



NutritionCaddy

Sign In

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NutritionCaddy

Account Details

Display Name

Email

Password

Confirm Password

Back



Next



NutritionCaddy

Reason for Food Restriction

Diet

Vegan diet

Keto diet

Health

Religion

Ethical

No Restrictions

Back



Next



NutritionCaddy

Reason for Food Restriction

Diet

Health

Diabetes

Celiac Disease

Religion

Ethical

No Restrictions

Back

Next





NutritionCaddy

Reason for Food Restriction

Diet

Health

Religion

Halal

Kosher

Ethical

No Restrictions

Back



Next



NutritionCaddy

Reason for Food Restriction

Diet

Health

Religion

Ethical

Vegan

Vegetarian

No Restrictions

Back



Next



NutritionCaddy

Reason for Food Restriction

Diet



Vegan diet



Keto diet

Health

Religious

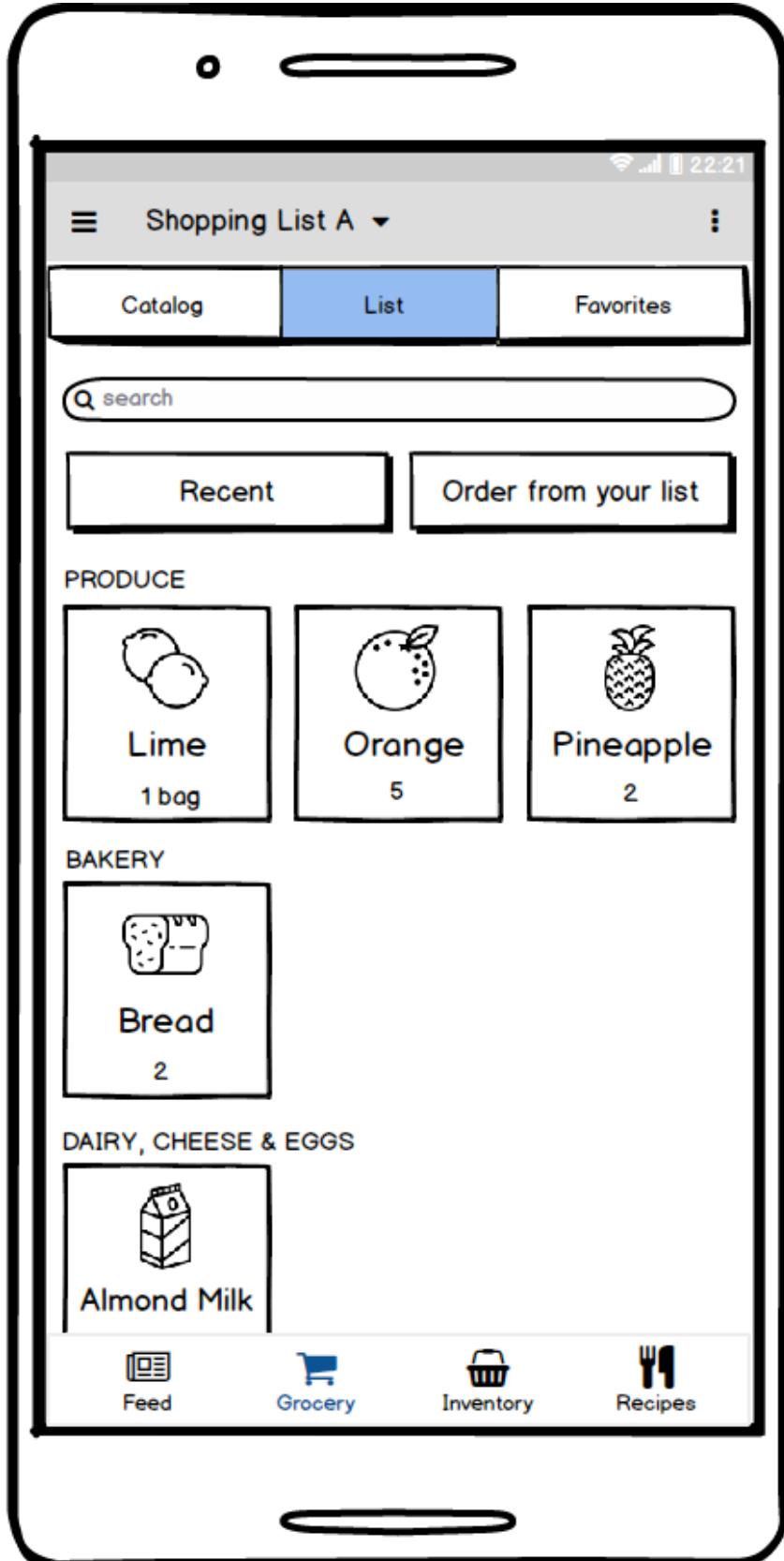
Ethical

No Restrictions

Back

• •

Next



Ellipsis button used to add new lists

Try pressing lime
Long press to edit quantity

22:21

☰ Shopping List A ☰

Catalog

List

Favorites

search

Recent

Order from your list

PRODUCE



Lime

1 bag



Orange

5



Pineapple

2

BAKERY



Bread

2

DAIRY, CHEESE & EGGS



Almond Milk



Feed



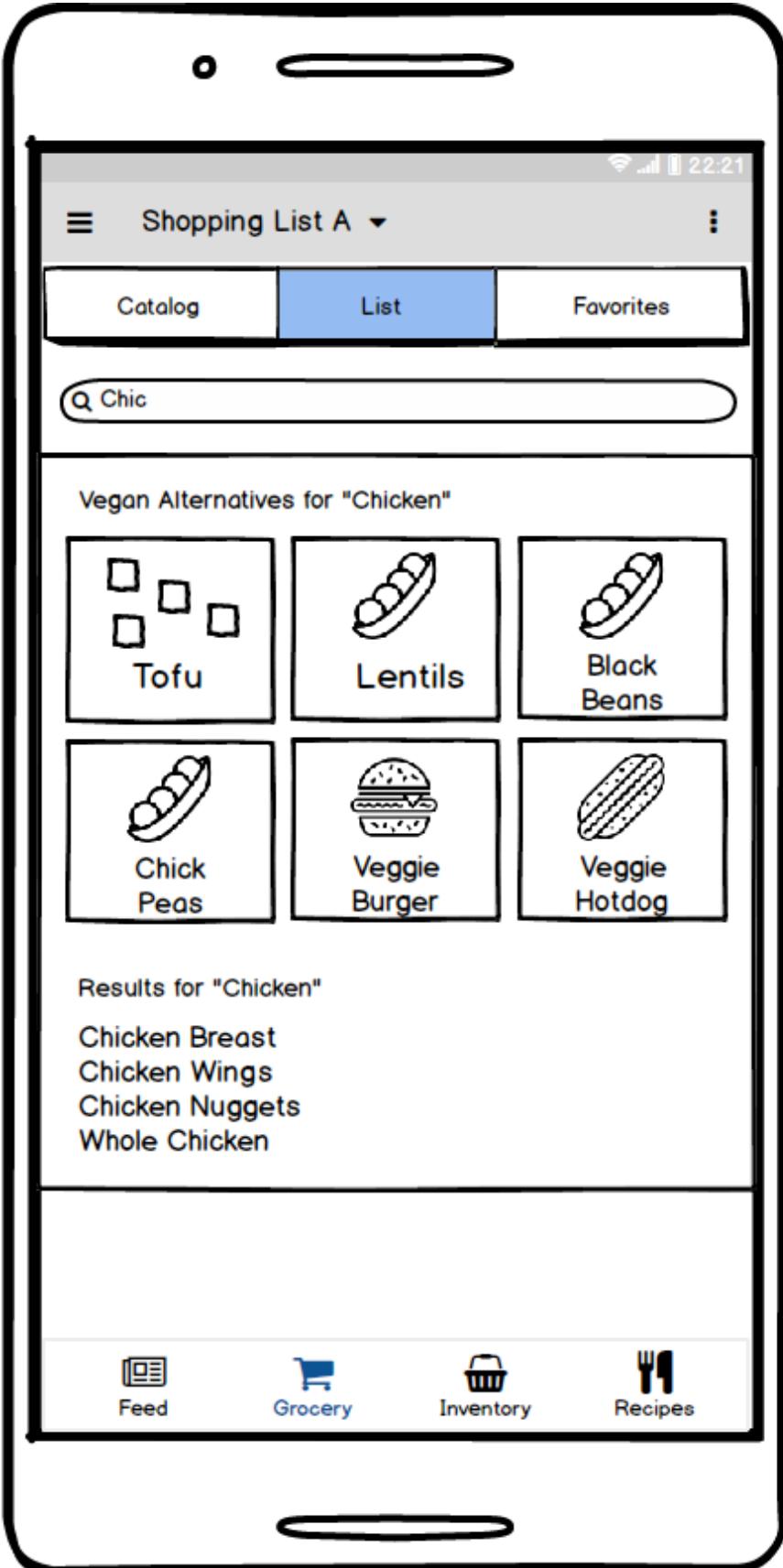
Grocery



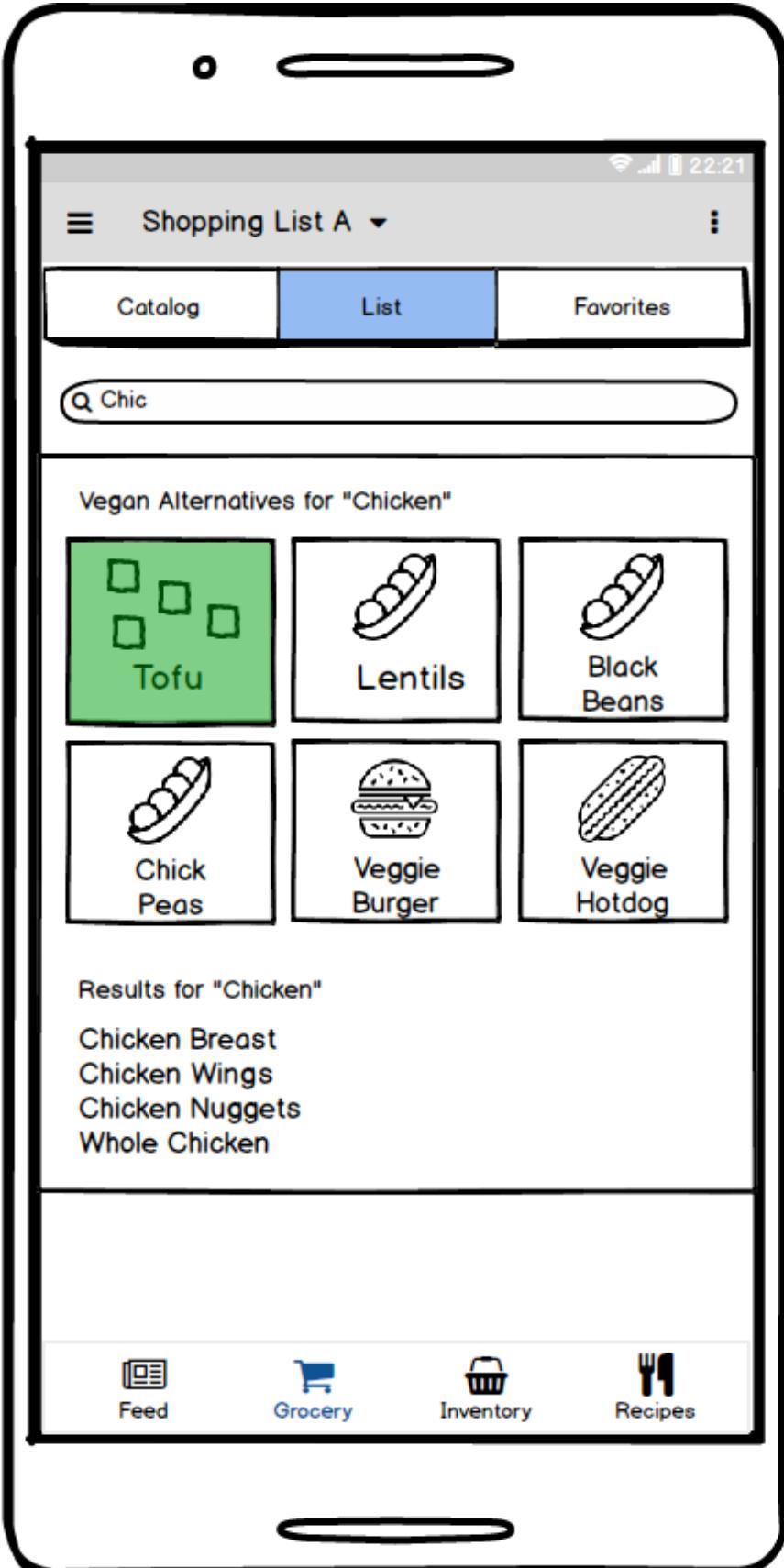
Inventory



Recipes

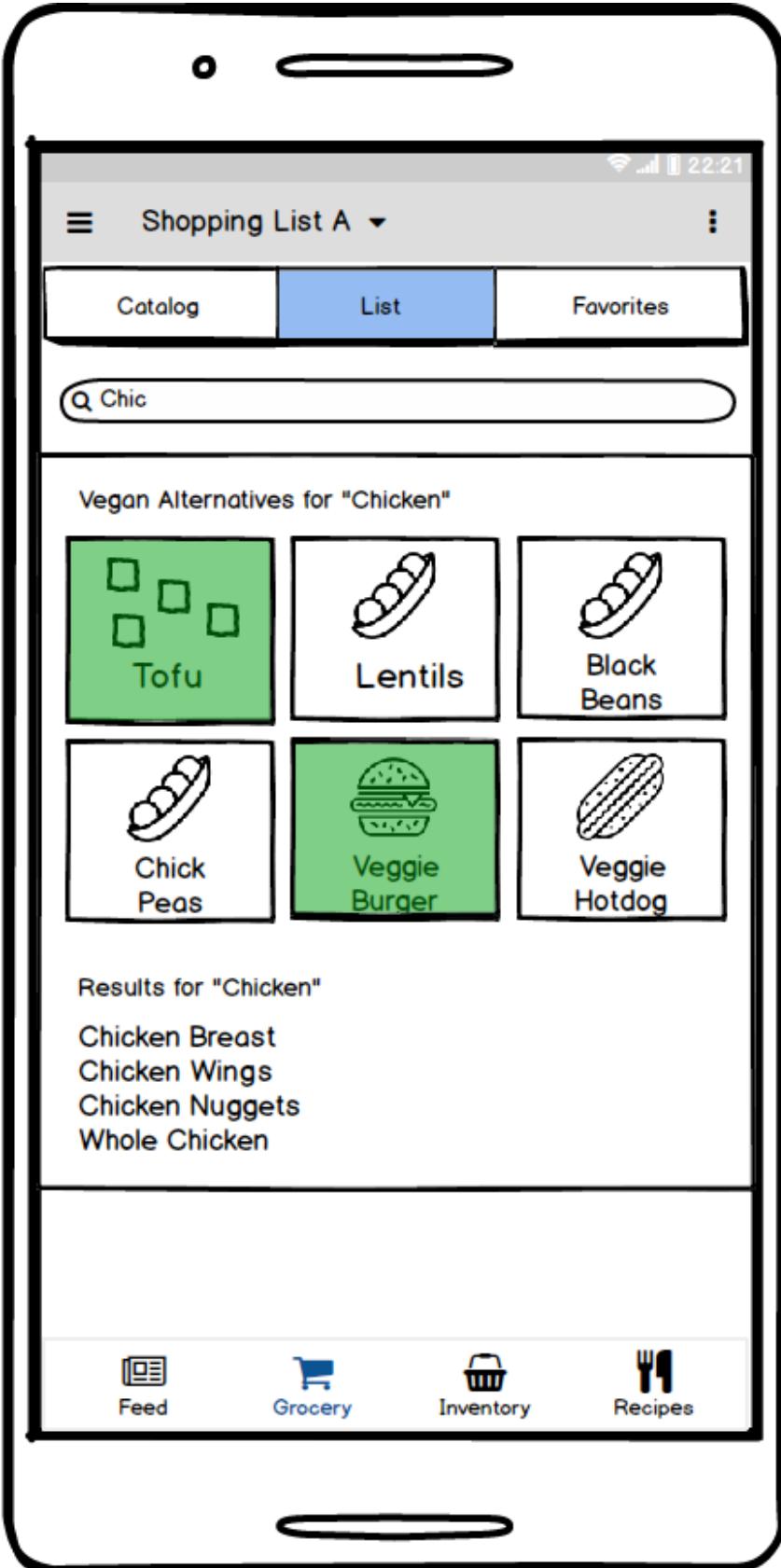


Try pressing Tofu then Veggie Burger



← Press to go back to list

← Try pressing Veggie Burger or uncheck Tofu



