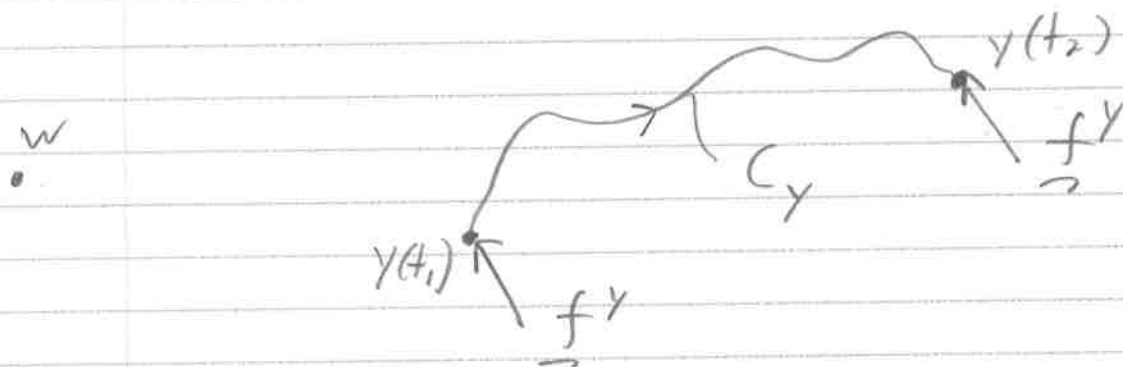


## Energy of a Particle

Def: Consider frame  $\mathcal{F}_a$ , point  $w$ , and particle  $y$  of mass  $m$ . The kinetic energy of  $y$  relative to  $w$  with respect to  $\mathcal{F}_a$  is

$$\begin{aligned} T_{yw/a} &= \frac{1}{2} m \underline{v}^{yw/a} \cdot \underline{v}^{yw/a} \\ &= \frac{1}{2} m \underline{v}_i^{yw/a} \cdot \underline{v}_i^{yw/a}, \text{ where } \mathcal{F}_i \text{ is any frame.} \\ &= \frac{1}{2} m \|\underline{v}^{yw/a}\|_2^2 \end{aligned}$$

Def: Consider particle  $y$ , unforced particle  $w$ , and force  $\underline{f}^y$  applied to particle  $y$  as  $y$  moves along path  $C_y$ .



The work done on  $y$  relative to  $w$  by  $\underline{f}^y$  as particle  $y$  moves along  $C_y$  is

$$W_{yw}(\underline{f}^y, C_y) = \int_{C_y} \underline{f}^y \cdot d\underline{r}^{yw}$$

Recall NZL, where

$$\underline{f}^Y = \underline{p}^{yw/a \cdot a}$$

If  $m$  is constant, then

$$\underline{f}^Y = m \underline{a}^{yw/a/a} = m \underline{v}^{yw/a \cdot a} = m \underline{r}^{yw \cdot a \cdot a}$$

Using this in the expression for work gives

$$W_{yw}(\underline{f}^Y, C_Y) = \int_{C_Y} m \underline{v}^{yw/a \cdot a} \cdot d\underline{r}^{yw}$$

We can simplify this further, start with

$$\begin{aligned} &= \frac{1}{2} m \frac{d}{dt} \left( \underline{v}_a^{yw/a \cdot T} \underline{v}_a^{yw/a} \right) dt \\ &= \frac{1}{2} m \left( \dot{\underline{v}}_a^{yw/a \cdot T} \underline{v}_a^{yw/a} + \underline{v}_a^{yw/a \cdot T} \dot{\underline{v}}_a^{yw/a} \right) dt \\ &= \frac{1}{2} m \left( \dot{\underline{v}}_a^{yw/a \cdot T} \underline{v}_a^{yw/a} + \underline{v}_a^{yw/a \cdot T} \dot{\underline{v}}_a^{yw/a} \right) dt \\ &= m \dot{\underline{v}}_a^{yw/a \cdot T} \underline{v}_a^{yw/a} dt \quad (**) \end{aligned}$$

