

Procedures : Ear Syringe

What is involves:

1. Water at body temperature 37°C
2. 3 drops of alpha keri oil
3. Well fitting nozzle aimed at roof part of ear canal to wash out wax.

Risk & side effects

1. Vertigo nausea / vomiting due to caloric effect
2. Otitis externa / inflammation
3. Perforation ear drums

Follow up instructions

1. Keep ears dry
2. No swimming for 1 week
3. Ear drops if necessary as prescribed

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