← Try unchecking Veggie Burger

22:21

☰ Shopping List A ▾



Shopping List B

Favorites

Shopping List C



see

Recent

Order from your list

PRODUCE



Lime

1 bag



Orange

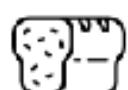
5



Pineapple

2

BAKERY



Bread

2

DAIRY, CHEESE & EGGS



Almond Milk



Feed



Grocery



Inventory



Recipes

22:21

☰ Shopping List A ☰

Catalog

List

Favorites

search

Recent

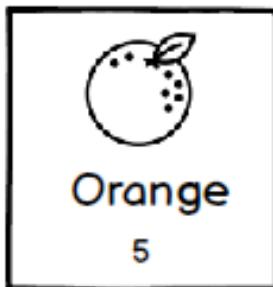
Order from your list

PRODUCE



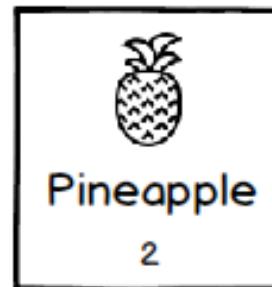
Lime

1 bag



Orange

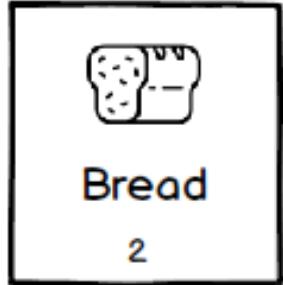
5



Pineapple

2

BAKERY



Bread

2

DAIRY, CHEESE & EGGS



Almond Milk



Feed



Grocery



Inventory



Recipes

22:21

☰ Shopping List A ▾

Welcome !



