

BIOL-8 Practice Test 01 — Answer Key

Modules 1-4: Foundations of Human Biology

Part A: Multiple Choice Answers

Q	Answer	Explanation
1	C	All living things have cellular organization — this is universal to life
2	A	Cell → Tissue → Organ → Organ System → Organism is the correct hierarchy
3	B	The independent variable is what the scientist deliberately changes
4	B	A theory is well-supported by extensive, repeated experimental evidence
5	B	Homeostasis = maintaining internal stability despite external changes
6	B	Sweating to reduce a fever is negative feedback — opposing the change to restore normal temp
7	B	Anatomy = structure; Physiology = function
8	B	The stomach is an organ (composed of multiple tissue types working together)
9	C	Atomic number = number of protons in the nucleus
10	B	Covalent bonds involve sharing electrons between atoms
11	C	Oxygen pulls shared electrons more strongly → unequal sharing → polarity
12	C	pH 3 is well below 7, making it strongly acidic
13	A	Carbon, Hydrogen, Oxygen, Nitrogen make up ~96% of living matter
14	B	Hydrogen bonds give water high specific heat — it resists temperature change
15	B	Buffers resist pH changes, keeping blood pH stable near 7.35-7.45
16	B	Isotopes = same element, different neutron count (e.g., Carbon-12 and Carbon-14)

Q	Answer	Explanation
17	B	Dehydration synthesis removes water to join monomers into polymers
18	C	Carbohydrates (glucose) are the body's preferred quick energy source
19	B	Amino acids are the monomers of proteins (20 different types)
20	B	The amino acid sequence dictates how the protein folds and what it does
21	D	DNA and RNA are nucleic acids built from nucleotide monomers
22	B	Hydrolysis (hydro = water, lysis = break) adds water to split polymers
23	B	Saturated fats have no C=C double bonds; they pack tightly → solid at room temp
24	B	Denaturation = loss of 3D shape (and function) due to extreme heat or pH
25	B	Cell theory: all living things are made of cells; all cells come from pre-existing cells
26	C	Prokaryotes lack a membrane-bound nucleus (pro = before, karyon = nucleus)
27	C	Mitochondria are the "powerhouse of the cell" — site of aerobic respiration
28	B	Ribosomes translate mRNA into proteins (protein synthesis)
29	C	Plant cells have a rigid cell wall made of cellulose; animal cells do not
30	C	Golgi receives proteins from the ER, modifies, sorts, and ships them in vesicles
31	C	Ribosomes attached to the ER surface give it the "rough" appearance
32	B	Endosymbiotic theory: mitochondria and chloroplasts were once independent prokaryotes

Part B: Fill in the Blank Answers

Q	Answer
33	cell
34	homeostasis
35	control
36	isotopes
37	basic (or alkaline)
38	monosaccharide (or simple sugar)
39	phospholipids
40	proteins
41	nucleus
42	lysosome

Part C: Short Answer Key

43. Four characteristics of living things (any four):

- **Cellular organization:** All living things are made of one or more cells
 - **Metabolism:** All organisms carry out chemical reactions to obtain and use energy
 - **Homeostasis:** Living things maintain a stable internal environment
 - **Reproduction:** Organisms produce offspring (sexually or asexually)
 - **Growth and development:** Organisms grow and develop according to genetic instructions
 - **Response to stimuli:** Living things detect and respond to changes in their environment
 - **Adaptation/Evolution:** Populations change over time through natural selection
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44. Ionic vs. Covalent Bonds:

- **Ionic bonds:** Electrons are **transferred** from one atom to another, creating oppositely charged ions that attract each other. Example: NaCl (sodium chloride) — sodium gives an electron to chlorine
 - **Covalent bonds:** Electrons are **shared** between atoms. Example: H₂O (water) — oxygen shares electrons with two hydrogen atoms
 - Ionic bonds typically form between metals and nonmetals; covalent bonds form between two nonmetals
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45. Four Biomolecules:

Biomolecule	Monomer	Primary Function
Carbohydrates	Monosaccharides (e.g., glucose)	Quick energy, structural support
Lipids	Fatty acids + glycerol	Long-term energy storage, cell membranes, insulation
Proteins	Amino acids	Enzymes, structural support, transport, immune defense
Nucleic acids	Nucleotides	Store and transmit genetic information (DNA and RNA)

46. Prokaryotes vs. Eukaryotes (any three):

Feature	Prokaryotes	Eukaryotes
Nucleus	No membrane-bound nucleus	Has a true nucleus
Organelles	No membrane-bound organelles	Has mitochondria, ER, Golgi, etc.
Size	Smaller (typically 1-10 μm)	Larger (typically 10-100 μm)
DNA	Single circular chromosome	Multiple linear chromosomes
Examples	Bacteria, Archaea	Plants, Animals, Fungi, Protists

47. Protein pathway from production to export:

1. **Nucleus:** DNA instructions (a gene) are transcribed into mRNA
 2. **Ribosome on Rough ER:** mRNA is translated into a polypeptide chain; the protein enters the ER lumen where initial folding and quality control occur
 3. **Golgi Apparatus:** The protein is further modified (e.g., sugar groups added), sorted, and packaged into transport vesicles
 4. **Plasma Membrane:** Transport vesicles fuse with the membrane and release the protein outside the cell via exocytosis
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End of Answer Key