Recall  $\underline{v}^{yw/a} = \underline{f}_a^T \underline{v}_a^{yw/a}$  and

$\underline{r}^{yw \cdot a} = \underline{f}_a^T \underline{r}_a^{yw}$ , therefore

$$\underline{v}_a^{yw/a} = \dot{\underline{r}}_a^{yw} = \frac{d}{dt} (\underline{r}_a^{yw})$$

$$\underline{v}_a^{yw/a} dt = \frac{d}{dt} (\underline{r}_a^{yw}) dt = d\underline{r}_a^{yw}$$

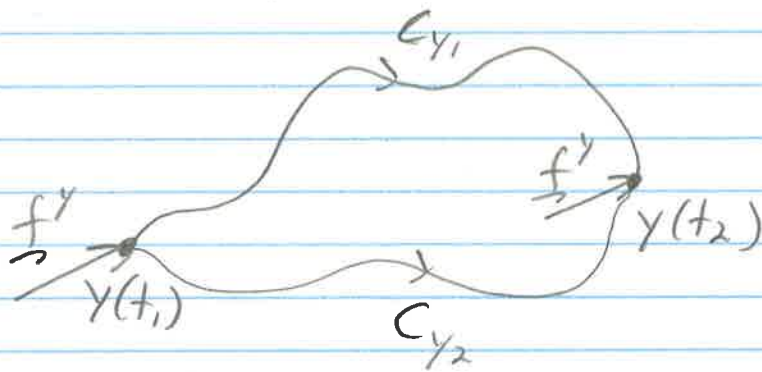
Returning to (\*\*)

$$\begin{aligned} \frac{1}{2} m \frac{d}{dt} (\underline{v}_a^{yw/aT} \underline{v}_a^{yw/a}) dt \\ = m \underline{\dot{v}}_a^{yw/aT} d\underline{r}_a^{yw} \\ = m \underline{v}_a^{yw/a \cdot a} \cdot d\underline{r}_a^{yw} \end{aligned}$$

Going back to our expression for work, we get

$$\begin{aligned} W_{yw}(\underline{f}^y, C_y) &= \frac{1}{2} m \int_{t_1}^{t_2} \frac{d}{dt} (\underline{v}_a^{yw/aT} \underline{v}_a^{yw/a}) dt \\ &= \frac{1}{2} m \underline{v}_a^{yw/aT}(t_2) \underline{v}_a^{yw/a}(t_2) \\ &\quad - \frac{1}{2} m \underline{v}_a^{yw/aT}(t_1) \underline{v}_a^{yw/a}(t_1) \\ &= \frac{1}{2} m \underline{v}_a^{yw/a}(t_2) \cdot \underline{v}_a^{yw/a}(t_2) \\ &\quad - \frac{1}{2} m \underline{v}_a^{yw/a}(t_1) \cdot \underline{v}_a^{yw/a}(t_1) \\ &= T_{yw/a}(t_2) - T_{yw/a}(t_1) \end{aligned}$$

Def: Consider unforced particles  $y$  and  $w$ , and force  $\underline{f}^y$  applied to particle  $y$ .  $C_{y1}$  and  $C_{y2}$  are two different paths with the same beginning and end position



If  $\int_{C_{y1}} \underline{f}^y \cdot d\underline{r}^{yw} = \int_{C_{y2}} \underline{f}^y \cdot d\underline{r}^{yw}$  holds

for any paths  $C_{y1}$  and  $C_{y2}$ , then  $\underline{f}^y$  is a conservative force.