Diana

🍴 Eating Preferences

🕒 My Account

🔗 Link Account

❓ FAQ

✉️ Contact Us

ℹ️ About

Favorites

er from your list



Pineapple

2



Feed



Grocery



Inventory



Recipes

22:21

☰ Shopping List A ☰

Catalog

List

- Add new list
- Delete list
- List settings
- Help

search

Recent

Order from your list

PRODUCE



Lime

1 bag



Orange

5



Pineapple

2

BAKERY



Bread

2

DAIRY, CHEESE & EGGS



Almond Milk



Feed



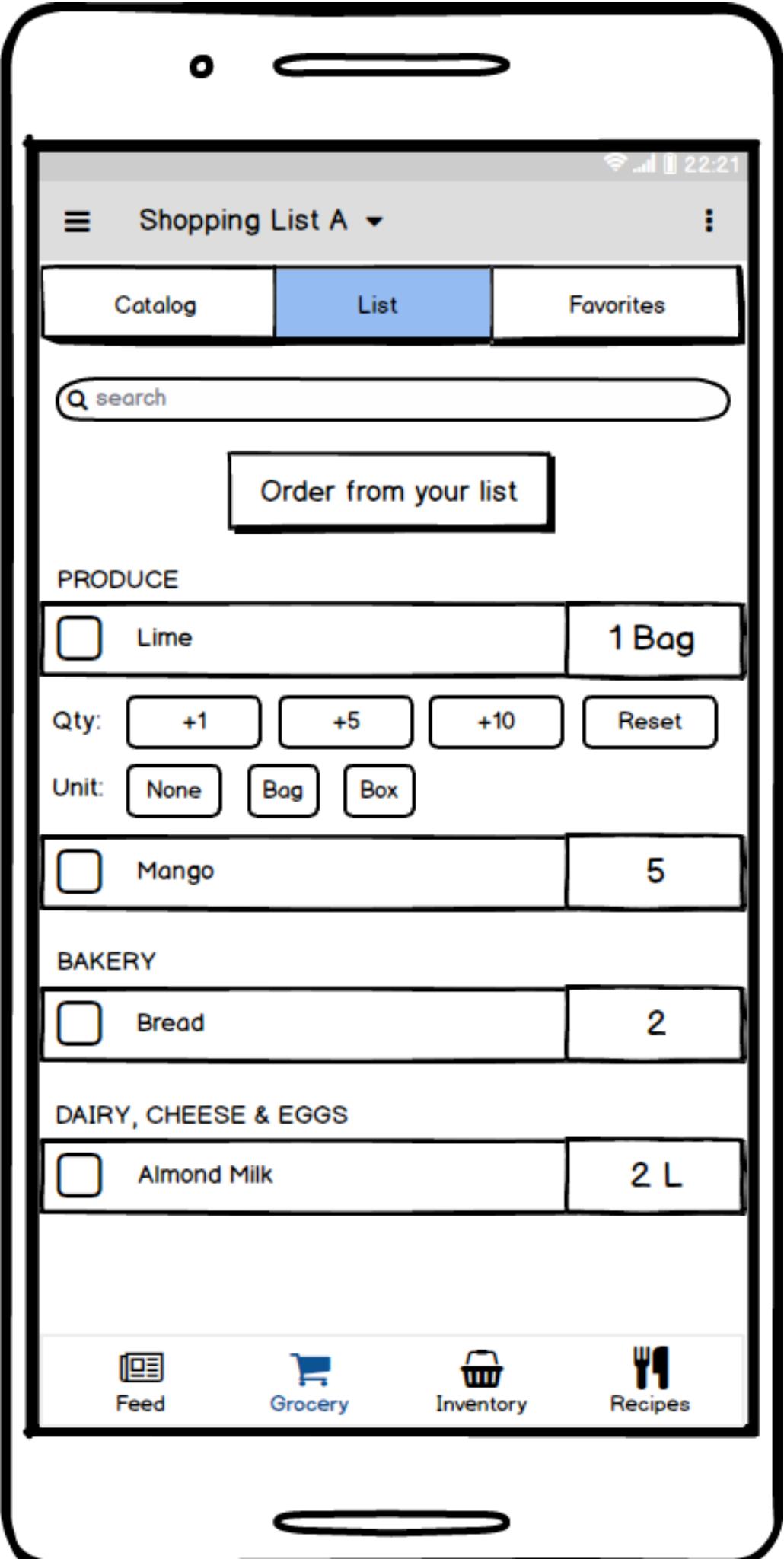
Grocery



Inventory



Recipes



22:21

☰ Shopping List A ☰

Catalog

List

Favorites

search

PRODUCE

BAKERY

+ BBQ Pork Bun

+ Pineapple Bun with Coconut

+ Pineapple Bun with Taro and Custard

DAIRY, CHEESE & EGGS

MEAT & SEAFOOD

DRINKS

SAUCES

SPICES

FROZEN



Feed



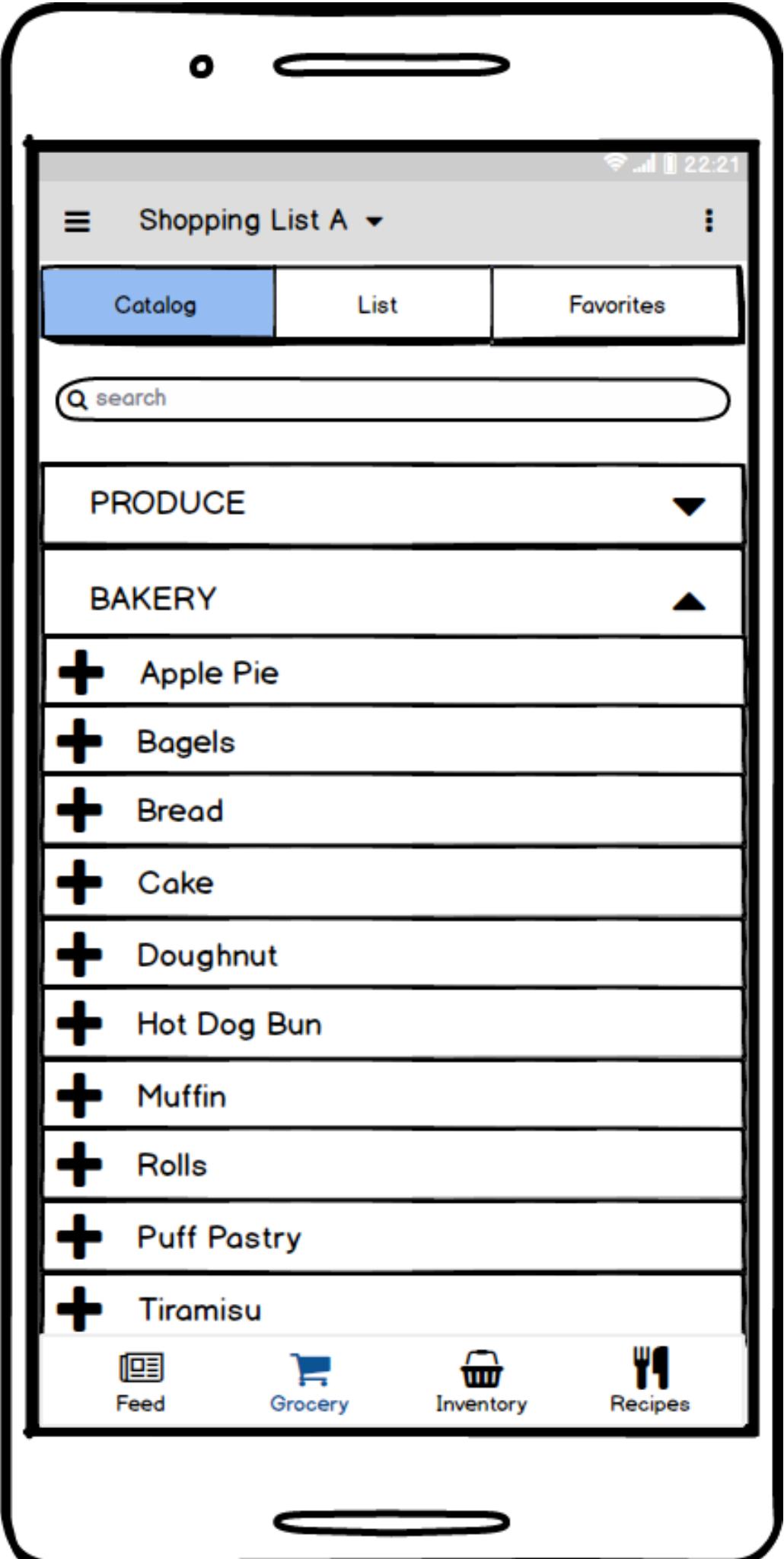
Grocery



Inventory



Recipes





Select A Store

Pickup

Delivery

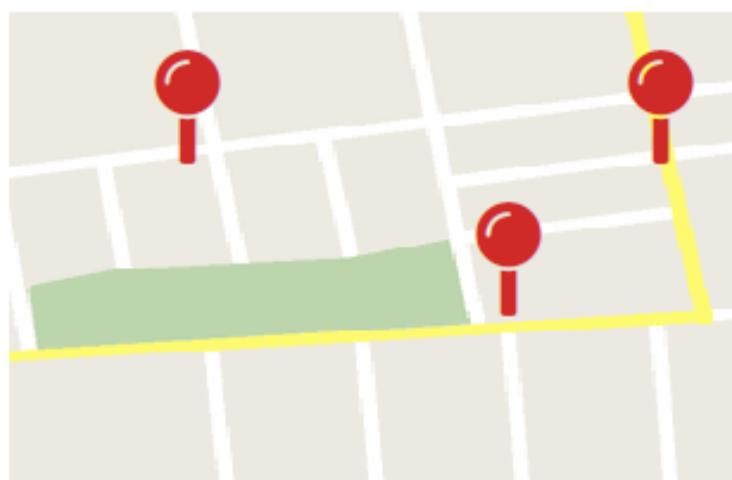
Map View

List View

Search for locations near you

Enter Address or Postal Code

Locations near T2L 0K1 :



PC Express



Real Canadian Superstore

7020 4th St NW, Calgary

Wednesday : 7:00 AM - 11:00 PM

Walmart



Safeway



Amazon



Feed



Grocery



Inventory



Recipes



Select A Store

Pickup

Delivery

