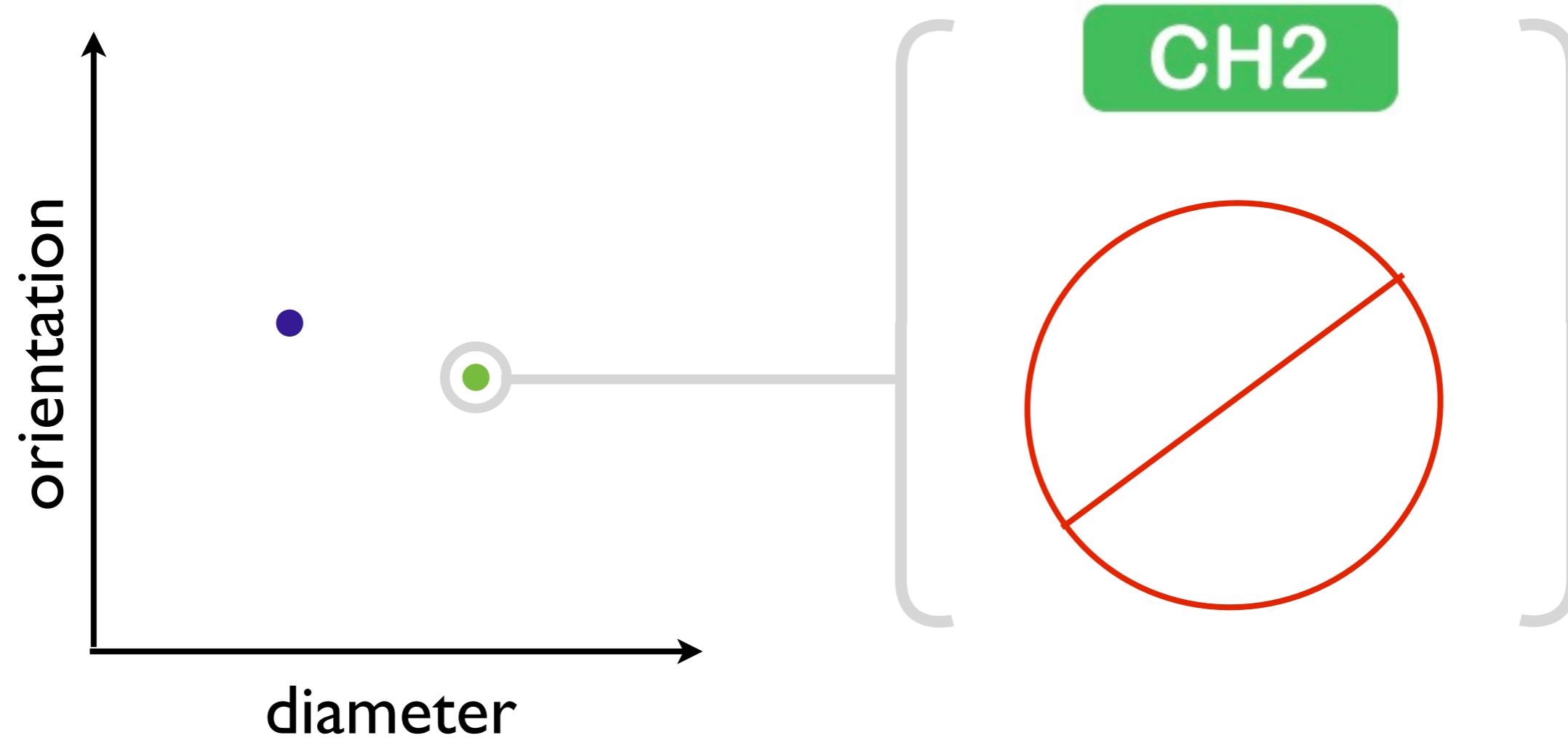
# Stimuli

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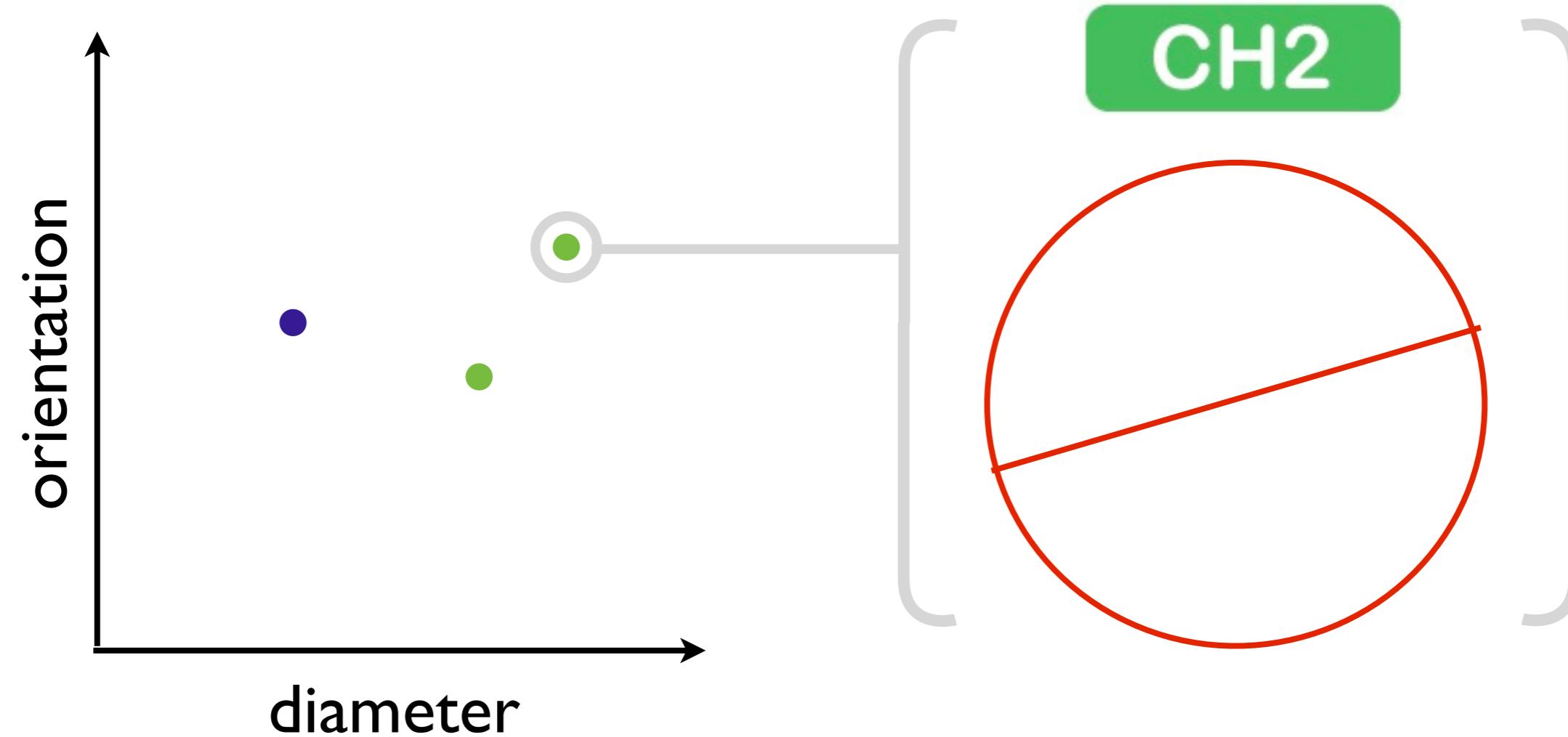
# Stimuli

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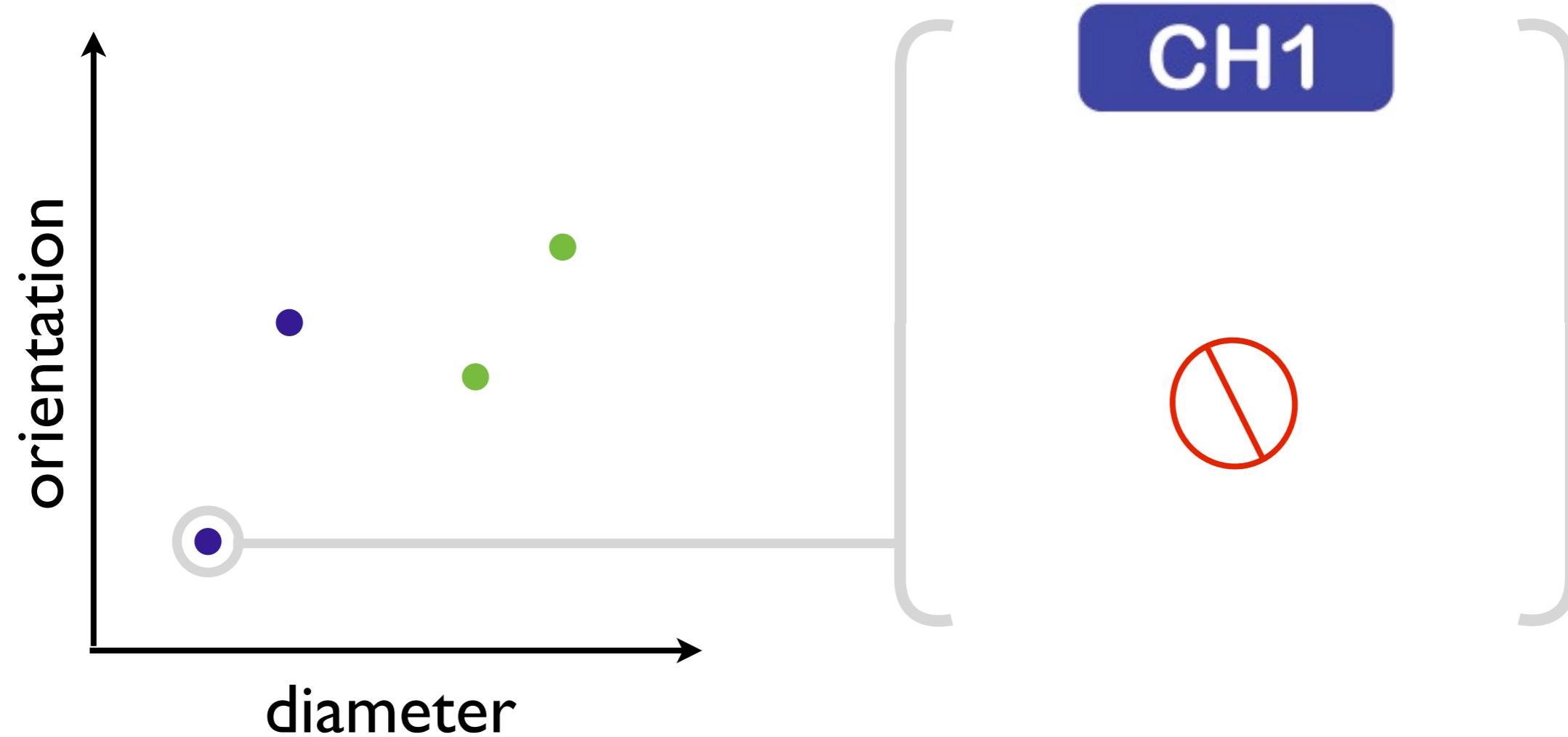
# Stimuli

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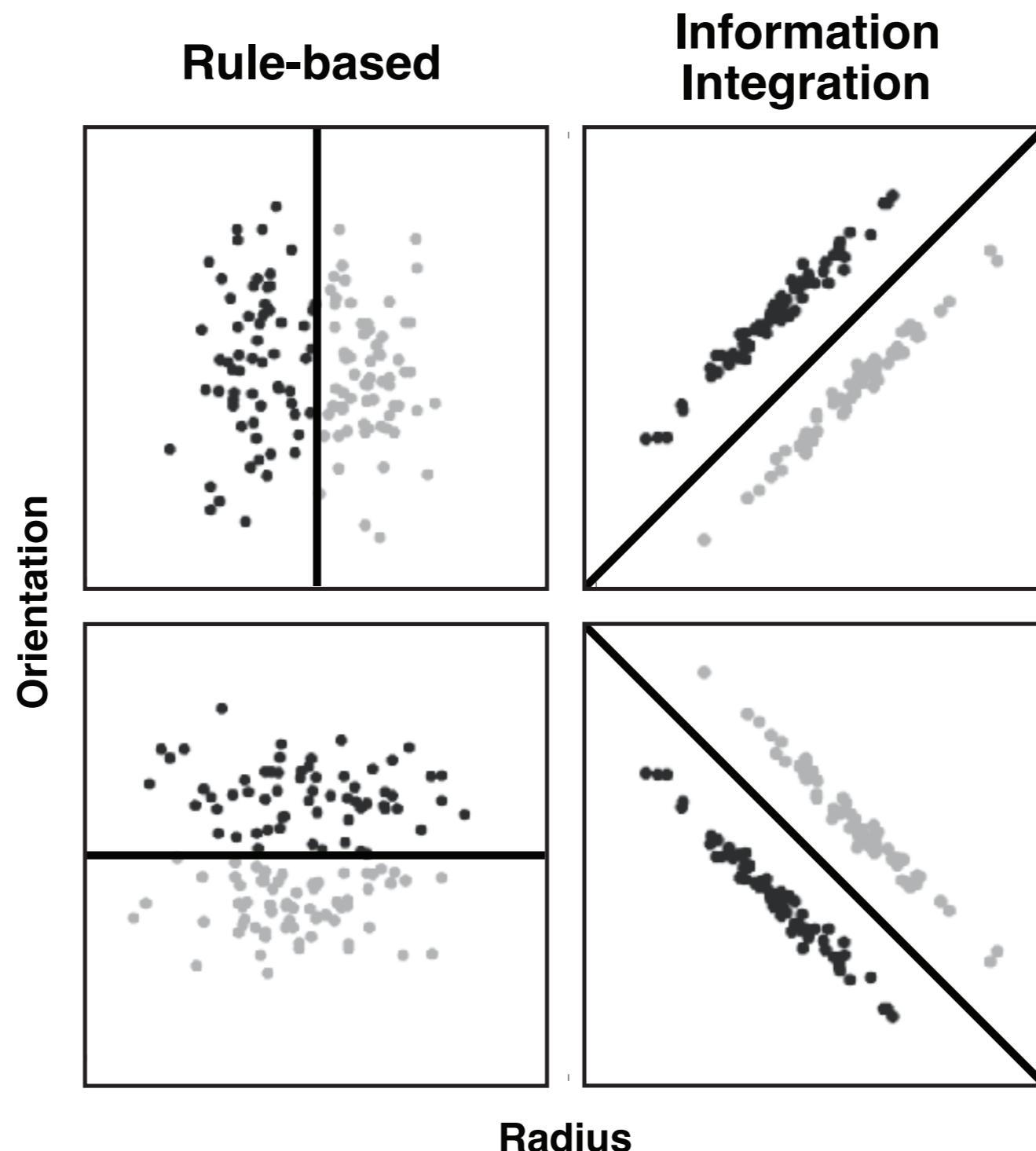
# Stimuli

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# Reception condition

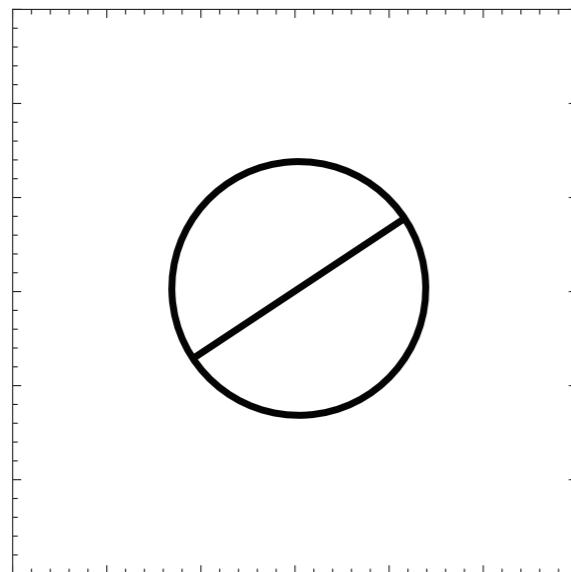
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Ashby, F.G, Maddox, W.T., and Bohil, C.J (2002), *Memory & Cognition*

# Selection condition

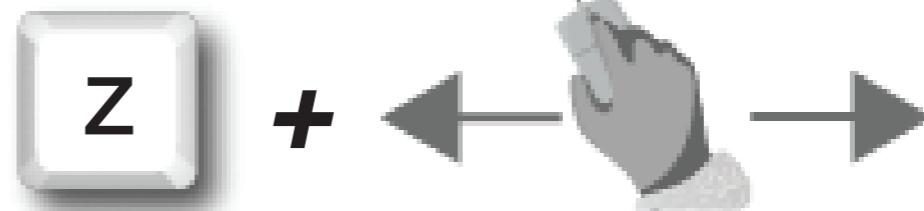
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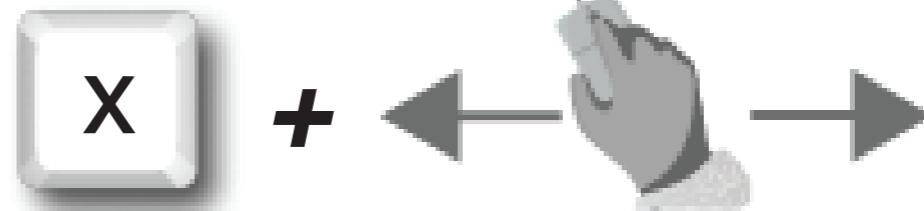
*“Adjust the antenna and click the mouse button to learn the station”*