If  $\underline{f}^y$  is conservative, then we can find a scalar potential function  $V_{yw}(\underline{r}^{yw})$  such that

$$dV_{yw} = - \underline{f}^y \cdot d\underline{r}^{yw}$$

Accordingly, then

$$W_{yw}(\underline{f}^y) = \int_{C_y} \underline{f}^y \cdot d\underline{r}^{yw} = - \int_{V_{yw}(t_1)}^{V_{yw}(t_2)} dV_{yw} = V_{yw}(t_1) - V_{yw}(t_2)$$

where  $V_{yw}$  is the potential energy of  $y$  rel. to  $w$



We already derived

$$W_{yw}(\vec{f}_y, C_y) = T_{yw}(t_2) - T_{yw}(t_1),$$

which combined with the previous result gives

$$T_{yw/a}(t_1) + V_{yw}(t_1) = T_{yw/a}(t_2) + V_{yw}(t_2)$$

Def: the total energy of  $y$  relative to  $w$  wrt  $\mathcal{F}_a$  is

$$E_{yw/a} = T_{yw/a} + V_{yw}$$

The total energy of particle  $y$  relative to an unforced particle  $w$  wrt an inertial frame  $\mathcal{F}_a$  is conserved if the forces acting on  $y$  are conservative, That is,

$$E_{yw/a}(t_1) = E_{yw/a}(t_2)$$

Or alternatively,

$$\dot{E}_{yw/a} = 0$$

This is known as conservation of energy.

## Potential Energy of Conservative Forces

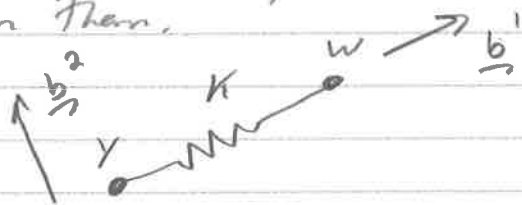
We have talked about 4 different kinds of forces:

- 1) linear spring force (conservative)
- 2) linear viscous force (non-conservative)
- 3) gravitational force (conservative)
- 4) reaction force (non-conservative, but usually N/A)

Since linear spring forces and gravitational forces are conservative, we can write out a potential function for each.

### Potential Energy of a Linear Spring

Consider particles  $y$  and  $w$  with a spring connected between them.



$d$ : unstretched length of spring  
 $l$ : stretched length of spring  
 $x_s = l - d$

The force acting on  $y$  due to the spring is

$$\underline{f}^y = -K x_s \frac{\underline{r}^{yw}}{\|\underline{r}^{yw}\|_2}$$

$$\underline{r}^{yw} = \underline{f}_b^1 \begin{bmatrix} -l \\ 0 \\ 0 \end{bmatrix}, \quad \|\underline{r}^{yw}\|_2 = l, \quad \text{so} \quad \frac{\underline{r}^{yw}}{\|\underline{r}^{yw}\|_2} = \underline{f}_b^1$$

and  $\vec{f}^y = +Kx_s \vec{b}'$

An infinitesimally small change in the length of the spring is given by

$$d\vec{r}^{yw} = \vec{F}_b^T \begin{bmatrix} -dl \\ 0 \\ 0 \end{bmatrix} = -dl \vec{b}'$$

But  $l = x_b + d$ , so  $dl = dx_s + d(d)$

$$d\vec{r}^{yw} = -dx_s \vec{b}'$$

$$W_{yw}(\vec{f}^y) = \int_{x_s(t_1)}^{x_s(t_2)} -Kx_s \vec{b}' \cdot \vec{b}' dx_s$$

$$= \int_{x_s(t_1)}^{x_s(t_2)} -Kx_b dx_b$$

$$= -\frac{K}{2} (x_s^2(t_2) - x_s^2(t_1))$$

$$= \frac{1}{2} K x_s^2(t_1) - \frac{1}{2} K x_s^2(t_2)$$

Since  $\vec{f}^y$  is a conservative force, we know

$$W_{yw}(\vec{f}^y) = V_{yw}(t_1) - V_{yw}(t_2), \text{ so}$$

by inspection

$$\boxed{V_{yw}(t) = \frac{1}{2} K x_s^2(t)}$$

## Gravitational Potential Energy

Consider particles  $x$  and  $y$  with masses  $m_x$  and  $m_y$



If we assume the motion of  $y$  is much smaller than  $\|\underline{r}^{yx}\|$ , then the gravitational force acting on  $y$  due to  $x$  is

$$\underline{f}^y = m_y \underline{g}$$

where

$$\underline{g} = - \frac{G m_x}{\|\underline{r}^{yx}\|^3} \underline{r}^{yx} \text{ is constant.}$$