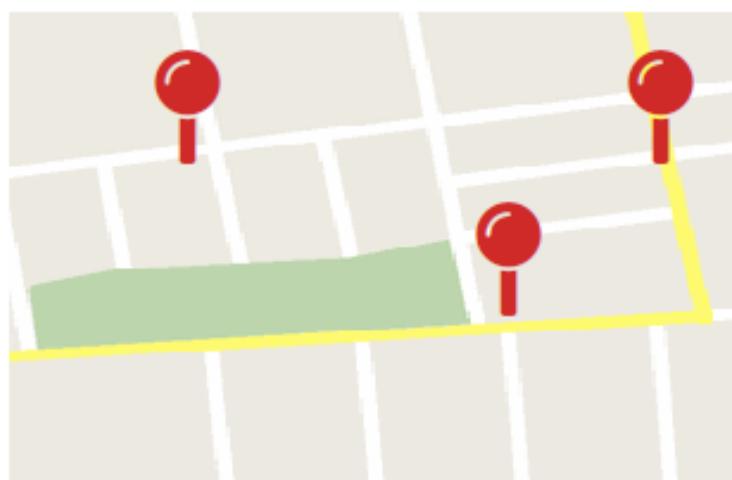
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Inventory



Recipes



Select A Store

Pickup

Delivery

Map View

List View

Search for locations near you

Enter Address or Postal Code

Locations near T2L 0K1 :



REAL CANADIANTM
SUPERSTORE

7020 4th St NW - Distance: 2.3 km
Wednesday : 7:00 AM - 11:00 PM



Loblaw's[®]

992 24th St NW - Distance: 4.1 km
Wednesday : 8:00 AM - 10:00 PM

Walmart 



Feed



Grocery



Inventory



Recipes



Store Details



REAL CANADIANTM SUPERSTORE

7020 4th St NW - Distance: 2.3 km
Wednesday : 7:00 AM - 11:00 PM

Pickup

Delivery

Select Lists to Purchase From:

- My Grocery List 1
- My Grocery List 2
- My Grocery List 3
- My Grocery List 4
- My Grocery List 5



Feed



Grocery



Inventory



Recipes

22:21



My Account



Name



Email: user@gmail.com



Dietary Retriction: Vegan Diet



Feed



Grocery



Inventory



Recipes

22:21

< Customize Dietary Restrictions

Food Restriction Type:

Vegan >

Food Allegies/Restrictions ▾

+ Add New Allergy/Restriction

Foods You Avoid ▾

+ Add New Food to Avoid



Feed



Grocery



Inventory



Recipes

22:21

< Customize Dietary Restrictions

Food Restriction Type:

