

## Supplemental Analysis

This section provides extended theoretical analysis of meta-cognitive frameworks and their implications.

### Meta-Cognitive Framework Analysis

#### Hierarchical Meta-Cognition

**Level 1 Meta-Cognition:** Monitoring basic inference processes

**Level 2 Meta-Cognition:** Monitoring meta-cognitive processes

themselves **Level 3 Meta-Cognition:** Framework-level monitoring and adaptation

#### Self-Modeling Requirements

Active Inference requires systems to model themselves within the same formalism used to model the world, creating recursive self-reference.

#### Framework Coherence

Meta-cognitive frameworks must maintain internal consistency while adapting to changing circumstances.