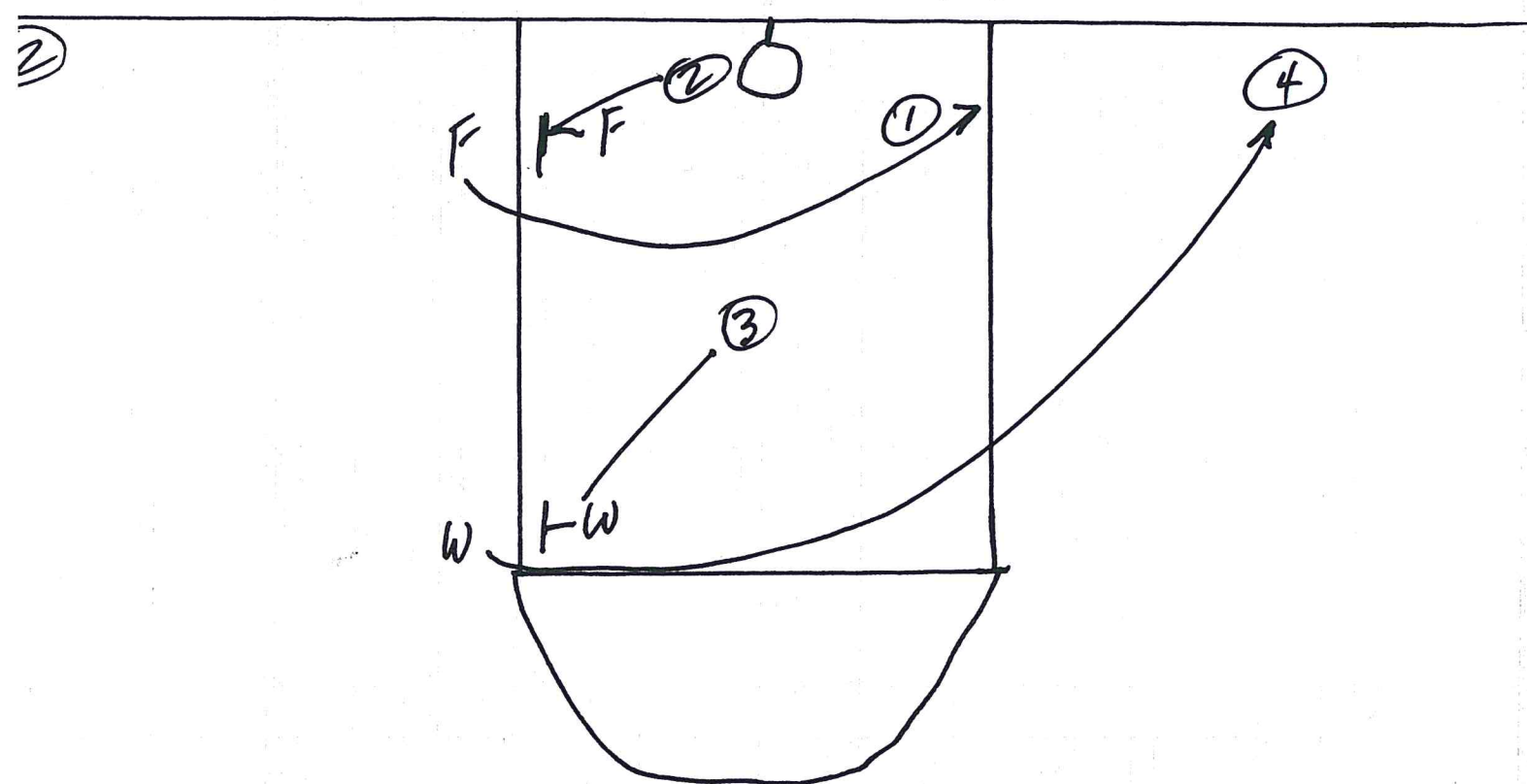
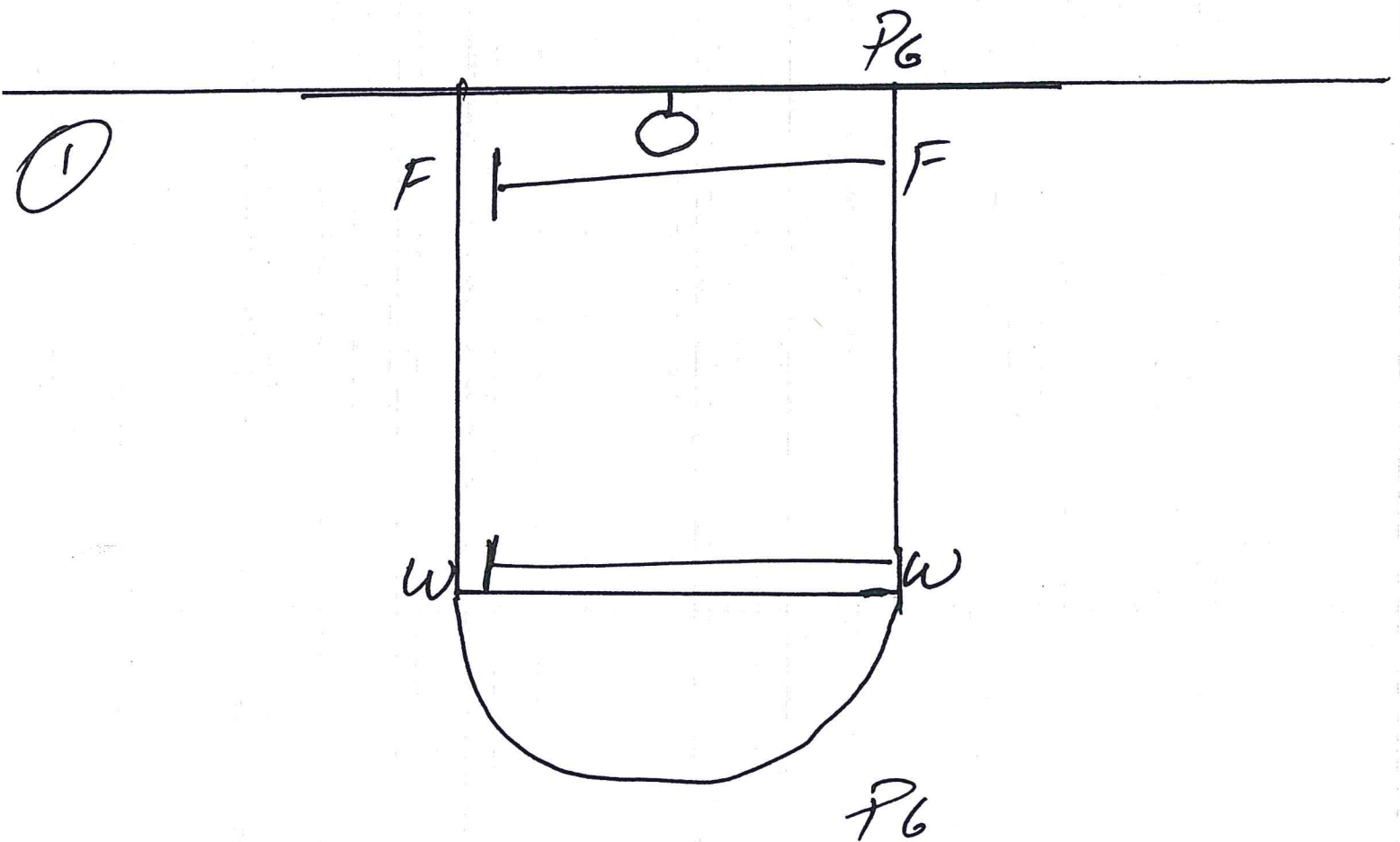


