

To Proxy or not to Proxy

Gaining RCE with files

And what to do about it

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About Me

Developer // TerreActive

Pentester // Compass Security

Developer // Universitätsspital Zürich

SOC Analyst // Infoguard

RedTeam Lead // Raiffeisen

Memory Corruption Exploits & Mitigations
// BFH - Bern University of Applied Sciences

Gaining Access

// OST - Eastern Switzerland University of Applied Sciences

SSL/TLS Recommendations
// OWASP Switzerland

Burp Sentinel - Semi Automated Web Scanner // BSides Vienna

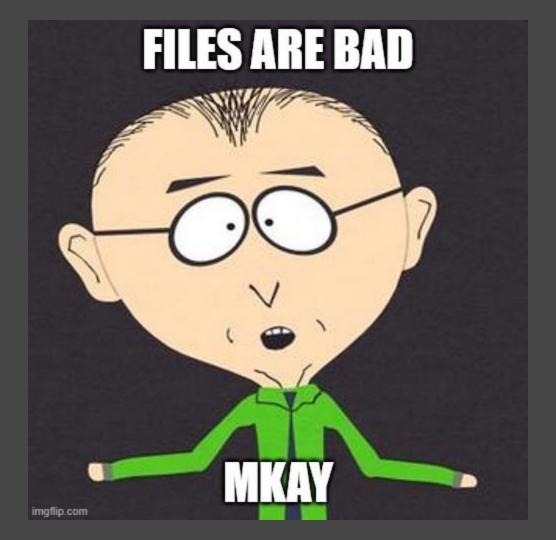
Automated WAF Testing and XSS Detection
// OWASP Switzerland Barcamp

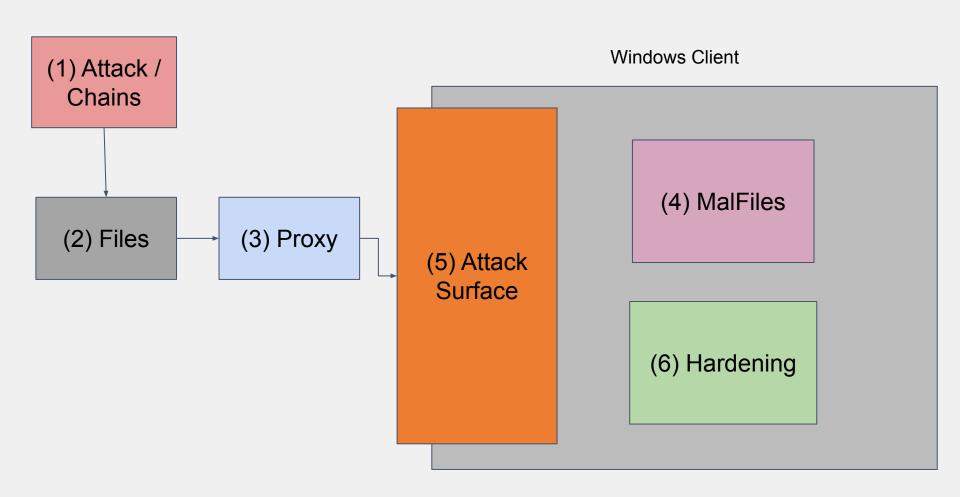
Fuzzing For Worms - AFL For Network Servers
// Area 41

Develop your own RAT - EDR & AV Defense
// Area 41

Avred - Analyzing & Reverse Engineering AV Signatures // HITB HKT

My First And Last Shellcode Loader
// HITB BKK





- Intro
- 2025 Initial Access Attack Chains
- What are files
- Content Filter & Bypasses
- Malicious File Types
- (Windows) Attack Surface
- (Windows) Hardening
- Recommendations
- Practical Examples
- Outro

The research is from 2023

Talk at:

- RedTeam Kabal
- SIGS SOC Forum (June 25)
- Xorlab (October 30)

Security Products not relevant for this talk

- AntiVirus, EDR, Sandboxes etc.
- see my other talks to bypass
 - AV: Avred
 - EDR: SuperMega

Red Teaming

Immitate Threat Actors

Compromise Ourselves

Bank

High security posture

Lots of users

Exploits

- Unpatched Software
- Misconfigured Software

Supply Chain

- Backdoored Software
- Connected Networks

Credential Misuse

- Phishing
- Password Storage
- Authentication
- Cloud
- Brute Force
- MFA
- Cookie Stealing

Gaining RCE with files And what to do about it

Intro

Attacker

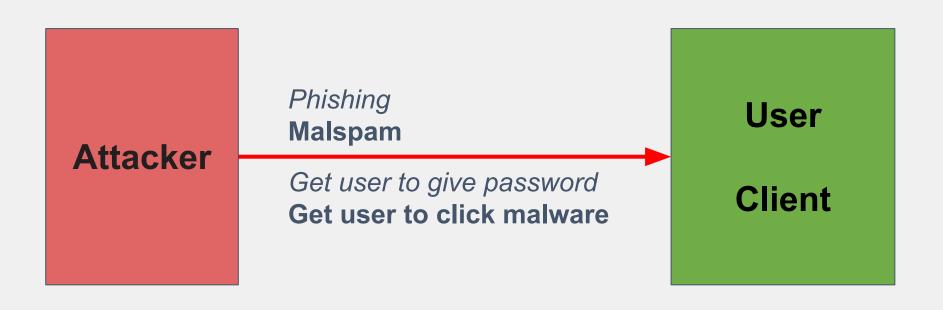
Hostscan Portscan Webscan Vulnscan

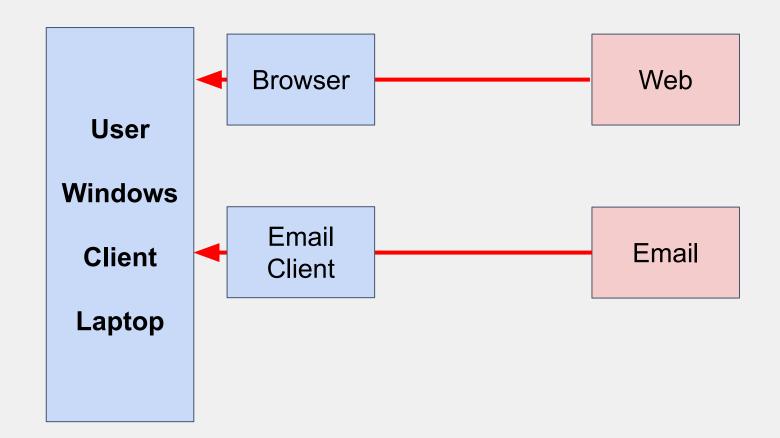
Find vulnerabilities
Find misconfigurations
Exploit

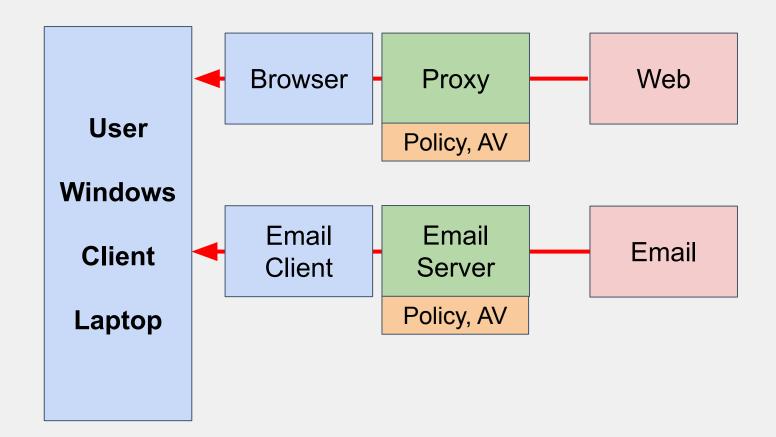


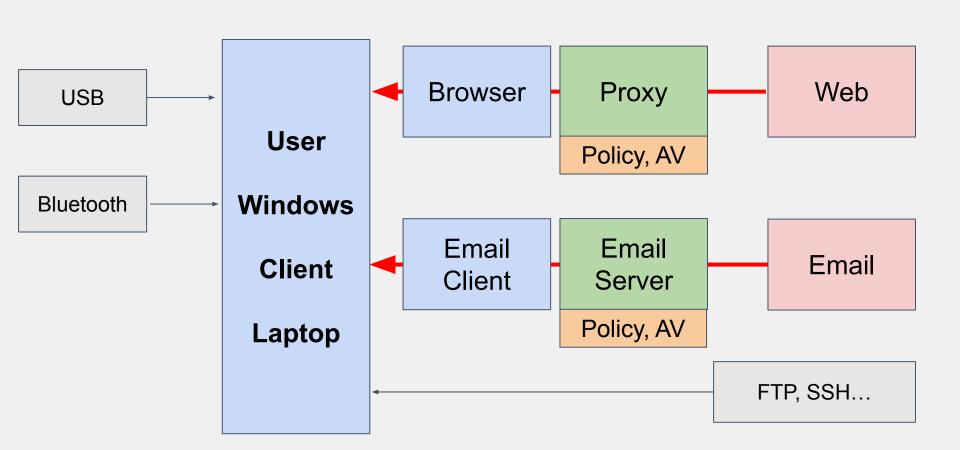
Network

Servers



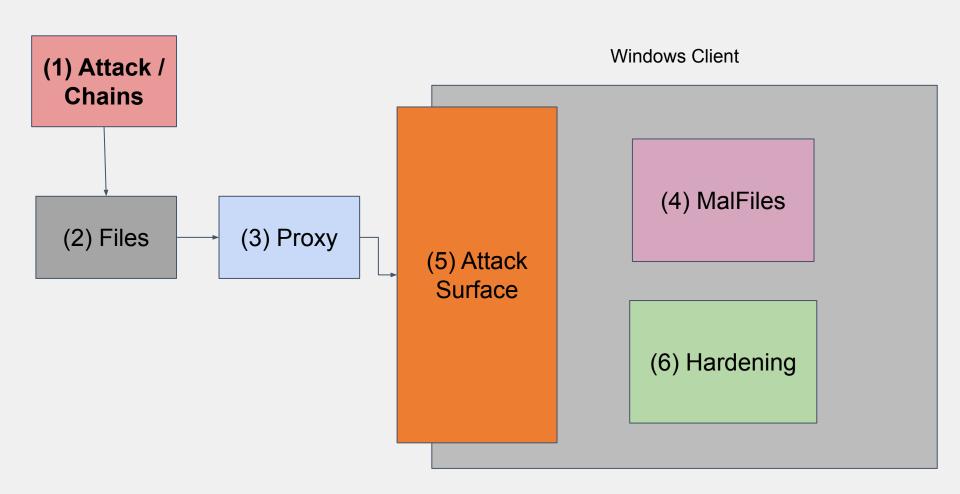


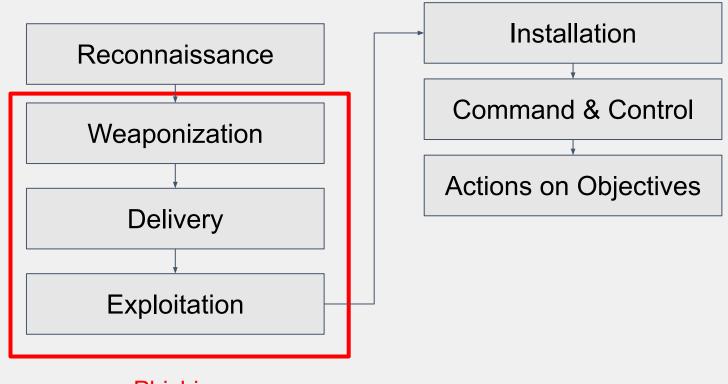




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Attacks in 2025





Phishing Initial Access

What do attackers want?