Vegan >

Food Allegies/Restrictions ▲

Peanuts ✗

Shellfish ✗

+ Add New Allergy/Restriction

Foods You Avoid ▼

+ Add New Food to Avoid



Feed



Grocery



Inventory



Recipes

22:21

< Customize Dietary Restrictions

Reason for Food Restriction

Diet

Vegan diet



Keto diet

Health

Religion

Ethical

No Restrictions



Feed



Grocery



Inventory



Recipes

22:21

< Customize Dietary Restrictions

Reason for Food Restriction

Diet

Health

Diabetes

Celiac Disease

Religion

Ethical

No Restrictions



Feed



Grocery



Inventory



Recipes



Customize Dietary Restrictions

Restricted Food Items

search



Produce



Grains



Dairy



Meat



Feed



Grocery



Inventory



Recipes



Customize Dietary Restrictions

Restricted Food Items

search

Dairy Products

Select All

Milk

Chocolate Milk

Condensed Milk

Evaporated Milk

Heavy Cream

Cream Cheese

Cheddar Cheese

Mozzarella Cheese

Ice Cream

Yogurt

Frozen Yogurt

Butter



Feed



Grocery



Inventory



Recipes

Customize Dietary Restrictions

Restricted Food Items

search

Dairy Products

Select All

Milk

Chocolate Milk

Condensed Milk

Evaporated Milk

Heavy Cream

Cream Cheese

Cheddar Cheese

Mozzarella Cheese

Ice Cream

Yogurt

Frozen Yogurt

Butter



Feed



Grocery



Inventory



Recipes

Feed

Your Feed

Groups



Start a new post



[Richard Bowens in Keto](#)

Jun 10

This is my favorite recipe for a great keto cheesecake
#keto #cheesecake



[Go to Recipe](#)



[Michael Martz posted in Environmental](#)

Jun 3

Really enjoying the meat from #GoodCompany. Their farming practices result in a 50% reduction in emissions for each pound of meat produced.