## OUT OF BOUNDS PLAY UNDER OUR OFFENSIVE BASKET

1. POINT GUARD (PG) THROWS THE BALL IN. FORWARDS (F) LINE-UP (FACING STRAIGHT AHEAD) AT THE LOW POSTS. WINGS (W) LINE-UP (FACING STRAIGHT AHEAD) AT THE ELBOWS.
2. THE TWO PLAYERS, ON THE SIDE OF THE FLOOR CLOSEST TO THE BALL, PICK ACROSS FOR THE PLAYERS ON THE OPPOSITE SIDE OF THE COURT.
3. THE FORWARD RECEIVING THE PICK IS THE PG's FIRST (1<sup>ST</sup>) PASSING OPTION. HE **WAITS FOR THE PICK TO BE SET** AND THEN MOVES AROUND THE PICK TOWARD THE BASKET. THE FORWARD SETTING THE PICK SPINS ON THE DEFENDER HE HAS PICKED (KEEPING THE DEFENDER BEHIND HIM) AND THEN MOVES TOWARD THE BASKET. HE IS OPTION #2. THE WING SETTING THE PICK SPINS ON THE DEFENDER HE HAS PICKED (KEEPING THE DEFENDER BEHIND HIM) AND MOVES TOWARD THE BASKET. HE IS OPTION #3. THE WING RECEIVING THE PICK MOVES TO THE FAR CORNER OF THE COURT (AS A SAFETY VALVE). HE IS OPTION #4.