Execute their code on your system

What do attackers want?

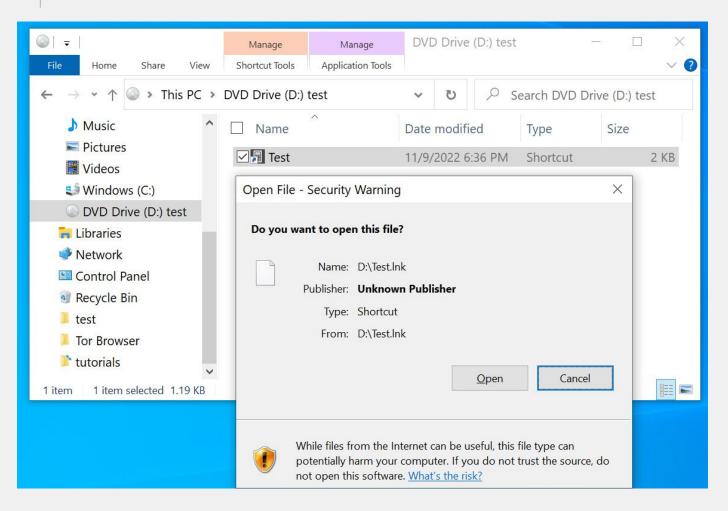
Requirements:

- Cheap
- Compatible with most users
- Easy to use
- Easy to mutate

Make victim click an exe

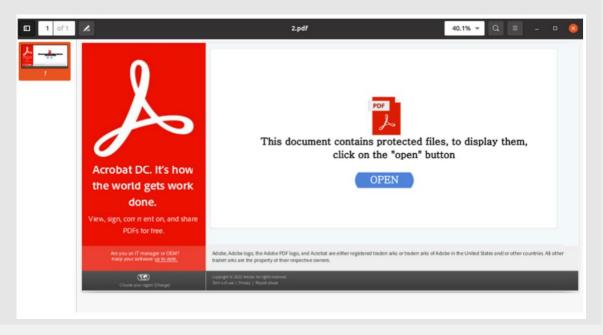
Initial Access Remote Code Execution Exploiting

Initial access with .lnk in .iso



PDF

- \rightarrow ZIP
- \rightarrow LNK \rightarrow CMD (rundll32.exe)
- → Qbot DLL



HTML Attachment → Password-Protected Zip → IMG → LNK → CMD → Qbot DLL

HTML Attachment → Password-Protected Zip → IMG → LNK → Qbot DLL

HTML Attachment → Password-Protected Zip → VHD → LNK → CMD → Qbot DLL

HTML Attachment → Password-Protected Zip → VHD → LNK → Qbot DLL

PDF Attachment \rightarrow Actor-Controlled URL \rightarrow Password-Protected Zip \rightarrow ISO \rightarrow WSF \rightarrow Qbot DLL PDF Attachment \rightarrow Actor-Controlled URL \rightarrow Password-Protected Zip \rightarrow IMG \rightarrow LNK \rightarrow Qbot DLL

Zip Attachment→ OneNote File → HTA → CURL → Qbot DLL

 $URL \rightarrow Zip \rightarrow OneNote File \rightarrow HTA \rightarrow CURL \rightarrow Qbot DLL$

PDF Attachment \rightarrow Actor-Controlled URL \rightarrow Zip \rightarrow ISO \rightarrow LNK \rightarrow CMD \rightarrow EXE \rightarrow Qbot DLL

PDF Attachment → OneDrive URL → JavaScript File → PowerShell → Qbot DLL

OneNote Attachment → WSF → Jscript → PowerShell → Qbot DLL

OneNote Attachment → HTA → CURL → Qbot DLL

OneNote Attachment → CMD → PowerShell → Qbot DLL

OneNote Attachment → CHM → PowerShell → Qbot DLL

Delivery / Container

- What the user sees (presentation)
- .zip, .iso, .doc, .pdf

Execution / Trigger

- Initial RCE
- .lnk, .vbs, .bat, .exe

Staging

- Lots of different code executions
- .bat, .vbs, .js, .exe, rundll, curl, bits-transfer, ...
- More download, persistence

Malware / Payload

- The actual C2 malware RAT
- Usually downloaded
- .exe, .dll

HTML Attachment \rightarrow Password-Protected Zip \rightarrow IMG \rightarrow LNK \rightarrow CMD \rightarrow Qbot DLL HTML Attachment \rightarrow Password-Protected Zip \rightarrow VHD \rightarrow LNK \rightarrow CMD \rightarrow Qbot DLL HTML Attachment \rightarrow Password-Protected Zip \rightarrow VHD \rightarrow LNK \rightarrow Qbot DLL HTML Attachment \rightarrow Password-Protected Zip \rightarrow VHD \rightarrow LNK \rightarrow Qbot DLL



$$\label{eq:controlled} \begin{split} \mathsf{URL} \to \mathsf{Zip} &\to \mathsf{OneNote} \; \mathsf{File} \to \mathsf{HTA} \to \mathsf{CURL} \to \mathsf{Qbot} \; \mathsf{DLL} \\ \mathsf{PDF} \; \mathsf{Attachment} \to \mathsf{Actor}\text{-}\mathsf{Controlled} \; \mathsf{URL} \to \mathsf{Zip} \to \mathsf{ISO} \to \mathsf{LNK} \to \mathsf{CMD} \to \mathsf{EXE} \to \mathsf{Qbot} \; \mathsf{DLL} \\ \mathsf{PDF} \; \mathsf{Attachment} \to \mathsf{OneDrive} \; \mathsf{URL} \to \mathsf{JavaScript} \; \mathsf{File} \to \mathsf{PowerShell} \to \mathsf{Qbot} \; \mathsf{DLL} \end{split}$$

OneNote Attachment → WSF → Jscript → PowerShell → Qbot DLL
OneNote Attachment → HTA → CURL → Qbot DLL
OneNote Attachment → CMD → PowerShell → Qbot DLL
OneNote Attachment → CHM → PowerShell → Qbot DLL

https://thedfirreport.com/2024/06/10/icedid-brings-screenconnect-and-csharp-streamer-to-alphv-ransomware-deployment/

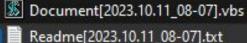
Hi There,

Please take a peek at the document contained in the one way link down below.

ONE-WAY LINK

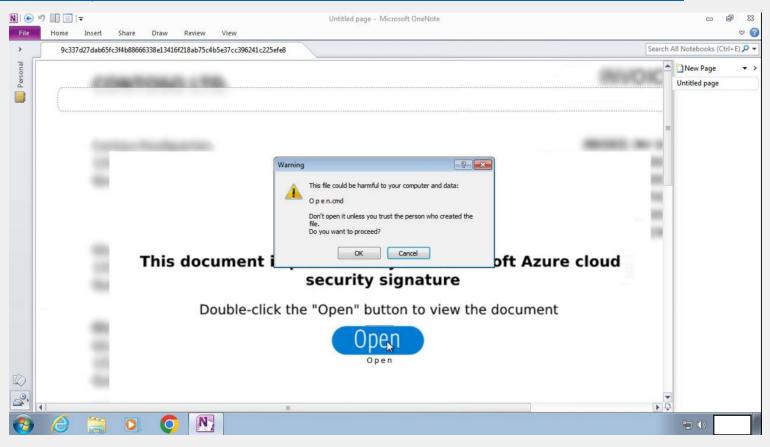
Passcode: W1289

Hav B Document



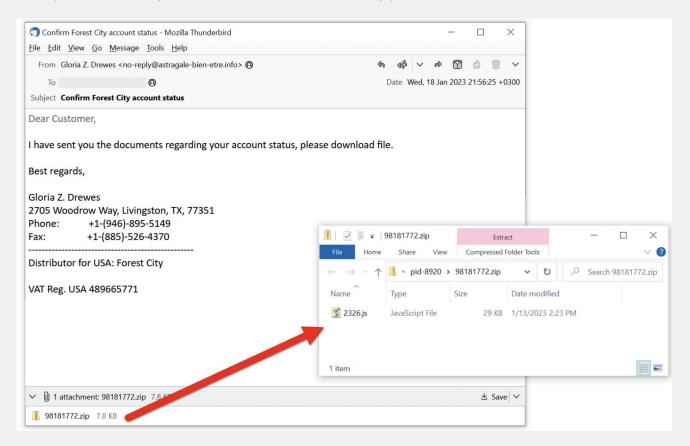
You can discover the pitch followed below, attached with this particular email message. Please remember to give it a read and of course email or give me a call in case any questions arise.

https://thedfirreport.com/2024/04/01/from-onenote-to-ransomnote-an-ice-cold-intrusion/

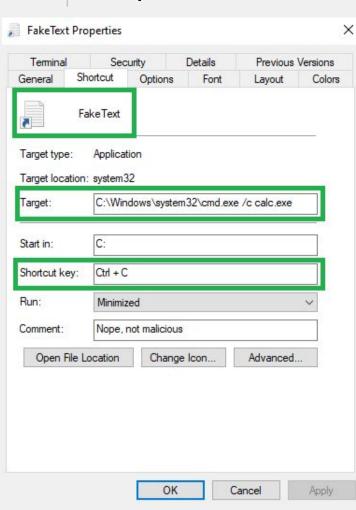


Example 3: Email -> ZIP -> JS

https://thedfirreport.com/2023/10/30/netsupport-intrusion-results-in-domain-compromise/



Files **Example 4**



.Ink: Windows Link File

Can point to any file - including EXE .. powershell.exe

Phishing = Password Fishing

What about sending malicious files (or links to files)?
MalSpam?



