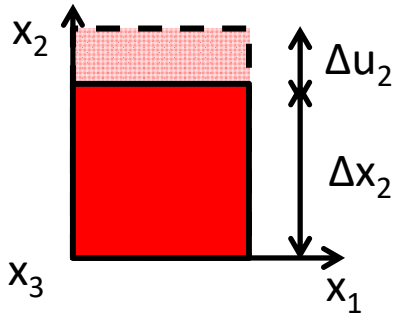
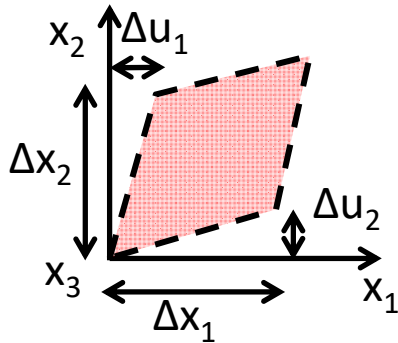


$$\varepsilon_{11} \approx \frac{\Delta u_1}{\Delta x_1}$$



$$\varepsilon_{22} \approx \frac{\Delta u_2}{\Delta x_2}$$



$$\varepsilon_{12} \approx \frac{1}{2} \left( \frac{\Delta u_1}{\Delta x_2} + \frac{\Delta u_2}{\Delta x_1} \right)$$