# OUT OF BOUNDS UNIDIR OFFENSIVE BASKET



### **1-3-1 ZONE HALF COURT PRESS**

POINT GUARD (PG) IS LOCATED AT THE TOP OF THE PRESS IN THE MIDDLE OF THE COURT NEAR THE ½ COURT LINE.

THE CENTER (CTR) IS LOCATED IN THE 2<sup>ND</sup> LINE IN THE MIDDLE OF THE COURT AT THE TOP OF THE KEY.

THE WINGS (W) ARE LOCATED IN THE 2<sup>ND</sup> LINE ON EITHER SIDE OF THE CENTER.

THE BACK (B) IS LOCATED IN THE 3<sup>RD</sup> LINE BEHIND THE CENTER IN THE MIDDLE OF THE FOUL LANE.

AS THE OFFENSIVE PLAYER DRIBBLING THE BALL APPROACHES THE ½ COURT LINE THE (PG) ATTEMPTS TO “SHEPARD” HIM TO ONE SIDE OF THE COURT. THE (W) ON THE BALL SIDE DOUBLE TEAMS THE OFFENSIVE BALL HANDLER, WITH THE (PG), AS SOON AS THE BALL HANDLER CROSSES THE ½ COURT LINE WITH THE BALL.

THE (CTR) MOVES INTO THE STARTING POSITION OF THE (PG) TO CUT OFF THE PASSING LANE NEAR THE ½ COURT LINE. THE OPPOSITE (W) (WHO IS NOT INVOLVED IN THE DOUBLE TEAM) MOVES INTO THE POSITION ORIGINALLY OCCUPIED BY (B) TO PROTECT THE BASKET. THE (B) MOVES TO THE SIDELINE NEAREST THE BALL TO CUT OFF THE PASSING LANE DOWN THE SIDELINE.

**(SEE DIAGRAM #1)**

IF THE BALL HANDLER IS LOCATED IN EITHER OF OUR DEFENSIVE BASELINE CORNERS OF THE COURT— THEN WE TRAP IN THAT CORNER. THE (W), ON THAT SIDE OF THE COURT, AND (B) DOUBLE TEAM IN THE CORNER. (CTR) MOVES DOWN TO THE LOW POST ON THE BALL SIDE OF THE COURT TO PROTECT THE BASKET. PG MOVES TO CUT OFF THE PASSING LANE ON THE SIDELINE AND THE OPPOSITE (W) MOVES TO CUT OFF THE PASSING LANE TO ANY OFFENSIVE PLAYER IN THE CENTER OF THE COURT.

