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## Fitness Planner - Beta Release

At this point in production, I would say the app is at 75% true, release to App Store potential. Instead of being able to edit specific exercises, this app has now all exercises implemented for every muscle group for every day, while the user can edit the number of sets and reps for each one. Arm day? 3 sets and 12 reps for every arm exercise, 0 sets 0 reps for every other one. It's not perfect, but it satisfies the original intention of the application, which is to provide a satisfying progress metric for the day's workout.

Usage should be relatively intuitive; segue back buttons don't work like they used to so manual rewind buttons are implemented at the bottom of most views. If you can't see the back button, scroll down.

'N joy.