**Change size:**



**Change angle:**



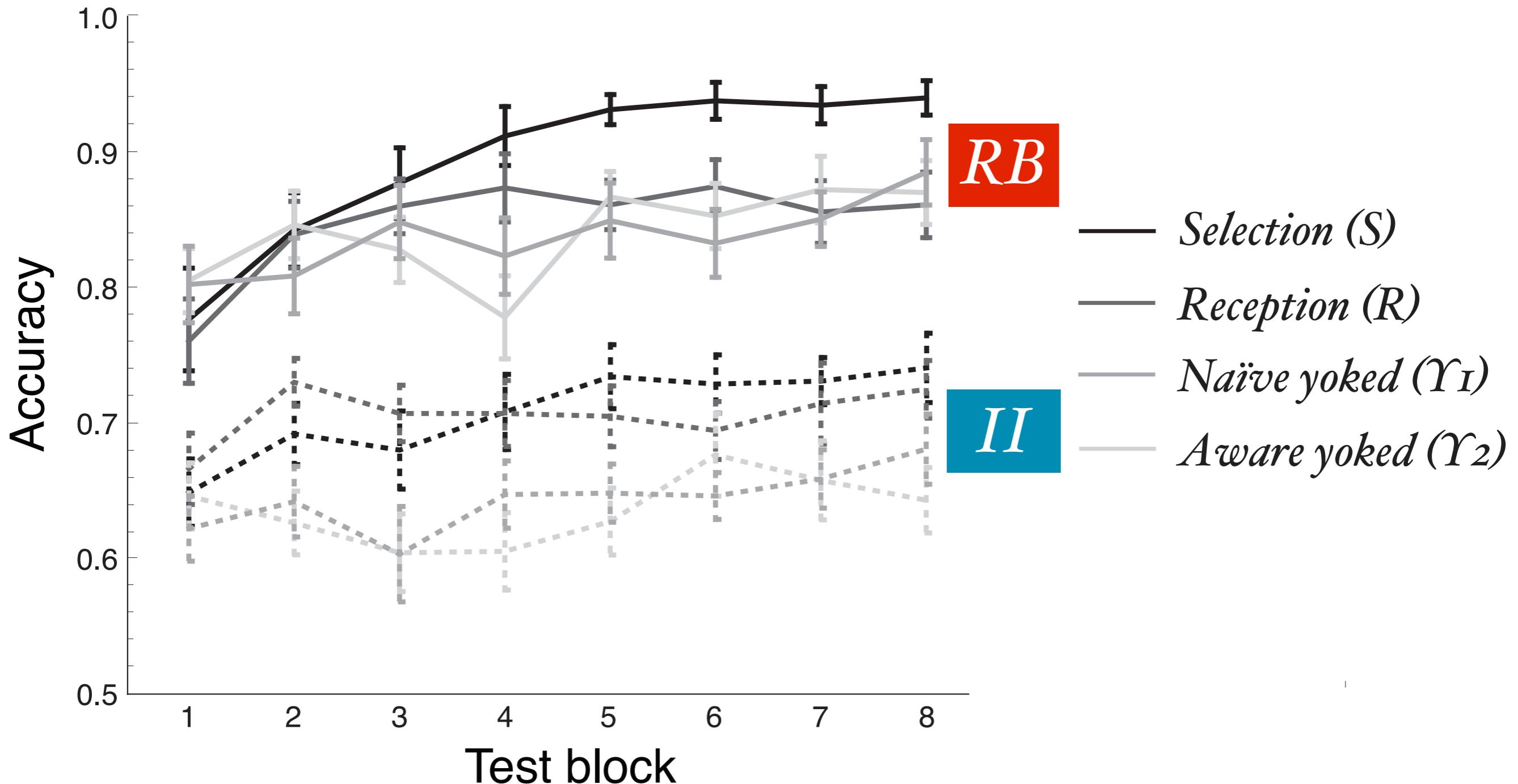
# Design

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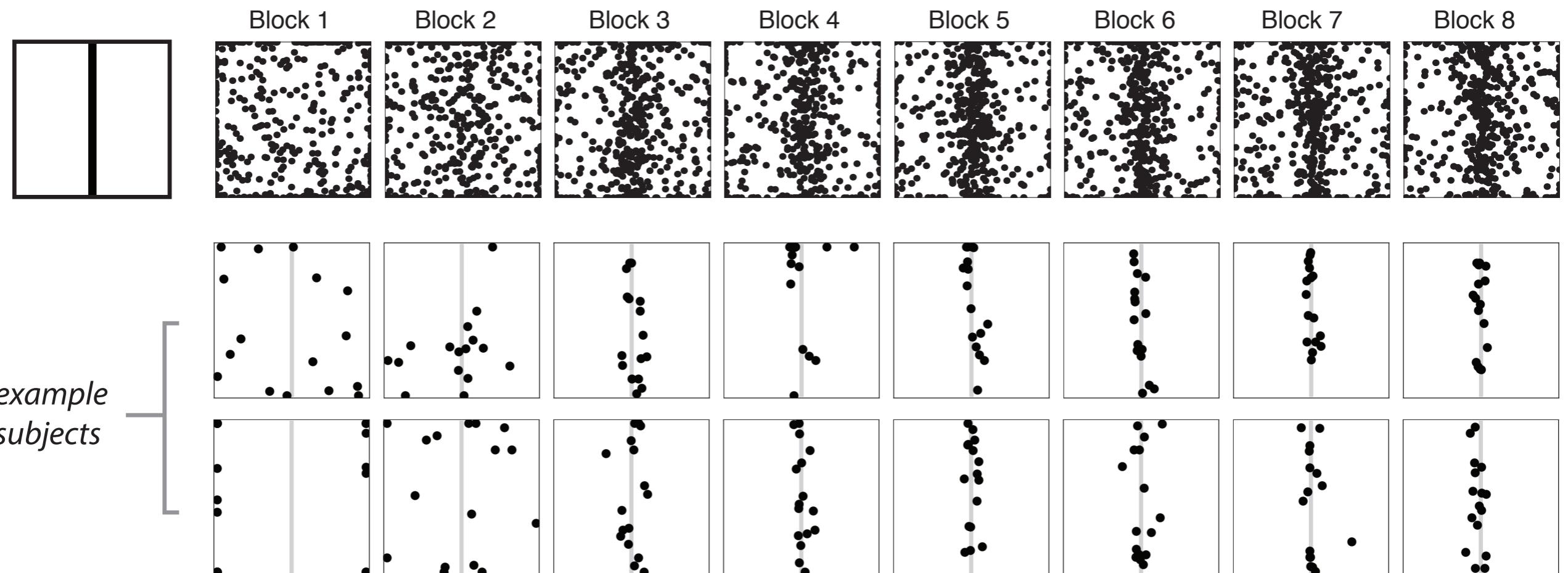
- Conditions
  - Reception
  - Selection
  - Yoked reception (Naive)
  - Yoked reception (Aware)
- Observational training
- 8 training blocks, 16 items each
- 8 test blocks, 32 items each

# Classification performance

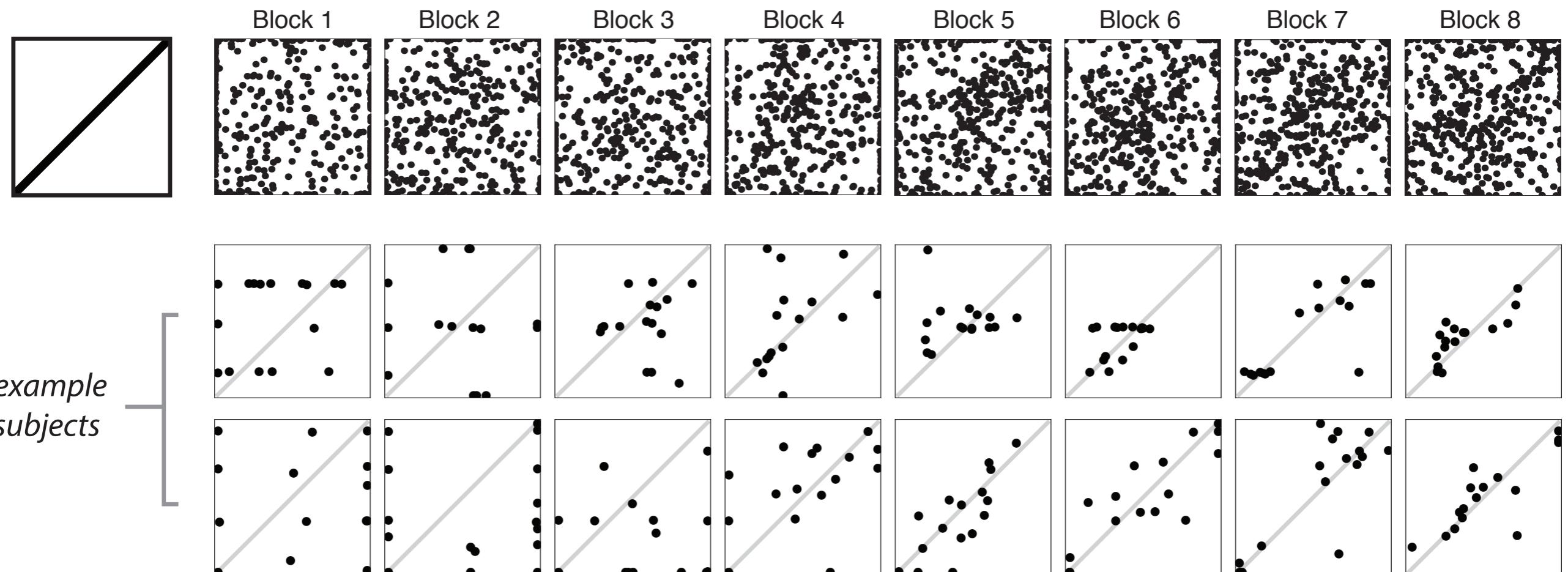
## Accuracy by test block



# Selections ( $RB$ )

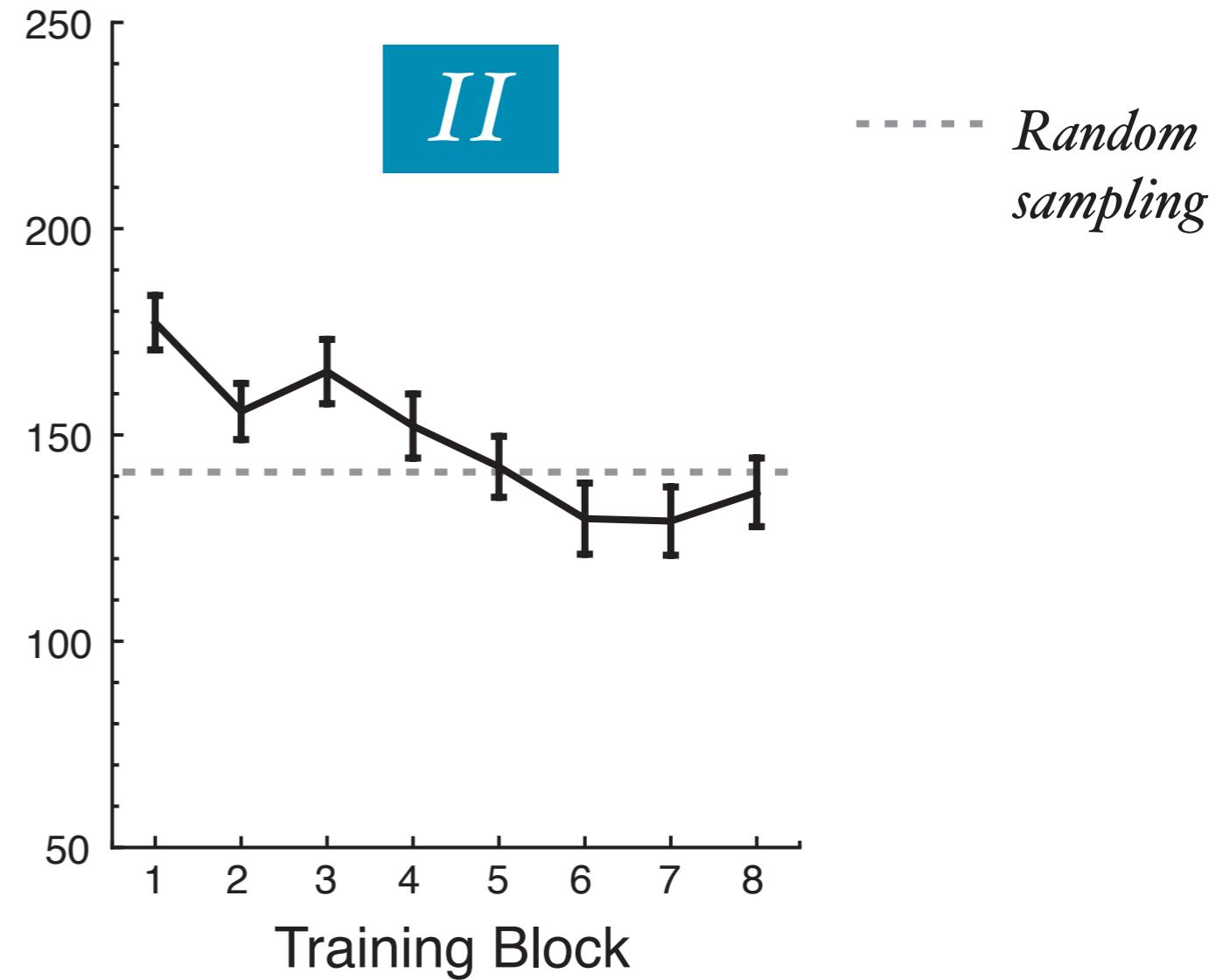
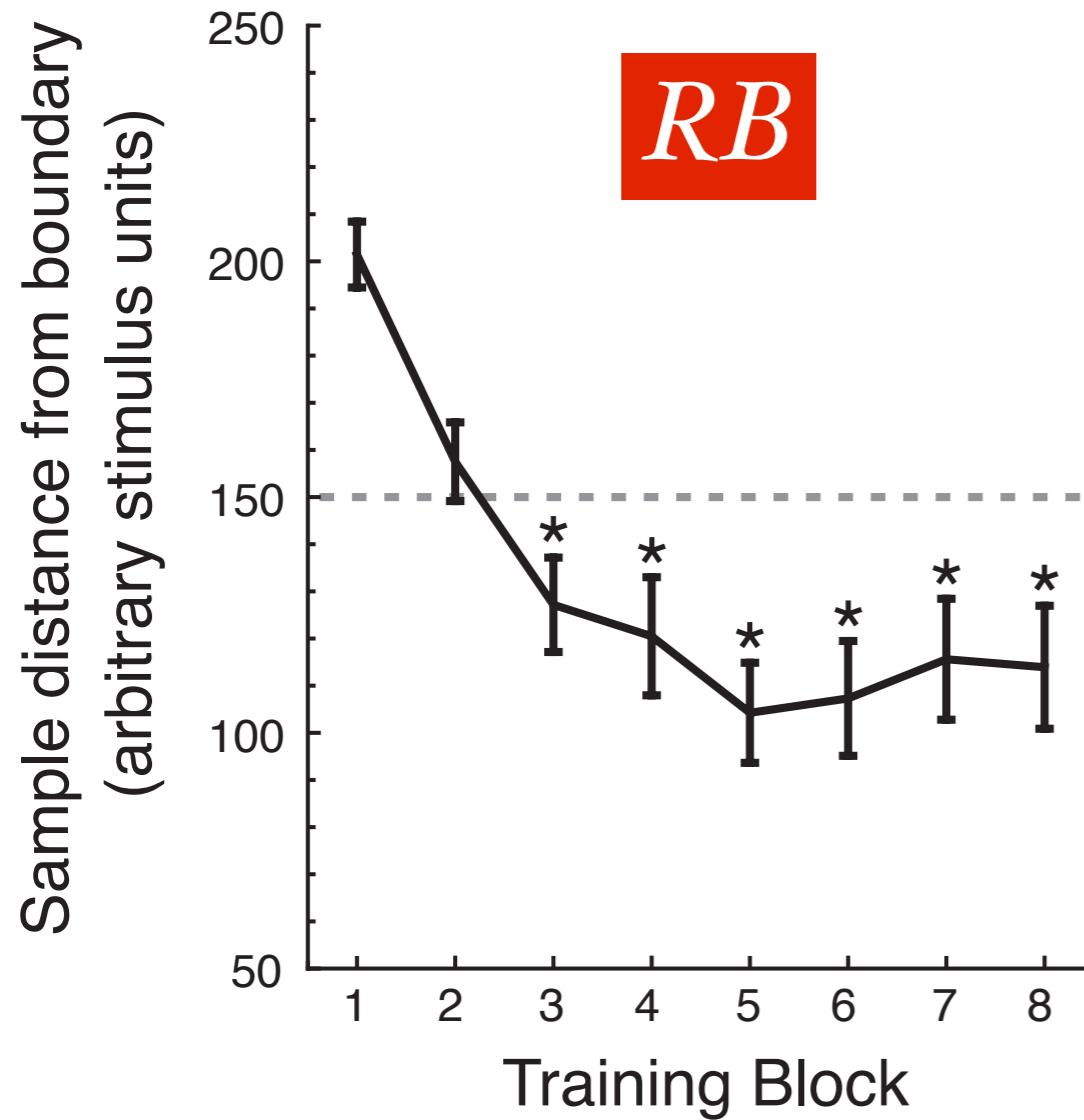


