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**Knowing the Quality Teacher**  
**The Teacher as a PERSON and as a PROFESSIONAL**

**BSED**

**THE K TO 12 GRADING SYSTEM**

# FS 1

## Observations of Teaching-Learning in Actual School Environment



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**FS1**

FIELD STUDY

## ON BECOMING A TEACHER

Episode 14 Knowing the Quality Teacher. The Teacher  
as a PERSON and as a PROFESSIONAL

THE K TO 12 GRADING SYSTEM

# Knowing the Quality Teacher, The Teacher as a PERSON and as a PROFESSIONAL



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### SPARK Your Interest

What is really like to be a TEACHER? Why is being a TEACHER considered as one of the most respected professionals in the Philippines? What makes a teacher differently better than any other profession? What characterize a teacher as a person and as a professional?

This Episode will provide you a chance to observe teachers in their workplace at school in order to answer the questions asked



### TARGET Your Intended Learning Outcome

At the end of this Episode, I must be able to:

- ☐ describe the personal qualities and competences of effective classroom teachers; and
- ☐ enumerate the professional characteristics of practicing teachers observed as based on the professional standards and code of ethics for the profession.



### REVISIT the Learning Essentials

*“My Teacher, My Hero”* was a banner during the World Teachers’ Day celebration in the Philippines in the years past. Are Filipino teachers, real heroes? What do you think? Why?

My answer is YES! Here are my reasons.

#### Personal Qualities of Filipino Teachers

To be a teacher in the Philippines is a challenging profession. Teachers serve the country just like any other hero. To be a teacher requires a lot of personal and professional qualities. These qualities make an excellent Filipino teacher an exceptional professional.

First, the teacher must have innate qualities or attributes that are exemplary and are fitted to be teachers. These are natural tendencies of a person. Here are some of the qualities and attributes that distinctly characterize a teacher.



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#### Personal Qualities of Teachers and the Descriptors

Personal Qualities	What the teacher IS and DOES
<ul style="list-style-type: none"> <li>Lives with dignity that &gt; exemplifies self-respect, discipline. Likewise, respected by students, peers and the integrity and self discipline.</li> </ul>	This teacher is honest, has integrity, self-respect and self.
<ul style="list-style-type: none"> <li>Takes care of one's physical, emotional and mental well-being .</li> </ul>	This teacher is physically, emotionally and mentally healthy. Clean and neat, dresses appropriately and pleasant in words and in action.
<ul style="list-style-type: none"> <li>Lives a life inspired by spiritual principles and beliefs.</li> </ul>	This teacher behaves according to the personal spiritual beliefs that are not contrary to the norms, mores and tradition of the community.
<ul style="list-style-type: none"> <li>Exhibits deep knowledge and understanding across disciplines.</li> </ul>	This teacher is mentally alert, makes correct decision, intelligent to be able to acquire new knowledge, skills and values needed in order to teach. She/he has the ability to learn new things, re-learn old knowledge in new ways, and un-learn   knowledge, skills and values that are no longer applicable to the current times.
<ul style="list-style-type: none"> <li>Recognizes own strength with humility</li> </ul>	This teacher sets high goals for himself/herself, but remains   humble and willing to share success. He/She is confident of doing task but does not consider self to be better than others all the time.
<ul style="list-style-type: none"> <li>Perseveres in challenging situation</li> </ul>	This teacher is calm in the midst of chaos, remains steadfast under pressure, does not easily give up and adjusts to different situations
<ul style="list-style-type: none"> <li>Demonstration a natural action to work together with others.</li> </ul>	This teacher volunteers tasks for others, always willing to share, extends help willingly, accepts responsibility, tolerant of other people, and gives up time for the group.

Not everyone has these qualities, hence not everyone can be a good teacher. A the old saying goes: *"Teachers are born but good teachers are both born and made"*

#### Professional Competences of Filipino Teachers

Going to teacher training institutions and earning a teaching degree mean developing a professional teacher like you. You can only become a professional teacher if you earn a degree to teach in either elementary level or high school level. You should also earn a license to teach by passing a



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licensure examination for teachers. While studying in college you are learning the ropes of becoming a professional teacher. You learn the content courses including the major or specialization and the professional courses including the pedagogy courses. Your professional courses include experiential learning courses that include Field Study 1, Field Study 2 and Teaching Internship. These are important in your preparation to become professional teachers.

So, what are the professional competencies that every teacher should have? You will find these in the matrix that follow.

