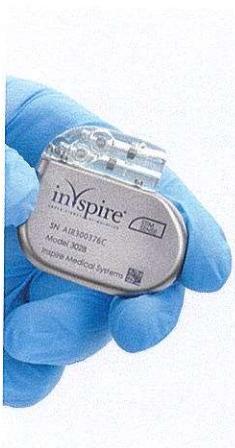


Inspire Care Pathway



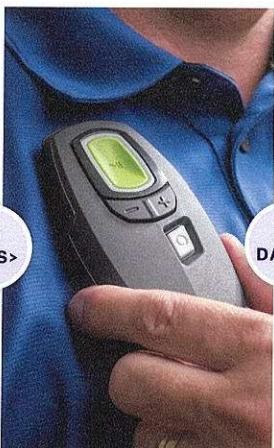
AT LEAST 90 DAYS

IMPLANT



- Allow healing
- System validation

ACTIVATION



30 DAYS >

- Configure Initial Settings

CHECK-IN



30 DAYS >

- Confirm patient is stepping up levels once per week

OFFICE VISIT



30 DAYS >

- Confirm usage
>4 hours/night

As needed: Make office adjustments to increase adherence

FINE TUNE SLEEP STUDY



30 DAYS >

Goals:

- Usage >4 hours/night
- Symptom improvement
- Estimated AHI <15/hour

WITHIN 4 WEEKS OF FINE TUNE PSG

office follow-up visit

OFFICE VISIT AFTER FINE TUNE GREEN CARE PATHWAY

Good usage and good AHI reduction

- Review sleep study results
- Confirm adherence
- Confirm tongue motion & waveform
- Finalize Programming
- Discuss long-term follow-up

LONG-TERM FOLLOW UP



6 MONTHS >

- Confirm usage, tongue motion, waveform and subjective benefit

OPTIONAL HOME SLEEP APNEA TEST (HSAT)



6 MONTHS >

When optimal adherence and AHI are achieved the patient returns to the Green Care Pathway.

OFFICE VISIT AFTER FINE TUNE YELLOW CARE PATHWAY

Sub-optimal AHI and/or sub-optimal usage

Make simple, office-based adjustments to help:

- Increase usage
- Decrease AHI

OFFICE VISIT



6 WEEKS >

- Confirm usage
- HSAT to assess AHI

AWAKE ENDOSCOPY



6 WEEKS >

- Confirm usage
- HSAT to assess AHI

ADVANCED FINE TUNE



6 WEEKS >

- Advanced settings assessment

COMBINATION THERAPY

Consider:

- Positional therapy
- Airway surgery
- Oral appliance
- CPAP