



JU Poster Template

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Introduction

Provide a brief background here (to prepare the reader to understand the purpose statement). 3-4 sentences. Introduce area of research & help the reader understand why it is important. Share what is “known”. Share what is “not known”. The purpose should address the unknown.

Include a photo with a 1 sentence caption to help the reader understand this area of research.

Purpose

Write the purpose statement here (from your study).
Include hypotheses (if the authors hypothesized)

Design

Briefly summarize the overall approach used in the study (3-4 sentences). The paragraph should help the reader “visualize” the study.

Methods

Participants:

15 male college students

Data Collection:

Load cell and potentiometer sampled at 100 Hz

Data modeled using a best-fit line

Variables of Interest:

Stiffness = slope of best-fit line

Resistance onset angle = angle where 1 N·m of torque is first achieved

Statistics:

ICC analyses were used to assess intratester, intersession, and intertester reliability for the variables of interest.

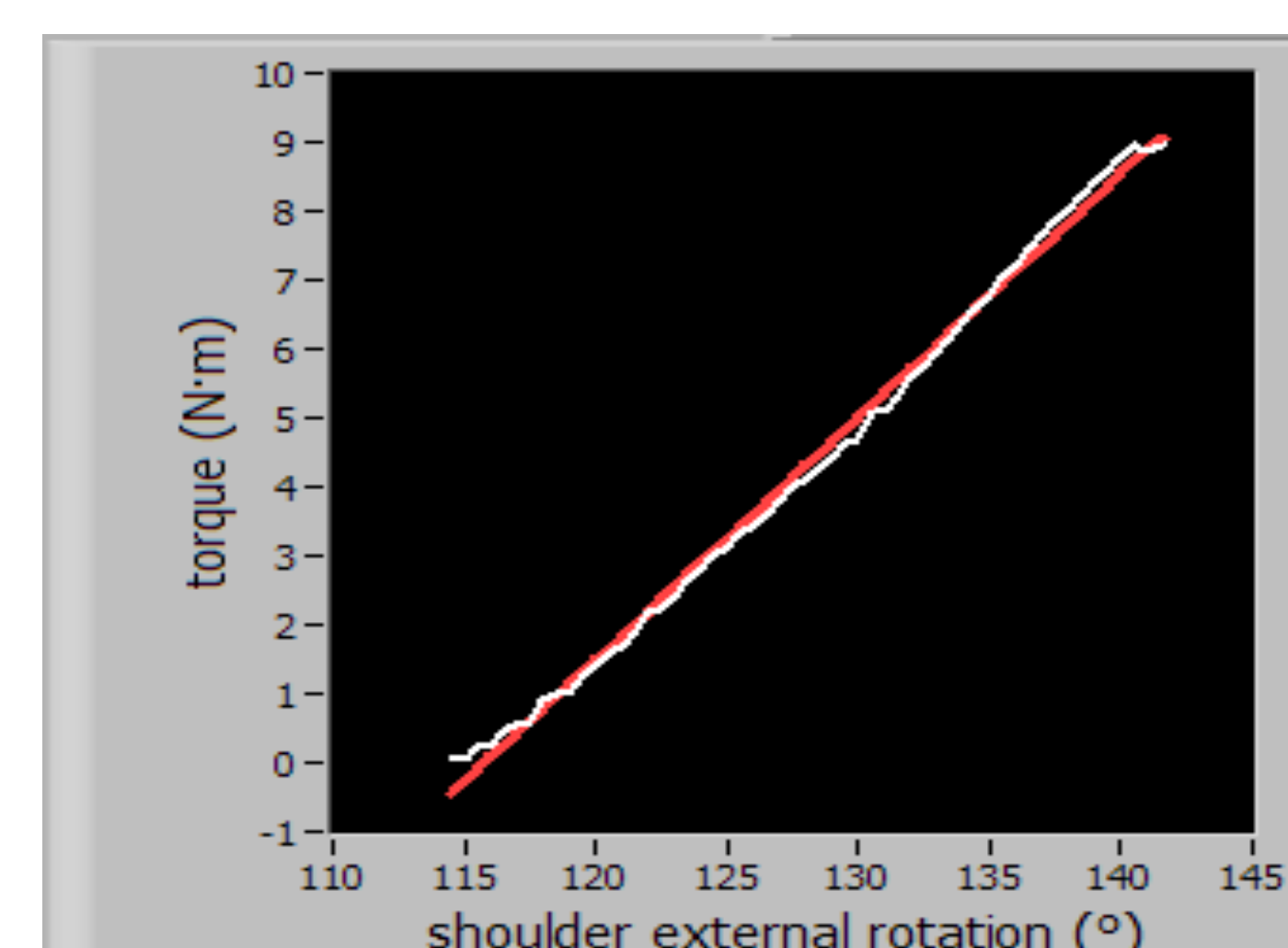
Results/Discussion

- Describe and discuss 5 important findings (3 sentences for each bullet). Sentence 1: share the conclusion in “lay terms”. Make sure you address the magnitude of the findings (was it “big or small”? Was it superior or inferior? etc.). Sentence 2: present the evidence (data) to support your conclusion. Sentence 3: interpret the finding (tell the reader what it means) and/or share the clinical significance. Here is an example: “The 8 week weight training intervention increased strength dramatically in the elderly group. The bench press increased by 42% ($p < 0.05$) and the leg press increased by 33% ($p < 0.05$). These findings suggest that weight training is an effective way for elderly populations to rapidly improve strength.

- Finding 2

- Finding 3

Figure



Present the figure or table from the results section of your paper that shares the most important data/finding from your study. Include a caption with a brief explanation that is easy to understand. The figure and caption should be able to “stand alone”. “Highlight” the key finding(s) with an arrow, a circle, “Word Art”, etc.

Future Questions

- List two important questions or topics that need to be addressed
- Second question here