#### Professional Competencies of Filipino Teachers

Professional Competencies	What the teacher DOES
<ul style="list-style-type: none"> <li>Abides by the code of ethics for the profession</li> </ul>	This teacher practices the rules and conduct of professional teachers.
<ul style="list-style-type: none"> <li>Masters the subject matter to be taught</li> </ul>	This teacher masters and updates himself/herself with subject matter content to be taught.
<ul style="list-style-type: none"> <li>Updates oneself on educational trends, policies, and curricula</li> </ul>	This teacher keeps abreast with educational trends, policies and curricula by taking up graduate studies, attending seminars and workshops.
<ul style="list-style-type: none"> <li>Uses teaching methods to facilitate student learning</li> </ul>	This teacher practices different ways of teaching appropriate to the learners and the subject matter
<ul style="list-style-type: none"> <li>Builds support network with parents and community</li> </ul>	This teacher engages the cooperation of parents and stakeholders in educating the learners.
<ul style="list-style-type: none"> <li>Demonstrates knowledge, understanding of the characteristics and needs of the diverse learners</li> </ul>	This teacher has substantial knowledge of the characteristics and needs of learners.
<ul style="list-style-type: none"> <li>Plans, prepares and implements school curriculum responsibly</li> </ul>	This teacher plans, prepares, implements and innovates the day-to-day curriculum with the view in mind that learners will learn.
<ul style="list-style-type: none"> <li>Designs, selects and utilize appropriate assessment strategies and tools</li> </ul>	This teacher designs, selects and uses appropriate assessment tools <i>for, as, and of</i> learning.
<ul style="list-style-type: none"> <li>Provides safe, secure, fair physical and psychological learning environment that supports learning.</li> </ul>	This teacher arranges the classroom to provide safe, secure psychological learning environment that supports and encourages learning.
<ul style="list-style-type: none"> <li>Serves beyond the call of duty</li> </ul>	This teacher does task and works even beyond the official time when needed.

So, it is not easy to become a professional teacher. The demand is great. A qualified professional teacher then is like a HERO.

Now you are ready to identify if the enumerated characteristics are found among the teachers you are going to observe.



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There are two observation activities in this Episode. Activity 1 will identify the Personal Characteristics of the Teacher and Activity 2 will identify the Professional Competencies of the Teacher.



### OBSERVE, ANALYZE, REFLECT

#### Activity 14.1

#### Teacher Personal Qualities: A View from My Lenses

Resource Teacher: Sir Kim Paolo Armin A. Torcelino VI Teacher's Signature: 

School: CNSC College of Education Laboratory School Grade/Year Level: Grade 9 Subject Area: Science Date: October 2, 2025



#### Procedure:

1. Secure a permit to observe a teacher.
2. Review the list of the Personal Qualities given above.
3. Follow the code given whether you **will observe** by seeing only or you will **observe and interview** the teacher to gather information.
4. Write down in the column of data results the description of the personal qualities that you have found out. If the personal quality is not observed by-you or is not revealed in your interview, write **not observed** or **not manifested**.

Personal Qualities	Observe (O) Interview (I)	Data results I have found out that ....
a. Dignified	Observe	I have found that the teacher adapts smoothly to different situations, adjusting his approach to meet the needs of both students and the



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		classroom. He responds calmly to unexpected changes and finds ways to support the student.
b. Healthy	Observe	The teacher always makes sure to look pleasing and well-groomed, having already eaten lunch and maintaining personal care, presenting himself neatly and professionally in class.
c. Spiritual	Observe Interview	Not Observed
d. Knowledgeable	Observe	The teacher demonstrates extensive knowledge of the subject, able to explain concepts clearly and accurately to the student. His understanding allows him to answer questions immediately.
e. Humble	Observe	The teacher demonstrates humility by treating both students and colleagues with respect, valuing their opinions, and remaining approachable.
f. Determined	Observe Interview	The teacher puts in extra effort to clarify and reteach concepts until every student fully understands.
g. Cooperative	Observe	The teacher is cooperative, actively working with his students, especially during group activities and answering questions from the students. He shows genuine support and assists when needed.

Activity 2 will focus on the Professional Competencies of the Teacher. You may change your sample Teacher in Activity 1 with another teacher, or you can still observe the same teacher. In case you will not change your teacher to be observed the same teacher will be your sample for both Activity 1 and Activity 2. Aside from direct observation, you will also do a Survey in Activity 2.