IAFD - Initial Access via File Delivery
TMD - Targeted Malware Delivery
DIC - Delivery-based initial compromise

Execbait

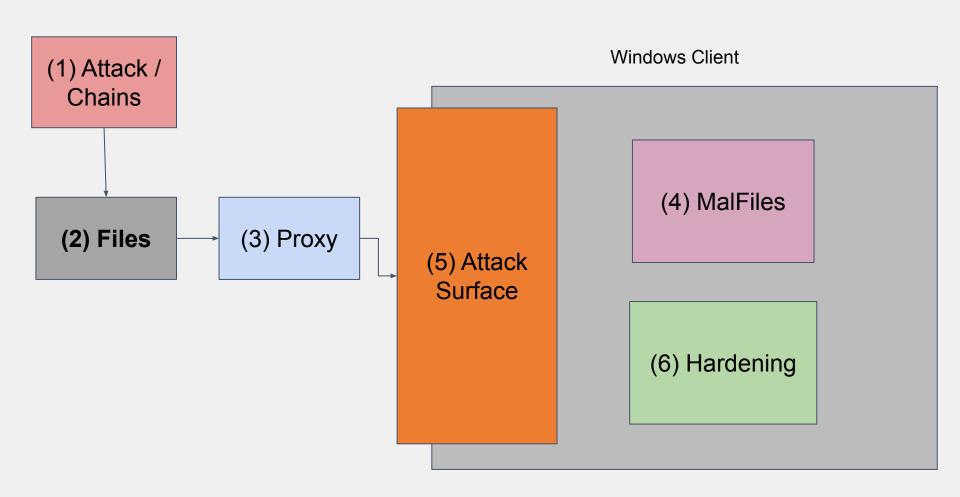
SpearRCE RCE Delivery Malware Drop

Philex (File + Exploit)
FEX (File-Executed Exploit)

From ChatGPT

Gaining RCE with files And what to do about it

| What are files?



Files are unstructured data (byte array) with a name (invented with UNIX)

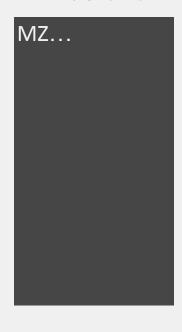
How we know whats inside?

- Filename
- Magic bytes
- Content Type

virus.exe

MZ...

virus.exe



Filename Extension

Used by Windows

- .docx: MS Office
- .zip: A archive
- .xml: Text

virus.exe



Magic Bytes

Used By **Linux**

MZ, ELF, #!/bin/bash

```
$ hexdump -C --length 16 /bin/bash
00000000 7f 45 4c 46 02 01 01 00 00 00 00 00 00 00 | . ELF......
```

```
$ file /bin/bash
/bin/bash: ELF 64-bit LSB pie executable, x86-64, version 1 (SYSV), dynamically
linked, interpreter /lib64/ld-linux-x86-64.so.2, for GNU/Linux 3.2.0, stripped
```

virus.exe

MZ...

Content Type

Used by **browsers** & apps to describe data blobs (think in a database, or HTTP)

Based on file extension, magic bytes?

.CSV	Comma- separated values (CSV)	text/csv
.doc	Microsoft Word	application/msword
.docx	Microsoft Word (OpenXML)	application/vnd.openxmlformats- officedocument.wordprocessingml.document

File Extension

Magic Bytes **Content-Type** application/executable

virus.exe

MZ...

virus.exe

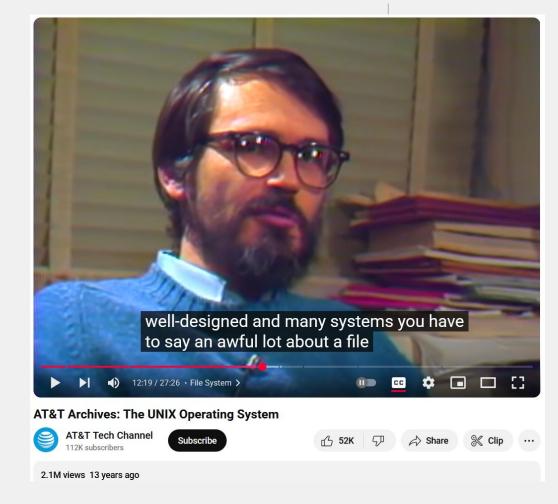
MZ...

virus.exe

the reasons the system (UNIX) works as well as it does is that the file system is well-designed ..

In many systems you have to say an awful lot about a file before you can do anything with it you have to say where it is and how big it is and what kind of information it's going to that's going to be in it all kinds of things that are basically utterly completely irrelevant

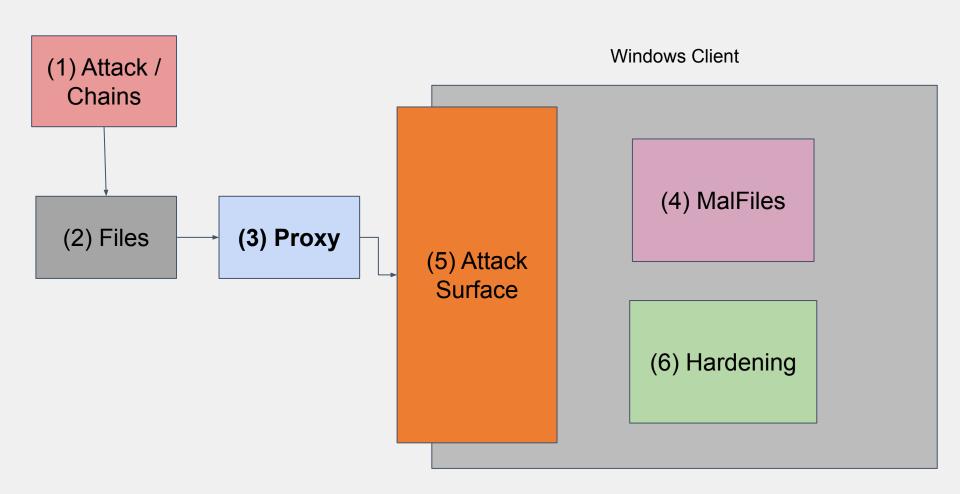
here you don't have to do any of that a file is as big as it is it doesn't matter where it is as long as you know what it's called

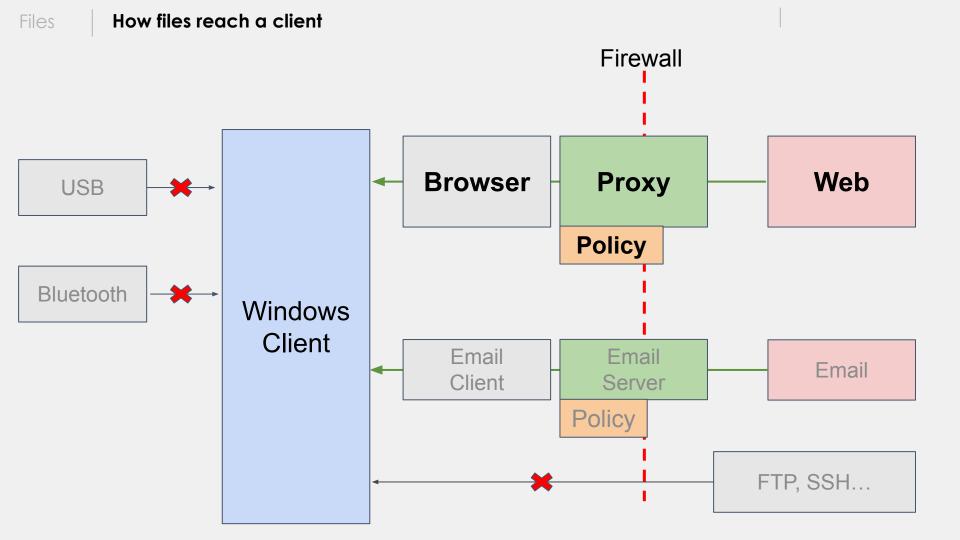


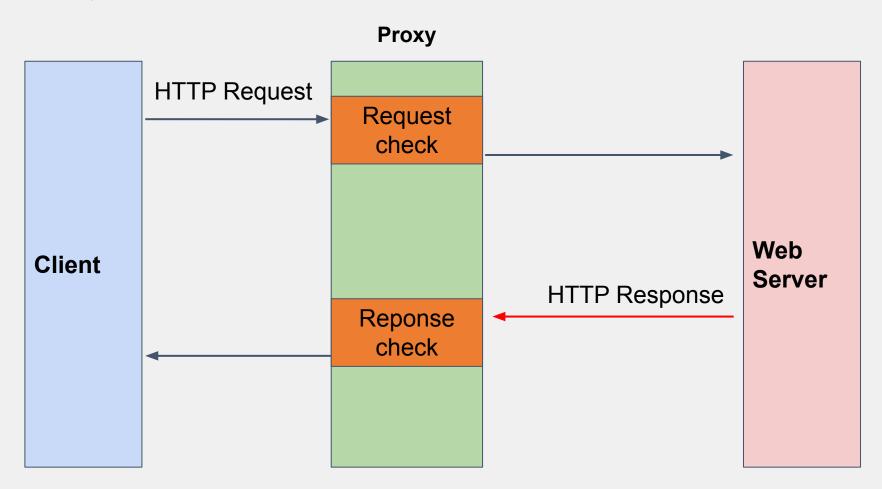
Brian W. Kernighan

Gaining RCE with files
And what to do about it

Content Filter







Request:

```
HTTP/1.1 GET mega.com/download/381
```

Response:

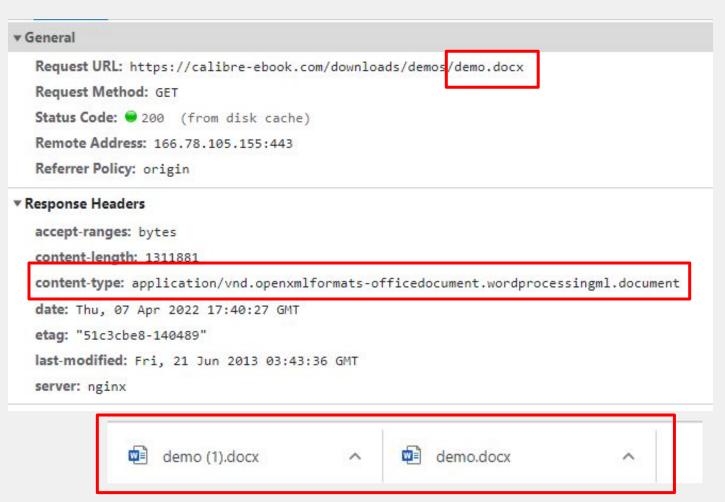
```
HTTP/1.1 200 OK

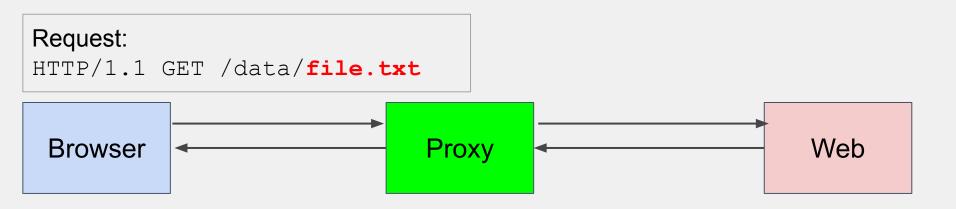
Content-Disposition: attachment; filename=test.svg

Content-Type: image/svg+xml
```

<data...>

File Download via HTTP - Request & Response





Response:

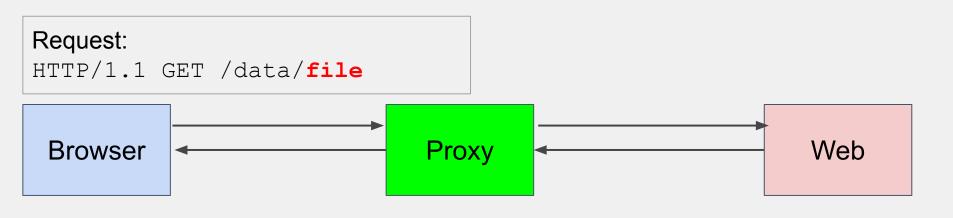
HTTP/1.1 200

Content-Disposition: attachment,

filename=file.txt

Content-Type: application/text

Data: Bytes



Response:

HTTP/1.1 200

Content-Disposition: attachment,

filename=file.exe

Content-Type: image/svg+xml

Data: Bytes

What filename will the browser choose?