Feed



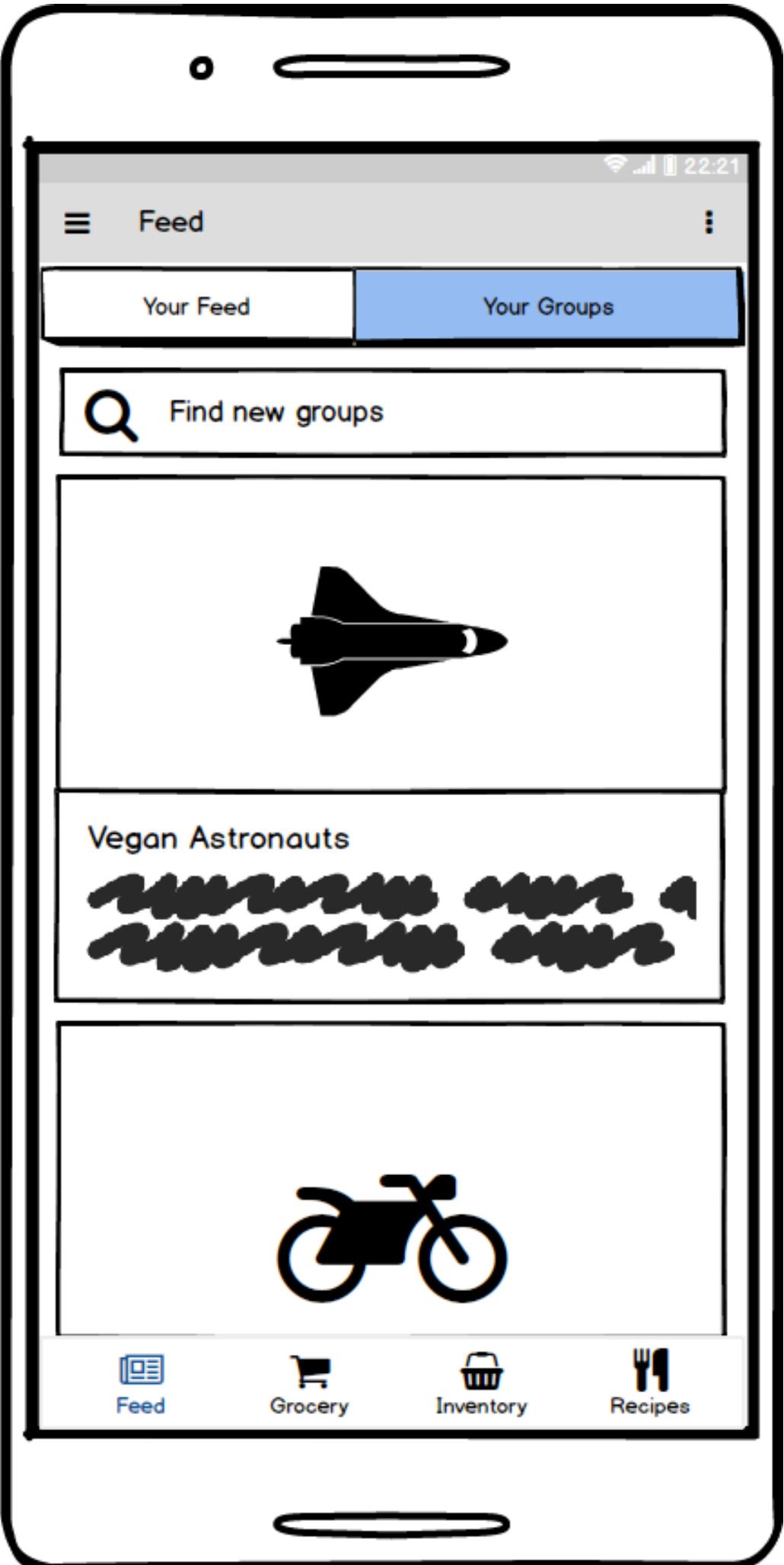
Grocery



Inventory



Recipes



22:21



Find New Groups



Filter

Popularity

search



Canadian Vegans



Feed



Grocery



Inventory



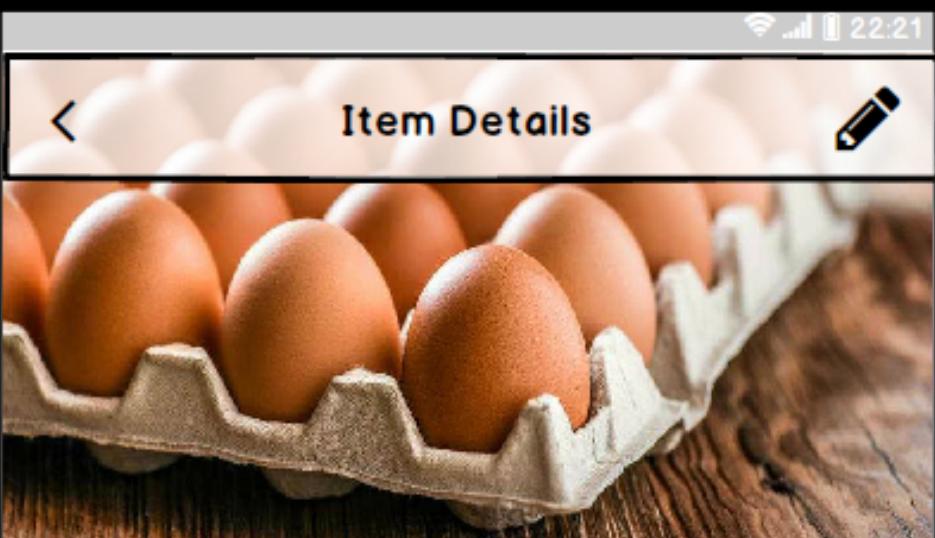
Recipes



Click Me



Item Details



A dozen eggs

Located in Category DAIRY

Quantity	bell icon	12
Purchase Date		5/27/2019
Expiry Date	bell icon	7/27/2019

Notes: None

Feed Grocery Inventory Recipes

Item Details Done



A dozen eggs

Located in Category DAIRY >

Quantity 12

Purchase Date 5/27/19 

Expiry Date 7/27/19 

Notes: None

Feed Grocery Inventory Recipes

22:21

Item Details



Sat May 26 7 59

Sun May 26 8 00

Mon May 27 9 01 AM

Today 10 02 PM

Wed May 29 11 03

Thu May 30 12 04

Fri May 31 1 05

CANCEL SET

Purchase Date

DAIRY >

12

5/27/2019

Expiry Date



7/27/2019

Notes: None



Feed



Grocery



Inventory



Recipes

22:21

Item Details



A dozen eggs

Located in Category DAIRY

Quantity	bell icon	12
Purchase Date		5/27/2019
Expiry Date	yellow bell icon	7/27/2019

Notes: None

Feed Grocery Inventory Recipes

22:21

Item Details



Sat May 26 7 59

Sun May 26 8 00

Mon May 27 9 01 AM

Today 10 02 PM

Wed May 29 11 03

Thu May 30 12 04

Fri May 31 1 05

CANCEL REMOVE

Purchase Date

DAIRY



12

5/27/2019

Expiry Date



7/27/2019

Notes: None



Feed



Grocery



Inventory



Recipes

22:21

Recipes

Find Recipes

Your Recipes

Filter

Vegan Rating

search



215 75

Pancakes



115 50

Avocado Toast



75 36

Vegan Quesadilla



21 11

Quinoa Breakfast Bowl



Feed



Grocery



Inventory



Recipes

22:21

Recipes

Find Recipes

Your Recipes

Filter

Vegan Rating

search



Create New Recipe



215 75

Keto Cheesecake