**(SEE DIAGRAM #2)**

1-3-1

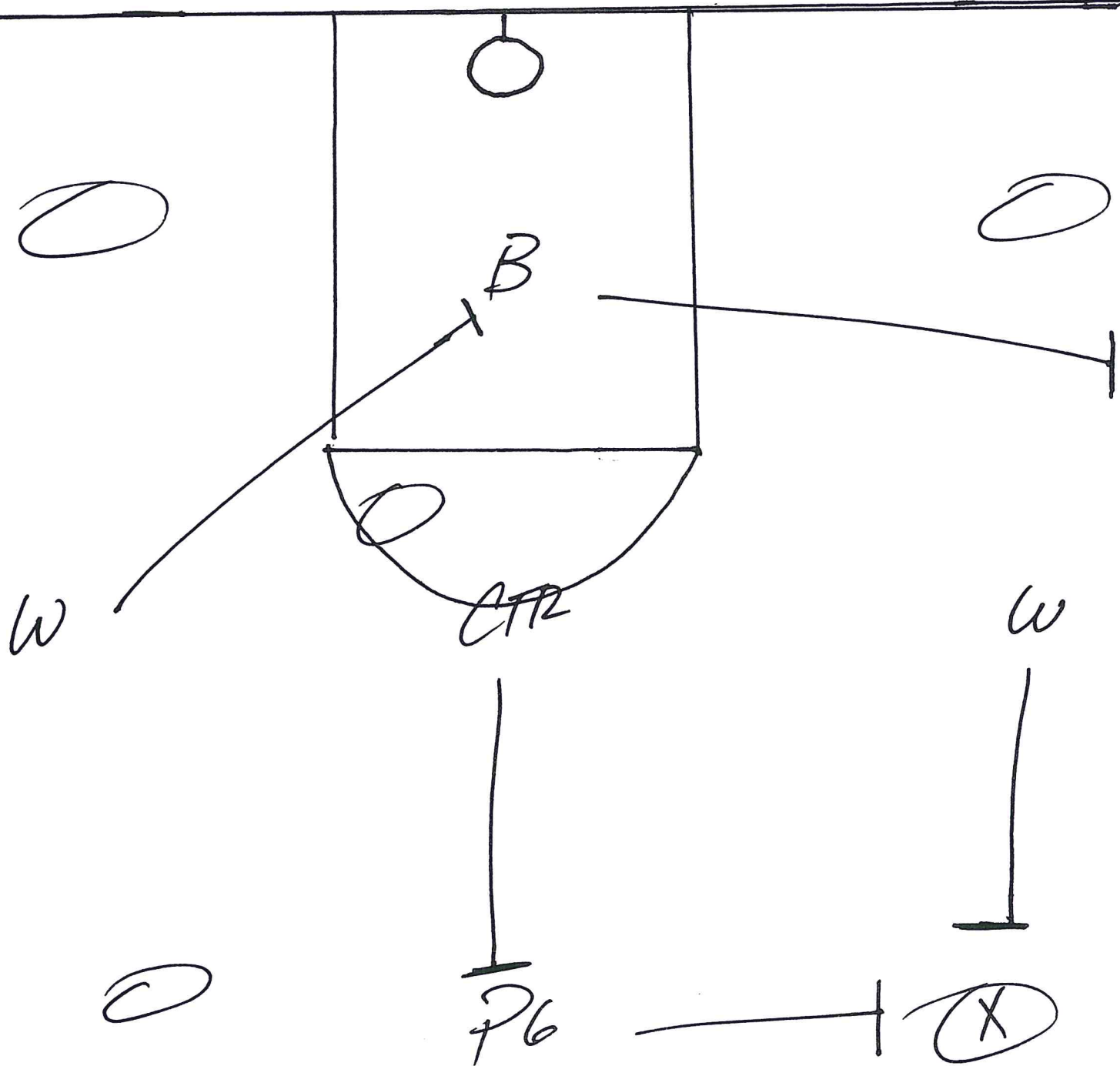


Diagram #1

1/2 COUNT LINE

1-3-1

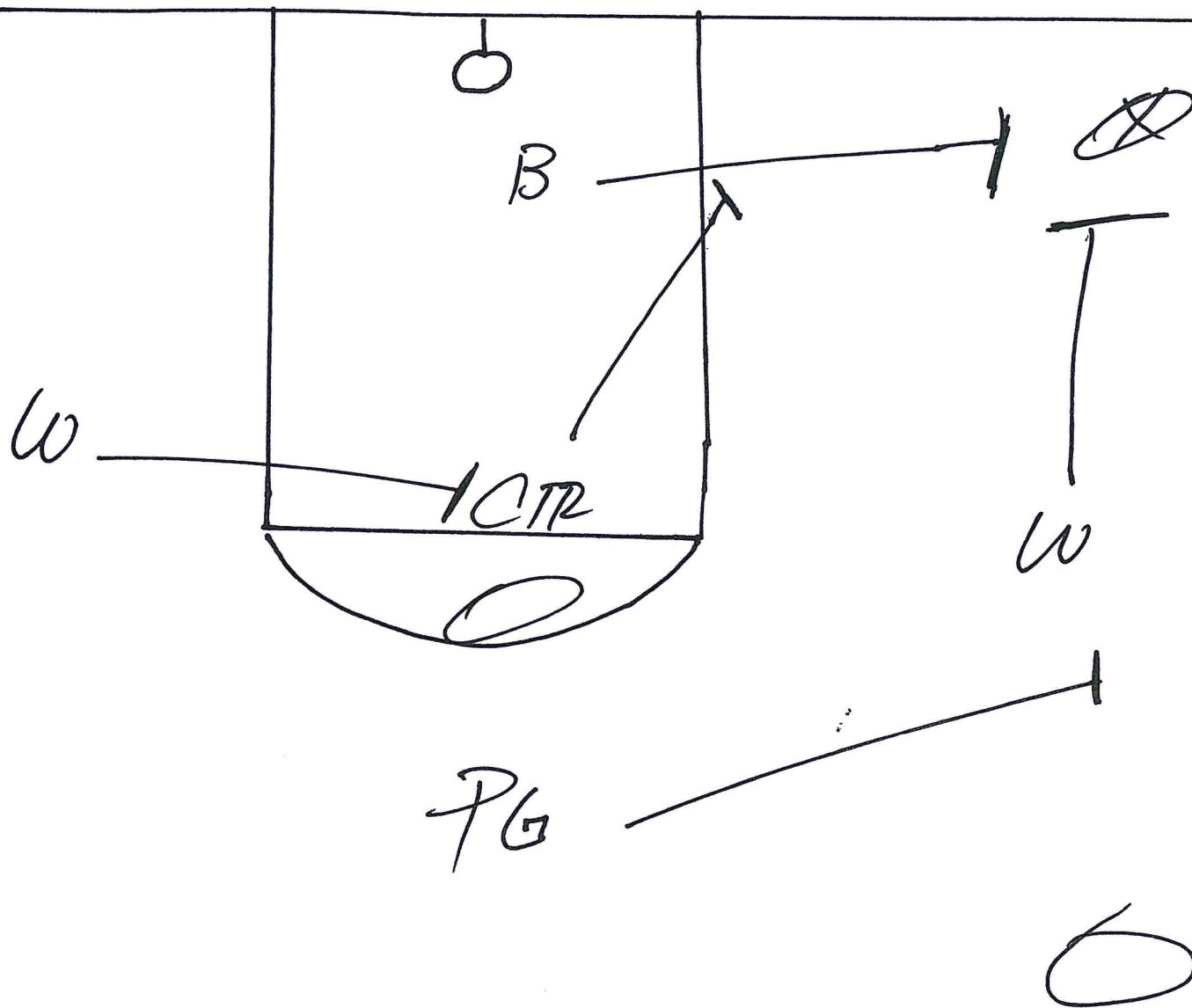


Diagram #2

$\frac{1}{2}$  count line



## ZONE OFFENSE

1. OUR BASIC SET AGAINST A 2-3 ZONE DEFENSE IS A POINT GUARD, 2 WINGS AND 2 FORWARDS. SEE DIAGRAM #1.

### OVERLOAD PLAY.

Point guard dribbles right or left toward a wing—replacing the wing who moves to the corner. The opposite forward moves to high post on the “strong” side of the court creating a “box” of 4 players on the strong side. Diagram #2.

### “THROUGH” PLAY

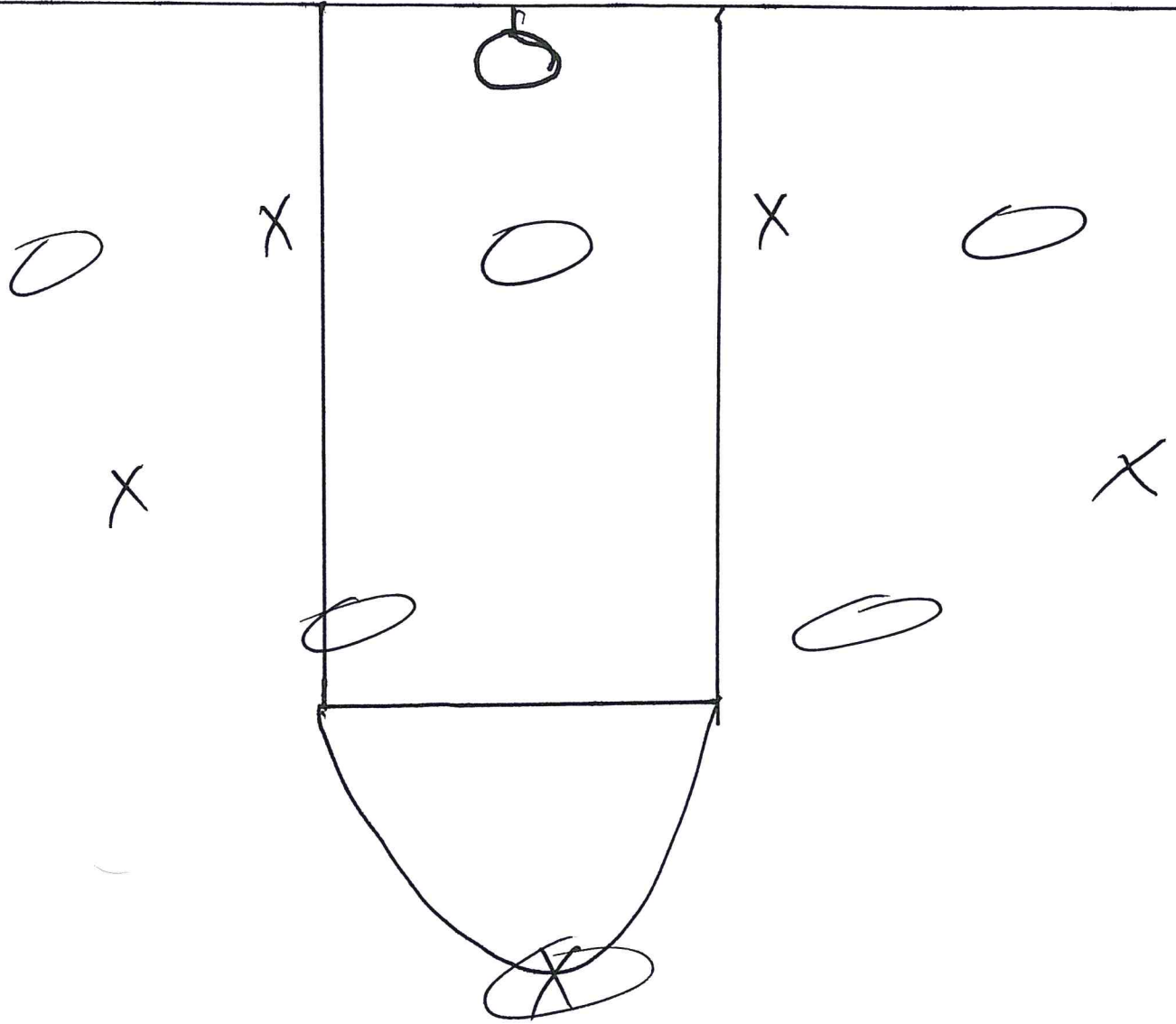
The point guard calls one of his teammates “through”. The “through” player runs the baseline to the opposite corner. Diagram #3— where the right wing is the “through” player. The ball is passed to the left wing who passes to the “through” player when he gets to the corner. The forwards both pick for the through player.

