# Welcome to the Student Success Mentorship Program!

# **About Becoming YU**

Becoming YU provides students with a framework to identify the skills they have and the ones they might want to improve on, space to set meaningful goals, and tools to reflect on and track their progress. Through Becoming YU students will recognize the value of their experiences, have greater clarity about their academic, personal and professional goals, and articulate their skills and accomplishments with confidence!

While Becoming YU is designed to be self-driven by students, supervisors, mentors and coaches play a key role. Students will complete a series of sections through a customized pathway to reflect on their experiences and track the competencies and skills they're developing through these experiences.

# **The Student Success Mentorship Program**

The Student Success Mentorship Program aims to provide students the opportunity to apply Becoming YU to any aspect of their life (volunteer position, part-time job, student club, student/academic life). Each mentee gets assigned a mentor that will guide them through the program in a series of individual and group check-ins.

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I was not sure what to expect with the Becoming YU Student Success Mentorship program, and I was pleasantly surprised by how helpful and beneficial it has been. The program encouraged me to engage in self-reflection activities to identify areas of improvement in competencies that furthered both my personal and professional skillssets. My mentor was encouraging, patient, compassionate and very knowledgeable, guiding me and keeping me productive and on the right track, towards success.



## **Getting Started**

You should expect an email from your mentor 2-3 weeks after onboarding into the program. Your mentor will introduce themselves and ask you to fill out the first form on Experience York "Experience Details, Goal Setting & Skills Selection". Afterward, you and your mentor will set up a time to meet for your first check-in meeting.

- 1.Log into Experience York and enroll in the correct program. Refer to these instructions on how to do so: <a href="Experience York Instructions"><u>Experience York Instructions</u></a>
- 2. Fill out the first form on Experience York "Experience Details & Goal Setting". Watch the <u>Becoming YU Student Orientation</u>.

## **Need Help?**

- Ask your mentor for help if you're unsure about your next steps!
- Visit our website to more resources on Becoming YU:
   <u>Becoming YU Website</u>
- Still stuck? Email us at becomeyu@yorku.ca

#### **Program**

The Becoming YU Student Success Mentorship program includes the following check-ins:

#### 1. **First Checkpoint** (Individual)

Check-In Meeting Length: approximately 30 minutes

Date Range: Sep. 19th- Sep. 30th

► Individual Checkpoint & Introduction to the program

Mentees complete the Experience Details, Goal Setting & Skills Selection

form on Experience York.

The first checkpoint occurs in the first two weeks after being onboarded into the program. Mentees meet with their peer mentors to discuss goals that they'd like to set for the year, these goals are specific to their position/role and their personal leadership, academic, and career goals. Once objectives have been determined, skill-building experiences/projects will be discussed to determine how the mentee can achieve these goals.

#### 2. **Second Checkpoint** (Group)

Check-In Meeting Length: 45-50 minutes

Date Range: Oct. 17th- Oct. 28th

► Group Checkpoint & Progress Measurement There is no mandatory form for mentees to complete.

This group checkpoint allows students to collaborate with each other by finding meaningful ways to accomplish their goals, give feedback and practice their networking skills.

#### 3. **Third Checkpoint** (Individual)

Check-In Meeting Length: 20-30 minutes

Date Range: Dec. 5th - Jan. 20th

► Individual Checkpoint & Progress Measurement

Mentees complete the Mid-Way Check-In form on Experience York.

Mentees meet with their peer mentor to discuss their accomplishments as well as their progression towards their goals by assessing their growth and addressing any challenges they have had.

#### 4. **Fourth Checkpoint** (Group)

Check-In Meeting Length: 45-50 minutes

Date Range: Feb. 13th - Feb. 24th

► Group Checkpoint & Progress Measurement There is no mandatory form for mentees to complete.

This group session allows students to discuss with their peers about their progress towards their goals and any challenges/accomplishments that may have occurred.

#### 5. **Fifth Checkpoint** (Individual)

Check-In Meeting Length: 20-30 minutes Date Range: March 27th - April 14th

► Invidividual Checkpoint & Progress Measurement

Mentees complete the Final Check-In form on Experience York.

Mentees meet with their peer mentors for a final time to recap their goal progression and achievements throughout the program.

All successful participants will receive a certificate of completion at the end of the program.

## **Mentees' Timeline:**