- file?
- file.exe?
- file.svg?
- file.txt?

Browser decides!

Request:

HTTP/1.1 GET /data/file

Response:

HTTP/1.1 200

Content-Disposition: attachment,

filename=file.exe

Content-Type: image/svg+xml

Data: Bytes

Middleboxes dont know what the endpoints are doing

Proxy vs Chrome/Firefox/IE11

Whis information will the browser use to give the file a filename?

Attacks:

- Confusion by HTTP header
 - Missing or added quotes, whitespaces
 - Multiple "Content-Disposition" headers lolz
- Confusion with filename
 - URL filename or "Content-Disposition" filename?
 - Broken "Content-Disposition" header?
- Content-Type does not match magic bytes
- Content-Type does not match file extension

Content-Filter blocks .exe files via Content-Type?

Content-Type: "application/vnd.microsoft.portable-executable"

Instead use:

Content-Type: "application/octet-stream"

Two primary MIME types are important for the role of default types:

- text/plain is the default value for textual files. A textual file should be human-readable and must not contain binary data.
- application/octet-stream is the default value for all other cases. An unknown file type should
 use this type. Browsers pay a particular care when manipulating these files, to protect users
 from software vulnerabilities and possible dangerous behavior.

File filtering rules based on	Manageable by proxy?	Relevant for Windows?	Bypass if filtered by?
Magic Bytes	Easy	Not really	No
Content Type	Easy	No	Yes octet/stream
File extension	Hard	Yes	Likely

HTML SMUGGLING

- JavaScript in an HTML file
- "Creates" a file on the fly (base64 decode)
- Browser shows a download dialog

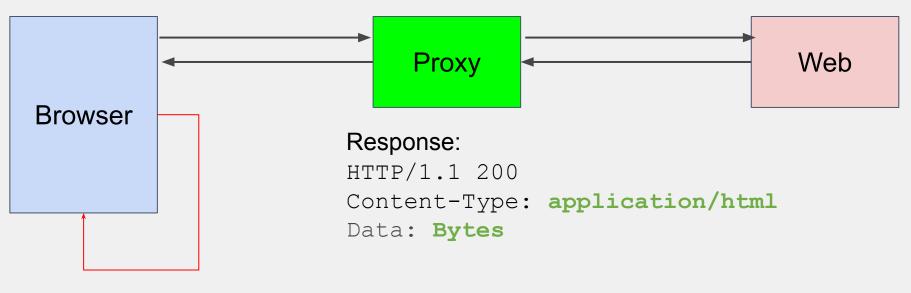
file.html:

```
function download_txt() {
  var textToSave = document.getElementById('txt').innerHTML;
  var hiddenElement = document.createElement('a');
  hiddenElement.href = 'data:attachment/text,' + encodeURI(textToSave);
  hiddenElement.target = '_blank';
  hiddenElement.download = 'myFile.txt';
  hiddenElement.click();
document.getElementById('test').addEventListener('click', download_txt);
```

https://stackoverflow.com/questions/24898044/is-possible-to-save-javascript-variable-as-file

Request:

HTTP/1.1 GET /data/htmlsmuggling.html



Browser presents
File Download Dialog

Making a content-filter filter the right files is hard

Combination of:

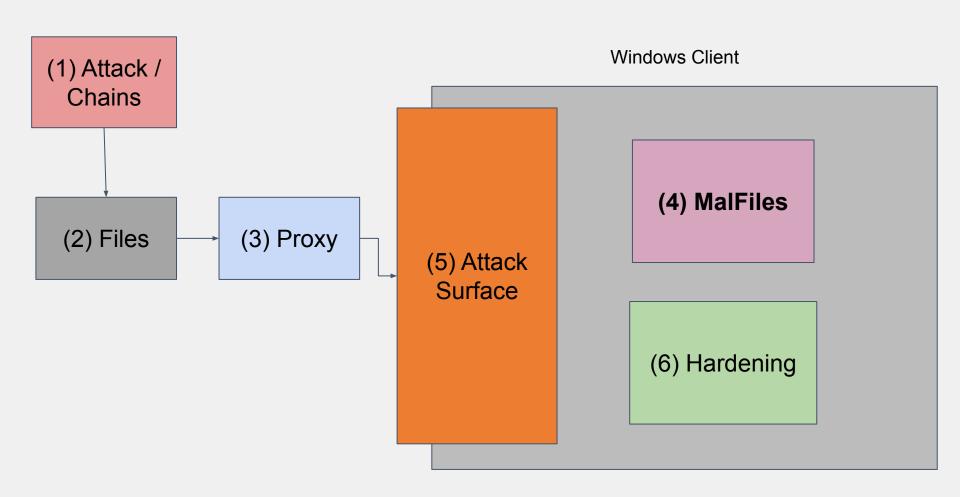
- Mime-type filtering
- File-extension filtering
- Magic-bytes filtering

And is completely bypassed with HTML smuggling...

- Browser / Web
- Outlook / Email attachments
- Teams?

Gaining RCE with files
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Malicious File Types |



Summing Up On File Formats

- » Plenty Ways To Skin A Cat nightmare for Detection Engineers & Threat Hunters
- » Below a list of 87+ extensions that we can weaponize, meaning they pose actual risk:



Mariusz Banach / mgeeky

Modern Initial Access and Evasion Tactics
Desperate Infection Chains

WarCon 2022, X33fcon23

https://mgeeky.tech/ https://github.com/mgeeky





Directly **Executables**

Will execute your code when clicked

.exe / .com

.bat

.js

Execution as a feature

Will execute code when opened by app

.docm .xlsm

.svg

Container

Contain or link to files

.zip / .iso*

.docx

.html

.pdf

File filter:

- Blacklist?
 - Based on threat landscape? (CTI)
- Whitelist?
 - Based on company usecases
 - Should be an official policy
 - E.g. signed by the CISO
 - How to handle exceptions?
 - Containers uh-oh

What about non initial-access files like:

- .dll
- .ps1

Filter or no filter?

"Instructions:

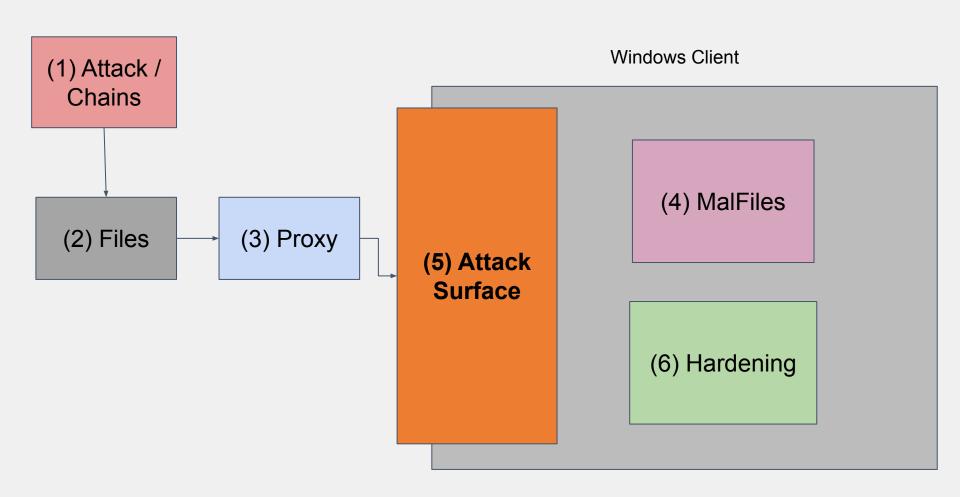
Download the .txt file, rename to .exe, and doubleclick"

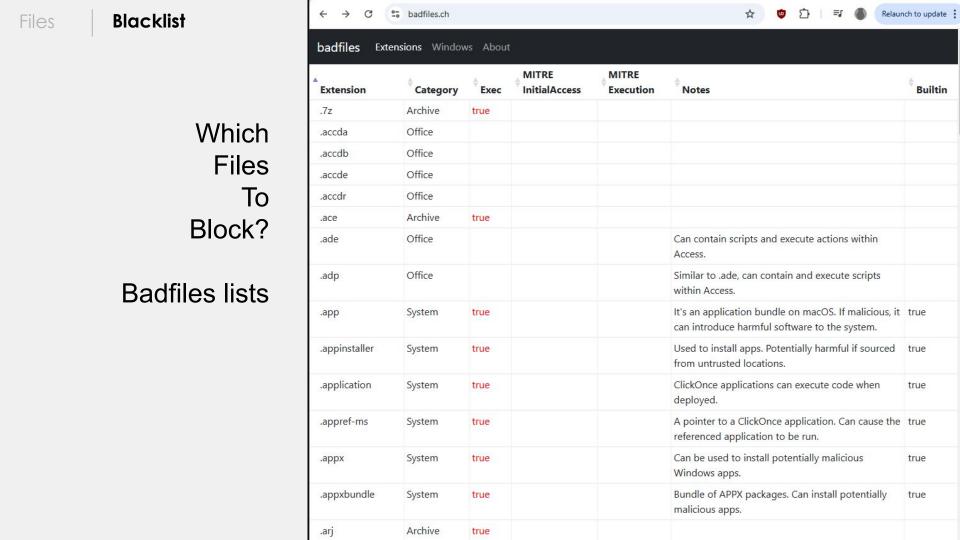
With RCE, can do en/decryption of future files, via authenticated HTTP. Content filter is blind. If you already do have initial access, there's no stopping you (like HTML Smuggling).

