

# Barriers to Communication

EPISODE 3

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# Lesson for Today

## BRIEF INTRODUCTION

For today's lesson we are going to talk about the four categories of communication barriers. These barriers may affect when we are conveying messages and by means of knowing them, it may help us to eliminate those barriers.



# Understanding the Lesson

## BARRIERS TO COMMUNICATION

When we are having a conversation to someone, sometimes there are situations that they did not understand what we are trying to say. It is because there are tendencies that there are barriers. A communication barrier is a misunderstanding that stops a message from reaching its intended recipient.



# four Categories of Barriers to Communication

## 1. PHYSICAL BARRIERS

The term physical barrier refers to the conditions that act as a roadblock and prevents effective communication. These are the natural or environmental conditions that act as barriers in communication whenever we are sending our messages.

## EXAMPLES

### NOISES

It could be from your surroundings like the horn of the vehicles, your neighborhood playing loud music, shouting, and construction site near your area.



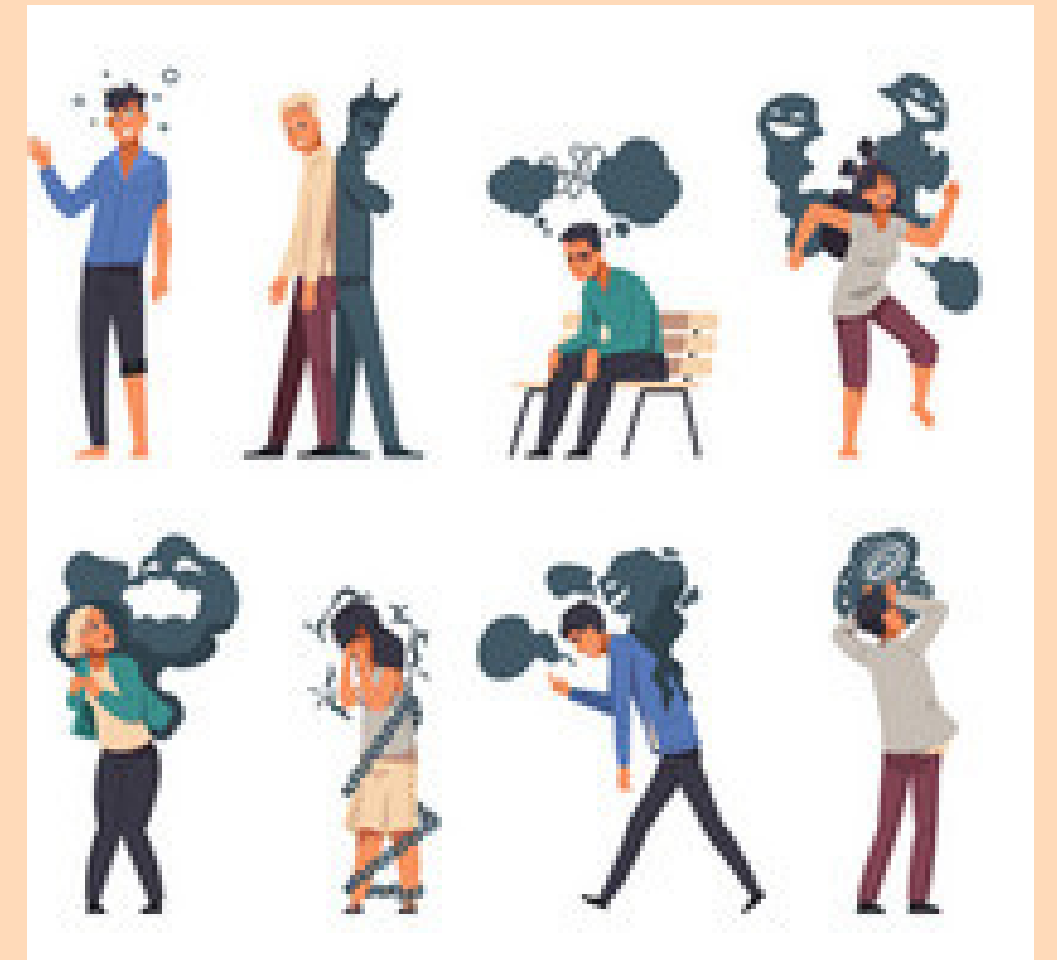
# four Categories of Barriers to Communication

## 2. PSYCHOLOGICAL BARRIERS

Psychological barriers refer to the internal belief of a person that stops him from effectively completing a task. It also refers to the emotions, opinions, and status consciousness of an individual and has a direct impact on his ability to communicate with others in a positive frame of mind.

