



# Lyme Disease

Maine Surveillance Report | 2018

## Case Information:

**1,405**

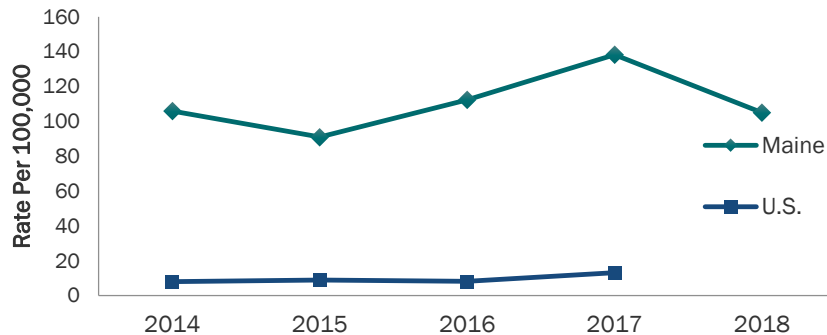
Patients diagnosed with Lyme disease

**105.0**

Cases per 100,000 people

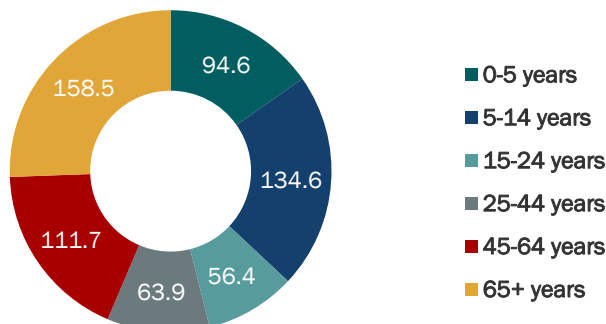
**24%**

Decrease from 2017



## Characteristics:

Infection Rate by Age Group



• Most infections occur during the summer months, peaking in July

• 31 People with Lyme were co-infected with anaplasmosis

• 2% of patients were hospitalized

• 12 People with Lyme were co-infected with babesiosis

## Symptoms Reported:



- EM (Bullseye Rash) - 46%
- Arthritis - 34%
- Neurologic - 9%
- Cardiac - 0.2%

## Demographics:

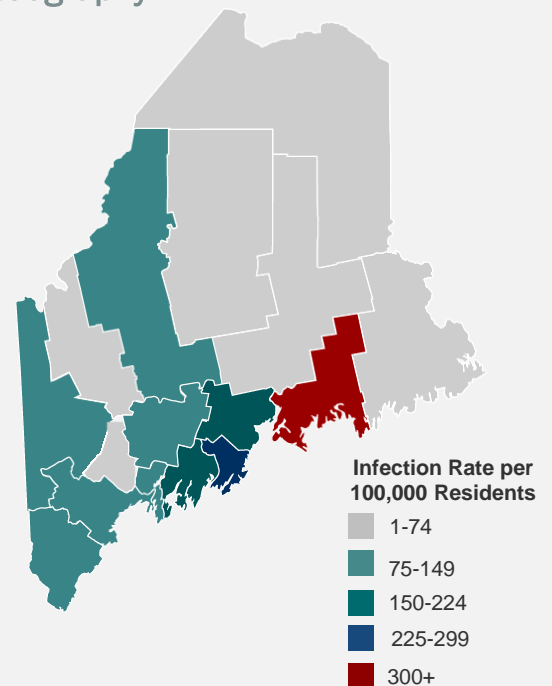


57% of patients were male

47 years old on average  
Age range of 1 -92 years

83% White

## Geography:



## Prevention:

- Wear light-colored clothing, including long-sleeved shirts, long pants, and socks
- Use an EPA-approved repellent
- Avoid wooded and brushy areas with high grass and leaf litter
- Check your clothing and gear for ticks and do a full-body tick check when coming back indoors

For more information visit:

- [www.maine.gov/lyme](http://www.maine.gov/lyme)
- [www.cdc.gov/lyme](http://www.cdc.gov/lyme)