



## Case Information:

1127

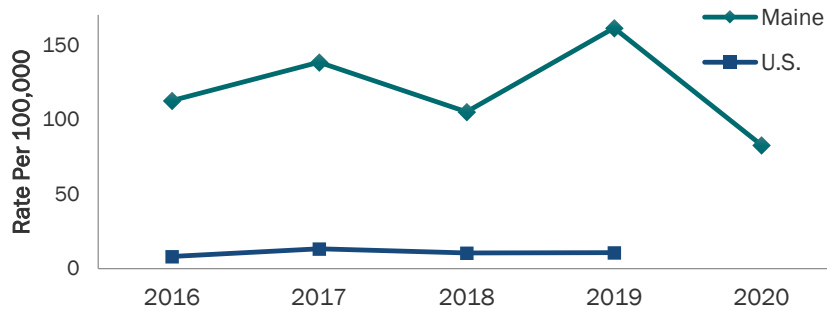
Confirmed and probable cases of Lyme disease

82.7

Cases per 100,000 people

48%

Decrease from 2019



## Characteristics:



3%

hospitalized

21%

had a previous Lyme diagnosis

33%

reported history of tick bite



2%

co-infected with anaplasmosis

1%

co-infected with babesiosis

0%

co-infected with all three diseases



36%

reported an EM (bullseye) rash

39%

reported joint pain

11%

reported neurologic symptoms

1%

reported cardiac symptoms



7%

had spinal nerve or nerve root disease

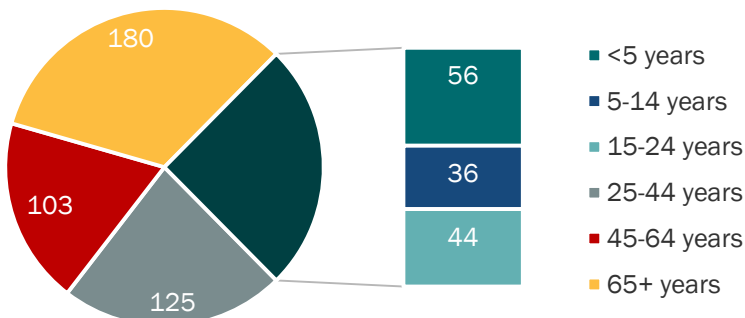
4%

had Bell's palsy or cranial nerve inflammation

1%

had encephalitis/encephalomyelitis

## Infection Rate by Age Group



# Lyme Disease

## Maine Surveillance Report | 2020

## Demographics:

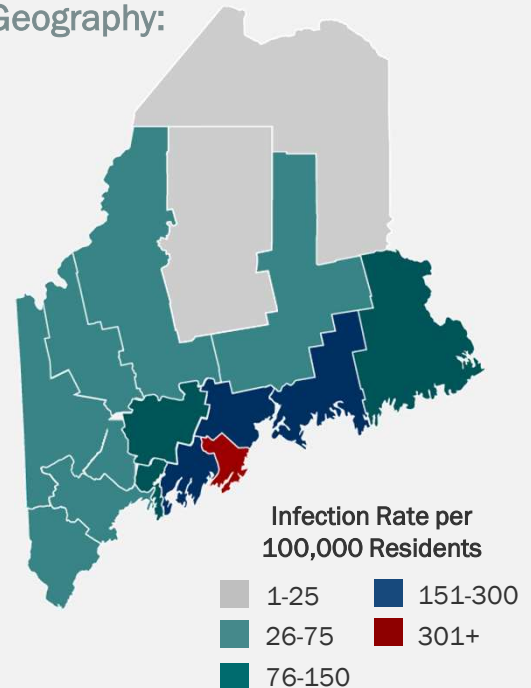


55% of patients were male

Median age of 54  
Age range of 1-97 years

73% of patients were White

## Geography:



## Trends:

- Cases reported in all 16 counties.
- Highest infection rate in Knox County.
- Highest infection rate in 65+ age group.
- Lowest infection rate in 5-14 age group.

## Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use EPA-approved repellents
- Avoid infested areas like wooded and brushy areas with high grass and leaf litter
- Do a full-body tick check including your clothing and gear when coming back indoors
- Call your provider if symptoms develop

## For more information visit:

- [www.maine.gov/Lyme](http://www.maine.gov/Lyme)
- [www.cdc.gov/Lyme](http://www.cdc.gov/Lyme)