

## 2. Instrumental Variables

PhD Applied Methods

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# Housekeeping

## Exercise B (Power calculations)

- Will only be due in the **last week** – I'll cover power in the last lecture
- Feel free to submit earlier if you want

## Grading

- I aim to send you a personal report + grade by Friday, along with solutions
- Please don't share the solutions with future students. I trust you!

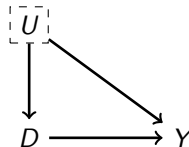
Overall you did **very well!** A few tips going forward:





# Confounders

- $U$  affects both treatment  $D$  and outcome  $Y$
- $U$  is a **confounder**
- Creates association between  $D$  and  $Y$  that is *not* the causal effect
- Why?  $D$  and  $Y$  correlated through their common cause  $U$



**Example:** Education ( $D$ ) and wages ( $Y$ )

Ability ( $U$ ) affects both choices

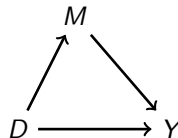
High ability  $\implies$  more education *and* higher wages

$\implies$  Observe  $D$  and  $Y$  correlated even without causal effect



## Bad controls: Post-treatment variables

- $M$  is caused by treatment  $D$
- Also called “mediator”
- Controlling for  $M$  blocks part of causal effect
- Shuts down mechanism:  $D \rightarrow M \rightarrow Y$

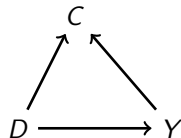


**Example:** Job training  $\rightarrow$  skills  $\rightarrow$  earnings  
 Controlling for skills misses indirect effect



## Bad controls: Colliders

- $C$  is caused by *both*  $D$  and  $Y$
- Called a “collider”
- $D$  and  $Y$  are independent
- But if you condition on  $C$ , creates spurious correlation



### Intuition:

Knowing  $C$  gives information about  $D$  and  $Y$

If  $D$  high but  $C$  low, can infer  $Y$  must be low

⇒ Conditioning on  $C$  makes  $D$  and  $Y$  correlated

Even though no causal relationship!



## Summary: Which controls?

Type	Control?	Why?
Confounder	Yes	Removes confounding
Post-treatment	No	Blocks causal mechanism
Collider	No	Creates spurious correlation

**Key takeaway:** Not all controls are good! Need to think carefully about the causal structure

## Controls for precision

Even in RCTs (where identification is clean), controls increase precision

Recall:  $V(\hat{\beta}) = \sigma^2(X'X)^{-1}$  where  $\sigma^2$  is residual variance

If  $X_i$  predicts  $Y_i$ , then including controls reduces  $\sigma^2$

⇒ Lower standard errors, higher power

TABLE V  
OLS AND REDUCED-FORM ESTIMATES OF EFFECT OF CLASS-SIZE ASSIGNMENT ON  
AVERAGE PERCENTILE OF STANFORD ACHIEVEMENT TEST

Explanatory variable	Reduced form: initial class size			
	(5)	(6)	(7)	(8)
Small class	4.82 (2.19)	5.37 (1.25)	5.36 (1.21)	5.37 (1.19)
Regular/aide class	.12 (2.23)	.29 (1.13)	.53 (1.09)	.31 (1.07)
White/Asian (1 = yes)	—	—	8.35 (1.35)	8.44 (1.36)
Girl (1 = yes)	—	—	4.48 (.63)	4.39 (.63)
Free lunch (1 = yes)	—	—	-13.15 (.77)	-13.07 (.77)
White teacher	—	—	—	-.57 (2.10)
Teacher experience	—	—	—	.26 (.10)
Master's degree	—	—	—	-.51 (1.06)
School fixed effects	No	Yes	Yes	Yes
$R^2$	.01	.25	.31	.31

**STAR experiment:** Controls reduce SEs, point estimates similar

# Which controls for precision?

## Ideal controls:

- Strongly correlated with outcome  $Y_i$
- Pre-treatment (measured before randomization)
- Not affected by treatment

## Common choices:

- Baseline outcome (e.g., pre-treatment earnings)
- Demographics (age, gender, education)
- Stratification variables

With many potential controls, how to choose?