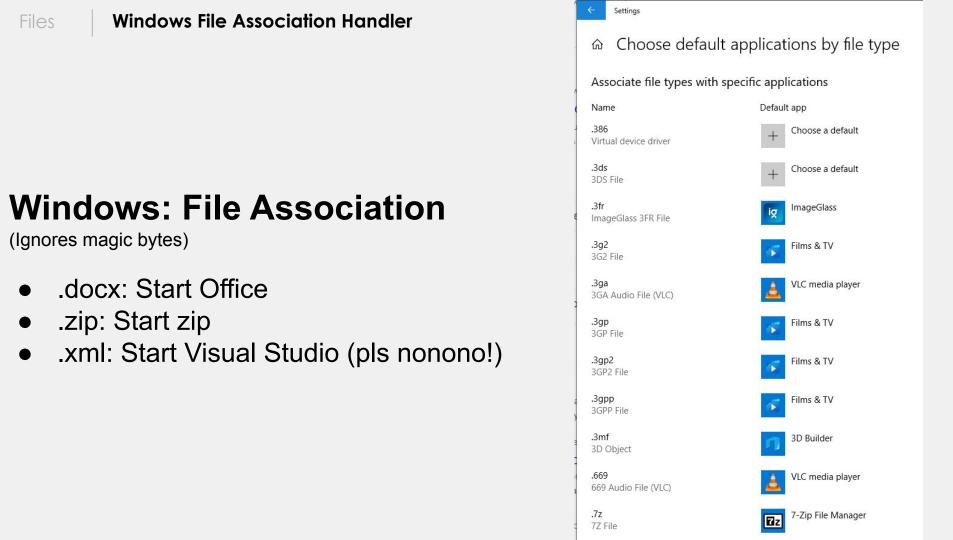
Filtering non-initial access files doesnt hurt, but doesnt help so much either.

Gaining RCE with files
And what to do about it

Attack Surface







Waasa - List Windows File Associations

Waasa				2000			ΟΧ
The second second second	time Cont	- Eltor					
File View Opti	DoubleClick		App Name	LD	Executable Path	Executable Args	ContentFil
Land State Control of the Control of	Service Control of the Control of th			10710		Executable Aigs	Content
.adt	recommend				C:\Program Files\WindowsApps\Microsoft.ZuneMusic_11.2308.3.0_x64_8wekyb3d8bbwe\		+
adts	recommenc	20			C:\Program Files\WindowsApps\Microsoft.ZuneMusic_11.2308.3.0_x648wekyb3d8bbwe\		+
,all	exec				C:\Program Files\WindowsApps\Microsoft.SecHealthUI_1000.25873.9001.0_x648wekyb3d8bbwe\SecHealthUI.e		1
.amr	exec				C:\Program Files\WindowsApps\Microsoft.ZuneMusic_11.2308.3.0_x648wekyb3d8bbwe\		
.amv	exec		VLC media player		C:\Program Files\VideoLAN\VLC\vlc.exe	"started-from-file" "%1"	
.androidproj	exec		Microsoft Visual Studio 2022		C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe	"%1"	
.aob	exec		VLC media player	1	C:\Program Files\VideoLAN\VLC\vlc.exe	"started-from-file" "%1"	
.ape	exec		VLC media player		C:\Program Files\VideoLAN\VLC\vlc.exe	"started-from-file" "%1"	
.appcontent-ms	exec		Windows Shell Common DII				
.appinstaller	exec	Bad	App Installer	X	C:\Program Files\WindowsApps\Microsoft.DesktopAppInstaller_1.21.2771.0_x64_8wekyb3d8bbwe\AppInstaller.e		
application	exec	Bad	ClickOnce Application Deployment Support Libr	A	C:\Windows\System32\rundll32.exe	"C:\Windows\System32\dfshim.dll,	
.appref-ms	exec	Bad	ClickOnce Application Deployment Support Libr	4	C:\Windows\System32\rundll32.exe	"C:\Windows\System32\dfshim.dll,	
аррх	exec	Bad	App Installer	X	$C: \ Program Files \ \ Windows Apps \ \ Microsoft. Desktop Applnstaller_1.21.2771.0_x64_8 we kyb3d8bbwe \ \ Applnstaller_6.6 we kyb3d8bbwe \ \ \ Applnstaller_6.6 we kyb3d8bbwe \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \ \$	Æ	
.appxbundle	exec	Bad	App Installer	X	C:\Program Files\WindowsApps\Microsoft.DesktopAppInstaller_1.21.2771.0_x648wekyb3d8bbwe\AppInstaller.e	Æ	
.ari	exec		Photos	X	C:\Program Files\WindowsApps\Microsoft.Windows.Photos_2023.11090.12017.0_x648wekyb3d8bbwe\		
arw	exec	1	Photos	X	C:\Program Files\WindowsApps\Microsoft.Windows.Photos_2023.11090.12017.0_x64_8wekyb3d8bbwe\		
.asa	exec		Microsoft Visual Studio 2022		C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe	"/dde"	
.asax	exec	Careful	Microsoft Visual Studio 2022		C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe	"/dde"	
.asd	exec	Bad	Word		C:\Program Files\Microsoft Office\Root\Office16\WINWORD.EXE	"/n" "%1" "/o" "%u"	
asf	recommend	d '	Media Player	X	C:\Program Files\WindowsApps\Microsoft.ZuneMusic_11.2308.3.0_x648wekyb3d8bbwe\		
ashx	exec	Careful	Microsoft Visual Studio 2022		C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe	"/dde"	
.asm	exec	1	Microsoft Visual Studio 2022	7	C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe	"/dde"	
.asmx	exec		Microsoft Visual Studio 2022		C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe	"/dde"	
.avci	exec	1	Paint	,	C:\Program Files\WindowsApps\Microsoft.Paint_11.2304.33.0_x648wekyb3d8bbwe\PaintApp\mspaint.exe	*%1*	
.avi	exec		VLC media player		C:\Program Files\VideoLAN\VLC\vlc.exe	"started-from-file" "%1"	
hAs	ever		VIC media player			"started-from-file" "%1"	

Autoloaded file with gathered data: gathered_data.json

Files	windows Ap	plication Attack	Зипасе
f	exec	Photos	C:\Program Files\WindowsApps\Microsoft.Windows.Photos_2023.11090.12017.0_x648wekyb3d8bbwe\PhotosApp

exec

exec

exec

exec

exec

Photos

Photos

Photos

Photos

2022

Microsoft Visual Studio

.jfif

.jpe

.ipeq

.k25

.kdc

.less

פייקני	cacc		1.110100	ary regram mes (viniaens) pps (metes) pp
.jpg	exec		Photos	C:\Program Files\WindowsApps\Microsoft.Windows.Photos_2023.11090.12017.0_x648wekyb3d8bbwe\PhotosApp
.js	exec	Bad	Microsoft ® Windows Based Script Host	C:\Windows\System32\WScript.exe
.JSE	exec		Microsoft ® Windows Based Script Host	C:\Windows\System32\WScript.exe
.json	exec		Microsoft Visual Studio 2022	C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe
.jsonld	exec		Microsoft Visual Studio 2022	C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe
.jsproj	exec		Microsoft Visual Studio 2022	C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe
.jsx	exec		Microsoft Visual Studio 2022	C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe
.jxr	exec		Photos	C:\Program Files\WindowsApps\Microsoft.Windows.Photos_2023.11090.12017.0_x648wekyb3d8bbwe\PhotosApp

C:\Program Files\WindowsApps\Microsoft.Windows.Photos_2023.11090.12017.0_x64_8wekyb3d8bbwe\PhotosApp

C:\Program Files\WindowsApps\Microsoft.Windows.Photos_2023.11090.12017.0_x64_8wekyb3d8bbwe\PhotosApp

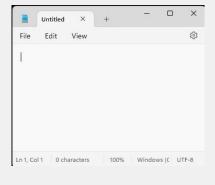
C:\Program Files\WindowsApps\Microsoft.Windows.Photos_2023.11090.12017.0_x64__8wekyb3d8bbwe\PhotosApp

C:\Program Files\WindowsApps\Microsoft.Windows.Photos_2023.11090.12017.0_x64_8wekyb3d8bbwe\PhotosApp

C:\Program Files\Microsoft Visual Studio\2022\Community\Common7\IDE\devenv.exe

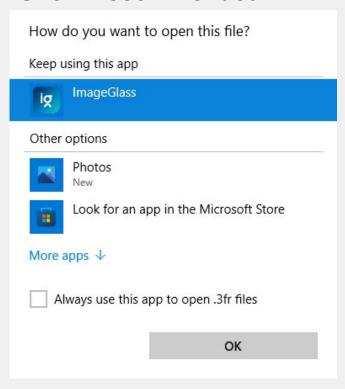
Social Engineering: What happens when clicking a file

Execute



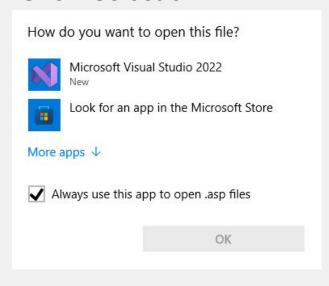
Best for IA

Show Recommended



Ok for IA

Show Selection



Bad for IA

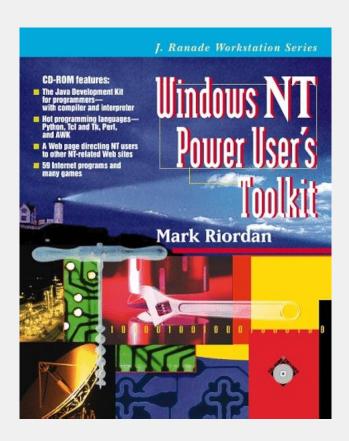
Increasing the attack surface:

- Install an application
- Replacing standard apps with 3rd party (Windows Zip to 7zip)

Because:

- Each installed application (which creates a file association) is part of the attack surface
- The more software you install, the more executable-features and vulnerabilities

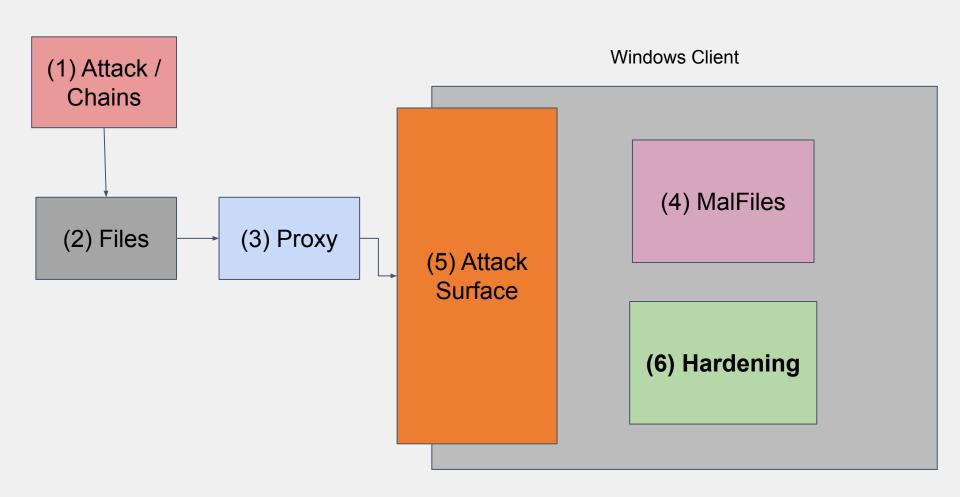
Dont be a "Power User" at work (or for security)