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### ANALYZE

Did you learn from your observation of the teacher? Now let us analyze the information that you have gathered.

Answer the following questions.

1. In Activity 1, what do you consider as the 3 most outstanding significant personal qualities of the teacher you chose as your case? Why do you consider these as outstanding?
  - a) Humble – By being humble, the teacher creates a learning environment where everyone feels valued and respected. Despite having extensive knowledge and experience, the teacher remains approachable and open to students' questions and ideas. This humility fosters a classroom atmosphere that feels comfortable and inclusive, where students are encouraged to share their thoughts without fear of judgment. It shows the teacher's genuine respect for learners and an understanding that teaching is not about authority, but about building trust and meaningful connections with students.
  - b) Knowledgeable – By being knowledgeable allows the teacher to demonstrate a solid and clear understanding of the subject. This enables the teacher to explain lessons in ways that are both detailed and easy to grasp, often connecting concepts to real-life situations that make learning more meaningful and see the relevance of what they are learning. This shows not only his expertise and mastery in the subject matter but also his ability to make learning meaningful and purposeful to all students.
  - c) Determined – By being determined, the teacher shows persistence and patience whenever students find it hard to grasp a concept. Instead of moving on quickly, the teacher takes time to clarify ideas, provide examples, and use different approaches until everyone understands. This shows genuine dedication to the students' learning process and a deep sense of responsibility to ensure that no one is left behind. The teacher's consistency and effort reflect a true passion for teaching and a commitment to helping learners succeed.
2. Which of these qualities do you have? Do you think you can fit as a good teacher someday? Why? Describe yourself.

I believe I can fit as a good teacher someday. I see teaching not just as a profession but as a lifelong commitment to learning, guiding, and inspiring others. I have qualities that I believe will help me in this experience by being determined, knowledgeable, and maintaining a healthy





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mindset. I can describe myself as someone who doesn't give up easily when faced with challenges and is always eager to improve. I stay open to learning from others and value feedback because I believe growth comes from being teachable. These qualities help me grow both personally and professionally, shaping me into a teacher who can adapt, connect, and meet the diverse needs of learners.



#### REFLECT

Good teachers are role models, whether in school, at home or in the community. From the teachers that you had from elementary to college, did the personal qualities that they possess help you learn better as a student?

Yes, the personal qualities of my teachers really helped me learn better. I learned a lot not just from the lessons they taught, but from how they carried themselves every day. Teachers who were patient and understanding made it easier for me to stay engaged and not feel pressured when I made mistakes. I also admired teachers' who were passionate about their work. It made me want to do better. Their kindness and dedication showed me that being a good teacher isn't just about impacting knowledge, but about caring for students and helping them grow as individuals.

Identify one personal characteristic of your model teacher that has made a great impact in your life as a learner. Reflect and describe how this quality influenced you.

One personal quality of my model teacher that greatly impacted me as a learner is determination. He consistently puts in extra effort to clarify and reteach concepts until every student fully understands the lesson. Seeing that level of effort and unwavering support inspired me to do the same in the future. It taught me that real success comes from effort and consistency, not just talent or finishing tasks quickly. As a future teacher, I want to carry and exude the same determination to guide my students with patience and encourage them to keep trying and still a love for learning.



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#### Activity 14.2

#### Is the Teacher a Professional Teacher?

Resource Teacher: Sir Kim Paolo Armin A. Torcelino VI Teacher's Signature:   
School: CNSC College of Education Laboratory School Grade/Year Level: Grade 9 Subject Area: Science Date: October 2, 2025

#### OBSERVE



#### Procedure:

1. Secure a permit to observe and conduct a survey.
2. Request the following information from the teacher:
  - a. Name —
  - b. LET License No
  - c. Evidence of Professional Growth (Masters or Doctorate, Seminars attended, etc )
3. Request a co-teacher or the head (only one of the 2) to answer the checklist/rating scale about your sample teacher.
4. Answer the same survey instrument yourself.
5. Compare the answer of the co-teacher or that of the head with your answer on the survey. In what items do you have the same answer?
6. Show the results in a summary table

#### Competencies of the Professional Teacher: A Special Case

Dear Ma'am/Sir: I am a future teacher and I would like to know the characteristics of a professional teacher. I will be very glad if you could answer the survey form about your co-teacher \_\_\_\_\_ I will keep in confidence your identity, however, please allow me to use the data in my lesson.