1. Choosing controls
2. Introduction to Instrumental Variables
3. Basics of instrumental variables
4. 1. Exclusion restriction
5. 2. Heterogeneous treatment effects
6. Weak Instruments





- 1 **Choosing controls:** Good and bad controls, DAGs, and LASSO for control selection
- 2 **Basics of instrumental variables:** What is an instrument? 2SLS and the Wald estimator
- 3 **The exclusion restriction challenge:** Why "as-good-as-random" is not enough
- 4 **Heterogeneous treatment effects and LATE:** Compliers, always-takers, never-takers — why IV estimates effects only for those who respond to the instrument
- 5 **Weak instruments:** Finite-sample bias and the first-stage F-statistic

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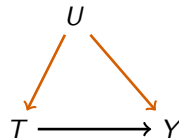
## The identification problem

Recall from lecture 1: we want the **causal effect** of treatment  $T$  on outcome  $Y$

But there are unobservable factors  $U$  (ability, motivation, etc.) that affect **both**  $T$  and  $Y$

This creates two paths from  $T$  to  $Y$ :

- The **causal path**:  $T \rightarrow Y$  (what we want)
- The **confounding path**:  $T \leftarrow U \rightarrow Y$  (the problem)



Red arrows = confounding path









# The Wald estimator

Suppose  $Z_i$  is binary (= 0 or 1). Start from:

$$Y_i = \alpha + \beta T_i + \varepsilon_i \quad \text{where } \mathbb{E}[\varepsilon_i | Z_i] = 0$$

Taking conditional expectations:

$$\mathbb{E}[Y_i | Z_i = 1] = \alpha + \beta \mathbb{E}[T_i | Z_i = 1] \quad (2)$$

$$\mathbb{E}[Y_i | Z_i = 0] = \alpha + \beta \mathbb{E}[T_i | Z_i = 0] \quad (3)$$

Subtracting and solving for  $\beta$ :

$$\beta_{\text{Wald}} = \frac{\mathbb{E}[Y_i | Z_i = 1] - \mathbb{E}[Y_i | Z_i = 0]}{\mathbb{E}[T_i | Z_i = 1] - \mathbb{E}[T_i | Z_i = 0]} = \frac{\text{Reduced form}}{\text{First stage}}$$



# The Wald estimator: connection to lecture 1

You already met this in lecture 1 for imperfect compliance! There, random assignment played the role of  $Z$ .

$$\beta_{\text{Wald}} = \frac{\mathbb{E}[Y_i|Z_i = 1] - \mathbb{E}[Y_i|Z_i = 0]}{\mathbb{E}[T_i|Z_i = 1] - \mathbb{E}[T_i|Z_i = 0]} = \frac{\text{Reduced form}}{\text{First stage}}$$

**Key idea:** Divide the effect of  $Z$  on  $Y$  by the effect of  $Z$  on  $T$  to recover the causal effect of  $T$  on  $Y$







# The IV model: reduced form

**Reduced form** (substitute first stage into outcome equation):

$$Y_i = (\alpha + \beta\pi_0) + (\beta\pi_1)Z_i + (\beta v_i + \varepsilon_i)$$

This shows how the three equations relate:

- The reduced form coefficient on  $Z$  equals  $\beta \times \pi_1$
- Dividing by the first stage  $\pi_1$  recovers  $\beta$

## 30 / 80

## Examples: Where do instruments come from?

### Random events / natural experiments:

- Vietnam draft lottery → military service (Angrist, 1990)
- Quarter of birth → years of schooling (Angrist & Krueger, 1991)
- Same-sex siblings → family size (Angrist & Evans, 1998)

### Institutional rules / policy discontinuities:

- Election cycles → police hiring (Levitt, 1997)
- School construction program → years of schooling (Duflo, 2001)