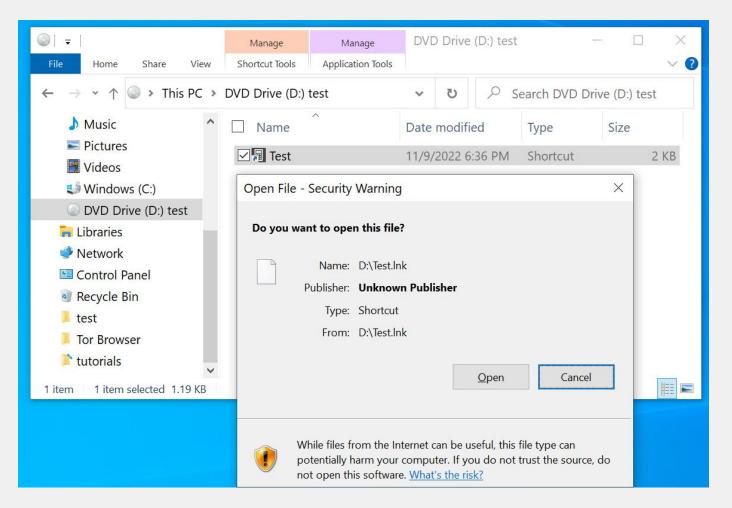
Gaining RCE with files

And what to do about it

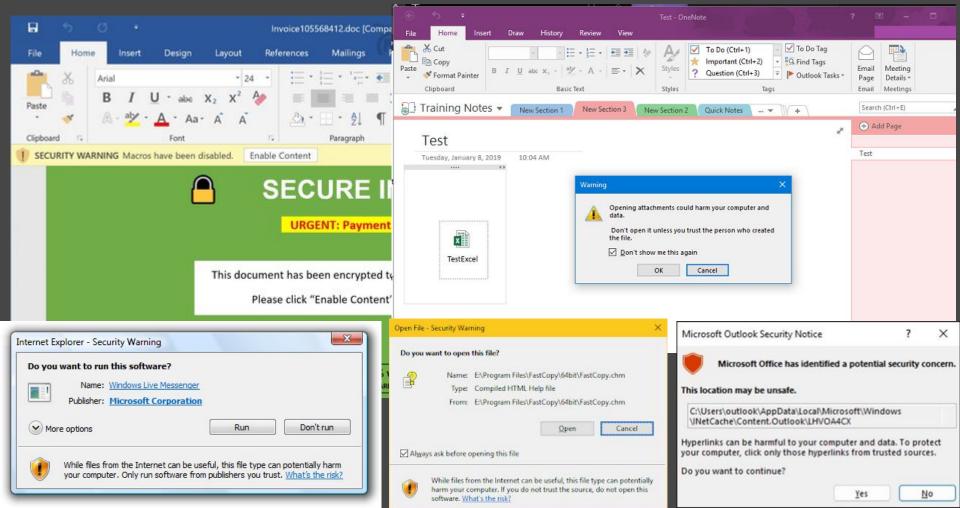
Hardening



Last Line of Defense - Confirmation Dialog



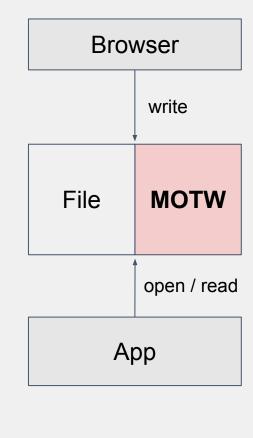
Last Line of Defense - Confirmation Dialogs



More Confirmation Dialogs with MOTW

- MOTW: Mark Of The Web
- Indicating files from "dangerous" location
- Set by:
 - the app which downloads the file (Browser usually)
- Stored in:
 - AFS (Alternative file stream)
- Interpreted by:
 - The opening App

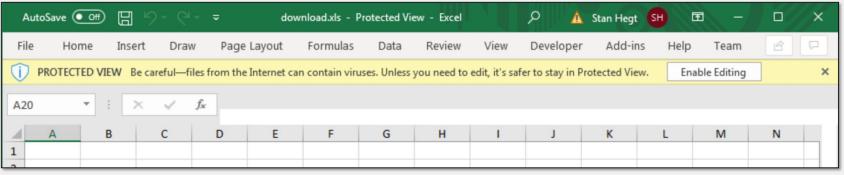
- 0. Local computer
- 1. Local intranet
- · 2. Trusted sites
- · 3. Internet
- 4. Restricted sites

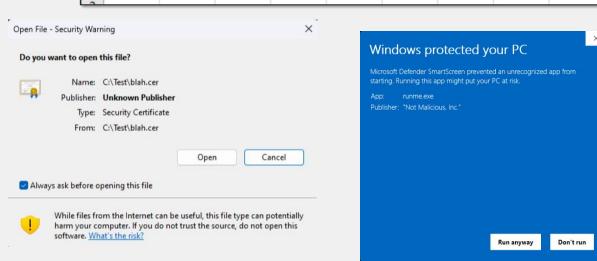


- 0. Local computer
- 1. Local intranet
- 2. Trusted sites
- 3. Internet
- 4. Restricted sites

https://www.outflank.nl/blog/2020/03/30/mark-of-the-web-from-a-red-teams-perspective/

Applications Interpreting MOTW



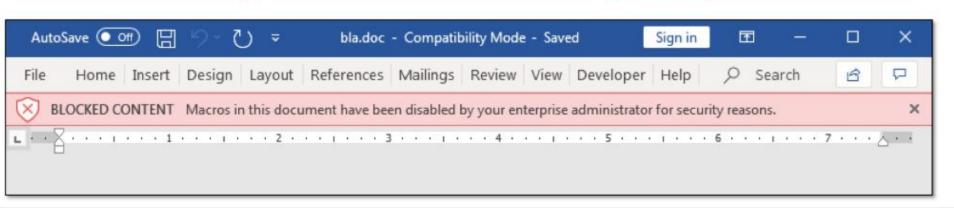


https://redcanary.com/threat-detection-report/techniques/mark-of-the-web-bypass/

Files

MS Office block macros downloaded from the internet

This feature was introduced in Office 2016 and later back-ported to Office 2013. If this setting is enabled, macros in MS Office files flagged with MOTW are disabled and a message is displayed to the user.



https://www.outflank.nl/blog/2020/03/30/mark-of-the-web-from-a-red-teams-perspective/

Archive Files as Container:

- ZIP / RAR / ...
- ISO

Download .ZIP as MOTW -> all contained files are MOTW

Archive Manager may skip MOTW for performance reasons

Comparison table of MOTW propagation support (as of 12 August 2024)

	Name	Tested version	License	MOTW propagation	Enabled by default	Note
fur	xtract all" built-in nction of Windows plorer	Windows 11 23H2 Windows 10 22H2	proprietary	Yes 🗸	Yes 🗸	MOTW bypass vulnerabilities (fixed) *1
7-2	<u>Zip</u>	24.08	GNU LGPL	Yes 🗸	No X <u>*2</u>	
Ba	ndizip	Standard Edition 7.36	freeware	Yes 🗸	Yes 🗸	MOTW bypass vulnerability (fixed) *3 Only for specific file extensions *4
Cu	belCE	3.4.0	freeware / proprietary	Yes 🗸	Yes 🗸	MOTW bypass vulnerability (fixed) *5

https://github.com/nmantani/archiver-MOTW-support-comparison

Application Hardening: Chrome Browser

Cant configure file download whitelist in Chrome Enterprise :- (

Chrome Enterprise and Education Help

Q Describe your issue

Setting the DownloadRestrictions policy blocks different subsets of these, depending on it's value:

- · 0-Default. No special restrictions.
- 1—Blocks malicious files flagged by the Safe Browsing server and blocks all dangerous file types.
 Note: We only recommend setting this policy for organization units, browsers, or users that do not regularly incorrectly identify an entity, such as a file or a process, as malicious.

Note: We only recommend setting this policy for organization units, browsers, or users that do not regularly

- 2—Blocks the following files:
 - · Malicious files flagged by the Safe Browsing server.
 - · Uncommon or unwanted files flagged by the Safe Browsing server.
 - · All dangerous file types.

incorrectly identify an entity, such as a file or a process, as malicious.

- · 3-Blocks all downloads. Not recommended, except for special use cases.
- 4—Recommended. Blocks malicious files flagged by the Safe Browsing server but does not block dangerous file type.

ASR: Attack Surface Reduction

Some protections for the Office Suite

Like block Word from spawning processes

Weak and/or rarely used

-> Open internet files in guest vm

Polymorphic threats	Lateral movement & credential theft	Productivity apps rules	Email rules	Script rules	Misc rules
Block executable files from running unless they meet a prevalence (1,000 machines), age, or trusted list criteria	Block process creations originating from PSExec and WMI commands	Block Office apps from creating executable content	Block executable content from email client and webmail	Block obfuscated JS/VBS/PS/macro code	Block abuse of exploited vulnerable signed drivers [1]
Block untrusted and unsigned processes that run from USB	Block credential stealing from the Windows local security authority subsystem (lsass.exe) ^[2]	Block Office apps from creating child processes	Block only Office communication applications from creating child processes	Block JS/VBS from launching downloaded executable content	
Use advanced protection against ransomware	Block persistence through WMI event subscription	Block Office apps from injecting code into other processes	Block Office communication apps from creating child processes		
		Reader from creating child processes			

Microsoft Hardening OneNote

Microsoft Tightens OneNote Security by Auto-Blockir Extensions. Microsoft has announced plans to automat embedded files with "dangerous extensions" in OneNot reports that the note-taking service is being increasing malware delivery. 4 Apr 2023



The Hacker News

https://thehackernews.com > Cybersecurity News

Microsoft Tightens OneNote Security by Auto-Blocking 120 ...