The work done on particle  $y$  relative to  $w$  due to  $\underline{f}^y$  is

$$\begin{aligned} W_{yw}(\underline{f}^y) &= \int_{\underline{r}^{yw}(t_1)}^{\underline{r}^{yw}(t_2)} \underline{f}^y \cdot d\underline{r}^{yw} \\ &= \int_{\underline{r}^{yw}(t_1)}^{\underline{r}^{yw}(t_2)} m_y \underline{g} \cdot d\underline{r}^{yw} \end{aligned}$$

Since  $\underline{g}$  is constant,

$$\begin{aligned} W_{yw}(\underline{f}^y) &= m_y \underline{g} \cdot \int_{\underline{r}^{yw}(t_1)}^{\underline{r}^{yw}(t_2)} d\underline{r}^{yw} \\ &= m_y \underline{g} \cdot (\underline{r}^{yw}(t_2) - \underline{r}^{yw}(t_1)) \end{aligned}$$



$$W_{yw}(\underline{f}^y) = m_y \underline{g} \cdot \underline{r}^{yw}(t_2) - m_y \underline{g} \cdot \underline{r}^{yw}(t_1)$$

Since  $\underline{f}^y$  is a conservative force, we know

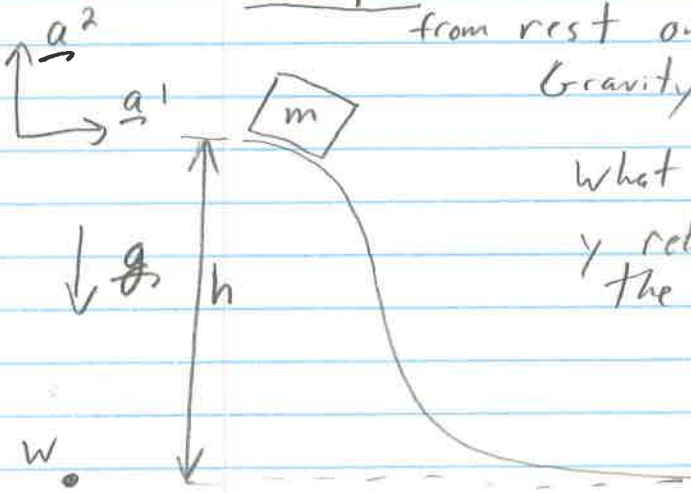
$$W_{yw}(\underline{f}^y) = V_{yw}(t_1) - V_{yw}(t_2)$$

by inspection,

$$V_{yw}(t) = - m_y \underline{g} \cdot \underline{r}^{yw}(t)$$

Example: Consider block (particle)  $y$  of mass  $m$ , released from rest on a frictionless slide of height  $h$ . Gravity is acting in the downwards direction.

What is the magnitude of the velocity of  $y$  relative to  $w$  w.r.t  $\mathcal{F}_a$  when  $y$  reaches the bottom of the ramp?



$$T_{yw/a} = \frac{1}{2} m \underline{v}^{yw/a} \cdot \underline{v}^{yw/a} = \frac{1}{2} m \|\underline{v}^{yw/a}\|_2^2$$

$$V_{yw} = -m \underline{g} \cdot \underline{r}^{yw}$$

1) Kinematics

i) Frames and DCMs: N/A

ii) Angular Velocity: N/A

iii) Position

$$\underline{r}^{yw} = \underline{\mathcal{F}}_a^T \begin{bmatrix} x_a \\ y_a \\ 0 \end{bmatrix}$$

iv) Velocity

$$\underline{v}^{yw/a} = \underline{r}^{yw \cdot a} = \underline{\mathcal{F}}_a^T \begin{bmatrix} \dot{x}_a \\ \dot{y}_a \\ 0 \end{bmatrix}$$