# Selections ( II )



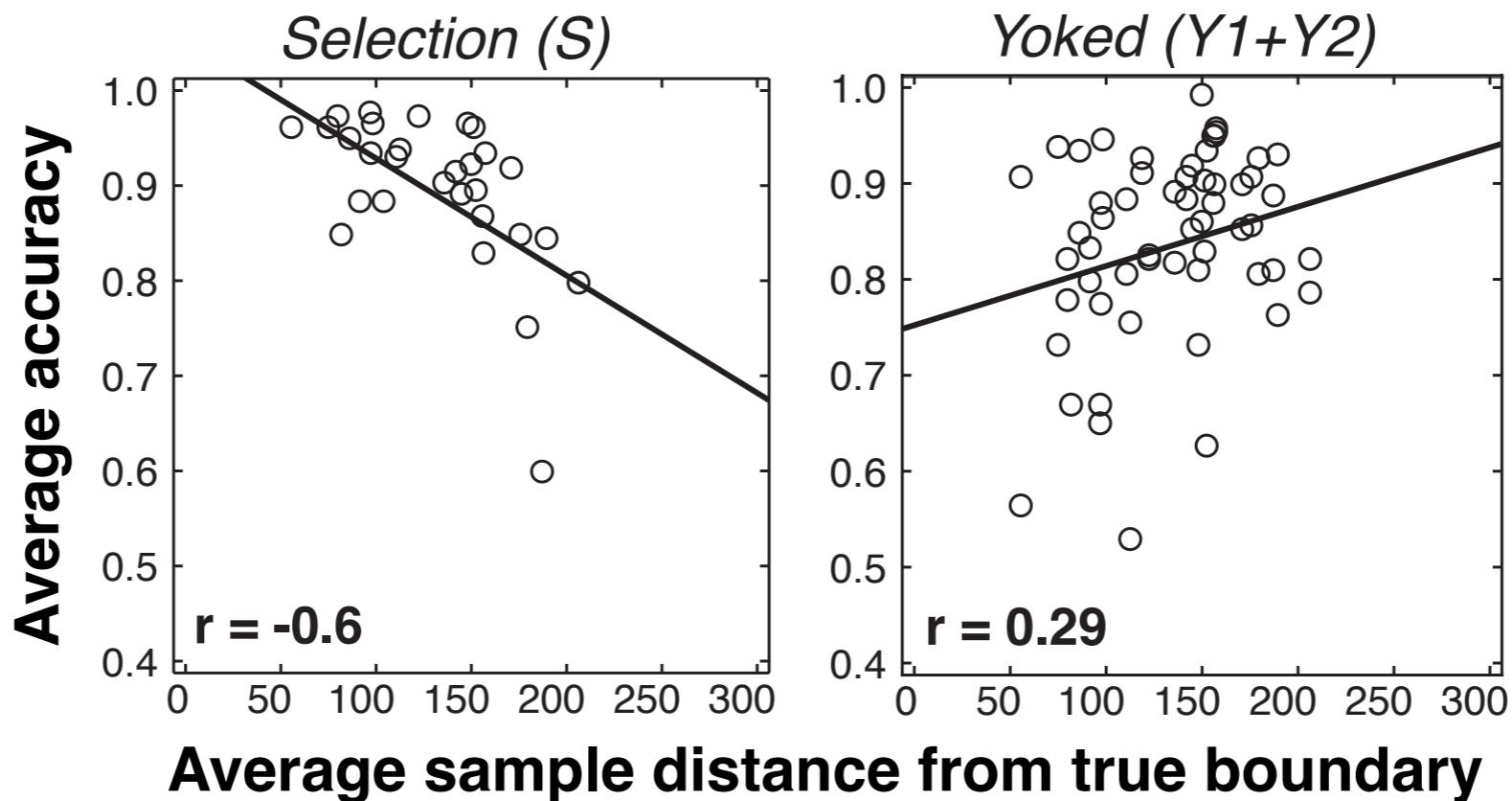
# Sampling behavior

Sample distance from true category boundary

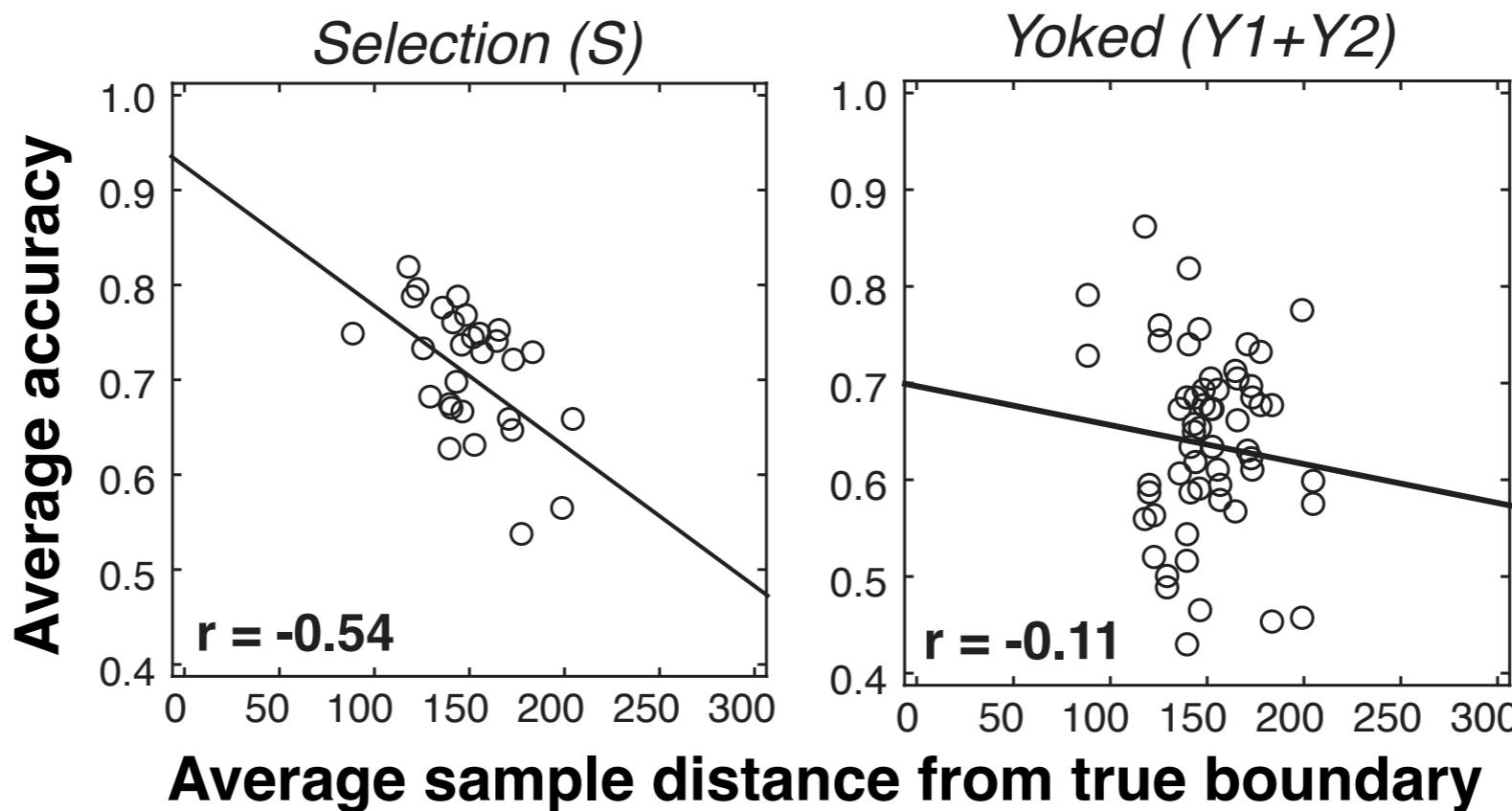


# Relating selections to learning

RB



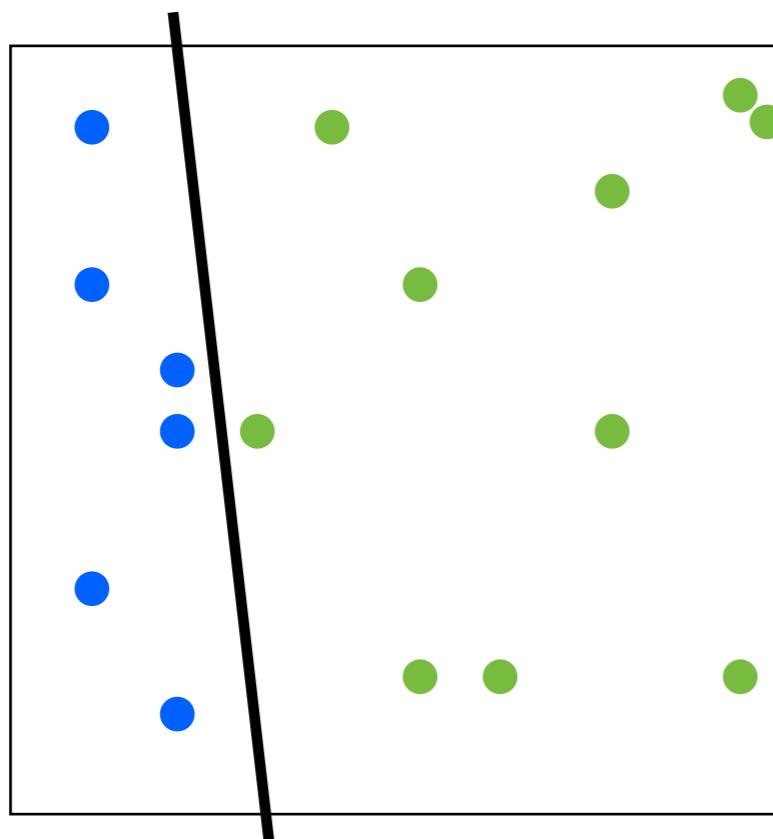
II



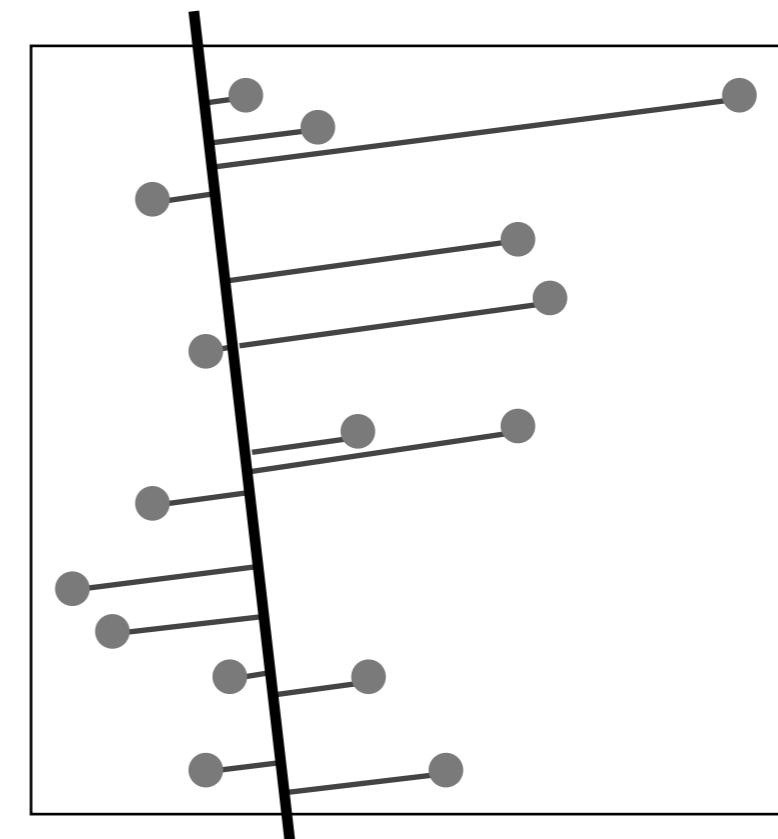
# “Subjective” sample distance

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Responses during test block

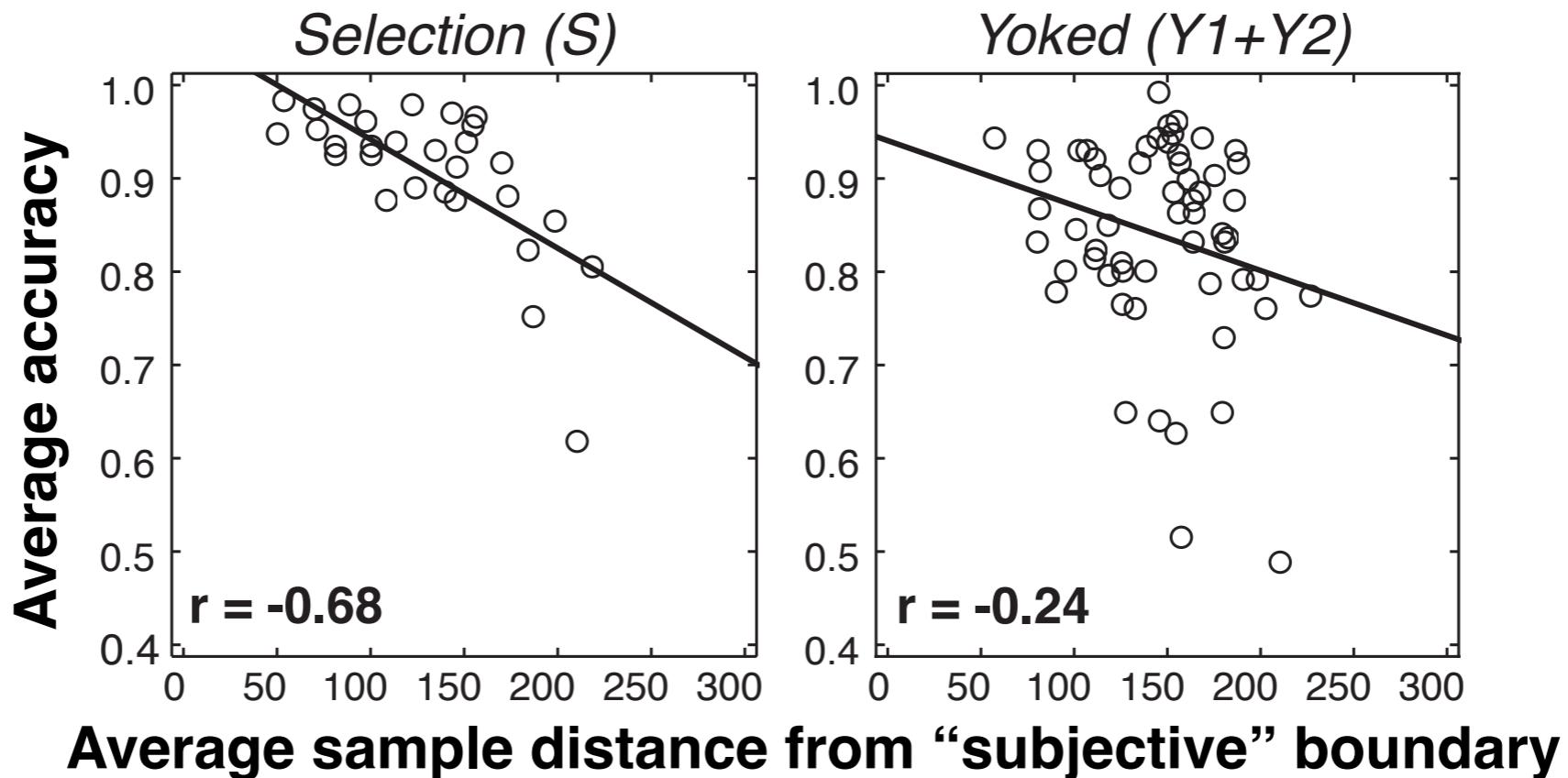


Items selected/observed during next training block

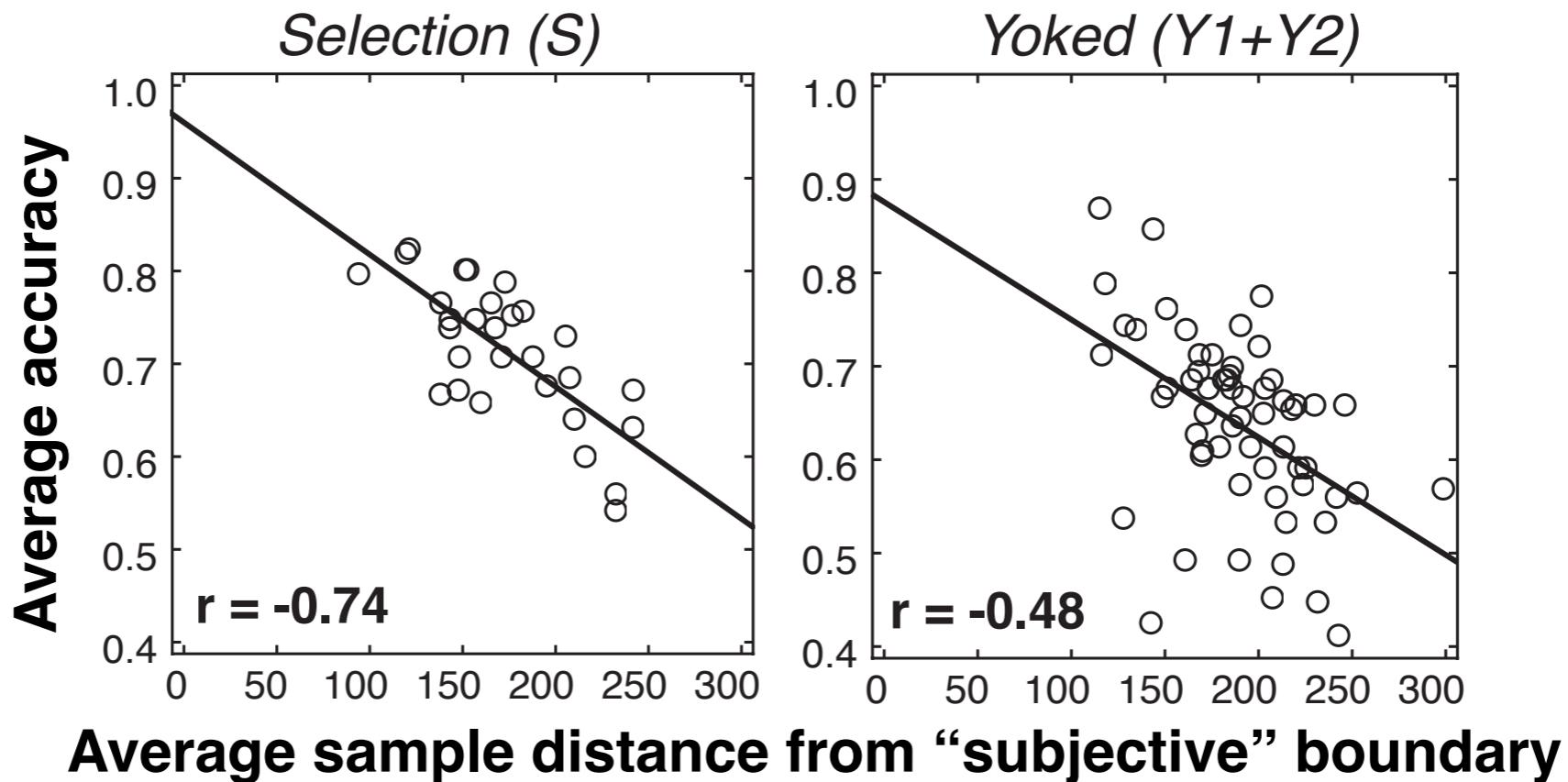


# “Subjective” sample distance

RB



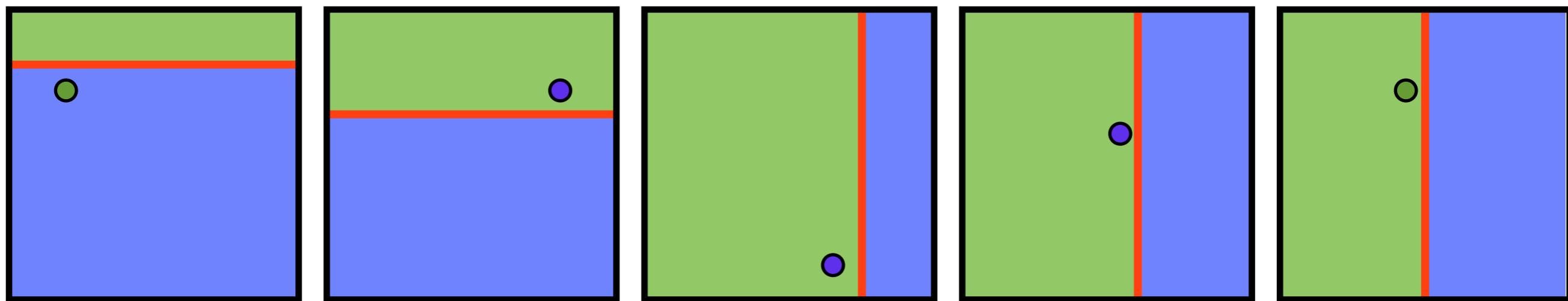
II



# Hypothesis-dependent sampling bias

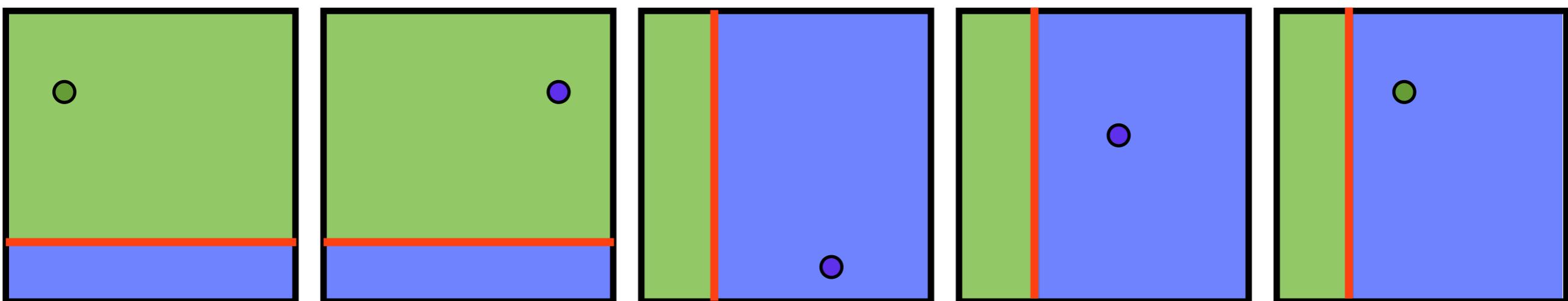
**Selection participant**

trial 1                    trial 2                    trial 3                    trial 4                    trial 5