Microsoft Excel 2016

Add-ins

Backup

Display

Note Flags

Password

Security

Spelling

E-mail

Editing

Other

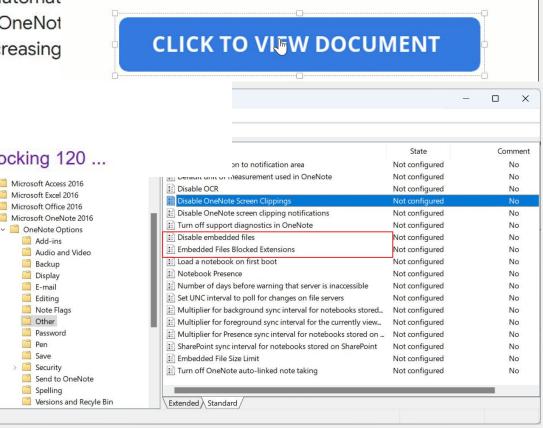
Pen

Save

18 setting(s)

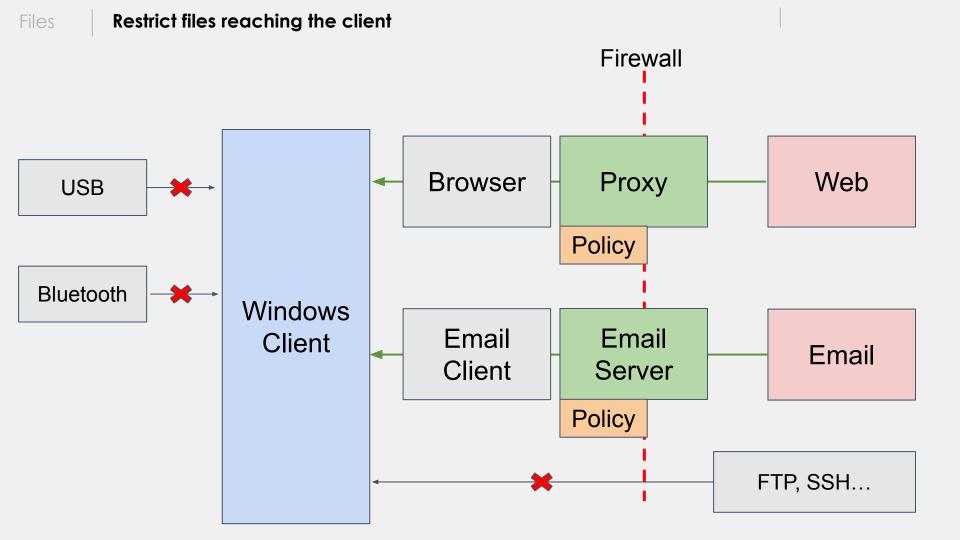
The list of 120 extensions is as follows -

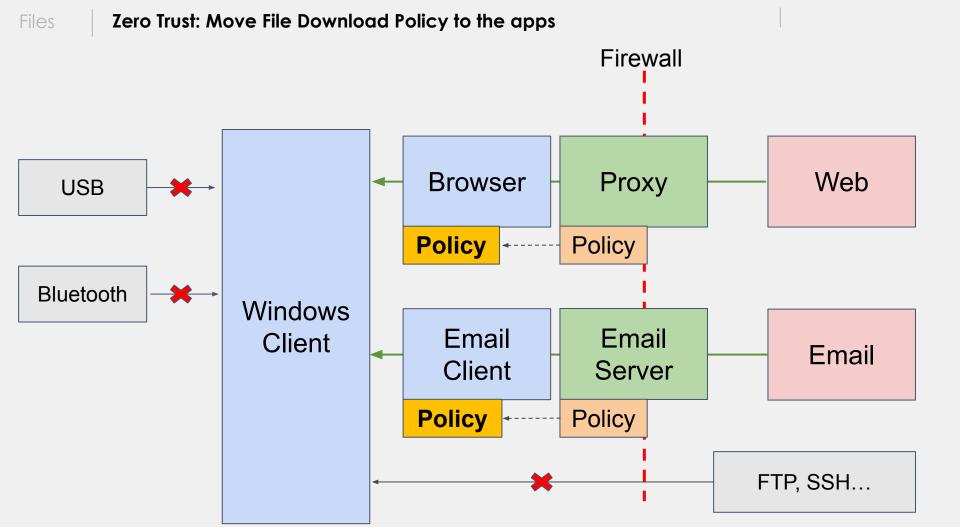
.ade, .adp, .app, .application, .appref-ms, .asp, .aspx, .asx, .bas, .bat, .com, .cpl, .crt, .csh, .der, .diagcab, .exe, .fxp, .gadget, .grp, .hlp, .hpj, .inlp, .is, .jse, .ksh, .lnk, .mad, .maf, .mag, .mam, .maq, .mar, .mas, .m .mdb, .mde, .mdt, .mdw, .mdz, .msc, .msh, .msh1, .msh2, .mshxml, . .mst, .msu, .ops, .osd, .pcd, .pif, .pl, .plg, .prf, .prg, .printerexport, .ps .psc2, .psd1, .psdm1, .pst, .py, .pyc, .pyo, .pyw, .pyz, .pyzw, .reg, .scf, .url, .vb, .vbe, .vbp, .vbs, .vhd, .vhdx, .vsmacros, .vsw, .webpnp, .webs and xnk

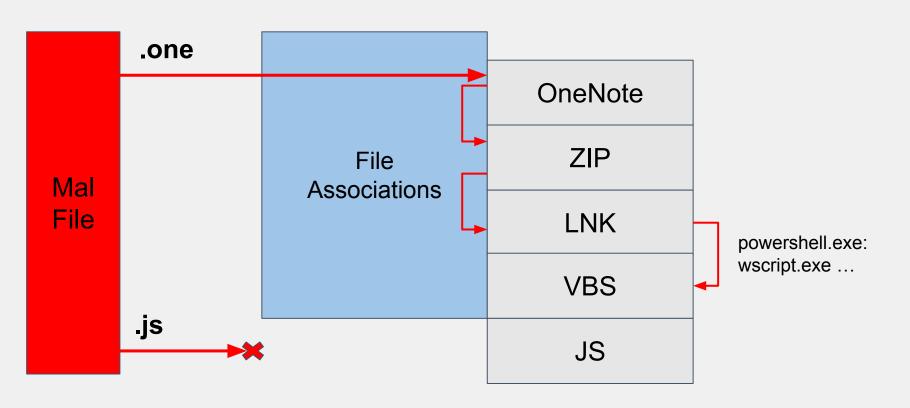


Gaining RCE with files
And what to do about it

| Recommendations





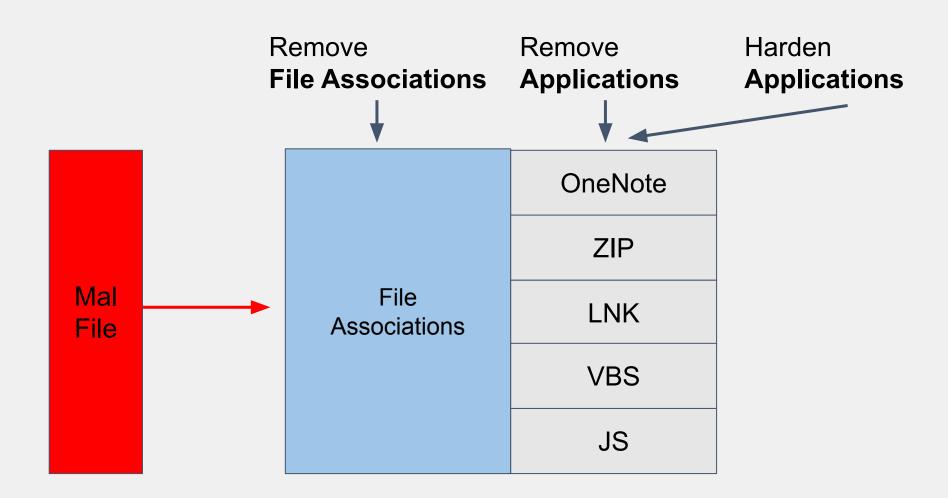


Attack

Surface

Harden

Apps



Know files used typicall in current attacks

Know which files are used by the employees

Block ways where files can reach a client (block outgoing FTP)

Filter files with a whitelist (content filter)

Protect applications handling whitelisted files (ASR)

Cheap recommendations to protect against common initial access

- Remove commonly misused file type associations from Windows
 - o .js, .vbs
 - o .iso
 - o .one
- Use a archive manager which supports MOTW
 - NOT 7zip
 - Windows zip is fine
- Activate as much of ASR as possible
 - Protects office applications like Word
 - Also double-check Office Word "Trust Center Settings"

Advanced recommendations:

- Decide for a browser
- Use **AppLocker** to block all other browsers
- Implement file download whitelist in the browser (Browser Plugin)
- File download policy for all other Apps communicating with the internet (**MS Teams**)
- Detect HTML smuggling in emails

How to make RedTeamers cry

Firewall ALL Traffic (including DNS)

Internet only via Proxy / Content Filter

- Require transparent proxy authentication
- Whitelist your last 3 browser versions

Result:

- Attackers dont have proxy support in their initial access chain
- Attackers dont configure their C2 beacon with a current user agent

SOC:

- Browser usage statistics
- Powershell usage statistics

- No proxy support in attack-chains
 - They all fail because they need direct internet access
- Domain (reputation) filtering reduces noise and increases attacker effort
- File filter work reasonably well against many common attacks
- Auditing, log files, incident reponse
- DLP Data Leakage Prevention (trivial to bypass but still effective)

Gaining RCE with files
And what to do about it

Practical Examples

7.8

7.8

7.8

Yes

Yes

Yes

No

No

No

RCE

RCE

RCE

https://www.zerodayinitiative.com/blog/2025/1/14/the-january-2025-security-update-review

CVE-2025-21186	Vulnerability	Important
CVE-2025-21366	Microsoft Access Remote Code Execution Vulnerability	Important
CVE-2025-21395	Microsoft Access Remote Code Execution Vulnerability	Important
	Which types of extensions are blocked? The following extensions which will be blocked: accdb accde accdw accdt accda accdr accdu	

Microsoft Access Remote Code Execution

https://www.zerodayinitiative.com/blog/2025/1/14/the-january-2025-security-update-review

CVE-2025-21298	Windows OLE Remote Code Execution Vulnerability	Critical	9.8	No	No	RCE	
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CVE-2025-21298 - Windows OLE Remote Code Execution Vulnerability

This bug rates a CVSS 9.8 and allows a remote attacker to execute code on a target system by sending a specially crafted mail to an affected system with Outlook. Fortunately, the preview pane is not an attack vector, but previewing an attachment could trigger the code execution. The specific flaw exists within the parsing of RTF files. The issue results from the lack of proper validation of user-supplied data, which can result in a memory corruption condition. As a mitigation, you can set Outlook to read all standard mail as plain text, but users will likely revolt against such a setting. The best option is to test and deploy this patch quickly.