Feed



Grocery



Inventory



Recipes

Create New Recipe

Enter Recipe Name

Public

Private

Ingredients

Instructions

Almond Flour

1¼ cups

Butter

2 oz.



Add New Ingredient



Upload Recipe



Feed



Grocery



Inventory



Recipes

Create New Recipe

Enter Recipe Name

Public

Private

Ingredients

Instructions

Almond Flour

1¼ cups

Butter

2 oz.

Ingredient

Qty



Add New Ingredient



Upload Recipe



Feed



Grocery



Inventory



Recipes



Ingredients

Instructions

Servings:

10 ▾

Crust:

Almond Flour	1¼ cups
Butter	2 oz.
Erythritol	2 tbsp
Vanilla Extract	½ tsp

Filling

Cream Cheese	20 oz.
Heavy Whipping Cream	½ cup
Eggs	2



Feed



Grocery



Inventory



Recipes



Ingredients

Instructions

- 1** Preheat the oven to 350°F (175°C). Butter a 9-inch (22 cm) springform and line the base with parchment paper.
- 2** Melt the butter for the crust and heat until it gets a nutty scent. This will give the crust a lovely toffee flavor.
- 3** Remove from heat and add almond flour, sweetener and vanilla. Combine into a dough and press into the base of the springform pan. Bake for 8 minutes, until the crust turns lightly golden. Set aside and allow to cool while you prepare the filling.
- 4** Mix together cream cheese, heavy cream, eggs, lemon zest, vanilla and sweetener, if you're using any. Combine well. Pour the mixture over the crust.
- 5** Raise the heat to 400°F (200°C) and bake for 15 minutes.



Feed



Grocery



Inventory



Recipes



Ingredients

Instructions



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Feed



Grocery



Inventory



Recipes



Ingredients

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Feed



Grocery



Inventory



Recipes