### ROTATION

The two forwards rotate (in a triangle) through the middle of the foul lane in a counter-clockwise direction looking to receive a pass from the point guard or either wing. See Diagram #4 where the right forward follows the left forward. (Both forwards signal with there hands when they are about to move to the next station.)

2012

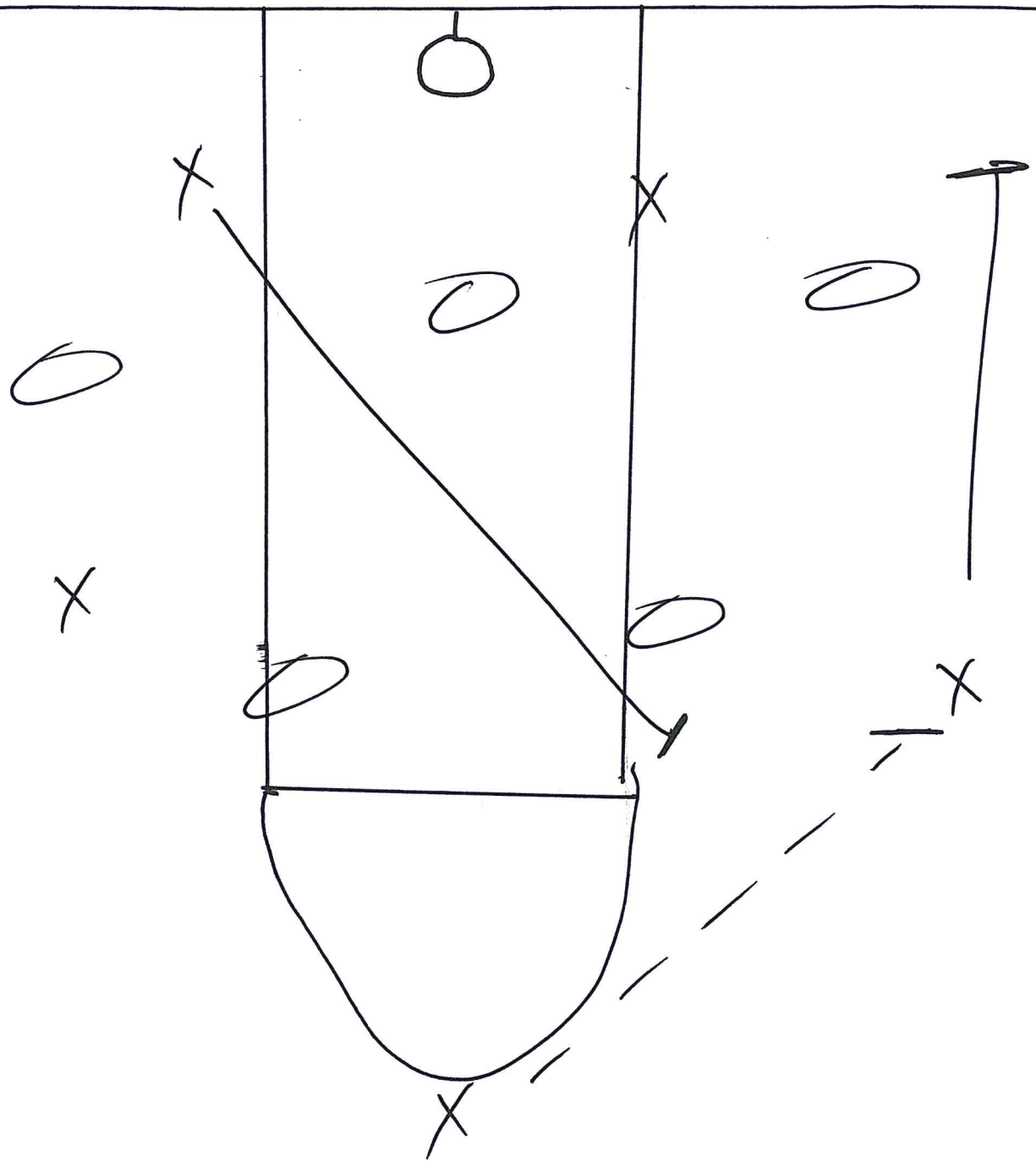
2012 OFFENSE



#1

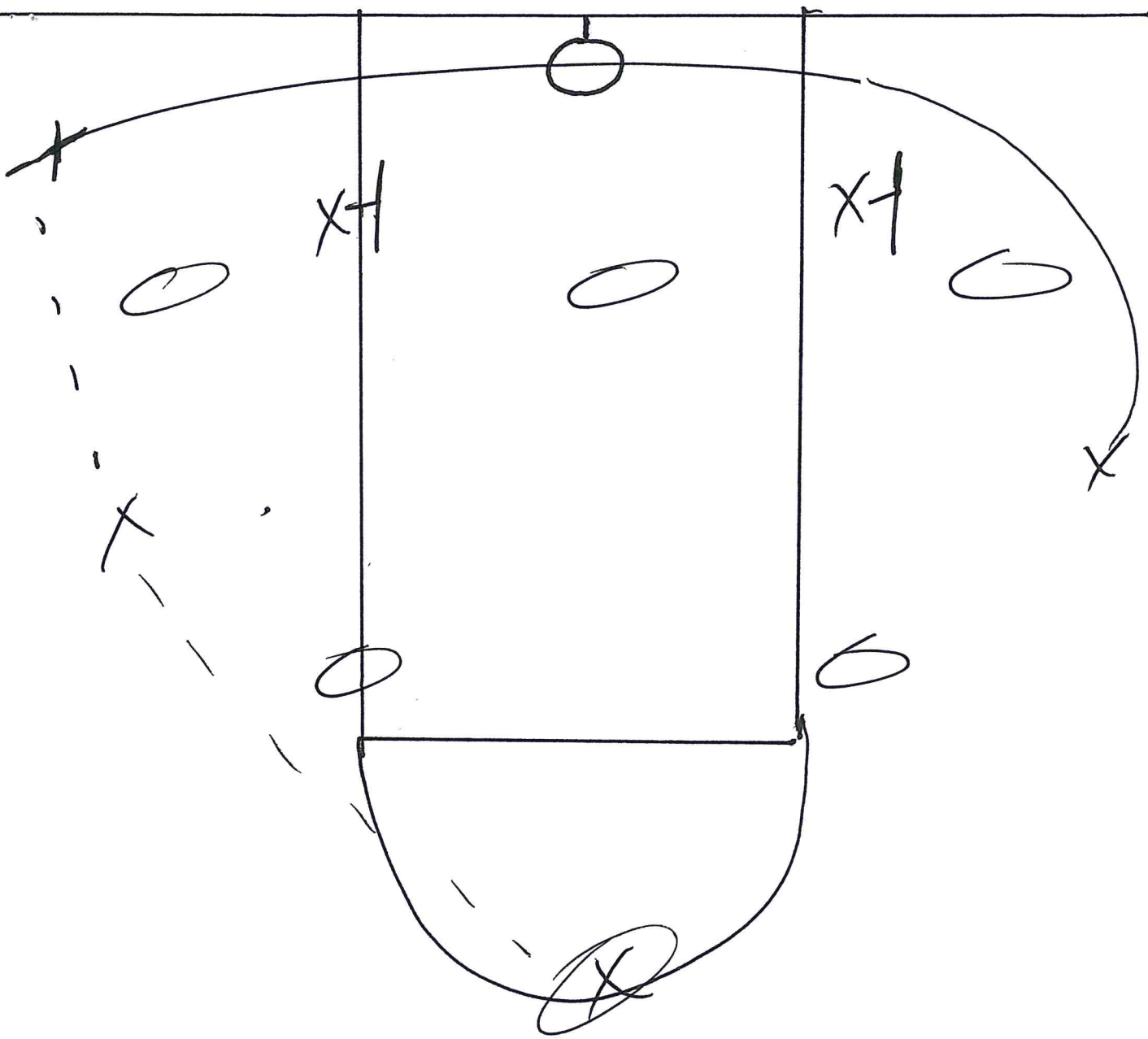
X = OFFENSE  
O = DEFENSE

...1

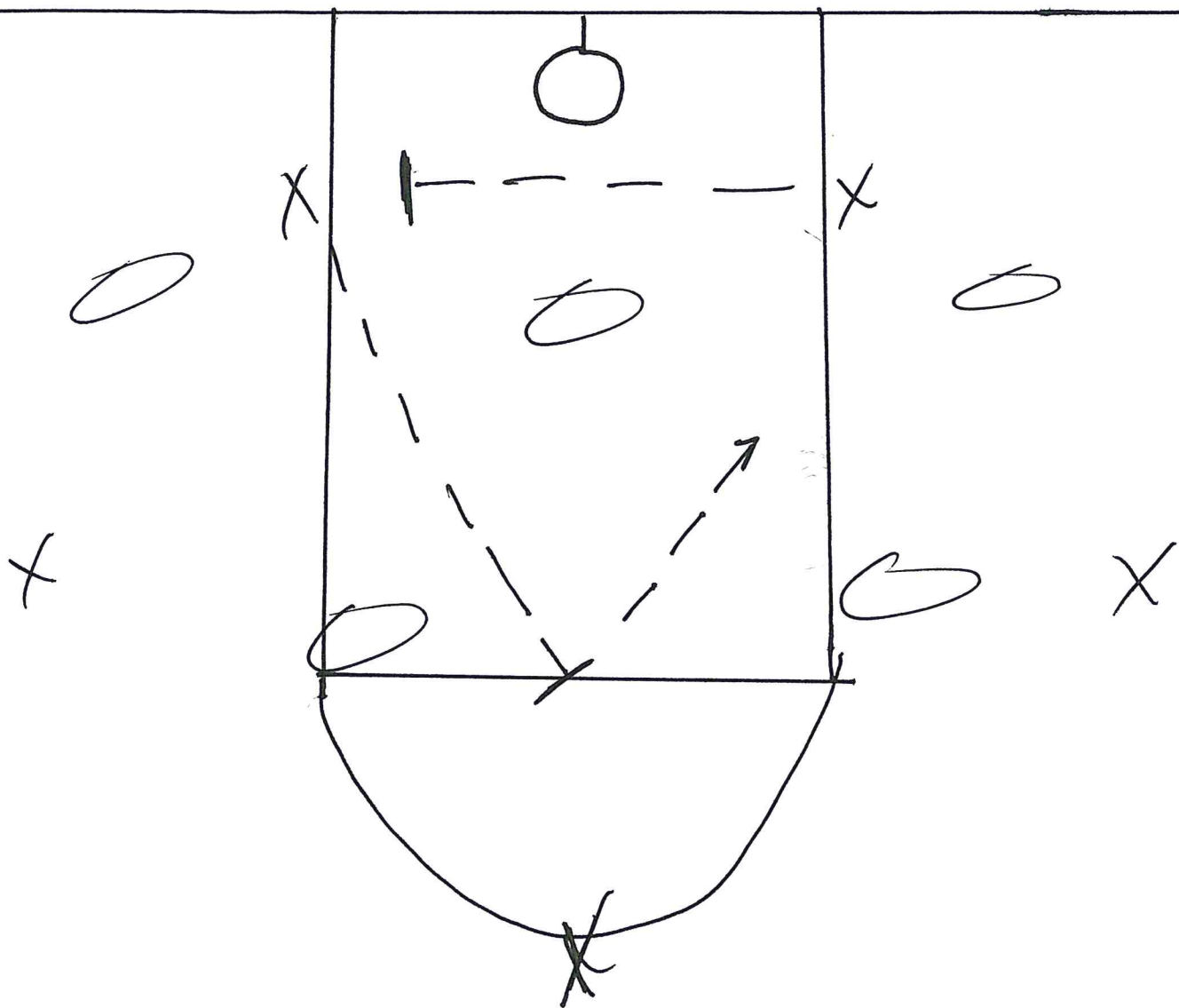


#2





#3



## CONTINUITY OFFENSE

POINT GUARD PASSES TO EITHER WING AND SETS A PICK FOR THE OPPOSITE FORWARD. OPPOSITE WING CUTS TO THE BASKET (BEHIND THE POINT GUARD).

BALL SIDE FORWARD SETS A PICK FOR THE FORWARD OFF THE BALL.

FORWARD OFF THE BALL USES THE TWO PICKS AND CUTS TO THE FOUL LINE.

BALL SIDE FORWARD THEN REPLACES THE (OFF THE BALL) WING.

BALL IS PASSED TO THE FORWARD (WHO STARTED OFF THE BALL) AT THE FOUL LINE.

(PLAY IS NOW REPEATED)

# CONTINUITY OFF-FUNCTIONS

