Part A:

- (without any feedback tool) what do you think of your physical activities in the past four weeks? Anything different compared with week1-4? (ask participants to give examples)

- Ask participants to review Fitbit data (control group uses Fitbit website and visualization group uses on-calendar application)

- See if they identify local and global patterns, anomalies.

- What context do they use for making sense of the patterns and the anomalies (e.g., comparison, daily schedule, etc.)

- If the fitbit data are different from the recall (without the feedback tool) early, ask the participant to explain.

- If the fitbit data are different from the weekly survey data, ask the participant to explain)

B:

a. Visualization group only:

- how often do you use the tool? in what situation (e.g., at work, at home, etc.)? with what device?

- how do you usually use it? Please give some examples.

- In what circumstances do you bring up the app, managing calendar or viewing data? Why?

- Do you often keep the tap open? Why

- What visualization settings have you tried (colour, display location, visual encoding, saturation, scale, view, etc.)

- Do you find anything interesting would like to share with me? (show with examples)

- How do you interpret Fitbit data with calendar schedule? ( show examples)

b. Control group only:

* How did you use Fitbit application in the past 4 weeks? How often do you use it? In what situation (e.g., at work, at home, etc.)? with what device?
* What views do you most (and least)? Why? (show with examples)
* Do you find anything interesting would like to share with me? (show with examples)

C:

- What requirements do you think the current tool cannot meet? Why?

- What features do you like? What features you don’t like? Why? (show with examples)

- What are barriers of using it?

- Do they share the experience with others (family, friends)? How? Why?

- Is there any other feedback tools have you used? What are they? (show with examples)

- (Control group only) introduce the on-calendar feedback application

- Any other comments or suggestions?