**Yoked participant**

trial 1                    trial 2                    trial 3                    trial 4                    trial 5



# Model

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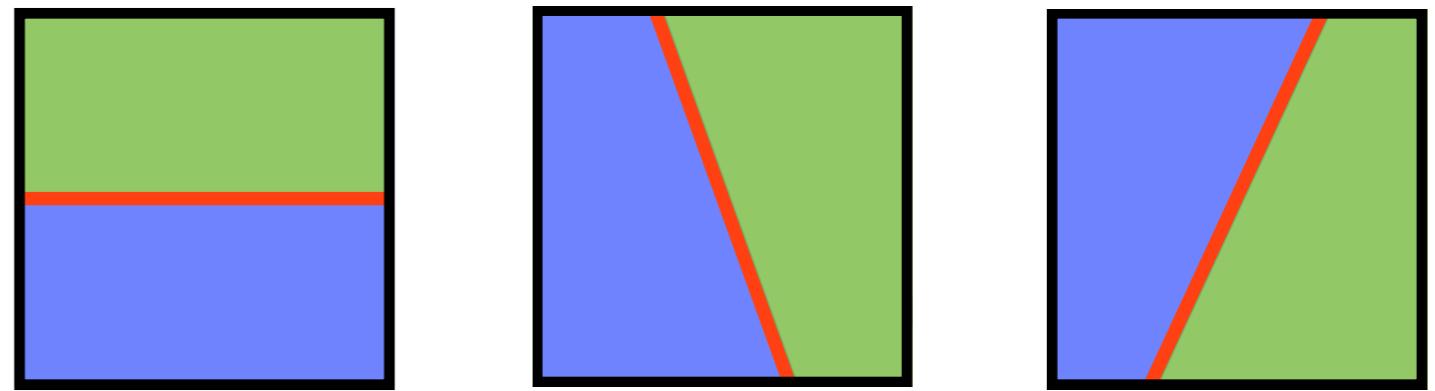
Hypothesis representation

$$h^t = (\theta^t, b^t)$$

Prior

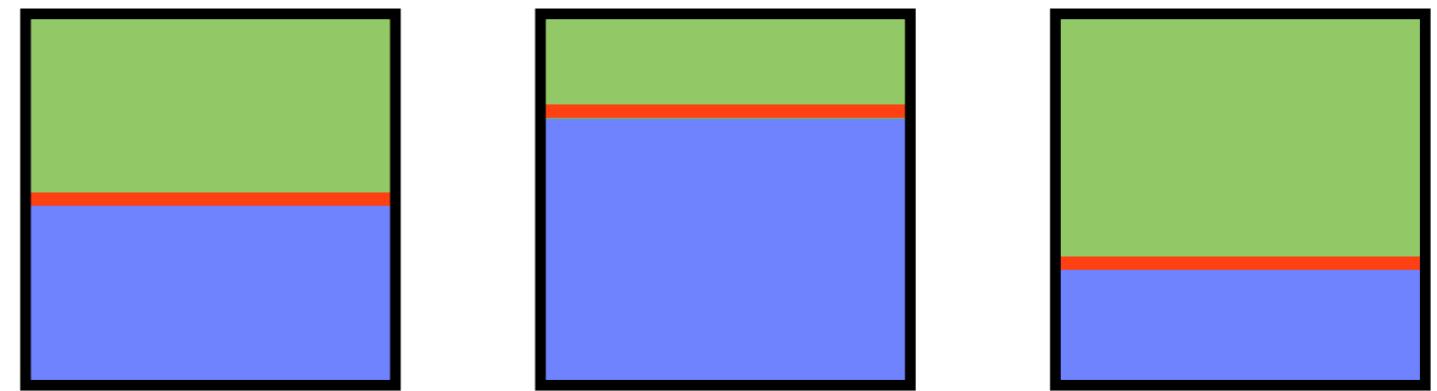
Hypothesis generation and updating

$\theta$  : Orientation of boundary



Item Memory

$b$  : Offset of boundary from center



Hypothesis-dependent sampling bias

# Model

Hypothesis representation

Prior

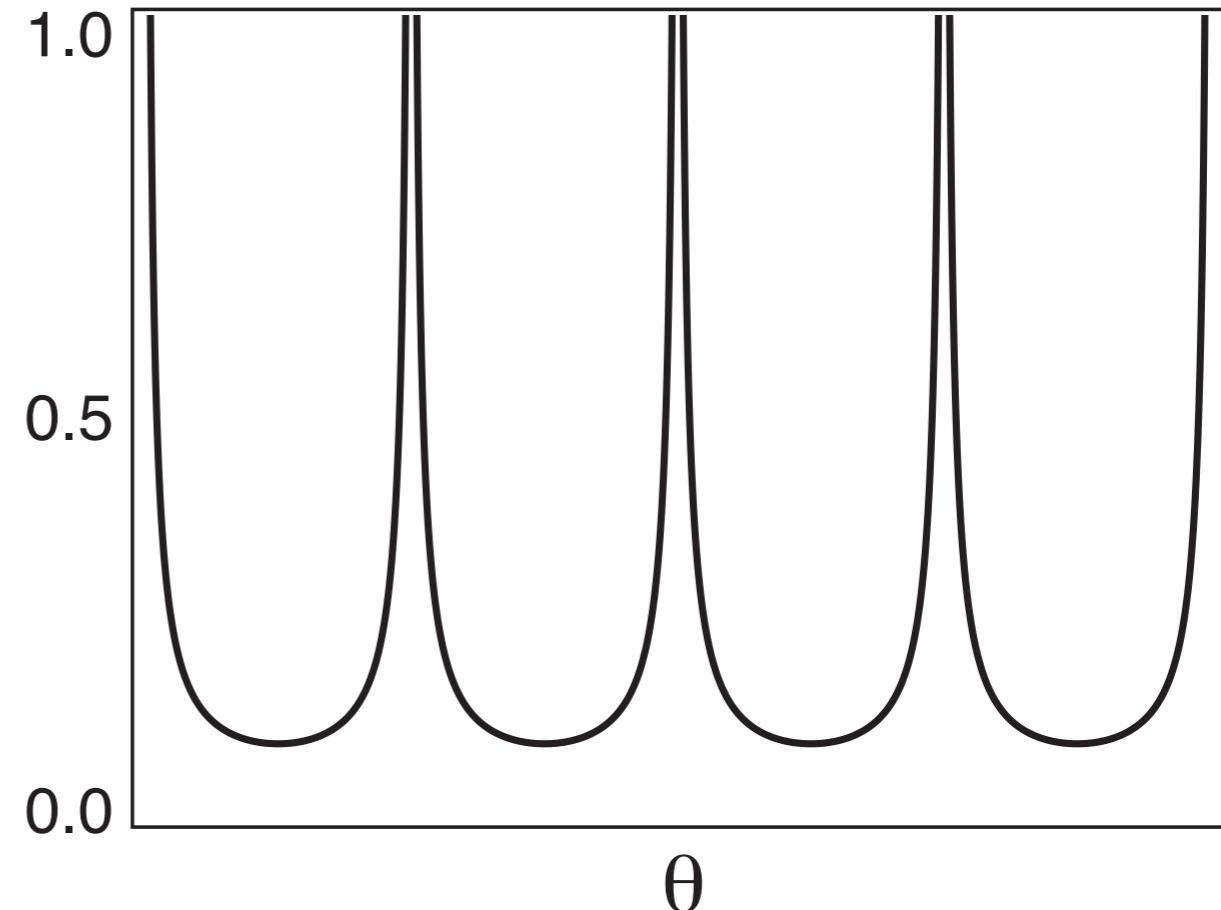
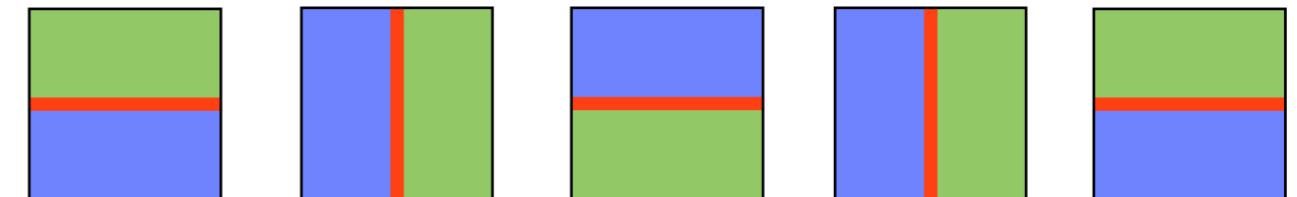
Hypothesis generation and updating

Item Memory

Hypothesis-dependent sampling bias

$\alpha$

Prior distribution over rule orientation ( $\theta$ )