**Exercise:** For each example, identify  $Z$ ,  $T$ ,  $Y$ , and  $U$ . What does the exclusion restriction require?





# Outline

1. Choosing controls

2. Introduction to Instrumental Variables

3. Basics of instrumental variables

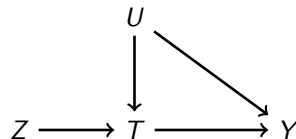
4. **1. Exclusion restriction**

5. 2. Heterogeneous treatment effects

6. Weak Instruments

## Why is the exclusion restriction challenging?

- Recall the key (untestable) feature for IV: exclusion restriction
- In the context of the DAG, the intuition is that  $Z$  only affects  $Y$  through  $T$
- Intuitively, it feels like something randomly assigned or nearly random should satisfy this, so long as it affects  $T$
- This is not sufficient
  - You need to think critically about the IV





## Why is the exclusion restriction challenging?

- Does that necessarily satisfy exclusion restriction?
  - Not necessarily!
- Why? Consider one simple example: being drafted induces you to change your behavior to avoid the draft
  - Stay in school
  - Flee to Canada
- This would violate the exclusion restriction!

## Why is the exclusion restriction challenging?

- Second, consider rainfall as an instrument for income in agriculture environments (many crops are heavily dependent on it)
  - This is not uncommon in development papers, as Sarsons (2015) points out
  - $Y$ : conflict,  $T$ : income,  $Z$ : rainfall
- Exclusion restriction is that rainfall has no effect on conflict beyond income
  - While the logic seems reasonable, Sarsons (2015) shows that places with dams (which protect against the income shocks due to rain) have similar conflict to those without dams
- Plausible that while rain is “random”, it might have many channels



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That IVs do not in general the **Average Treatment Effect**, but the “**Local Average Treatment Effect**” on a subpopulation of individuals called compliers.





Z=0 (no scholarship)	Z=1 (scholarship)
100 High school  0 College	0 High school  100 College
Average wage: 100	Average wage: 130

Causal impact = ITT / [E(X-Z=1) - E(X-Z=0)] = (130-100) / (1 - 0) = 30

Causal impact = ITT / [E(X-Z=1) - E(X-Z=0)] = (130-110) / (1 - 0.2) = 25

Z=0 (no scholarship)	Z=1 (scholarship)
80 High school	0 High school
20 College	100 College
Average wage: 110	Average wage: 130

$$\text{ATE} = (122 - 110) / (0.8 - 0.2) = 20$$

Z=0 (no scholarship)	Z=1 (scholarship)
80 High school	20 High school
20 College	80 College
Average wage: 110	Average wage: 122

Z=0 (no scholarship)	Z=1 (scholarship)
<b>HIGH SCHOOL PARENTS</b>	
80 High school	0 High school
0 College	80 College
Average wage: 100	Average wage: 120
<b>COLLEGE PARENTS</b>	
0 High school	0 High school
20 College	20 College
Average wage: 125	Average wage: 125

Z=0 (no scholarship)	Z=1 (scholarship)
<b>HIGH SCHOOL PARENTS</b>	
80 High school	0 High school
0 College	80 College
<b>COLLEGE PARENTS</b>	
0 High school	0 High school
20 College	20 College
Average wage: 105	Average wage: 121



## Sum up

There is no way we can learn something on the impact among college parents population because there is no experiment actually going on in that population

- In this example, all the reduced form effect comes from HS parents population:  
 $121 - 105 = 16$
- And they represent a change in college participation in 80% of the sample
- Thus, the effect  $16 / 0.8 = 20$  results only from HS parents population

Let's call them **compliers** because they comply with the treatment assignment



Z=0 (no scholarship)	Z=1 (scholarship)
High school 80 (HS parents)	College 80 (HS parents)
College 20 (College parents)	College 20 (College parents)
Average wage: 105	Average wage: 121

Impact is identified on the share of population who moves from HS to College



All the change in the reduced form:  $121 - 105$  is due to compliers What is the share of compliers in the sample? 80% Thus impact:  $16 / 0.8 = 20$

- **20 is the effect on the compliers** (should it be different for the other populations)
- Information: 90 HS, 10 College for  $Z = 0$  and 10 HS, 90 College for  $Z = 1$
- How do we know there are 80% compliers? Can we name them?

