

**Are you feeling...**

**Harried?**

**Overwhelmed?**

**Out Of Control?**

**Unbalanced?**



**Come experience a Relaxing  
Stress Reduction Session with  
Joyce**

***SPECIAL OFFER***

**\$50 for 1 session, regular fee \$95.00  
Call for your appointment today  
925-681-3168.**

Joyce brings to her practice as a Behavioral Therapist 30 years of experience, both in the corporate world and the private sector. Her background includes experience in management, counseling, mentoring, community service, training and stress management.

Her programs are specifically designed to tap into your Inner Wisdom for healing, personal empowerment and transformation.

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