
















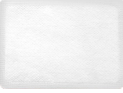


# Mirena Insertion

Consent form		For explaining the procedure, risks, and benefits to the patient and getting their permission to proceed.
Timeout Sheet		A checklist for doing timeout.
Chucks pad		For placing used items during the procedure.
Lubricant		Water based. Applied to the speculum prior to insertion.
Wash basin		Fill with warm water and set the unopened speculum inside. Warm speculums improve patient comfort.
Speculum		A hinged instrument used to visualize the cervix. Warmed up and white-colored speculums are more tolerable.
Fox Swab		Cotton-tipped swabs for removing mucus or blood, gently repositioning the cervix, and holding pressure on the puncture sites on the cervix after the tenaculum is removed.
Sterile Gloves		Sterilized gloves for handling anything that crosses the cervical os. Get the appropriate size for the provider.
Ringed Forceps		For grasping the povidone-iodine swabs for cleaning the cervix. Also used for removing the IUD if there's a problem after insertion.
Povidone-Iodine Swabs		Swabs for cleaning the cervix before inserting the IUD. Also called Betadine swabs.
Tenaculum		A sharp, hooked instrument used to grasp and stabilize the cervix during IUD insertion.
Pipelle Endometrial Sampler		A thin flexible tube with markings for measuring the size of the uterus.
Flexible Cervical Dilator		A mildly flexible plastic that tapers to a rounded point. For dilating the cervix.
Mirena		Ordered by the provider and picked up by the technician at the pharmacy.
Long Metz Scissors		Scissors with long handles for trimming the IUD strings after insertion.
Hand Wipe		For cleaning hands and/or vulva after the procedure.
Panty liner		To be given to the patient after the procedure in case of spotting.
Menstrual Heating Pad		A pad that heats as soon as the package is opened. Applied to lower abdominal area.