This is a requirement in our course, Field Study 1.

Thank you very much.

Rizza Joy A. Jane  
BEED/BSEd Student



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Name of the Teacher: Kim Paolo Armin A. Torcelino VI

PRC License No. 2324355 Grade Level Taught Grade 9

**Answer the following statements based on your OBSERVATION of the teacher. Check Yes or No or Doubtful.**

Professional Competence	Does the Teacher exhibit the competence of a professional teacher? Check your answer below.		
	Yes	No	Doubtful
1. Practices the Code of Ethics for Professional Teachers	✓		
2. Teaches the subject matter very well with mastery	✓		
3. Keeps self-updated with educational trends, policies and curricula	✓		
4. Uses varied teaching methods that facilitate learning with skill and ease	✓		
5. Engages the parents and other stakeholders to cooperate as partners in educating the children	✓		
6. Teaches with compassion based on the knowledge and understanding of the characteristics and needs of diverse learners	✓		
7. Prepares curriculum plans, implements these with innovation in every lesson	✓		
8. Designs or selects and utilizes appropriate assessment strategies and tools for lessons taught	✓		
9. Makes classroom atmosphere physically (arrangement) and psychologically (friendly, inclusive) safe and secure for learning	✓		
10. Serves willingly beyond teaching work by participating in other extracurricular activities when needed	✓		

Kim Paolo Armin A. Torcelino VI

Name and Signature of the Teacher Informant (Peer)

OR:

\_\_\_\_\_  
Name and Signature of the Supervisor Informant (Head)



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AND

  
\_\_\_\_\_  
RIZZA JOY A. JANE

Your Name and Signature (Pre-Service Student)

Name of the Teacher: \_\_\_\_\_

PRC License No. \_\_\_\_\_ Grade Level Taught \_\_\_\_\_

Professional Competence	Does the Teacher exhibit the competence of a professional teacher? Check your answer below.		
	Yes	No	Doubtful
1. Practices the Code of Ethics for Professional Teachers	✓		
2. Teaches the subject matter very well with mastery	✓		
3. Keeps self-updated with educational trends, policies and curricula	✓		
4. Uses varied teaching methods that facilitate learning with skill and ease	✓		
5. Engages the parents and other stakeholders to cooperate as partners in educating the children	✓		
6. Teaches with compassion based on the knowledge and understanding of the characteristics and needs of diverse learners	✓		
7. Prepares curriculum plans, implements these with innovation in every lesson	✓		
8. Designs or selects and utilizes appropriate assessment strategies and tools for lessons taught	✓		
9. Makes classroom atmosphere physically (arrangement) and psychologically (friendly, inclusive) safe and secure for learning	✓		
10. Serves willingly beyond teaching work by participating in other extracurricular activities when needed	✓		

\_\_\_\_\_  
Name and Signature of the Teacher Informant (Peer)



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OR:

ZENYFE *Paraiso* PARAISSO, MAEd

Name and Signature of the Supervisor Informant (Head)

AND

*Rizza Joy A. Jane*  
RIZZA JOY A. JANE

Your Name and Signature (Pre-Service Student)



Analyze

Did you learn from your observation and interview on teacher's professional competences? Now let us analyze the data.

Answer the following questions

1. In Activity 2, do you consider the Teacher as a Professional Teacher? In what competencies is the teacher Strong? \_\_\_\_ Weak? \_\_\_\_ Doubtful? \_\_\_\_ Why?

Yes, Sir Kim exudes the qualities of a true professional teacher. His mastery and confidence in teaching are evident in the way he smoothly handles lessons and adapts to different learners and situations. His experience shows through his flexibility, understanding, and ability to respond to students' needs effectively. Even without seeing every aspect of his work, it's clear that his dedication and years of service have shaped him into a competent and exemplary teacher.

2. Did your answers to the survey form coincide with the answers of the co-teacher or head of the teacher you observed? Why?

Yes, my answers to the survey form were mostly consistent with those of his co-teacher. We both saw his strong dedication to his work and his ability to handle students effectively. His co-teacher also mentioned how dependable and prepared he is in every lesson, which matches what I personally observed.



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Reflect

**Now, it is time to reflect on Activity 2.**

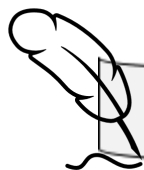
Complete the following sentences as your reflections from the results of Activity 2.

