



Case Information:

2167

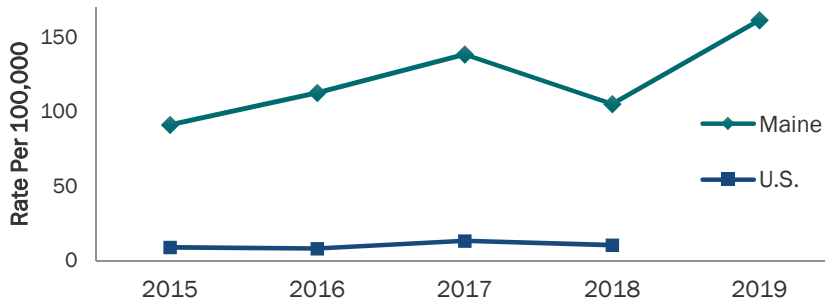
Confirmed and probable cases of Lyme disease

161.2

Cases per 100,000 people

54%

Increase from 2018



Characteristics:



3% hospitalized

15%

had a previous Lyme diagnosis

36%

reported history of tick bite



3% co-infected with anaplasmosis

1%

co-infected with babesiosis

<1%

co-infected with all three diseases



47%

reported an EM (bullseye) rash

32%

reported joint pain

9%

reported neurologic symptoms

<1%

reported cardiac symptoms



4%

had spinal nerve or nerve root disease

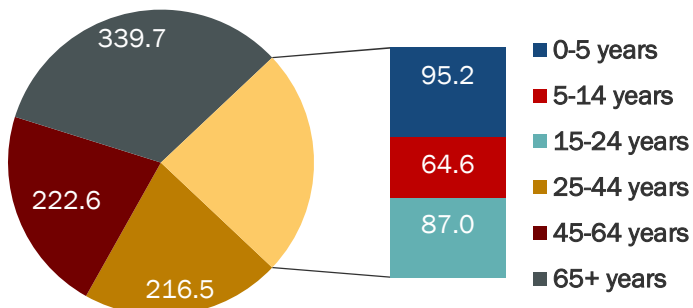
4%

had Bell's palsy or cranial nerve inflammation

1%

had encephalitis/encephalomyelitis

Infection Rate by Age Group



Lyme Disease

Maine Surveillance Report | 2019

Demographics:

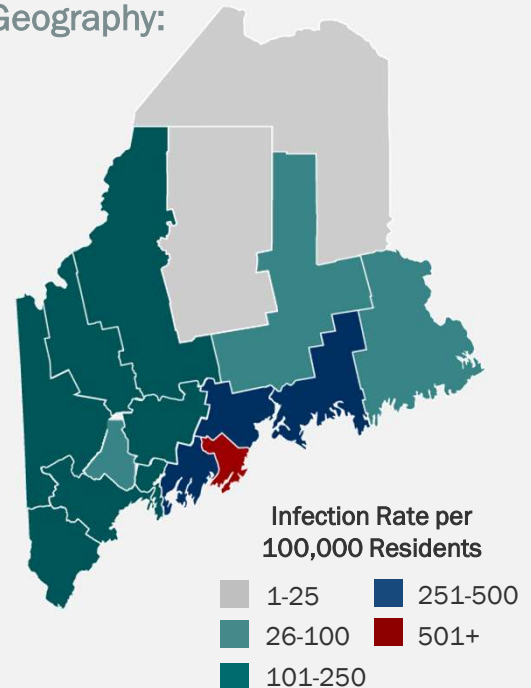


56% of patients were male

Median age of 56
Age range of 1-95 years

86% of patients were White

Geography:



Trends:

- Highest number of Lyme disease cases reported in Maine in one year.
- Cases reported in all 16 counties.
- Highest infection rate in Knox County.
- Highest infection rate in 65+ age group.

Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use EPA-approved repellents
- Avoid infested areas like wooded and brushy areas with high grass and leaf litter
- Do a full-body tick check including your clothing and gear when coming back indoors
- Call your provider if symptoms develop

For more information visit:

- www.maine.gov/Lyme
- www.cdc.gov/Lyme