
















Nexplanon Insertion

Consent form		For explaining the procedure, risks, and benefits to the patient and getting their permission to proceed.
Timeout Sheet		A checklist for doing timeout.
lidocaine 1% without epinephrine, 3 mL		For numbing the arm prior to insertion.
5 mL Syringe		For injecting lidocaine.
18 gauge needle		For drawing up lidocaine into the syringe. Do not let the patient see this needle.
25 to 27.5 gauge needle		A small and friendly needle for injecting lidocaine.
Chucks pad		Put this under the patient's arm in case of bleeding.
Paper Measuring Tape		For measuring the location of the insertion site.
Derm Marker		For marking the insertion site.
Chloraprep		An antibacterial solution for cleaning the skin prior to insertion injection of lidocaine or insertion of the nexplanon.
Nexplanon Kit		The device that is used for inserting the nexplanon.
x2 Sterile Gauze, 2" x 2"		For bandaging the wound, holding pressure, and cleaning the wound.
Alcohol Prep Pads x 2		For cleaning off any blood after the insertion is complete.
Steri-Strips		For cutting steri-strips prior to application. Cut in half, hamburger style.
Coban		For wrapping the wound after insertion.