$\alpha$  : controls strength of preference for unidimensional rules

# Model

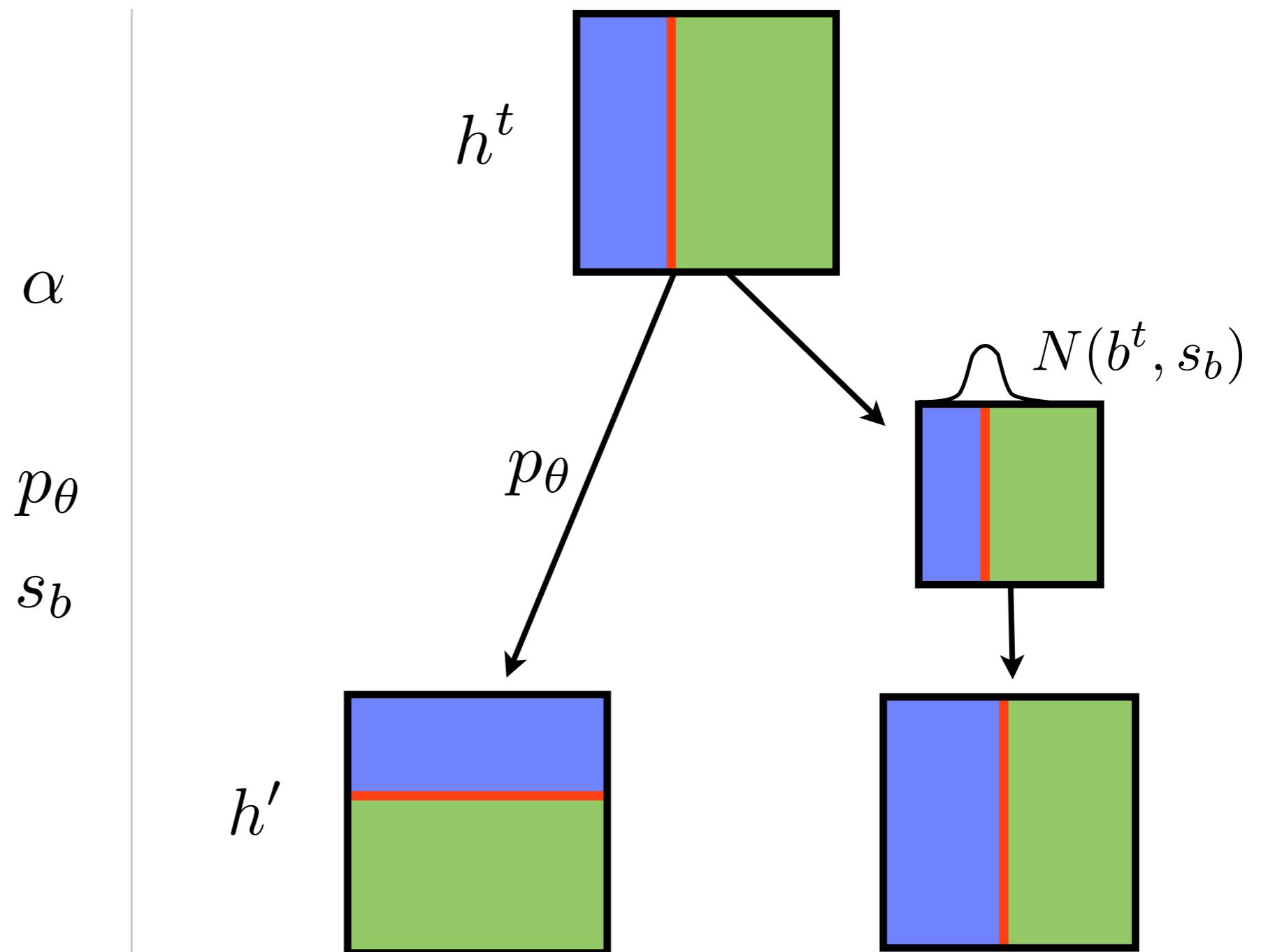
Hypothesis representation

Prior

Hypothesis generation and updating

Item Memory

Hypothesis-dependent sampling bias



$p_\theta$  : probability of modifying  $\theta$

$s_b$  : width of proposal distribution for  $b$

# Model

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Hypothesis representation

$\alpha$

$n$  : Number of recent observations stored in memory

Prior

$p_\theta$

$s_b$

Hypothesis generation and updating

Item Memory

$n$

Hypothesis-dependent sampling bias

# Model

Hypothesis representation

Prior

Hypothesis generation and updating

Item Memory

Hypothesis-dependent sampling bias

$\alpha$

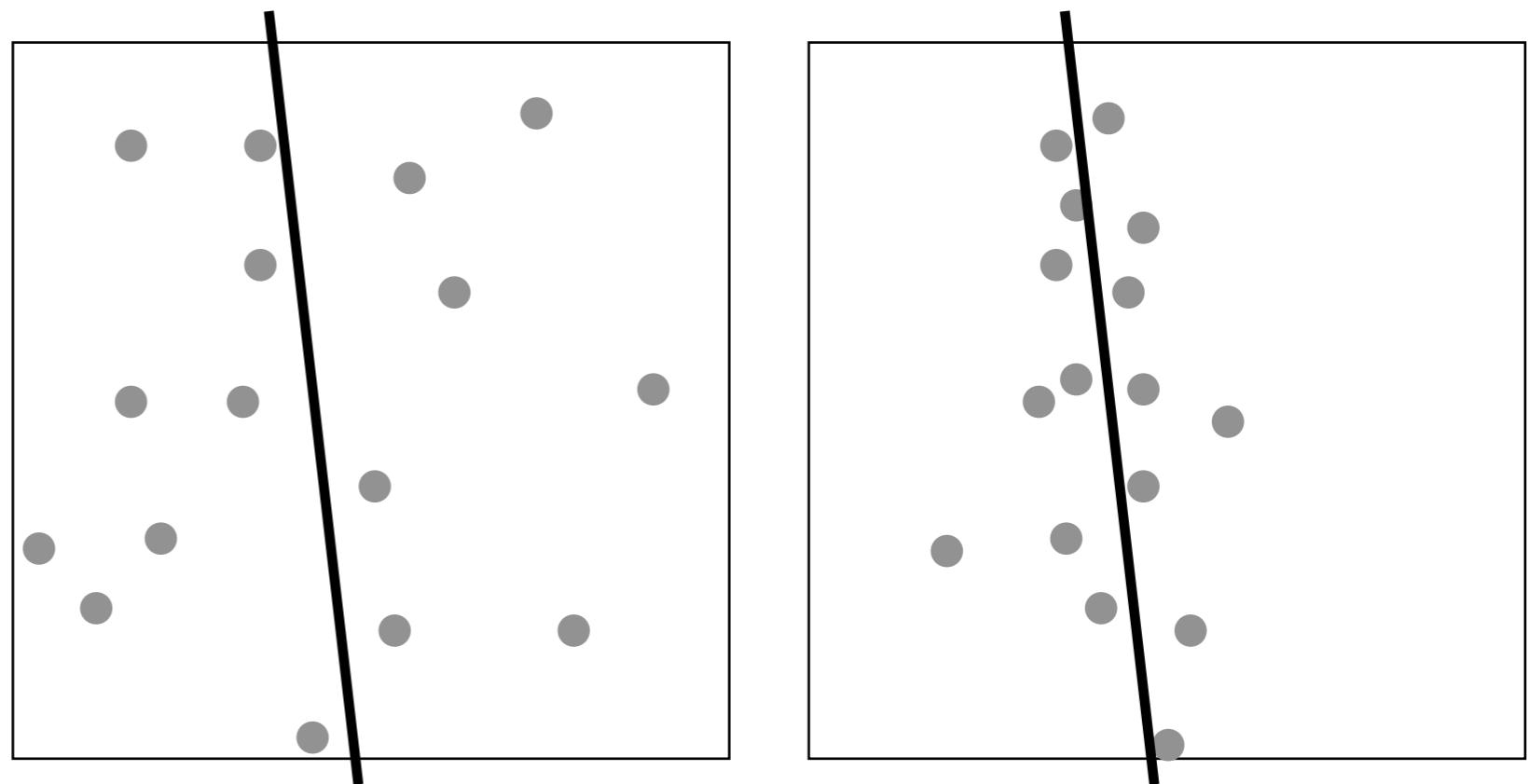
$p_\theta$

$s_b$

$n$

$S$

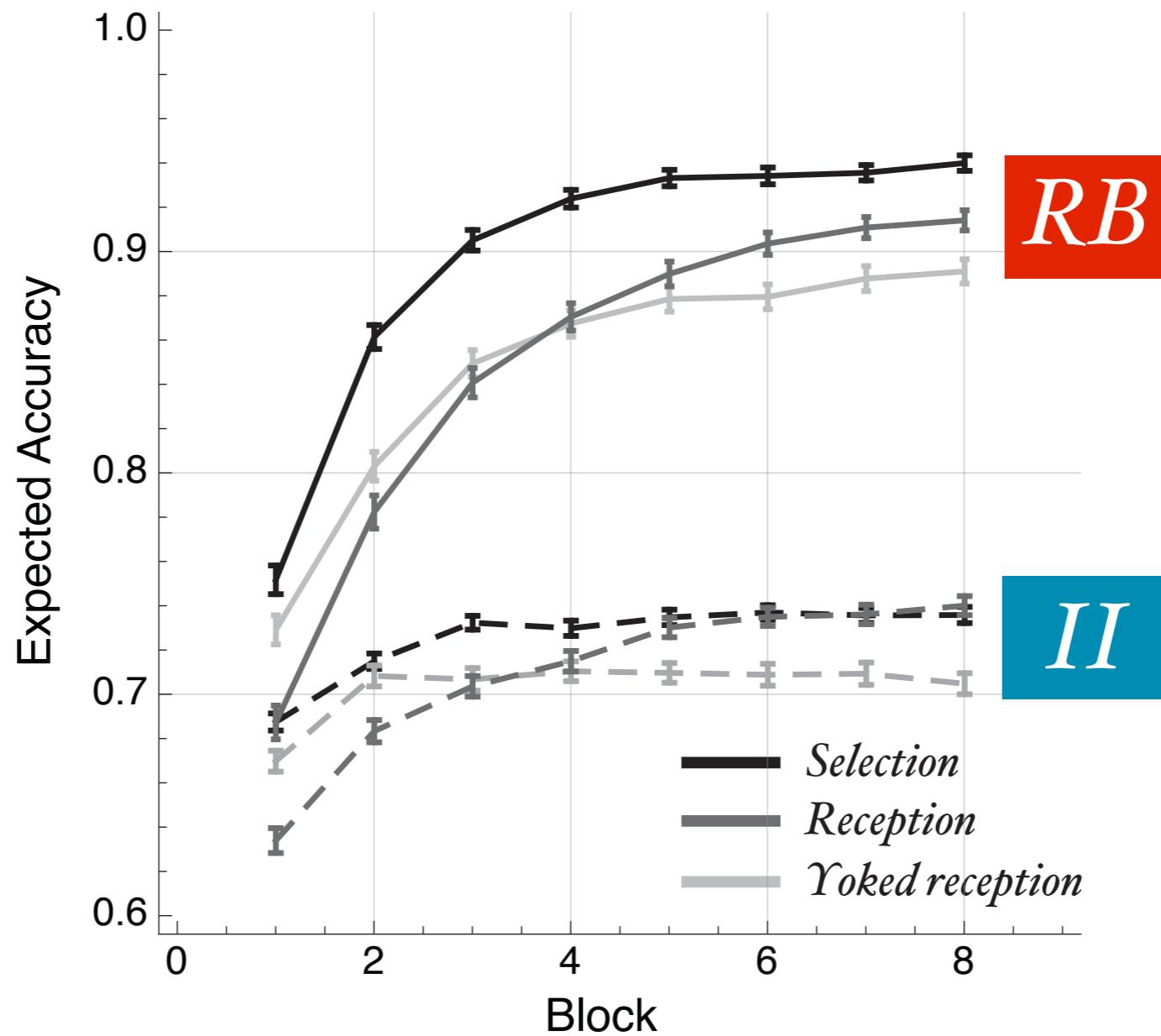
$S$  : Width of sampling distribution centered on current hypothesis (selection condition only)



high  $S$

low  $S$

# Model results

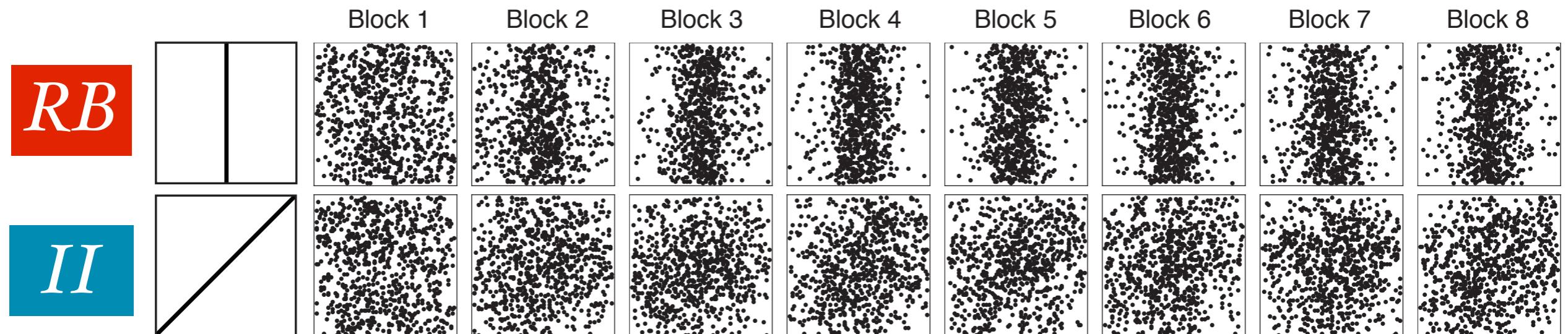


Symbol	Value	Parameter meaning
$n$	8	Number of observations
$\alpha$	0.2	Prior weight
$p_\theta$	0.3	Probability of modifying $\theta$
$s_b$	0.15	Width of proposal distributions for $b$
$S$	0.1	Width of selection distribution

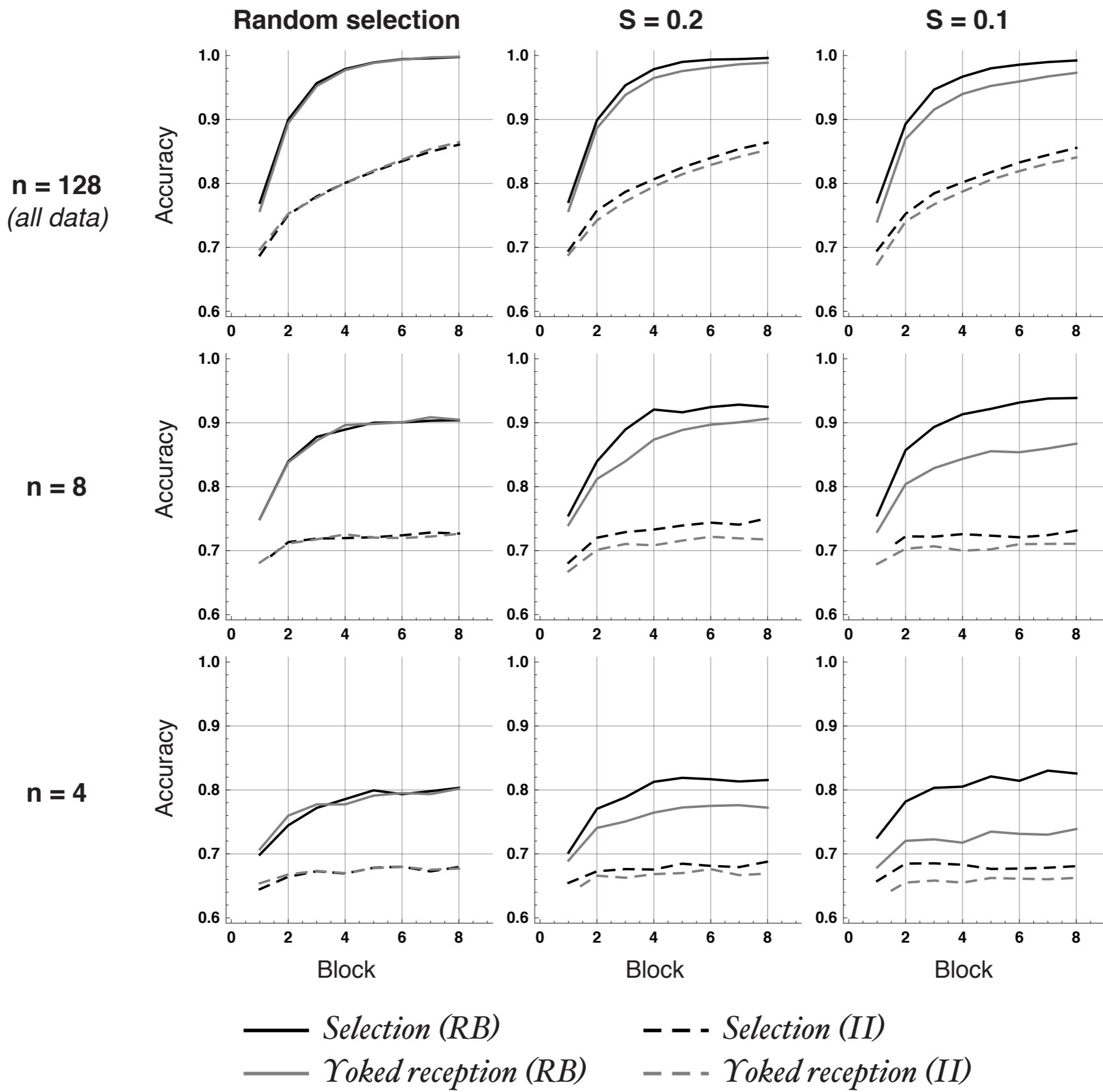
# Model results

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**Model selections by training block**



----- Increasing sampling bias ----->



# Study 1: Summary

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- Selection leads to more efficient for RB task, but not II task, relative to typical reception condition
- Within the selection condition, performance is tied to the data generated by the participant, with items closer to the boundary associated with higher performance
- Despite learning from the same data, yoked learners perform worse than their selection partners in both tasks.
- A *hypothesis-dependent sampling bias* can account for the relative performance, without assuming any additional differences between conditions

# The effects of self-directed learning

<b>Data-driven:</b> What is the <i>outcome</i> , in terms of the data experienced during learning?	<b>Decision-driven:</b> What processes are related to the <i>execution</i> of decisions?
Collect more informative data than is typically experienced	Recruitment of additional processes (e.g., prediction, explanation, etc.)
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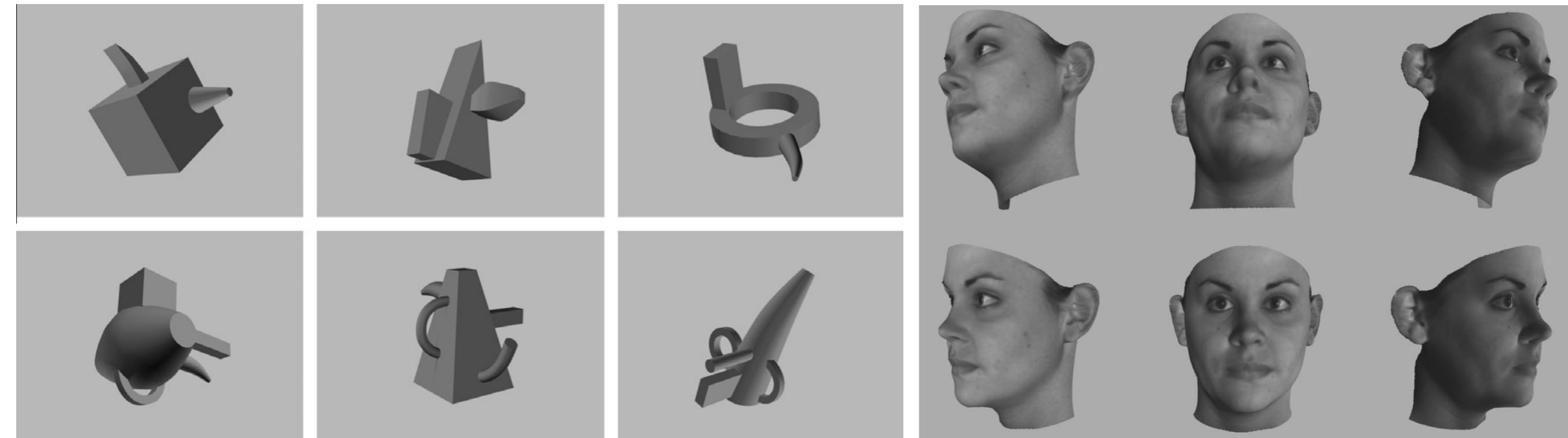
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## **Study 2: Active exploration and episodic memory**

*Markant, D., Dubrow, S., Davachi, L., Gureckis, T. (submitted).  
Deconstructing the effect of self-directed study on episodic memory.*

# Self-directed study and episodic memory

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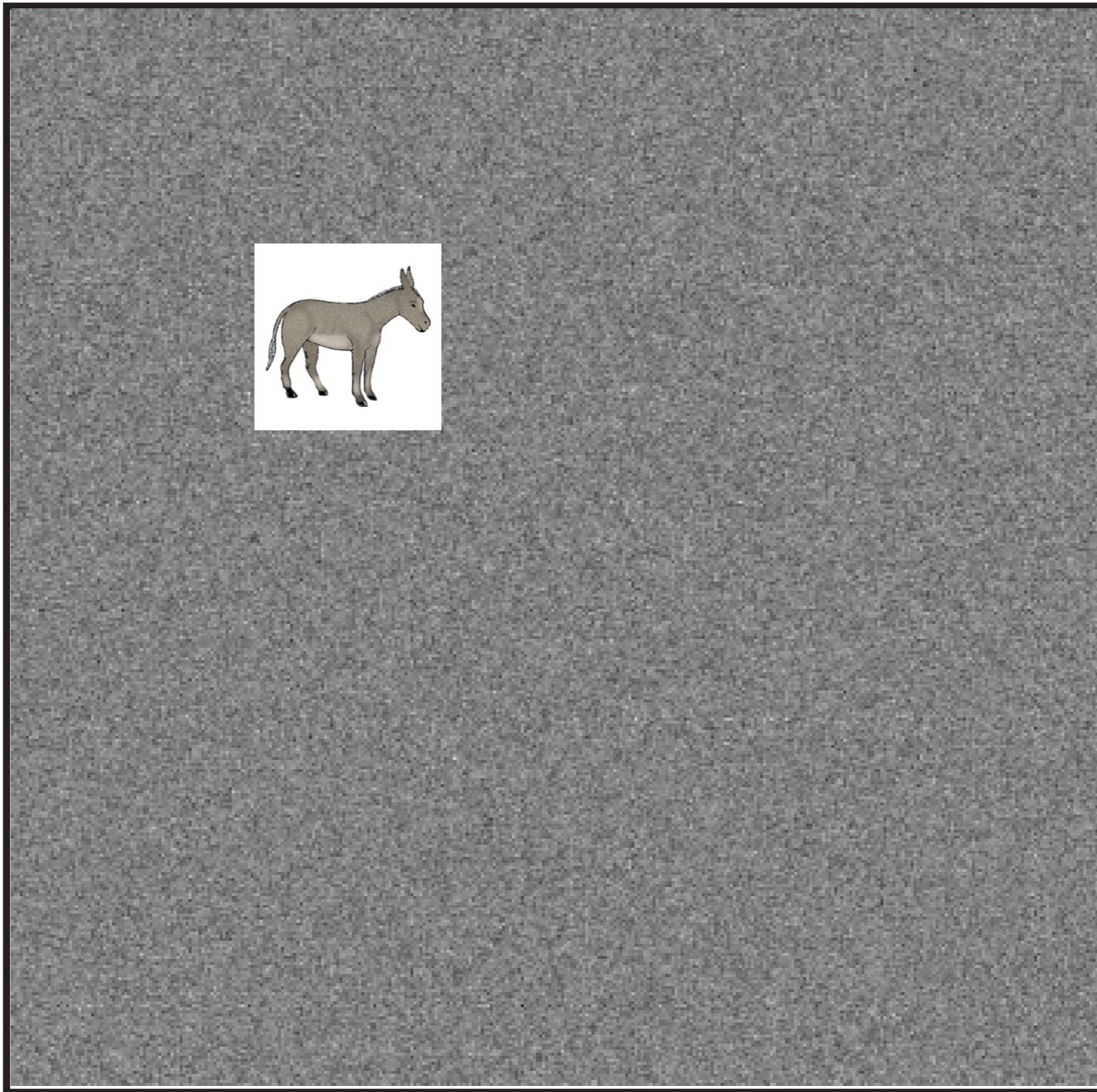
*Harman, K., Humphrey, G., and Goodale, M. (1999), Current Biology*

*Liu., C.H., Ward, J., and Markall, H. (2007), JEP:HPP*

*Meijer, F. and Van der Lubbe, R. H. J. (2011), Vision Research*

# Task

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Voss, J. et al. (2011). Hippocampal brain-network coordination during exploratory behavior enhances learning. *Nature Neuroscience*.

