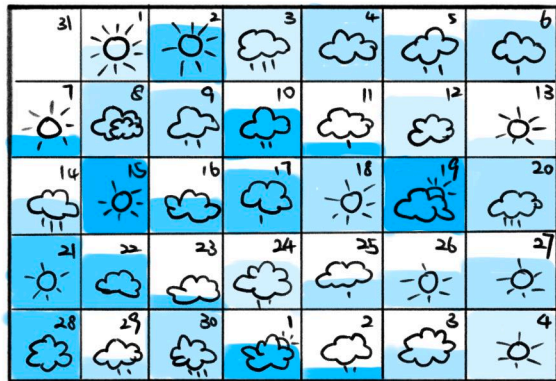


To examine how daily weather conditions affect my emotional state and eating behavior over time. The percentage of color within the box indicates the number of meals consumed that day.



Sun

Mon

Tue

Wed

Thu

Fri

Sat

Emotion Impact  
(0-5 Scale)

0 =



1 =



2 =



3 =



4 =



5 =