CVE-2025-21308	Windows Themes Spoofing Vulnerability	Important	6.5	Yes	No	Spoofing
CVE-2025-21178	Visual Studio Remote Code Execution Vulnerability	Critical	8.8	No	No	RCE
CVE-2025-21172	.NET and Visual Studio Remote Code Execution Vulnerability	Important	7.5	No	No	RCE
CVE-2025-21176	.NET, .NET Framework, and Visual Studio Remote Code Execution Vulnerability	Important	8.8	No	No	RCE
CVE-2025-21354	Microsoft Excel Remote Code Execution Vulnerability	Important	7.8	No	No	RCE
CVE-2025-21362	Microsoft Excel Remote Code Execution Vulnerability	Important	7.8	No	No	RCE
CVE-2025-21187	Microsoft Power Automate Remote Code Execution Vulnerability	Important	7.8	No	No	RCE

CVE-2025-21402	Microsoft Office OneNote Remote Code Execution Vulnerability	Important	7.8	No	No	RCE
CVE-2025-21365	Microsoft Office Remote Code Execution Vulnerability	Important	7.8	No	No	RCE
CVE-2025-21345	Microsoft Office Visio Remote Code Execution Vulnerability	Important	7.8	No	No	RCE
CVE-2025-21356	Microsoft Office Visio Remote Code Execution Vulnerability	Important	7.8	No	No	RCE
CVE-2025-21357	Microsoft Outlook Remote Code Execution Vulnerability	Important	6.7	No	No	RCE
CVE-2025-21361	Microsoft Outlook Remote Code Execution Vulnerability	Important	7.8	No	No	RCE
CVE-2025-21363	Microsoft Word Remote Code Execution Vulnerability	Important	7.8	No	No	RCE

https://www.zerodayinitiative.com/advisories/ZDI-24-1532/

This vulnerability allows remote attackers to execute arbitrary code on affected installations of 7-Zip. Interaction with this library is required to exploit this vulnerability but attack vectors may vary depending on the implementation.

The specific flaw exists within the implementation of Zstandard decompression. The issue results from the lack of proper validation of user-supplied data, which can result in an integer underflow before writing to memory. An attacker can leverage this vulnerability to execute code in the context of the current process.

7-Zip fixes bug that bypasses Windows MoTW security warnings, patch now

By Sergiu Gatlan

50 7500 80182

January 21, 2025 7 11:05 AM

A high-severity vulnerability in the 7-Zip file archiver allows attackers to bypass the Mark of the Web (MotW) Windows security feature and execute code on users' computers when extracting malicious files from nested archives.

7-Zip added support for MotW in June 2022, starting with version 22.00. Since then, it has automatically added MotW flags (special 'Zone.Id' alternate data streams) to all files extracted from downloaded archives.

This flag informs the operating system, web browsers, and other applications that files may come from untrusted sources and should be treated with caution.

By Sergiu Gatlan

Windows 11 adds support for 11 file archives, including 7-Zip and RAR

The updated list of supported archive types in Windows 11 now adds .rar, .7z, .tar, .tar.gz, .tar.bz2, .tar.zst, .tar.xz, .tgz, .tbz2, .tzst, and .txz, although support for password encrypted files is not yet available.

October 29, 2023 77 10:09 AM

Redmond says it added the new file archive formats with the help of the open-source libarchive project, which means we will likely see other formats like LZH, LZH, and XAR.

https://www.bleepingcomputer.com/news/microsoft/windows-11-adds-support-for-11-file-archives-including-7-zip-and-rar/

https://x.com/cyb3rops/status/1856973214687056188



Florian Roth \checkmark @ @ cyb3rops

CyberSec Trends Q4/24 🔮

- EDR killers (vulnerable drivers)
- ⚠ Auxiliary execution files .lnk .msc .rdp
- ▲ Abuse of legit remote access tools
- ↑ Token/cloud API abuse
- ▲ ADCS exploitation
- ↑ Fake CAPTCHAs: copy&paste PowerShell
- ⚠TA using systems out of EDR scope for persistence

In July 2022, Microsoft disabled macros by default in Office, causing threat actors to experiment with new file types in phishing attacks. The attackers first switched to ISO images and password-protected ZIP files, as the file types did not properly propagate Mark of the Web (MoTW) flags to extracted files.

After Microsoft fixed this issue in ISO files and 7-Zip added the option to propagate MoTW flags, attackers were forced to switch to new attachments, such as Windows Shortcuts and OneNote files.

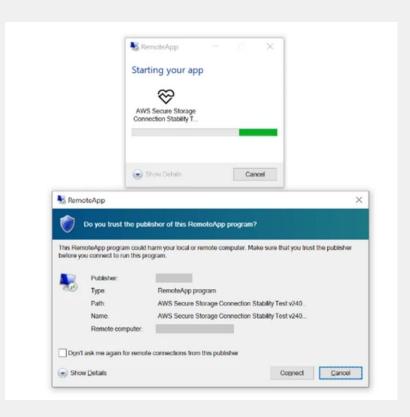
Attackers have now switched to a new file type, Windows MSC (.msc) files, which are used in the Microsoft Management Console (MMC) to manage various aspects of the operating system or create custom views of commonly accessed tools.

https://www.bleepingcomputer.com/news/security/new-grimresource-attack-uses-msc-files-and-windows-xss-flaw-to-breach-networks/

https://www.microsoft.com/en-us/security/blog/2024/10/29/midnight-blizzard-conducts-large-scale-spear-phishing-campaign-using-rdp-files/

In this campaign, the malicious .RDP attachment contained several sensitive settings that would lead to significant information exposure. Once the target system was compromised, it connected to the actor-controlled server and bidirectionally mapped the targeted user's local device's resources to the server.

Resources sent to the server may include, but are not limited to, all logical hard disks, clipboard contents, printers, connected peripheral devices, audio, and authentication features and facilities of the Windows operating system, including smart cards.



Executive Summary

Unit 42 researchers have found that certain third-party utilities and applications pertaining to archiving, virtualization and Apple's native command-line tools do not enforce the quarantine attribute. This can pose a threat to the integrity of a security feature on macOS known as Gatekeeper, which is responsible for ensuring that only trusted software runs on the system. A bypass of Gatekeeper could leave the user unprotected from risky applications that may attempt to execute malicious content.

Many malware and adware families (such as CoinTicker, Shlayer and Bundlore) use the built-in utility curl to download their payload. In this way, they can bypass Gatekeeper because curl does not set the quarantine attribute.

These are the utilities and formats that we tested and found vulnerable:

- · iZip: ZIP, TAR and 7Z
- · Archiver: ARCHIVER, ZIP, TAR and 7Z
- BetterZip: ZIP, TAR and 7Z
- WinRAR: ZIP, TAR and 7Z
- 7z Utility: DMG, ZIP and 7Z

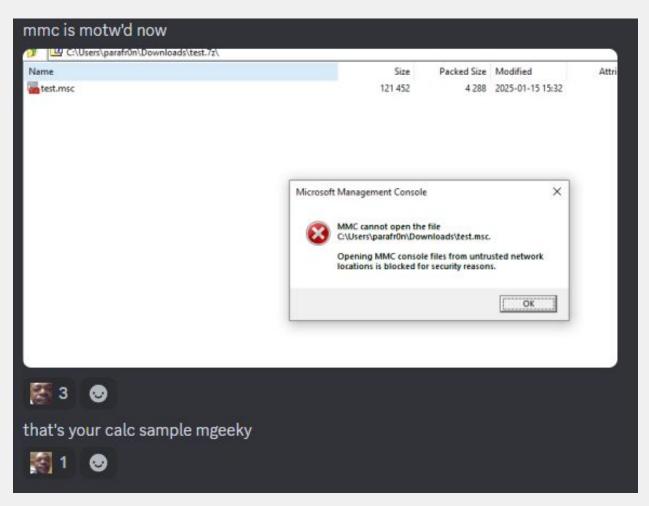
https://unit42.paloaltonetworks.com/gatekeeper-bypass-macos/

https://blog.sicuranext.com/breaking-down-multipart-parsers-validation-bypass/

TL;DR: Basically, all multipart/form-data parsers fail to fully comply with the RFC, and when it comes to validating filenames or content uploaded by users, there are always numerous ways to bypass validation.

```
POST /upload HTTP/1.1
Host: example.com
Content-Type: multipart/form-data; boundary=xxx
--XXX
Content-Disposition: form-data; name="foo"; filename="image.png"
Content-Type: image/png
... the image ...
--XXX--
```

Analyze Real Life Examples



Gaining RCE with files

And what to do about it

Outro

- Many file types can be used for code execution, and therefore initial access
- Files Type is based on file extension (for Windows)
- Windows attack surface with WAASA
- Filtering files on Content filter is hard
- File filtering policy is hard badfiles.ch
- Windows hardening helps
 - MOTW
 - File association deassociation
 - ASR
 - 3rd party tools

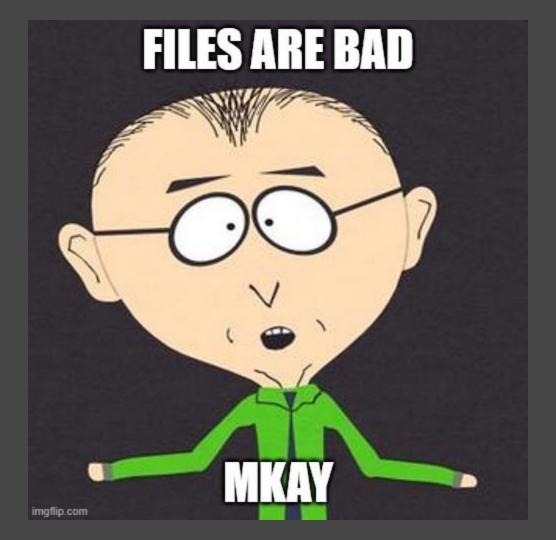
ACE FireFist - Attack Chain Emulation Development Waasa - Windows Application Attack Surface Analyzer Badfiles.ch

Mgeeky

Writeups to real life attack: thedfirreport.com

loprotect - content filter tests, attack chain emulation

Email protection (e.g HTML smuggling) - xorlab.ch (swiss)



Backup Slides

	Quality	Source
Delivery	Throw away Depends on target	Tools Manually
Execution	Straight forward	What others are doing
Staging	Often hilariously bad	Self made
Malware	High	Professional dev \$\$\$

A

Warning: Browsers use the MIME type, not the file extension, to determine how to process a URL, so it's important that web servers send the correct MIME type in the response's Content-Type header. If this is not correctly configured, browsers are likely to misinterpret the contents of files, sites will not work correctly, and downloaded files may be mishandled.

https://developer.mozilla.org/en-US/docs/Web/HTTP/Basics_of_HTTP/MIME_types

Files & Zero Trust

Microsoft recommends proxy bypass for Teams

• Reasonable (video streaming)

Zero trust gets rid of content filters altogether

Zero trust is a good thing!

But other measures have to be implemented instead (outgoing fw www only, application whitelisting, browser file download filtering)