## EXAMPLES

Due to traumas, depression, anxiety, low self-esteem and stage fright. It hinders someone to communicate effectively.





# four Categories of Barriers to Communication

## 3. CULTURAL BARRIERS

Cultural barriers are challenges to cross-cultural communication within an organization. These are communication problems encountered by people due to their own personal values, beliefs, & traditions which are in conflict with others.

### EXAMPLES

- Religion
- Age
- Gender
- Perspectives
- Traditions



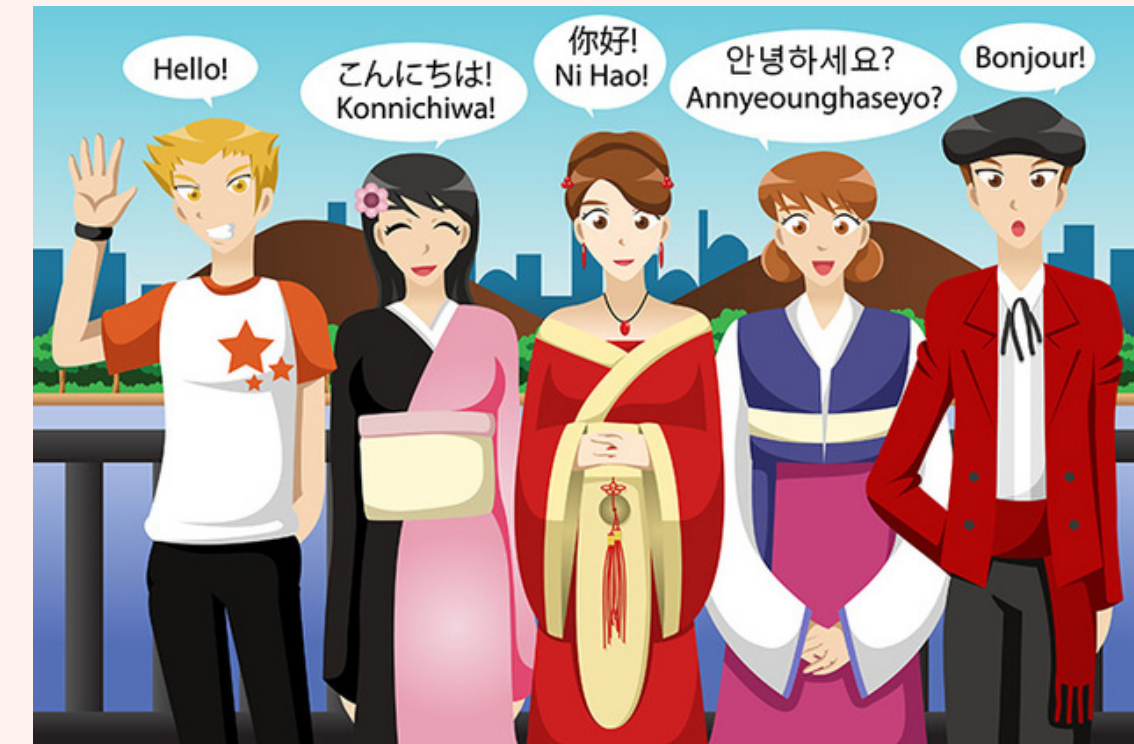
# four Categories of Barriers to Communication

## 4. LINGUISTIC BARRIERS

A language barrier is a figurative phrase used primarily to refer to linguistic barriers to communication. Words and delivery of statements have different meanings, especially in different places.

## EXAMPLES

Group of people from across the world. It hinders the communication because of the different languages that they have.





# Is everything clear so far?

Those are the four categories of barriers to communication that might affect us when we are communicating to someone. It can be controlled by knowing those barriers and resolve those situations for you to have a better conversation, as well as to have an effective communication.





# Summary of Today's Class

Remember that barriers to communication is a misunderstanding that stops a message from reaching its intended recipient.



## Four Categories of Barriers to Communication

### 1. PHYSICAL BARRIERS

These are the natural or environmental conditions that act as barriers in communication whenever we are sending our messages.

### 2. PSYCHOLOGICAL BARRIERS

They are mental barrier that refer to the social and personal issues of a speaker towards communicating with others.

### 3. CULTURAL BARRIERS

These are communication problems encountered by people due to their differences in some aspects.

### 4. LINGUISTIC BARRIERS

Words and delivery of statements have different meanings, especially in different places.