2)

$$T_{yw/a} = \frac{1}{2} m \underline{V}^{yw/a} \cdot \underline{V}^{yw/a}$$

$$= \frac{1}{2} m \begin{bmatrix} \dot{x}_a & \dot{y}_a & 0 \end{bmatrix} \begin{bmatrix} \dot{x}_a \\ \dot{y}_a \\ 0 \end{bmatrix}$$

$$= \frac{1}{2} m (\dot{x}_a^2 + \dot{y}_a^2)$$

$$= \frac{1}{2} m \|\underline{V}^{yw/a}\|_2^2$$

$$\underline{g} = \underline{J}^T \begin{bmatrix} 0 \\ -g \\ 0 \end{bmatrix}$$

$$V_{yw} = -mg \cdot \underline{r}^{yw}$$

$$= -m \begin{bmatrix} 0 & -g & 0 \end{bmatrix} \begin{bmatrix} x_a \\ y_a \\ 0 \end{bmatrix}$$

$$= -mg y_a$$

$$E_{yw/a} = T_{yw/a} + V_{yw}$$

$$= \frac{1}{2} m \|\underline{V}^{yw/a}\|_2^2 + mg y_a$$

$$3) E_{yw/a}(t_1) = E_{yw/a}(t_2)$$

$$\frac{1}{2} m \|\underline{V}^{yw/a}(t_1)\|_2^2 + mg y_a(t_1)$$

$$= \frac{1}{2} m \|\underline{V}^{yw/a}(t_2)\|_2^2 + mg y_a(t_2)$$

$$t_1: \| \underline{v}^{w/a}(t_1) \|_2 = 0$$

$$y_a(t_1) = h$$

$$t_2: \| \underline{v}^{w/a}(t_2) \|_2 : \text{unknown}$$

$$y_a(t_2) = 0$$

$$mgh = \frac{1}{2} m \| \underline{v}^{w/a}(t_2) \|_2^2$$

$$\| \underline{v}^{w/a}(t_2) \|_2 = \sqrt{2gh}$$

Notice that we did not need to consider reaction forces to get this answer.

However, we did not obtain the equations of motion that govern the behavior of  $y$ , only the velocity of  $y$  at a particular instance in time.



## Power Due to a Force on a Particle

Def: Consider particles  $y$  and  $w$  and force  $\underline{f}^y$  applied to particle  $y$  as  $y$  moves along path  $C_y$ .

The power of the force  $\underline{f}_y$  acting on  $y$  relative to  $w$  wrt  $\underline{f}_a$  is

$$P_{yw/a}(\underline{f}^y) = \frac{d}{dt} (W_{yw}(\underline{f}^y, C_y)) \\ = \underline{f}^y \cdot \underline{v}^{yw/a}$$

We can relate  $P_{yw/a}$  to kinetic energy as follows

$$T_{yw/a} = \frac{1}{2} m \underline{v}^{yw/a} \cdot \underline{v}^{yw/a}$$

Take the time derivative of  $T_{yw/a}$

$$\begin{aligned} \frac{d}{dt} (T_{yw/a}) &= \frac{1}{2} m \frac{d}{dt} (\underline{v}^{yw/a} \cdot \underline{v}^{yw/a}) \\ &= \frac{1}{2} m \left( \underline{v}^{yw/a \cdot a} \cdot \underline{v}^{yw/a} + \underline{v}^{yw/a} \cdot \underline{v}^{yw/a \cdot a} \right) \\ &= m \underline{v}^{yw/a \cdot a} \cdot \underline{v}^{yw/a} \\ &= m \underline{a}^{yw/a/a} \cdot \underline{v}^{yw/a} \\ &\quad \underline{f}^y \text{ from N2L} \end{aligned}$$

$$\frac{d}{dt} (T_{yw/a}) = \underline{f}^y \cdot \underline{v}^{yw/a} = P_{yw/a} (\underline{f}^y)$$

This is known as the work-energy theorem for a particle.  $\mathcal{F}_a$  must be an inertial frame,  $w$  must be an unforced particle.

This theorem is valid for any force (conservative or non conservative) acting on particle  $y$ .

This theorem gives us an alternative approach to deriving the equations of motion of a particle.