# Task

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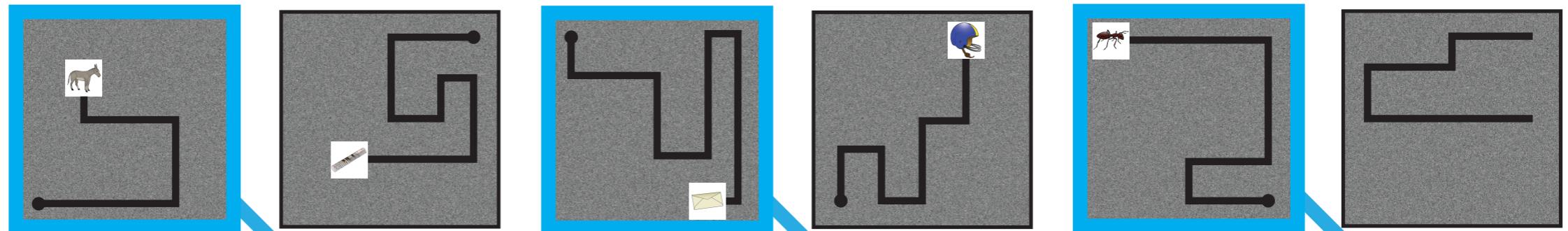


Voss, J. et al. (2011). Hippocampal brain-network coordination during exploratory behavior enhances learning. *Nature Neuroscience*.

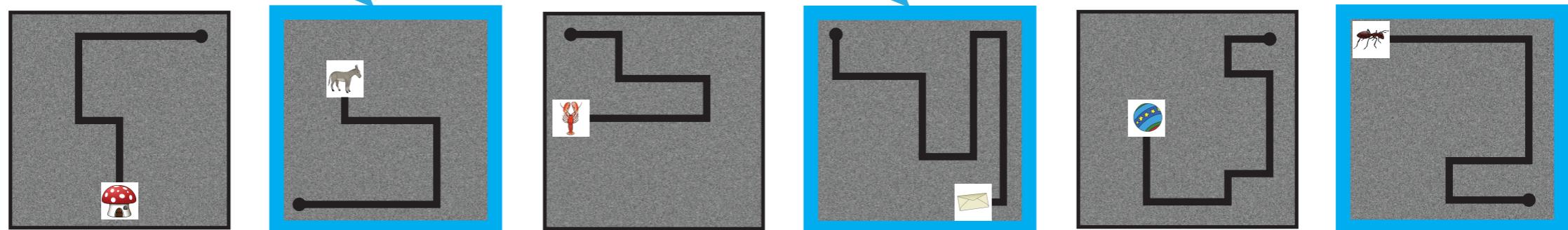
# Yoked Design

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Participant 1



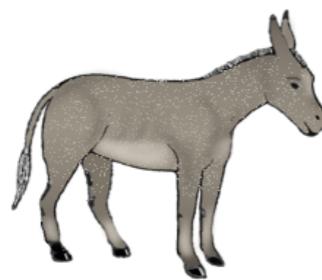
Participant 2



6 study rounds, 1 minute each  
20 second rest between rounds  
2 minute break before final test

# Memory Test

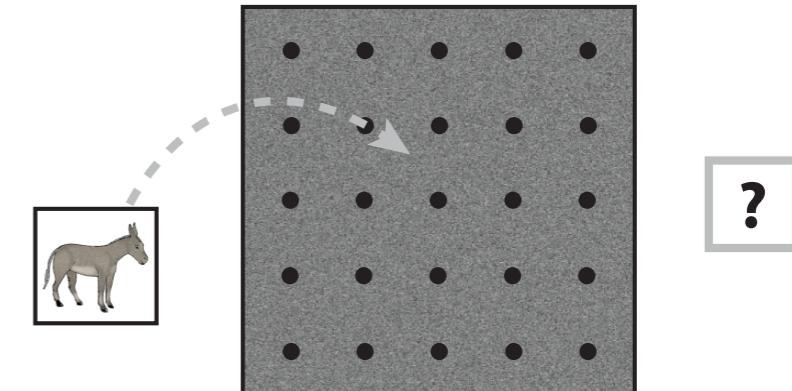
## RECOGNITION



**OLD or NEW?**

“OLD”  
→

## SPATIAL RECALL

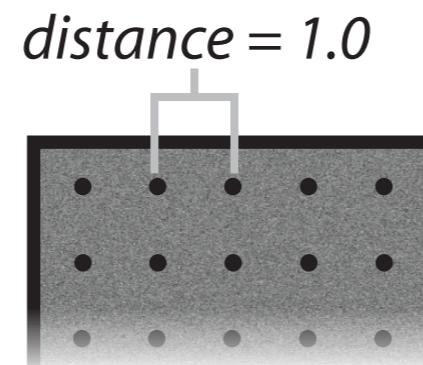
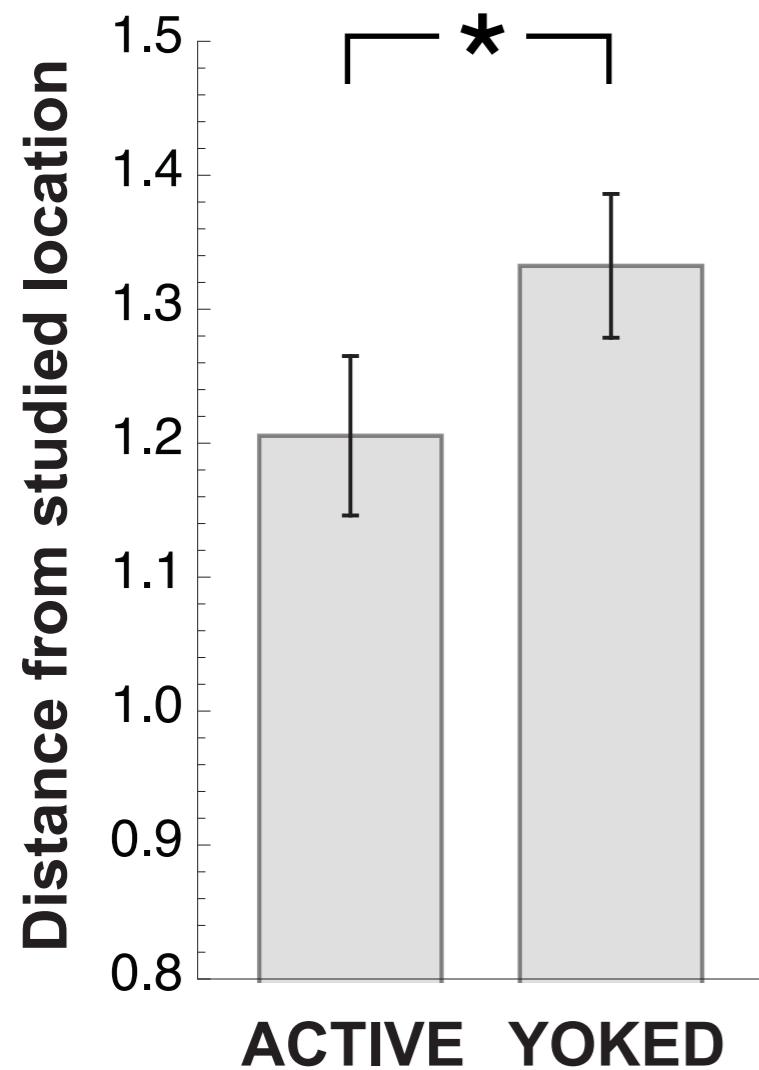


**Where did it appear  
during study?**

300 items tested for recognition, 150 old and 150 new  
Spatial recall test was contingent on responding OLD

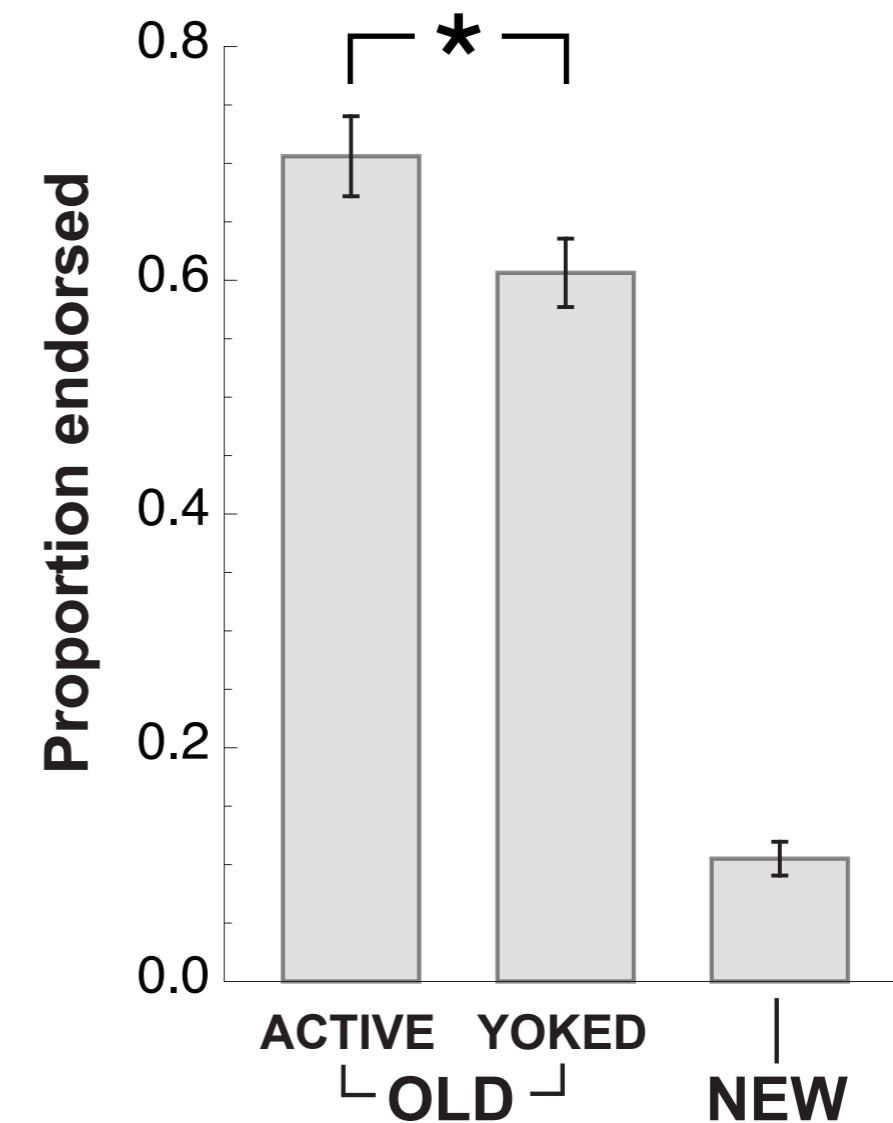
# Experiment 1: Replication

Spatial recall



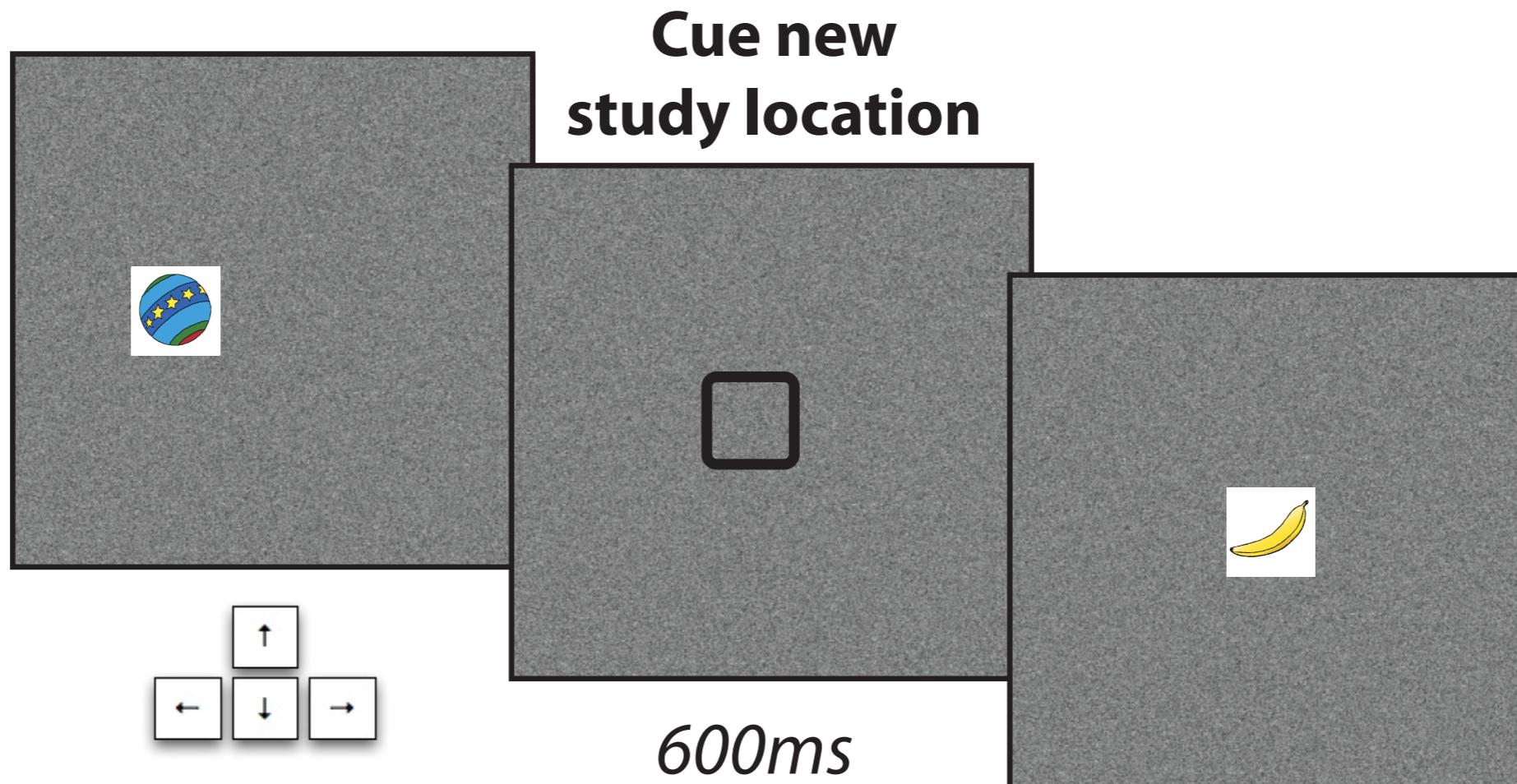
Mean difference = -.13  
p = .01

Recognition



N = 30  
Mean difference = .10  
p < .001

# Experiment 2: Attentional cueing

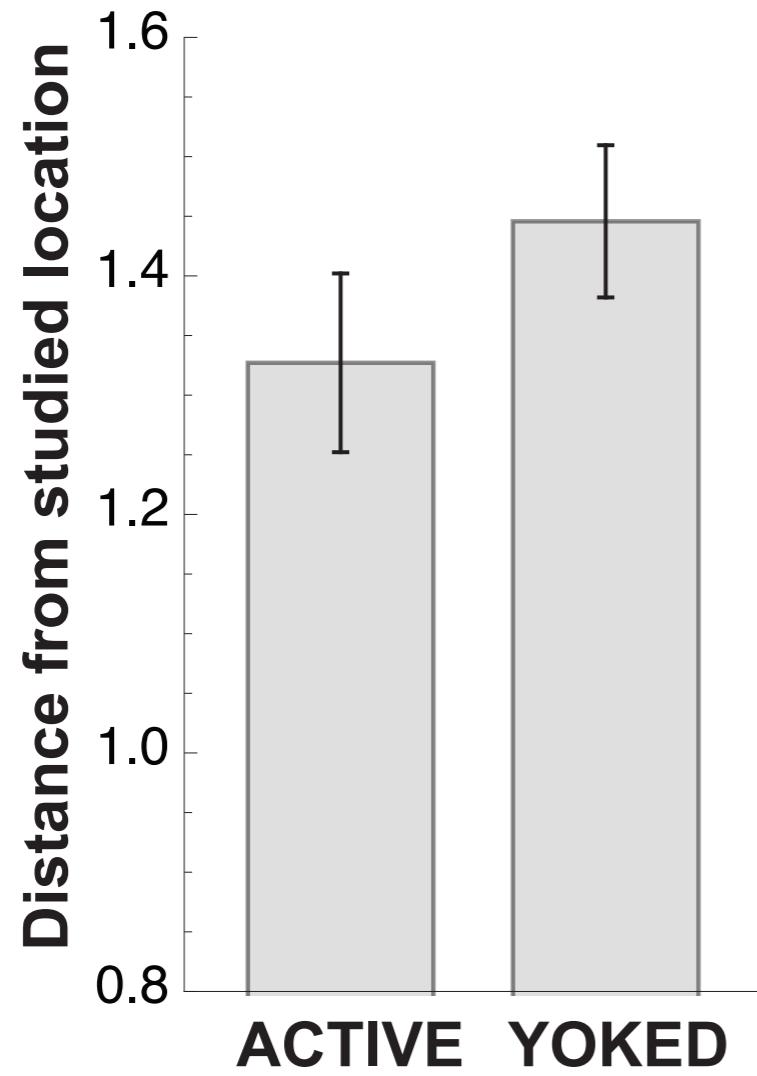


	Exp 1	Exp 2	Exp 3	Exp 4
Control selection of next item	★	★		
Control item duration	★	★		
Cue next location (all blocks)		★		