## Now add Defiers:

Z=0 (no scholarship)	Z=1 (scholarship)
High school 5 (Never takers)	High school 5 (Never takers)
High school 80 (Compliers)	College 80 (Compliers)
College 10 (Always takers)	College 10 (Always takers)
College 5 (Defiers)	High school 5 (Defiers)
Average wage: 105	Average wage: 121

# Formalizing

$T(Z)$  is a random variable that assigns an individual response  $T$  to the value of the instrument  $Z$

Every person may respond differently to the instrument

$$\text{Compliers} \quad T_i(0) = 0 \quad T_i(1) = 1 \quad (9)$$

$$\text{Never-takers} \quad T_i(0) = 0 \quad T_i(1) = 0 \quad (10)$$

$$\text{Always-takers} \quad T_i(0) = 1 \quad T_i(1) = 1 \quad (11)$$

$$\text{Defiers} \quad T_i(0) = 1 \quad T_i(1) = 0 \quad (12)$$

**Note:** can generalize to more values of the instrument than just  $(0, 1)$

# Hypothesis 1 (Independence)

$Z$  is independent from  $(Y_0, Y_1, T(0), T(1))$

In particular implies that people with some sensitivity to the instrument (described by the set  $\{T(0), T(1)\}$ ) are not more or less likely to draw a specific value of  $z$

## Hypothesis 2 (Monotonicity)

either  $T_i(0) \geq T_i(1) \quad \forall i$       or       $T_i(0) \leq T_i(1) \quad \forall i$

i.e.: all agents' response to the instrument is (weakly) in the same direction

For instance: a mother with one boy-one girl who has a third child would also have a third child if she had two boys (the effect of same-sex is never to reduce fertility)

Monotonicity is equivalent to the absence of defiers

## Reduced form

$$E(Y|Z = 1) = E(Y_0 + T(Y_1 - Y_0)|Z = 1) \quad (13)$$

$$= E(Y_0 + T(1)(Y_1 - Y_0)) \quad (14)$$

Thus

$$E(Y|Z = 1) - E(Y|Z = 0) = E(Y_0 + T(1)(Y_1 - Y_0)) - E(Y_0 + T(0)(Y_1 - Y_0)) \quad (15)$$

$$= E[(T(1) - T(0))(Y_1 - Y_0)] \quad (16)$$



## Reduced form

$$E[(T(1) - T(0))(Y_1 - Y_0)] = \quad (17)$$

$$E[(Y_1 - Y_0) | T(1) - T(0) = 1]P(T(1) - T(0) = 1) \quad (18)$$

$$+ E[0 \times (Y_1 - Y_0) | T(1) - T(0) = 0]P(T(1) - T(0) = 0) \quad (19)$$

$$+ E[-1 \times (Y_1 - Y_0) | T(1) - T(0) = -1]P(T(1) - T(0) = -1) \quad (20)$$

$$= E[(Y_1 - Y_0) | C]P(C) \quad (21)$$

$$+ E[0 \times (Y_1 - Y_0) | A \text{ or } N]P(A \text{ or } N) \quad (22)$$

$$+ E[-1 \times (Y_1 - Y_0) | D]P(D) \quad (23)$$

# Role of monotonicity

Assume  $T(1) \geq T(0)$ ; then  $T(1) - T(0) = -1$  is impossible; there are no defiers

Thus:

$$E(Y|Z=1) - E(Y|Z=0) = E[(Y_1 - Y_0)|T(1) - T(0) = 1]P(T(1) - T(0) = 1) \quad (24)$$

with

$$P(T(1) - T(0) = 1) = E(T(1) - T(0)) \quad (25)$$

$$= E(T|Z=1) - E(T|Z=0) \quad (26)$$

$$= P(T=1|Z=1) - P(T=1|Z=0) \quad (27)$$

## LATE

Under hypothesis 1 (*Independence*) and 2 (*Monotonicity*), the Wald estimator is:

$$W = \frac{E(Y|Z=1) - E(Y|Z=0)}{P(T=1|Z=1) - P(T=1|Z=0)} \quad (28)$$

$$= E[(Y_1 - Y_0) | T(1) - T(0) = 1] = LATE \quad (29)$$

**Local Average Treatment Effect:** treatment effect on those that change their behavior (T) under the instrument (compliers)

## LATE with more than 2 values

When instrument takes more than 2 values,  $LATE_{Z_1, Z_2}$  can be defined for each pair of values of the instrument ( $Z_1, Z_2$ ).

