

## Desk Research

Desk research is another name for secondary research. Broadly speaking, there are two types of research activity: primary research (where you go out and discover stuff yourself); and secondary research (where you review what other people have done).

I gathered my data by looking for articles on Teenagers' use of social media in connection with bullying and looking for relevant information.



### Teenagers' use of social media in connection with bullying (Desk Research)

As I started my research I found out that most of the social media's bully are being untold, and unrepresented in today's life. Unlike past, where each and every moments couldn't be recorded, now it has been possible with the introduction of smart gadgets and social medias. People are recording even minor mistakes of an individual and posting them carelessly over the internet.

The hate comments and the reaction are being a vital element for encouraging the bully culture.

The result of being bullied are more than the fame minimization or being ashamed. It has caused mental tensions, depressions and even led to suicides.

Blackmail, sexual harassment and humiliation are being the components of social attack individual and group.

## Observation

**Observation** is the active acquisition of information from a primary source. In living beings, **observation** employs the senses. Unlike in scientific lab studies, observation in general means looking at the patterns and sequences that the subjects make.

## Queue culture

For the observation test, I have chose my own working place 'Mother Restaurant'. It is quite busy in weekend nights and people have to be in queue before getting a table for them.



My observations:

- People who wait for their turn usually are in group or couple, so they keep talking to each other and get busy in their mobile after wards.
- Going out in the air and again coming back in the restaurant.

- Some people wait for a while and leave without having their food.
- Some of them go in the bar area to kill their time and have a drink.
- Some of them keep asking the manager for the adjustments of the seats.

### Interview:

How they find entertainment in everyday life.



Interview is also regarded as one of the primary data sources as the information is taken from the first person as per his/her personal experience and knowledge in certain field, subjects, etc.

I planned to interview my housemate who lives in the basement, who is also Nepali and currently studying Masters in Niels Brock college. As I have certain elements to suppress my sadness in this cold land, this was a chance for me to know how other Nepali students catch up with their daily life and dopamine level being happy, studying and working.

These were the outcomes from the interview:

- You can't change the rule, the system or the work and education system, but you have to feel happy inside it, apply it to yourself and try to find happiness in it.
- Sometimes, for the entertainment, they have party at the weekends, drinking and singing in group.

- Priority should be given to study as it is the main thing that we are here for, and then in leisure time, read books, listen music or even grow skills in the interests.
- He is kind of introvert so, he likes to listen to audio novels, sketch rather than going out.
- He taught me that, rather than finding happiness in the outer world, it should be grown from me within.