1. As a future teacher, the results imply that I should

I should continuously strive to improve my professional skills, uphold the code of ethics, and stay true to my philosophy as a future educator. Being an effective teacher is more than knowing the subject, it's about teaching with purpose and genuine care for students' growth and their future. I must stay committed to learning, embrace new strategies, and reflect on my practices to create meaningful learning experiences. Most importantly, I should nurture patience and empathy to build a supportive and inclusive classroom where every learner is empowered to succeed.

2. If all the teachers teaching today possess the professional characteristic as the teacher/teachers observed then learners will be

Learners will be more motivated, confident, and actively involved in their studies. They will experience a learning environment that nurtures both academic growth and personal development. Students will not only gain knowledge and skills but also learn essential values such as responsibility, empathy, and perseverance. In the end, classrooms will become safe and supportive spaces where students feel inspired to do their best, guided by teachers who teach with passion and genuine care.



SHOW your Learning Artifacts

**Show here the artifacts of this Episode.**

1. Short narrative about the teacher with a description of the personal qualities and professional characteristics that you have observed. You may request a picture from the teacher.





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### My Teacher, My Hero



Sir Kim is the kind of teacher who leaves a lasting impression through his quiet confidence and genuine care for his students. Watching him teach, I could see that he truly understands his role—not just a facilitator of learning, but as a catalyst who shapes both the minds and values of his learners. In his class, he manages the class by showing a sense of balance; he maintains discipline while still fostering a space where students feel comfortable to speak and express themselves. He protruded a natural presence in the classroom. He doesn't need to be overly strict to gain respect—his calm authority and sincerity earn it for him. His teaching style reflects both experience and compassion. He patiently checks on each student's progress, offers guidance when they struggle, and genuinely appreciates their efforts when they succeed.





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Evaluate Your Work Task Field Study 1, Episode 14 - Knowing the Quality Teacher. The Teacher as a PERSON and as a PROFESSIONAL

Learning Outcome: Describe the personal qualities and competences of effective classroom teachers and enumerate the professional characteristics of practicing teachers observed as based on the professional standards and code of ethics for the profession.

Name of FS Student: Rizza Joy A. Jane  
Year & Section: 4th year Block A

Date Submitted: October 18, 2025  
Program: BSED Major in Sciences

LEARNING EPISODES	EXCELLENT 4	VERY SATISFACTORY 3	SATISFACTORY 2	NEEDS IMPROVEMENT 1
ACCOMPLISHED OBSERVATION SHEET	All observation questions/tasks completely answered/accomplished.	One (1) or two (2) observation questions/tasks not answered/accomplished	Three (3) observation questions/tasks not answered/accomplished	Four (4) or more observation questions/tasks not answered/accomplished.
ANALYSIS	All questions were answered completely; answers are in depth and are thoroughly grounded on theories; grammar and spelling are free from error.	All questions were answered completely; answers are clearly connected to theories; grammar and spelling are free from errors.	Questions were not answered completely; answers are not clearly connected to theories; one (1) to three (3) grammatical spelling errors.	Four (4) or more observation was not answered; answers not connected to theories; more than four (4) grammatical/spelling errors.
REFLECTIONS	Profound and clear; supported by what were observed and analyzed	Clear but lacks depth; supported by what were observed and analyzed	Not so clear and shallow; somewhat supported by what were observed and analyzed	Unclear and shallow; rarely supported by what were observed and analyzed
LEARNING ARTIFACTS	Portfolio is reflected on the context of the learning outcomes; Complete, well-organized, highly relevant to the learning outcome	Portfolio is reflected on the context of the learning outcomes. Complete; well-organized, very relevant to the learning outcome	Portfolio is not reflected on in the context of the learning outcomes. Complete; not organized, relevant to the learning outcome	Portfolio is not reflected on in the context of the learning outcomes; not complete; not organized, not relevant



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SUBMISSION		Submitted before the deadline			Submitted on deadline	Submitted a day after the deadline			Submitted two (2) days after the deadline		
Comment/s											
SCORE	24	23-22	21 - 20	19 - 18	17 - 16	15 - 14	13-12	11	10	9-8	Below
GRADE	1.0	1.25	1.5	1.75	2.00	2.25	2.50	2.75	3.00	3.5	5.00
	99	96	93	90	87	84	81	78	75	72	71-Below

  
KIM PAOLO ARMIN A. TORCELINO VI

Signature of FS Teacher above Printed Name

October 2, 2025

Date