The IV estimator uses all values of Z at a time: can be interpreted as a weighted sum of the LATEs, where the weights depend on the local impact of the instrument

# What about the ATE?

So we cannot use IVs to estimate the *ATE* if:

- ① There is treatment heterogeneity ( $E(Y_1 - Y_0)$  is not constant), and
- ② **This heterogeneity is related to treatment behavior:**

$$E(Y_1 - Y_0) \neq E(Y_1 - Y_0 | \text{Compliers}) \quad (30)$$

This is called “essential heterogeneity”.

In this case,  $LATE \neq ATE$ .

# Implications

- IV has no clear interpretation if there is essential heterogeneity or if there are defiers
- Different instruments can identify different parameters because they estimate the impacts on different populations
- The gap between OLS and IV mix the result of bias reduction and change in the populations that contribute to the estimation

This is a **major reason** why IV estimations have fallen out of favor among economists, along with the difficulty of justifying the exclusion restriction

# Thinking about the LATE: examples

- ① Scholarship → secondary education → wage at 25
- ② Vietnam draft → military service → death
- ③ Rainfall shocks → household agricultural income → civil conflict





- So far we have been thinking about **identification**, but less about **estimation**
- Now let's discuss the main issue regarding estimation of IVs - **weak instruments**

An instrument is said to be **weak** if it explains little of the endogenous variable

# Weak instruments

$$Y_i = T_i\beta + \epsilon_i$$

$$T_i = Z_i\pi_1 + u_i$$

- Recall that one of the key assumptions for our estimation procedure was relevance
  - $\pi_1 \neq 0$ , or  $\text{Cov}(Z_i, T_i) \neq 0$

- Why is this necessary? Consider the 2SLS estimator for  $\beta_{IV}$  in the simplest case:

$$\hat{\beta} = \frac{\text{Cov}(Y_i, Z_i)}{\text{Cov}(D_i, Z_i)}$$

- If  $\text{Cov}(D_i, Z_i) = 0$ , this estimate is obviously undefined! But what about if it's very small?
  - Small variations in it will move around  $\hat{\beta}$  in a big way. That's what statistical uncertainty will do
  - One easy way to see this: graphically









What concretely happens if we have a weak instrument?

- ① Loss of precision
- ② Bias in finite samples







# The bias is towards $\beta_{OLS}$

$$T = Z\pi + v \quad (31)$$

We want to replace  $T$  with what is in the 2nd stage. We need to estimate  $\pi$  using  $\hat{\pi}$

- We would require  $\hat{T} = Z\pi$
- But in finite sample  $\hat{\pi} \neq \pi$  so  $\hat{T} \neq Z\pi$
- The least square criteria to estimate  $\hat{\pi}$  "get  $\hat{T}$  close to  $T$ "
- The mistake is towards " $\hat{T}$  looks like  $T$  too much": "overfit"
- So  $\hat{\beta}_{2SLS}$  looks too much like  $\hat{\beta}_{OLS}$





(36)

(37)

- If  $R_{T,z}^2$  is small enough, even large  $n$  cannot impede strong bias
- Adding instruments is a bad idea if instruments are weak (increase  $K$  but hardly increases  $R_{T,z}^2$ )

Stock & Yogo (2005) derive formal tests: Roughly, if  $F > 10$ , reject that the 2SLS bias will be more than 10% of the OLS bias

We covered the basics of IVs. They are a way of estimating causal effects that don't rely on an experimenter randomly allocating treatments.

But they come with a number of very important challenges:

- 1 Justifying the **exclusion restriction**
- 2 Understanding what the **LATE** is really measuring
- 3 Dealing with **weak instruments**