# Experiment 2: Results

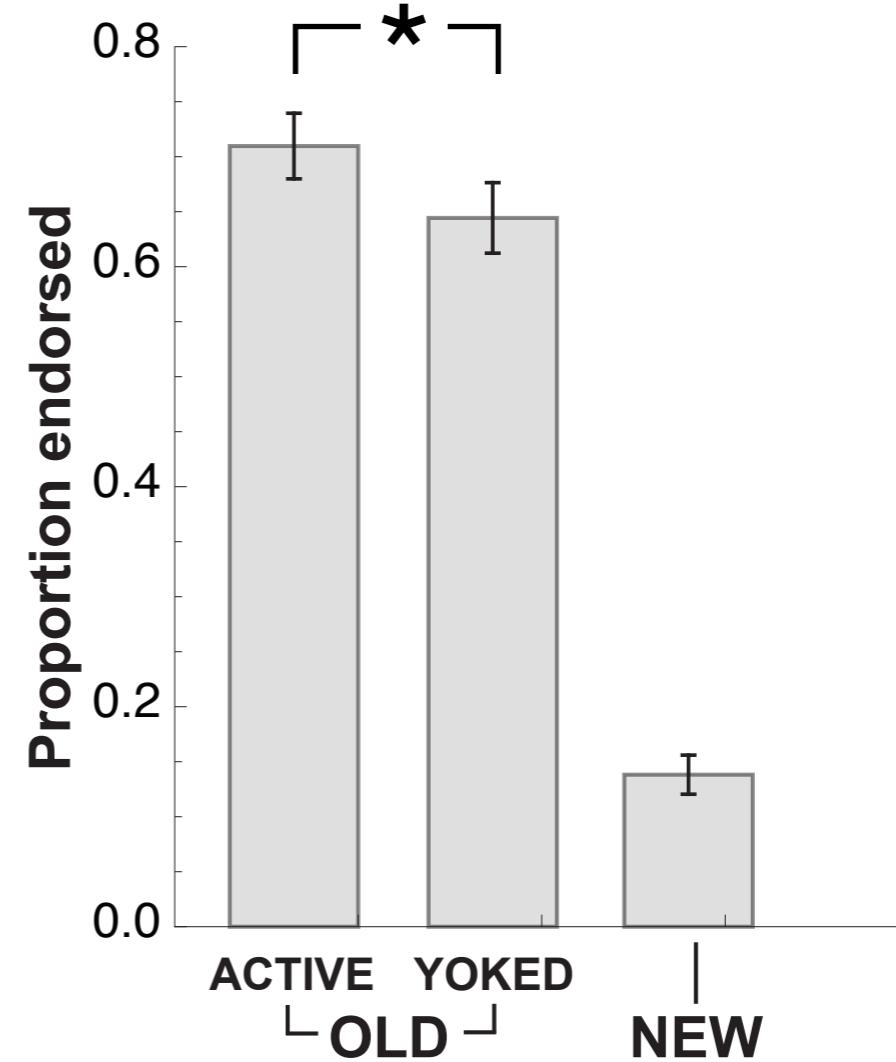
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Spatial recall



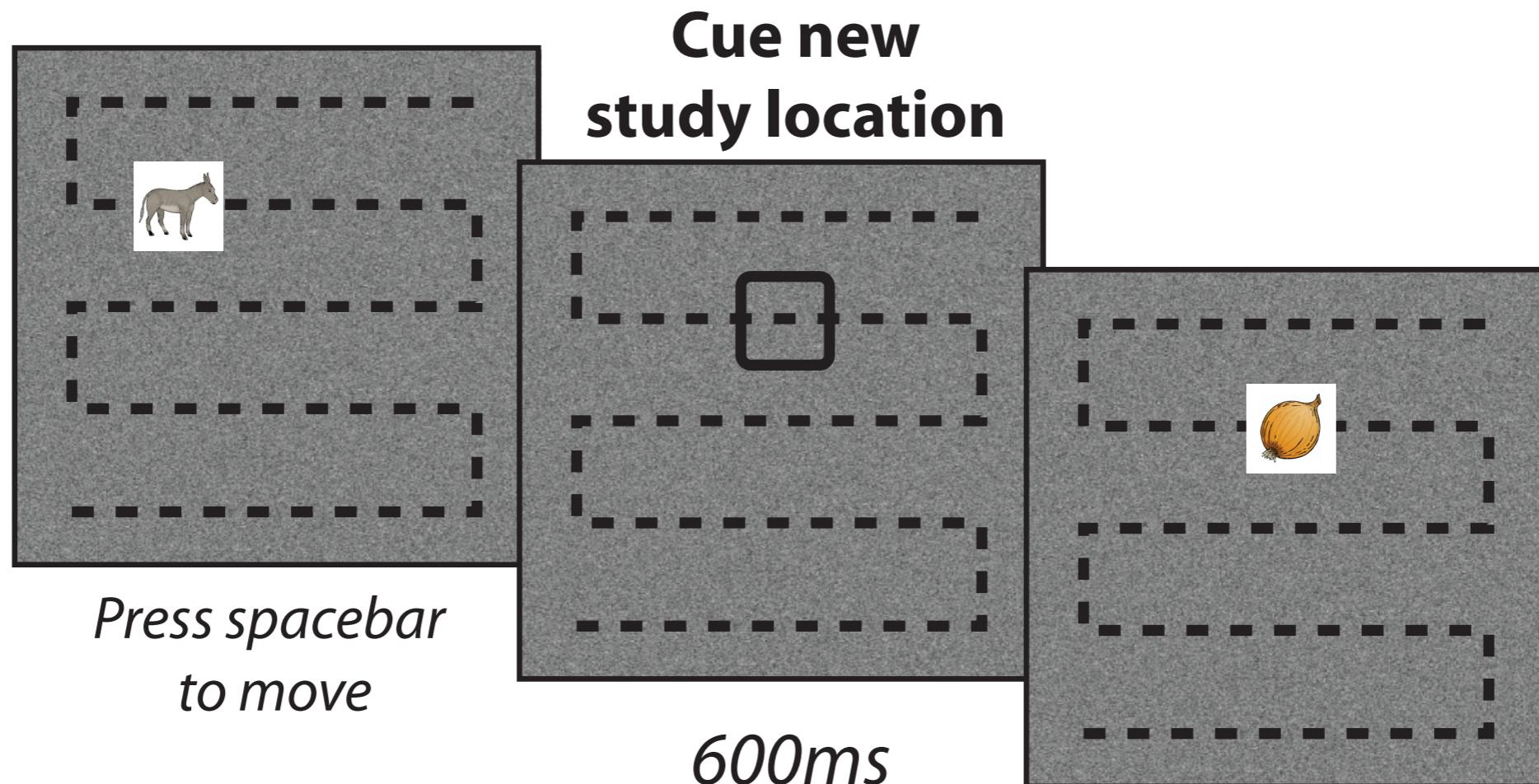
N = 30  
Mean difference = -.01  
p = .9

Recognition



N = 30  
Mean difference = .07  
p = .01

# Experiment 3: Follow a fixed path

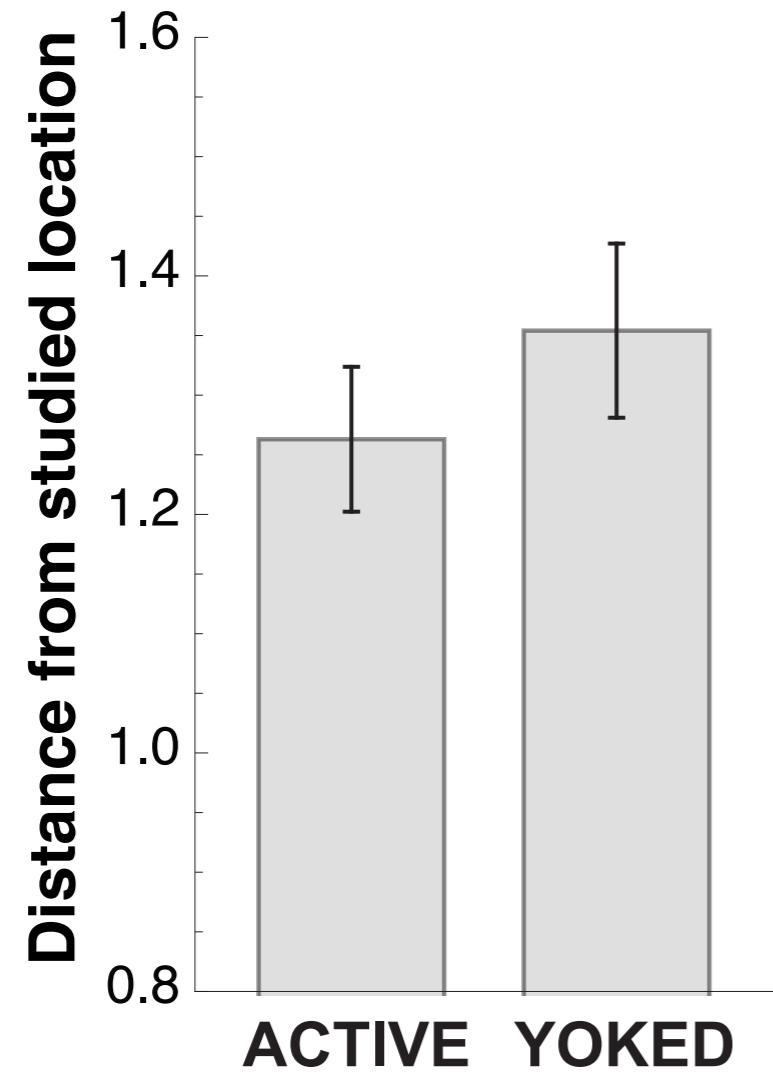


	Exp 1	Exp 2	Exp 3	Exp 4
Control selection of next item	★	★		
Control item duration	★	★	★	
Cue next location (all blocks)		★	★	

# Experiment 3: Results

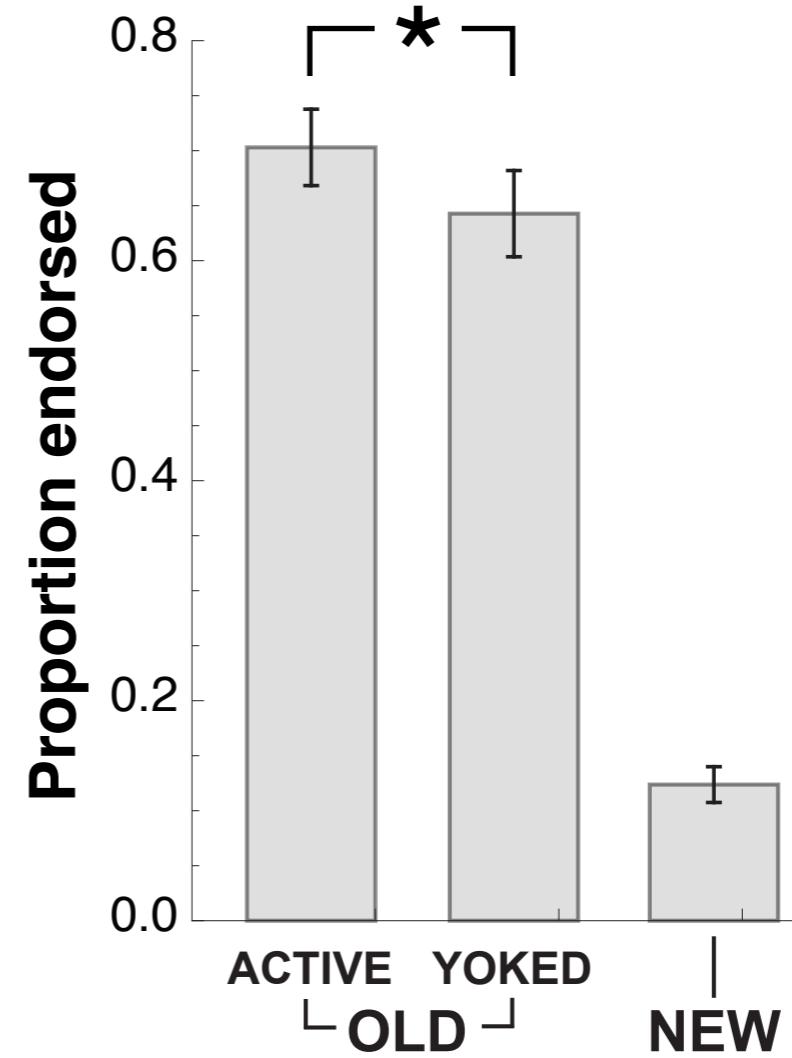
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Spatial recall



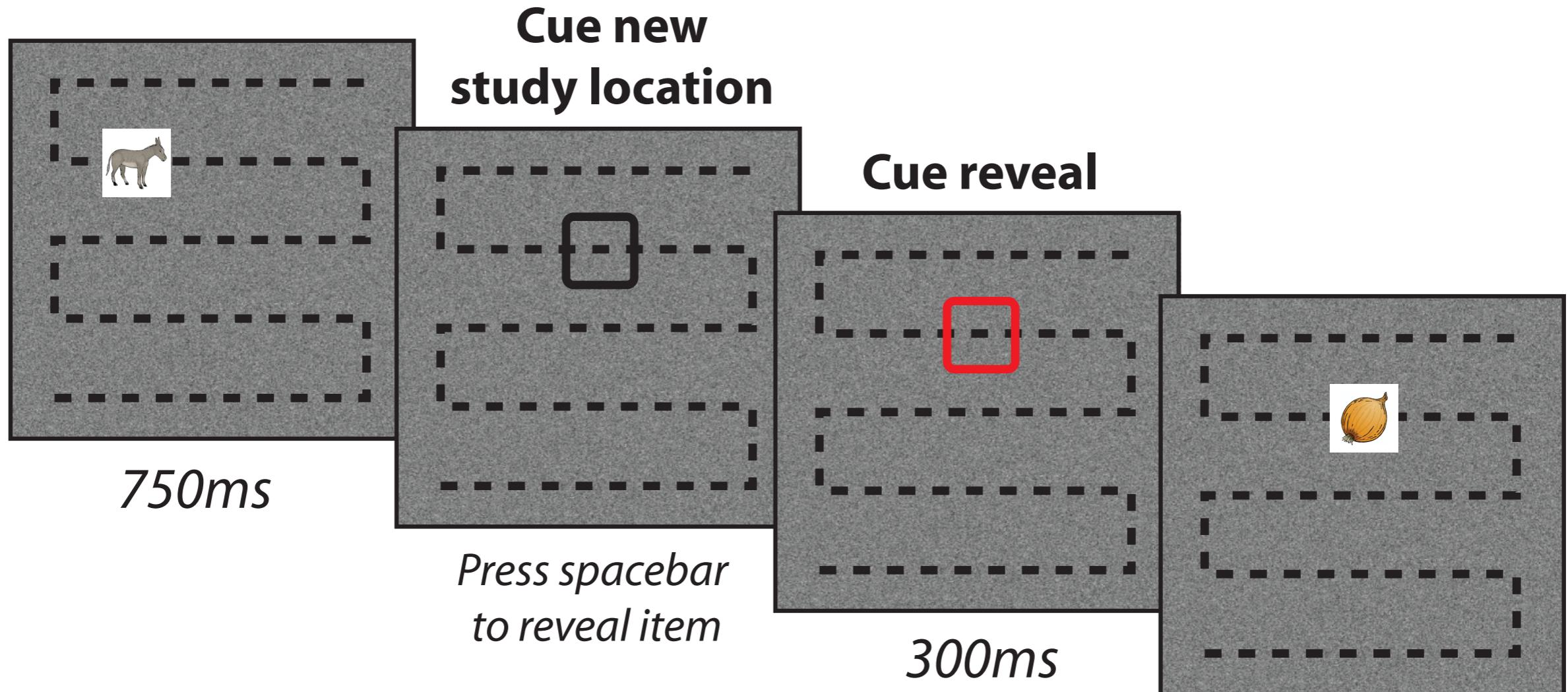
N = 32  
Mean difference = -.09  
p = .09