We do not need to consider reaction forces that are not in the direction of motion of  $y$ , since they will disappear when we take the dot product with  $\underline{v}^{yw/a}$ .

Only valid for single degree-of-freedom systems.

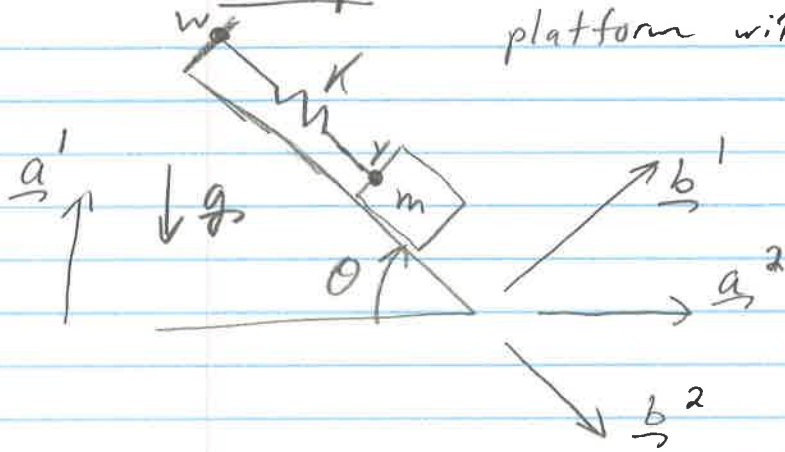
This approach is a stepping stone towards the Lagrangian approach to dynamics. You will see this in more advanced dynamics courses, such as "Intermediate Dynamics".

## "4 Alternative Steps to Success in Dynamics"

- 1) Kinematics
  - i) Frames and DCMs
  - ii) Angular Velocity
  - iii) Position
  - iv) Velocity
- 2) Kinetic Energy
- 3) Forces
- 4) Work-Energy Theorem

Only valid for single DOF systems!

Example: Consider a mass  $y$  on a frictionless inclined platform with a spring



$\theta$ : constant  
 $l$ : unstretched length of spring  
 $x_s$ : extension of spring

Let's use the "4 alternative steps to success"

i) Kinematics

i) Frames and DCMs

$$\underline{F}_a \xrightarrow{\underline{C}_3(\theta)} \underline{F}_b \quad \underline{C}_{ba} = \underline{C}_3(\theta)$$

ii) Angular Velocity

$$\underline{\omega}^{ba} = \underline{0}$$

iii) Position

$$\underline{r}^{yw} = \underline{F}_b^T \begin{bmatrix} 0 \\ l + x_s \\ 0 \end{bmatrix}$$

iv) Velocity

$$\begin{aligned} \underline{v}^{yw/a} &= \underline{r}^{yw \cdot a} = \underline{r}^{yw \cdot b} + \underline{\omega}^{ba} \times \underline{r}^{yw} \\ &= \underline{F}_b^T \begin{bmatrix} 0 \\ \dot{x}_s \\ 0 \end{bmatrix} \end{aligned}$$



## 2) Energy

Kinetic Energy

$$\begin{aligned}
 T_{ywl/a} &= \frac{1}{2} m \underline{v}^{ywl/a} \cdot \underline{v}^{ywl/a} \\
 &= \frac{1}{2} m \underline{v}_b^{ywl/a T} \underline{v}_b^{ywl/a} \\
 &= \frac{1}{2} m \begin{bmatrix} 0 & \dot{x}_s & 0 \end{bmatrix} \begin{bmatrix} 0 \\ \dot{x}_s \\ 0 \end{bmatrix} = \frac{1}{2} m \dot{x}_s^2
 \end{aligned}$$

## 3) Forces

$$\underline{f}^{yg} = \underline{F}_a^T \begin{bmatrix} -mg \\ 0 \\ 0 \end{bmatrix} = \underline{F}_b^T \underline{C}_{ba} \begin{bmatrix} -mg \\ 0 \\ 0 \end{bmatrix} = \underline{F}_b^T \begin{bmatrix} -mg \cos \theta \\ mg \sin \theta \\ 0 \end{bmatrix}$$

$$\underline{f}^{ys} = \underline{F}_b^T \begin{bmatrix} 0 \\ -Kx_s \\ 0 \end{bmatrix}$$

