



# Lyme Disease

Maine Surveillance Report | 2023

## Case Information:

2942

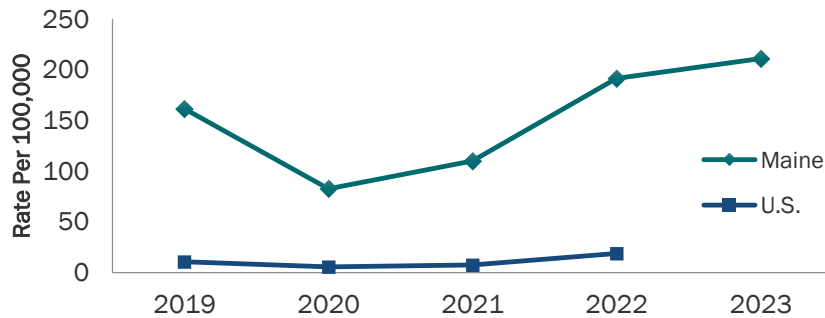
Probable cases of  
Lyme disease

210.8

Cases per  
100,000 people

11%

Increase  
from 2022



## Characteristics:



4%

co-infected with  
anaplasmosis

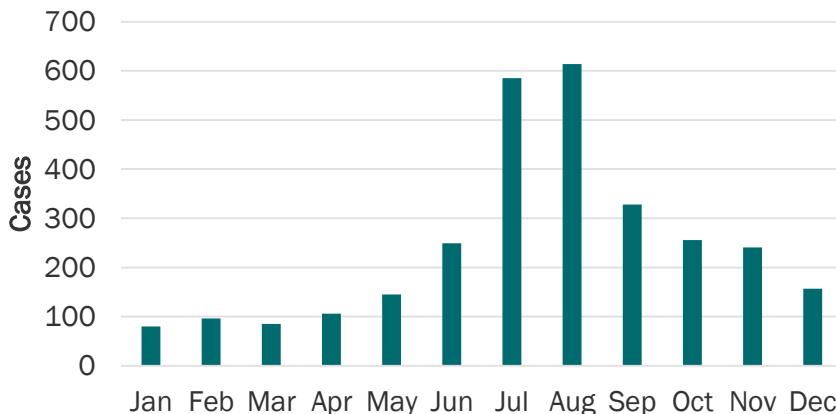
2%

co-infected with  
babesiosis

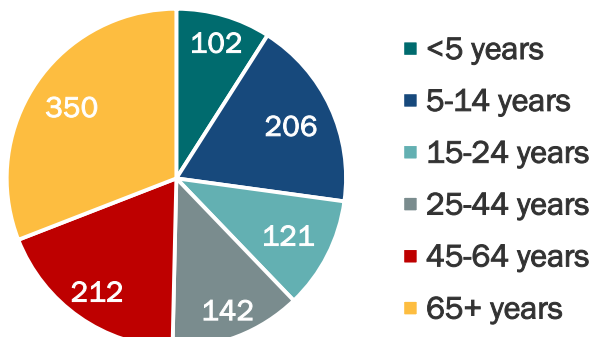
0%

co-infected with  
all three diseases

## Monthly Distribution (by date of report):



## Case Rate by Age Group (per 100,000):



## Demographics:

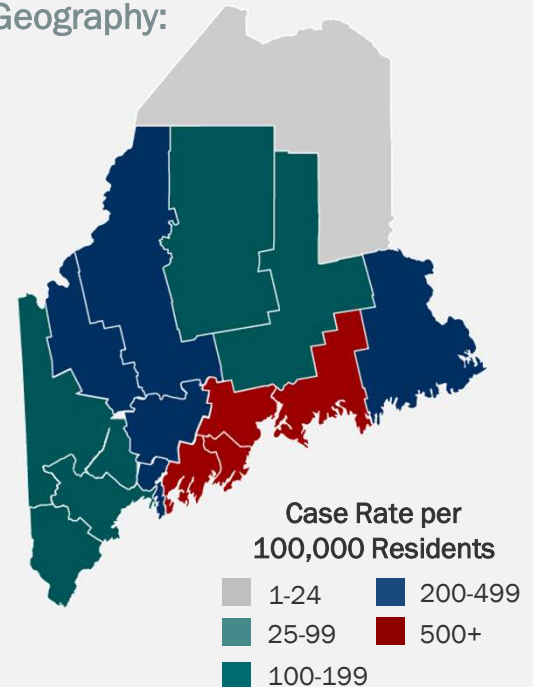


58% of patients were male

Median age of 59  
Age range of 1-95 years

80% of patients were White

## Geography:



## Trends:

- Cases reported in all 16 counties.
- Highest rate in Knox County.
- Highest rate in 65+ age group.
- Lowest rate in <5 age group.

## Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks.
- Use EPA-approved repellents
- Avoid infested areas like wooded and brushy areas with high grass and leaf litter.
- Do a full-body tick check including your clothing and gear when coming back indoors.
- Call a provider if symptoms develop.

## For more information visit:

- [www.maine.gov/Lyme](http://www.maine.gov/Lyme)
- [www.cdc.gov/Lyme](http://www.cdc.gov/Lyme)