Recognition



N = 32  
Mean difference = .06  
p = .01

# Experiment 4: Press to reveal next item

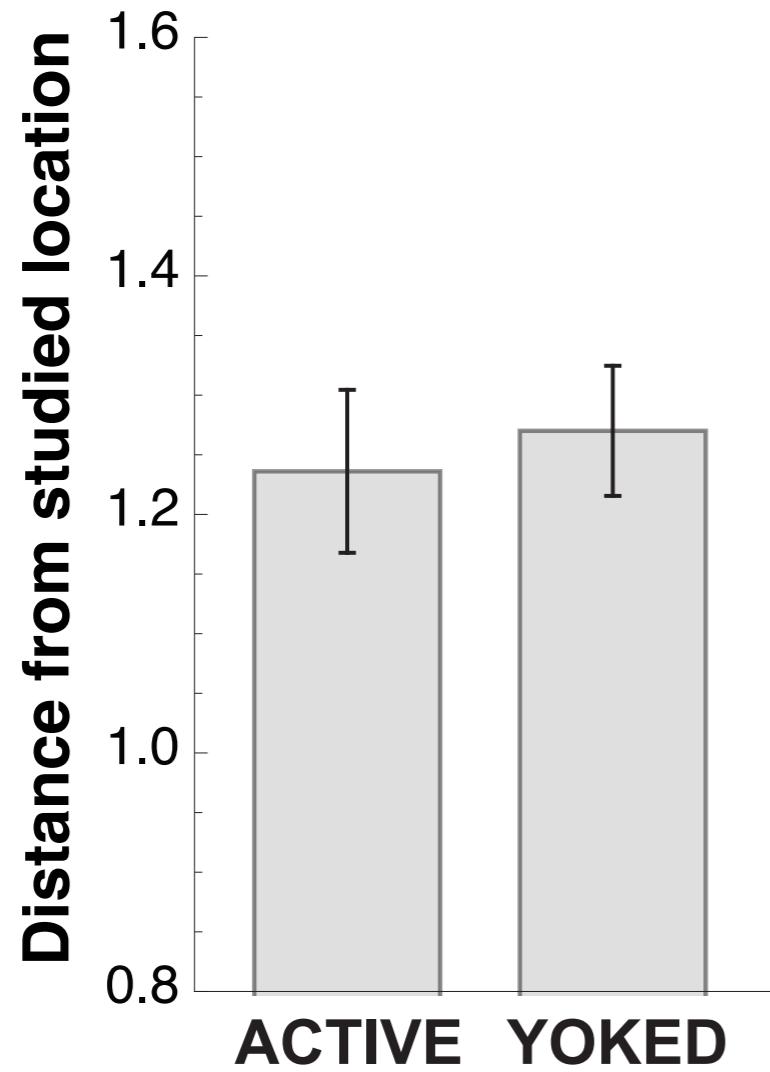


	Exp 1	Exp 2	Exp 3	Exp 4
Control selection of next item	★	★		
Control item duration	★	★	★	
Cue next location (all blocks)		★	★	★
Control onset of next item				★

# Experiment 4: Results

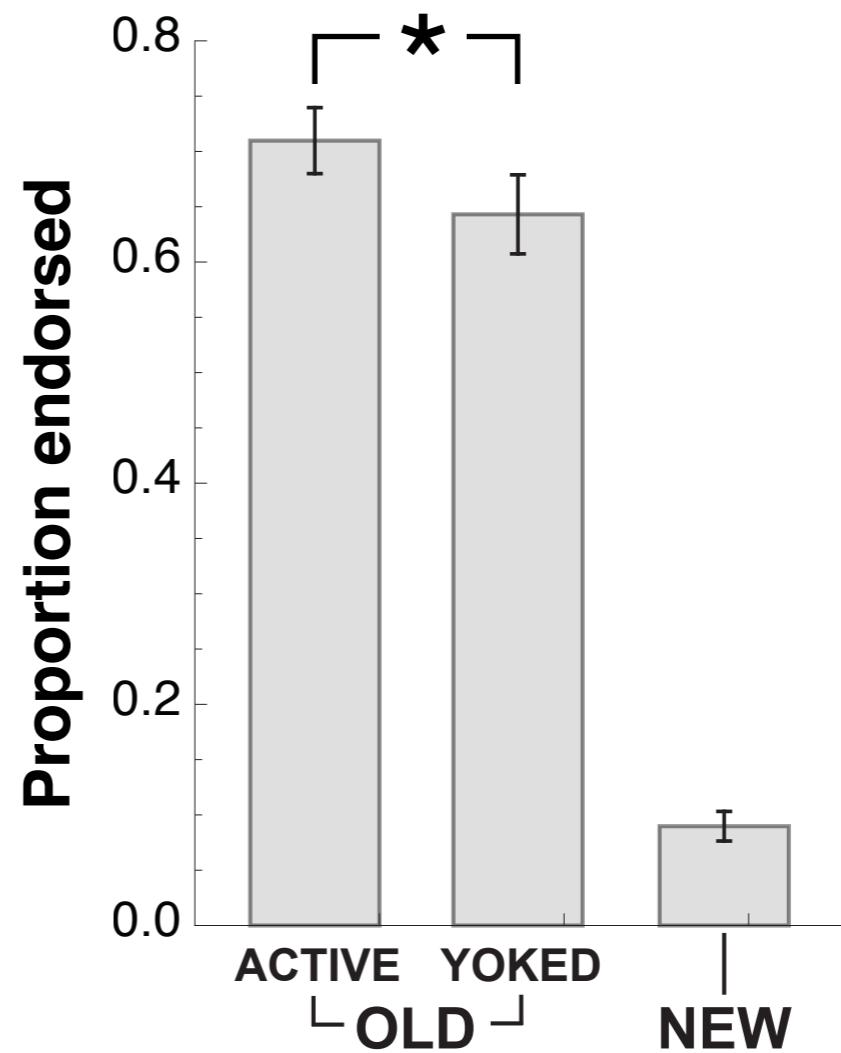
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Spatial recall



N = 30  
Mean difference = -.03  
p = .52

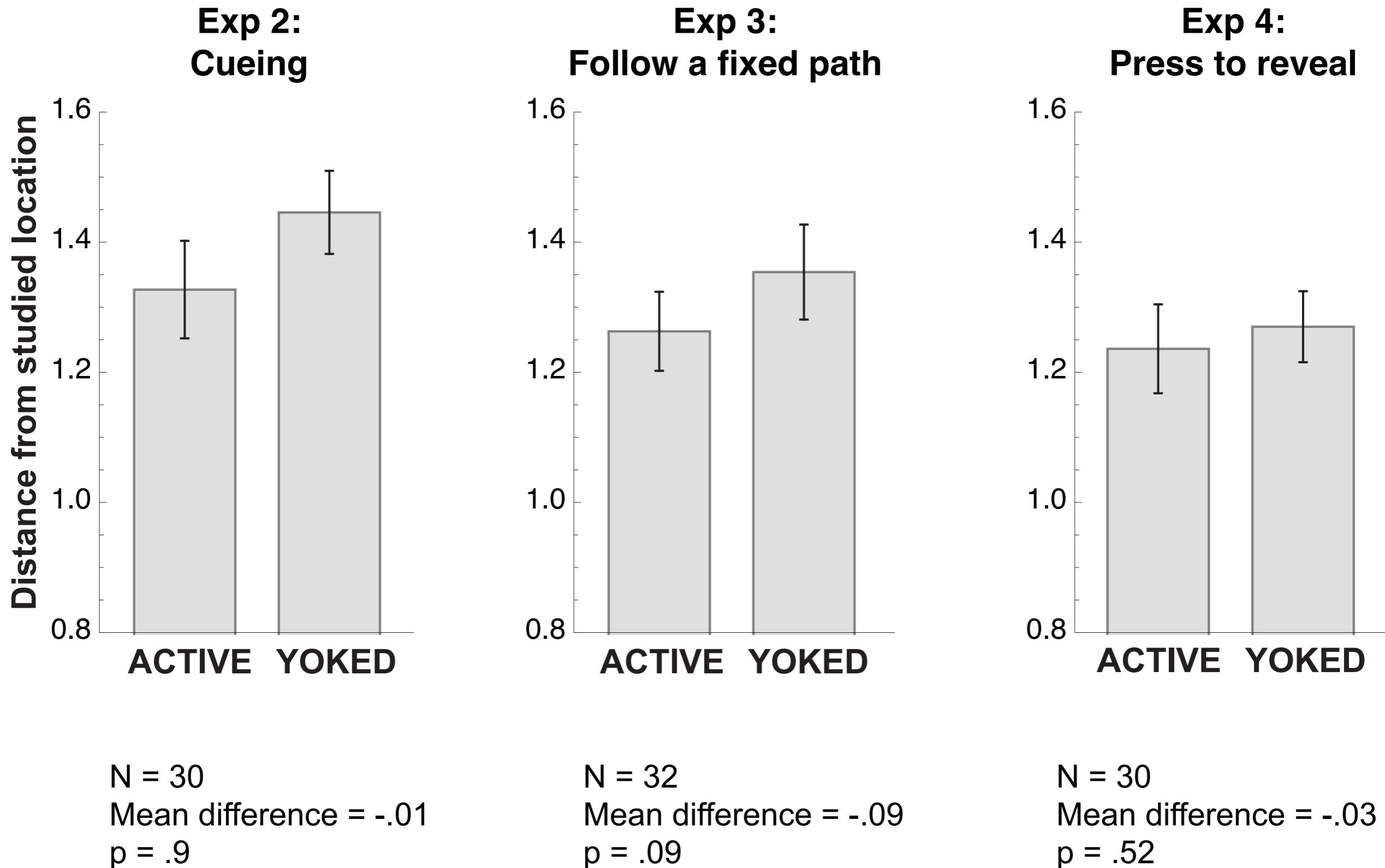
Recognition



N = 30  
Mean difference = .07  
p = .01

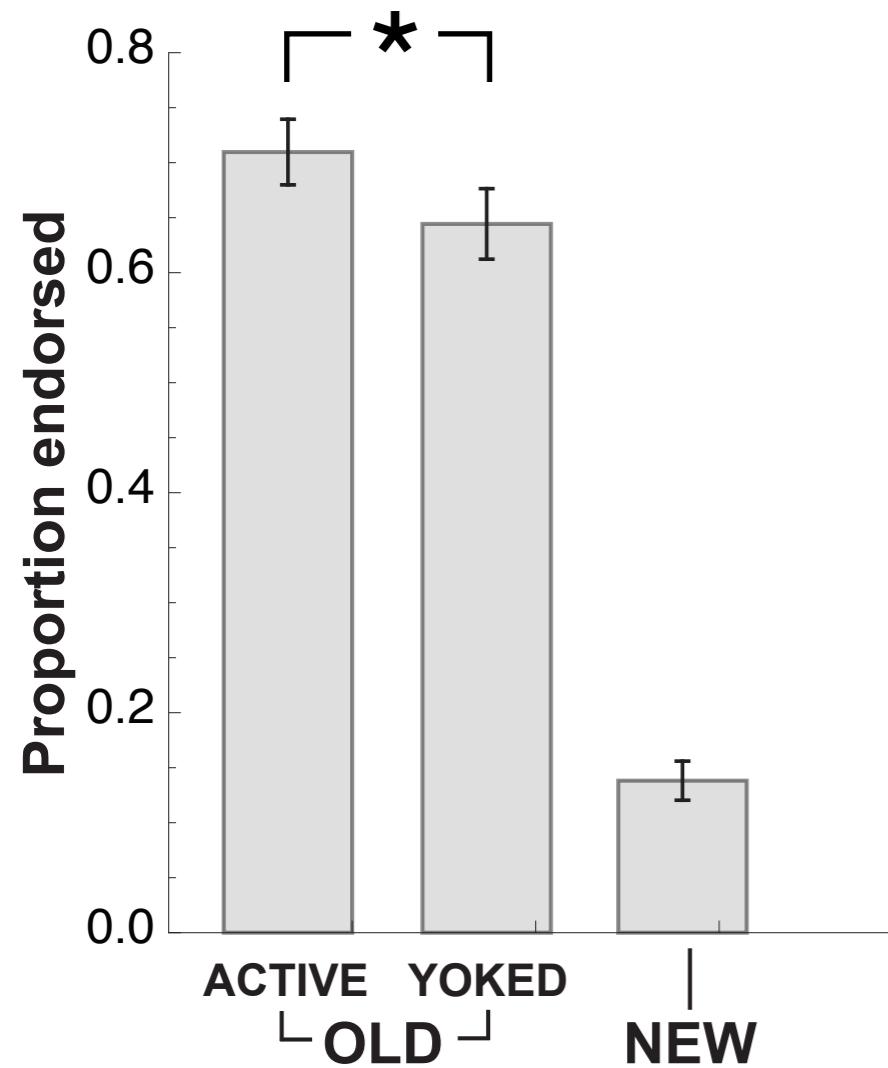
# Results: Spatial recall

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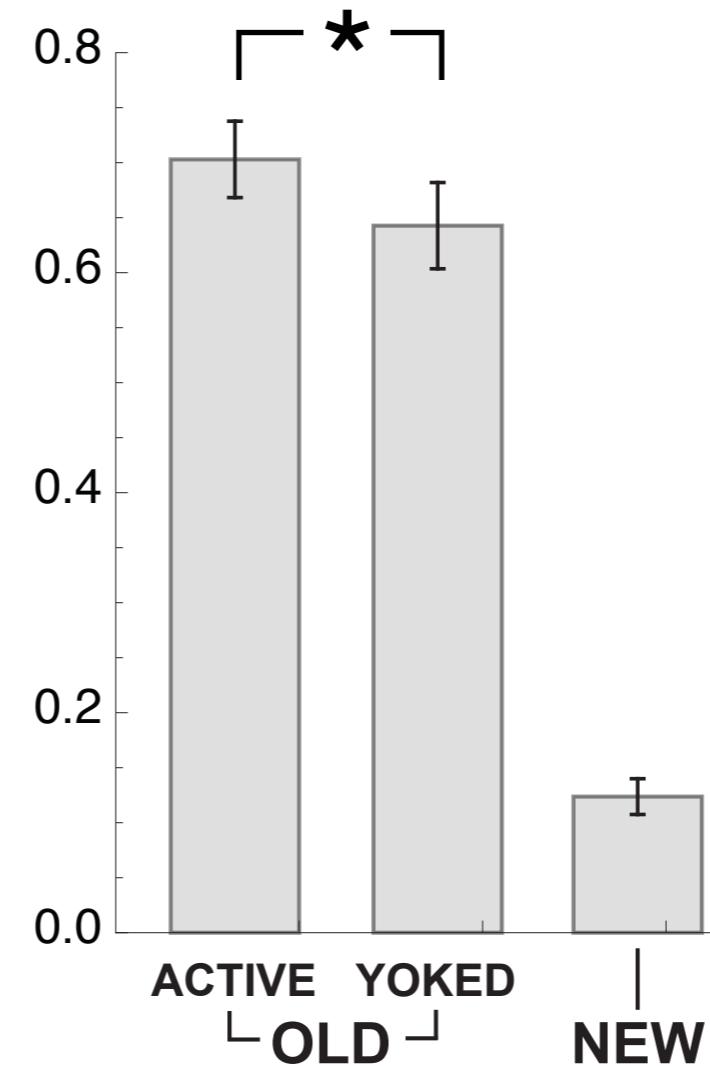


# Results: Recognition

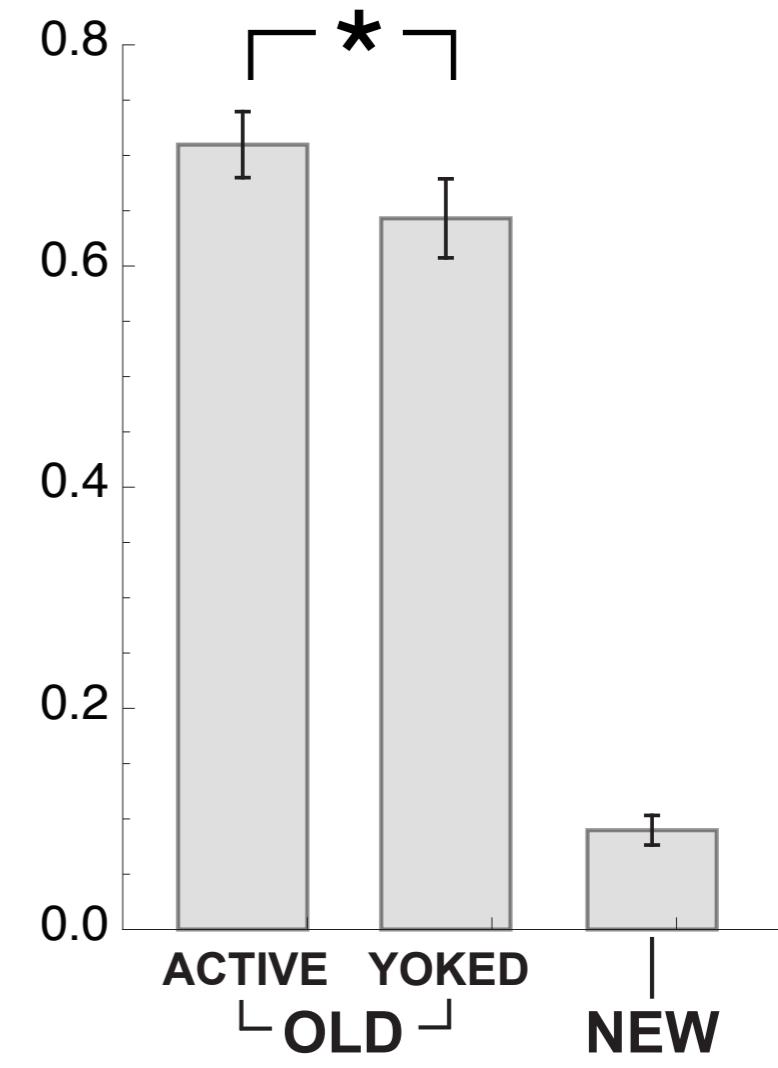
**Exp 2:  
Cueing**



**Exp 3:  
Follow a fixed path**



**Exp 4:  
Press to reveal**



N = 30  
Mean difference = .07  
p = .01

N = 32  
Mean difference = .06  
p = .01

N = 30  
Mean difference = .07  
p = .01

## Study 2: Summary

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- Inconsistent evidence for an advantage in spatial recall; seems to depend on ability to coordinate attention, rather than self-directed exploration
- “Minimal” degree of control over the timing of study episodes leads to a consistent benefit in recognition memory
  - Coordinating the timing of new study episodes with attentional or motivational state
  - Intrinsic reward involved in choice-dependent study

# Conclusions

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## Data-driven effects:

What is the *outcome*, in terms of the data experienced during learning?

## Decision-driven effects:

What processes are related to the *execution* of decisions?

Collect more informative data than is typically experienced

Recruitment of additional processes (e.g., prediction, explanation, etc.)

Expose data that is unavailable from passive observation

Improved attentional coordination with flow of experience

Generate data that tests current hypothesis

Inherent rewards or engagement associated with free choice and exploration

---

**THANKS!**