Home Exercise Program

Login Instructions

Two Ways To Access



Try *ClinicName* GO

Access your home exercise program with our mobile app for iOS and Android.

Search The App Store or Google Play for: "*ClinicName* GO"



Open in your Browser

To access your program without the app, enter your access code below at:

clinicname.medbridgego.com

Your Access Code

XGJ76G345

By accessing your home exercise program online you can:



View Your Exercise Videos

Interactive HD videos guide you with easy to follow instructions.



Learn About your Condition

Gain a deeper understanding of your condition and the road to a healthy recovery.



Track Your Progress

Keep track of your activity and progress throughout treatment and post care.