

Leadership Style Reflection Sheet

Overview

Use this document to help you think about your own leadership style based on the insights shared by your virtual mentor. After reviewing your quiz results, use the following pages to capture your thoughts and identify areas for growth. You can use one sheet per session or revisit it over time to track how your perspective changes over time.

Date: _____

Time: _____

1. What leadership style do you align with? Do you agree or disagree with the virtual mentor?

- ☐ Empathy
- ☐ Communication
- ☐ Diplomacy
- ☐ Discipline
- ☐ Blended

2. What leadership strengths were identified? Do you agree or disagree with the virtual mentor?

3. What potential challenges were identified? Do you agree or disagree with the virtual mentor?

4. What communication methods were identified? Do you agree or disagree with the virtual mentor?

5. How might you handle conflict? Do you agree or disagree with the virtual mentor?

6. What might motivate you as a leader? Do you agree or disagree with the virtual mentor?

7. How might you give and receive feedback? Do you agree or disagree with the virtual mentor?

8. What is one takeaway or insight you gained from this observation?

9. What is one area of improvement you would like to focus on?