## 4) Work-Energy Theorem

$$\frac{d}{dt} (T_{ywl/a}) = m \dot{x}_s \ddot{x}_s$$

$$\begin{aligned}
 (\underline{f}^{yg} + \underline{f}^{ys}) \cdot \underline{v}^{ywl/a} &= (\underline{f}_b^{yg} + \underline{f}_b^{ys})^T \underline{v}_b^{ywl/a} \\
 &= \begin{bmatrix} -mg \cos \theta & mg \sin \theta & -Kx_s & 0 \end{bmatrix} \begin{bmatrix} 0 \\ \dot{x}_s \\ 0 \end{bmatrix}
 \end{aligned}$$

$$= (mg s_0 - K x_s) \dot{x}_s$$

$$\frac{d}{dt} (T_{y w/a}) = (\underline{f}^{yq} + \underline{f}^{ys}) \cdot \underline{v}^{y w/a}$$

$$m \dot{x}_s \ddot{x}_s = (mg s_0 - K x_s) \dot{x}_s$$

$$\dot{x}_s (m \ddot{x}_s + K x_s - mg s_0) = 0$$

This equation must hold for all time, so  $\dot{x}_s = 0$  is not an option if the mass is to move. Therefore, we have

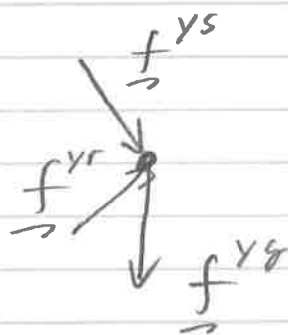
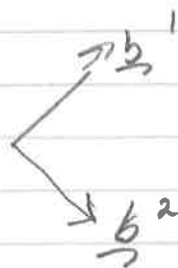
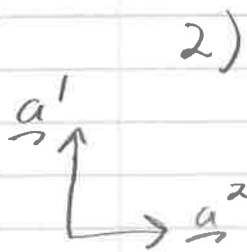
$$m \ddot{x}_s + K x_s - mg s_0 = 0$$

What if we used the original "3 steps to success"?

i) i) to iv) already done

v) Acceleration

$$\begin{aligned} \underline{a}^{y w/a} &= \underline{v}^{y w/a \cdot a} = \underline{v}^{y w/a \cdot b} + \underline{\omega}^{y w/a} \times \underline{v}^{y w/a} \\ &= \underline{F}_b^T \begin{bmatrix} 0 \\ \ddot{x}_s \\ 0 \end{bmatrix} \end{aligned}$$



$$\underline{f}^{ys} = \underline{f}_b^T \begin{bmatrix} 0 \\ -Kx_s \\ 0 \end{bmatrix}, \quad \underline{f}^{yg} = \underline{f}_b^T \begin{bmatrix} -mg \cos \theta \\ mg \sin \theta \\ 0 \end{bmatrix}$$

$$\underline{f}^{yr} = \underline{f}_b^T \begin{bmatrix} f_{b1}^{yr} \\ 0 \\ 0 \end{bmatrix}$$

3) W2L

$$\underline{f}^{ys} + \underline{f}^{yg} + \underline{f}^{yr} = m \underline{a}^{ywlala}$$

$$\begin{bmatrix} -mg \cos \theta + f_{b1}^{yr} \\ -Kx_s + mg \sin \theta \\ 0 \end{bmatrix} = \begin{bmatrix} 0 \\ m \ddot{x}_s \\ 0 \end{bmatrix}$$

$$(1) \quad -Kx_s + mg \sin \theta = m \ddot{x}_s$$

$$(2) \quad -mg \cos \theta + f_{b1}^{yr} = 0$$

$$(1) \Rightarrow m \ddot{x}_s + Kx_s - mg \sin \theta = 0$$

$$(2) \Rightarrow f_{b1}^{yr} = mg \cos \theta \quad \rightarrow \text{same as with the alternative method.}$$