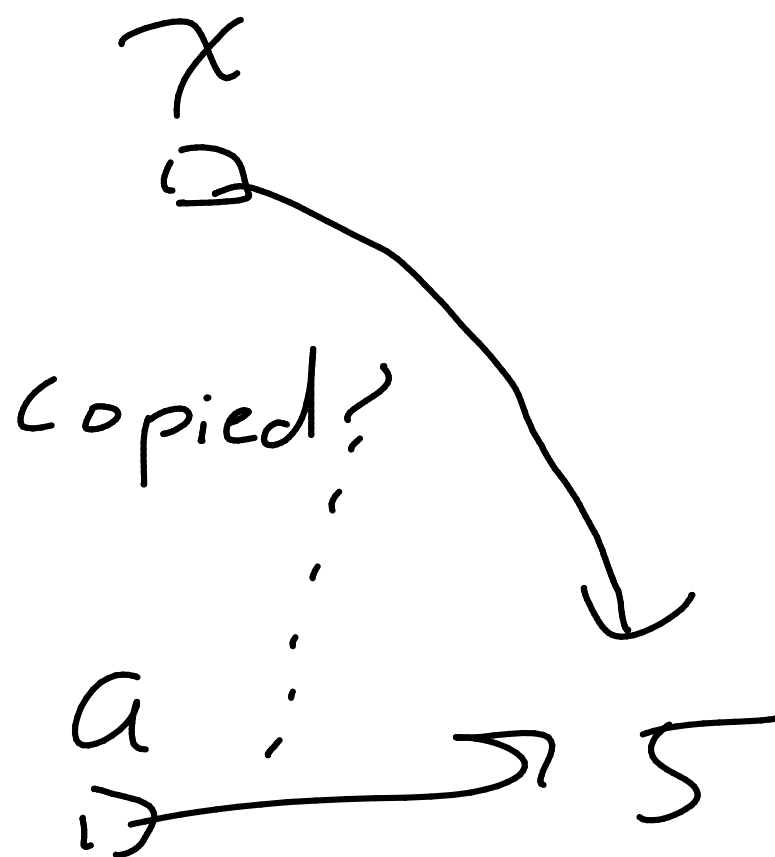Python is call-by-value, so
long as you understand the
value that gets copied is
a pointer/reference

foo(x)
  x=6

x

copied?

main
  a=5
  foo(a)

a → 5

This model is common in
many languages. (Scheme too!)

Some instead call it

Call-by-sharing

Call-by-object-reference